

# A Dangerous Journey

By JAMES BRAINARD

I was in Egypt before the fanatical outbreak of 1882. When a trouble of that kind is coming those who are not in the secret either know nothing about it or have only vague suspicions. I heard some ugly rumors as to what was about to happen, but did not know how much dependence could be placed upon them. To all outward appearances everything was moving on as usual.

I was obliged to go to Ismailia on business. If I had known the condition of the people of the country I should not have trusted myself out of Port Said, where Europeans were comparatively safe. To make a journey into the interior was madness, but I did not know it. Indeed, I only realized that under the circumstances I would rather not go. A matter of ordinary gain and being murdered were the alternatives.

I went on a night train. Being somewhat fainal about my diet, I took with me a hamper filled with as succulent eatables as I could get together and on the top placed a box of cigars from which only a few of the weeds had been taken. I got into my compartment, put my hand baggage on the rack and settled myself for a journey. Being in a smoking compartment, I lit a cigar.

The compartment was filled with natives, I being the only European in it. This in itself was not encouraging. The train had hardly got under way when an old Arab sheik sitting opposite me leaned forward and calmly took my cigar from between my lips and, placing it between his own, smoked it himself.

To have resented the insult would have been equivalent to inviting the man to stab me. I therefore paid no attention to him and, taking a newspaper from my pocket, began to read—that is, I pretended to read, but I had no idea of what was on the sheet before me, my mind being taken up with the fact that I was in a compartment with seven Arabs and utterly at their mercy. My eyes appeared to be fixed upon the paper, but I was casting quick glances sidewise at the natives and knew by their chatter and occasional looks at me that I was the subject of their conversation.

Then a lucky thought occurred to me. I reached up to the rack, got my box of cigars from my hamper, took out one for myself and handed the box to the sheik who had robbed me of the one I had been smoking. He took it, appropriated a handful of the contents and passed it to the others, who did the same, and the box was returned to me empty.

Notwithstanding my peace offering I expected every moment to feel cold steel entering my vitals. Most of the Arabs wore long knives where they could be seen, and I knew not what other weapons they had concealed. As for me, I was unarmed, and even if I had been armed my opponents were seven to one.

I cannot describe the agony of that night, expecting, as I did, death at any moment. The Arabs in my compartment paid no attention to anything that was going on in the rest of the train, but I had a vague feeling that something very important might be going on. I can't account for this feeling, for I heard no sound to produce it. I only knew that I felt that there was murder in the air.

Finally their looks and acts were so suspicious that I bethought myself of some other way similar to my offer of cigars to placate them. Then my luncheon occurred to me. Reaching up again to the rack, I brought down my hamper, opened it and displayed the eatables. Every man's eyes were on them, but not a man moved to touch any of them. I offered the hamper to the man who sat next me, but he declined. In turn I handed it to every man in the compartment; but, though they all looked with eager eyes upon the viands, not a man would accept a morsel.

At first I was astonished at this. Then I remembered that no Arab will break bread with an enemy.

The moment this occurred to me I knew I was doomed. I put my hamper back on the rack and, wrapping myself in my overcoat, lay back in my seat, with my eyes closed, to await whatever was in store for me.

I heard a great deal of wrangling on the part of the Arabs, but I thought I would rather rely on my weakness than on being prepared for resistance that would be useless. So I did not open my eyes. Presently I felt a hand on my arm. Thinking my time had come, I looked, and there was the sheik who had taken my cigar from my mouth holding out a piece of dry bread. I took it and, biting from it, chewed vigorously.

A flood of relief and joy seemed to have been poured over me. I knew from that moment I was safe. Reaching up for my hamper, I took it down and handed it to the sheik. He helped himself, then passed it around to the others, each man partaking plentifully of the contents.

Now that they had broken bread with me and I having no more to fear I again leaned back in my seat and this time slept. I knew that I was as safe from my Arab companions as if I were in my own bed at home.

But I did not reach Ismailia that night. In the morning I found that the natives had murdered the engineer, stoker and every European on the train except myself.

### Cause and Effect.

A western judge, the story goes, was lurching one day—it was a very hot day—when a politician passed before his table. "Judge," said he, "I see you're drinking coffee. That's a heating drink. In this weather you want to drink lead drinks. Did you ever try gin and ginger ale?"

"No," said the judge, smiling, "but I have tried several fellows who have."

# TO SMASH SPY SYSTEM

## New National Intelligence Bureau Unites All Secret Service Activities

### ORGANIZATION LIKE SCOTLAND YARD

#### Lay News of Army's Sailing to Private Code Message

Washington, July 6.—The immediate necessity for smashing the German spy message caused the government yesterday to order the quick organization of an entirely new secret system—the national intelligence service.

It includes the operatives of the state, war, navy and justice departments. Treasury secret service men will continue to work individually on counterfeiting cases. The others, while retaining their separate organizations under their own chiefs, will co-operate in the spy hunt.

They will meet daily, when information gathered by each branch will be placed at the disposal of the entire government service.

In its working this new body will be similar to Scotland yard in Great Britain.

"I have no doubt spies are in our department," Senator Tillman of the Senate naval affairs committee yesterday.

"I want to see the German devils ferretted out and hanged."

It is expected that the spy situation will be taken up at today's cabinet meeting.

It was learned definitely yesterday that Admiral Gleaves, commanding the American troopship naval escort, sailed under sealed orders and the messages to Admiral Simms commanding the destroyers, which were to meet the transports, were sent out in a code known only to a few stations. Yet Germany evidently had full information.

The spy hunt which the government is conducting seems to absolve any navy men from having spread advance news upon which Germany mobilized her U-boats to waylay United States army transports.

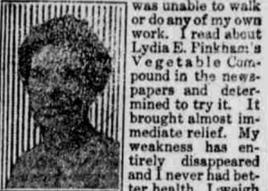
With a new battle recorded—that between a United States provision ship's convoy and two German submarines—officials, however, were more than ever convinced that Germany spread a flotilla of her submarines to deal death to America's first expeditionary forces.

This new battle occurred between submarines and convoying warships who protected a big navy transport bearing provisions and gold to pay the Sammies abroad. Officials said it was possible this incident might have been the one recorded in United States dispatches re-

# WOMAN SICK TWO YEARS

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### Chicago, Ill.—"For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 165 pounds and am as strong as a man. I think money is well spent which purchases Lydia E. Pinkham's Vegetable Compound."



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cently, which said a "veritable treasure ship for a lurking submarine" escaped from mines and submarines.

This navy transport headed for shallow water when the engagement opened, thereby making it less liable to attack by the submarine. Two torpedoes were discharged, both going wide of their mark.

The destroyer convoys soon drove the submarines off.

And what may be further proof that Germany planned an ambush for the transports was seen in decreased submarine tolls on merchant shipping the last two weeks.

With only twenty ships sunk for the week ending Wednesday and twenty-eight the previous week, it was felt here that Germany had told her U-boats men to quit their usual work and "get" Pershing's expedition in any event.

Secretary of the Navy Daniels indicated that the navy department had been thoroughly investigated and that he had found there could be no leak from that source, inasmuch as the orders were sent out in a specially secret code and were sealed when delivered to Admiral Gleaves of the transport convoy.

It develops, however, that it would have taken a particularly efficient German spy to collect the news of the transports' sailing. To get it to his government required greater efficiency of system.

The preparations and sailing were well known in the American port from which the transports sailed. And surprisingly, there are sufficient open cable and wireless routes whereby the spy could send an innocent appearing message which in a prearranged code would notify Berlin of the departure of the ships.

# COCCHI DIDN'T TELL STORY IN CONFESSONAL

## Admission of the Murder Not Protected, Say Rome Papers.

Rome, July 6.—Alfredo Cocchi, confessed murderer of Ruth Cruger, did not make his admission of the murder of the 17-year-old girl to any priest under protection of the church confessional, according to reports published in Rome newspapers yesterday. Their stories allege that the New York priest told Cocchi if he remained in New York he would have to expiate his crime in the electric chair.

The Advocate Aomosi yesterday published in the Resto Decarino, as a result of "private investigation," this additional story of Cocchi's crime:

"Cocchi claims he often took Ruth Cruger riding with him on his motorcycle. On the day of the crime he enticed her into the back room of his shop and strangled her to death in a struggle in which she defended her honor."

Diplomatic negotiations leading up to the fight for Cocchi's extradition still continued yesterday. Grigg, representing the New York police, conferred with American Ambassador Page. Page is endeavoring to arrange so that Grigg may have an audience with Cocchi at Bologna. It was understood here that Cocchi in repeated examinations is sticking to his plain, unvarnished story of a murder committed in a blind rage in which he had no accomplices and in which the alleged "white slave ring" was in no way connected.

# TO ENCOURAGE FRENCH. United States Has Sent Over Few American Soldiers, Says German Paper.

Amsterdam, via London, July 5.—A Berlin dispatch to the Dusseldorf General Anzeiger says that leading circles there "are firmly convinced that there is little or no truth in the reports of the landing of large American forces in France."

The message says that only a small American contingent has landed and is now "being taken around there for show purposes to revive French courage," and declares that the reports regarding the Americans are spread in a way intended to cause uneasiness in Germany and among her allies.

"Berlin official quarters," the dispatch adds, "maintains the belief that there is no American danger within measurable time."

# ITALIAN SHIPPING LOSS. One Merchant Steamer, Eight Small Sailing Vessels, Four Fishing Barks.

Paris, July 4 (Delayed).—The Italian government announces that only one Italian merchant steamer, eight small sailing vessels and four fishing barks were sunk by submarines during the week ending at midnight July 1, according to a Havas dispatch from Rome. During the period 1,130 vessels arrived and sailed from Italian ports.

# DELAY ON FOOD BILLS

## Chamberlain Hopes for An Early Vote by Agreement

### OTHERWISE CLOTURE RULE

#### Swiss Minister Sees No Reason for Embargo on Foods

Washington, July 6.—Food legislation was considered yesterday both in the Senate and in conference. Senator Chamberlain was ready when the Senate met yesterday to begin the final drive in an effort to put through the food control bill with the food survey measure as it has passed both House and Senate. He hoped to reach an agreement for a vote Saturday or Monday. In case some understanding cannot be reached as to a time for voting, then the senator plans to offer his motion to shut off debate by invoking the new cloture rule.

Delay in reaching a vote is due to the fight on the amendment offered by Senator Gore which prohibits the distilling of spirits, but gives the president discretion to deal with wine and beer.

House and Senate conferees on the first food bill met Wednesday and discussed the measure. Some progress was made and another meeting was arranged at which it is hoped a final agreement on the bill will be reached. The conferees agreed to the Senate's action in eliminating the section providing for the commandeering of seeds. The section for the purchasing and selling of seeds by the government was amended, so as to permit the government to contract with individuals for growing of seeds. The conferees discussed the sections providing for the regulation of grain exchanges and the making of hoarding a felony, but no action was taken.

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# YOU HAVE \$11.50 MORE THAN 3 YEARS AGO

## This If You Are an Average Man—Circulation Wealth Per Capita \$45.86.

Washington, July 6.—The average man in the United States was \$11.50 richer yesterday than he was three years ago. Total money in circulation shown in a chart in the July federal reserve bulletin has risen from \$3,480,000,000 on June 1, 1914, to \$4,742,000,000 on June 1, 1917. The circulation wealth per capita in 1914 was \$34.35; in 1915, \$35.44; in 1916, \$39.29 and in June, 1917, over \$45.86.

# WOODS AGREES.

## Police Commissioner Ready to Waive Immunity in Cruger Case.

New York, July 6.—Arthur Woods, police commissioner, signed a waiver of immunity yesterday in connection with the plan of the district attorney's office to call him as a witness before the grand jury investigating the Ruth Cruger case at the instance of Gov. Whitman. It was explained yesterday that the grand jury would seek to fix criminal responsibility, if such exists on the part of any policeman who may have been associated with Alfredo Cocchi, confessed murderer of Miss Cruger, for his escape to Italy. Guy Scull, a deputy police commissioner, was informed yesterday that he, too, must sign a waiver of immunity if he was to testify before the grand jury.

Hardly had the jury gone into session when the district attorney's office received word that Stephen Smith, one of the important witnesses in the case, had attempted suicide in his cell in the Tombs. Smith, who is an Indian half-breed and is serving a prison sentence, wrote a letter to Mrs. Grace Humiston, the woman lawyer who solved the Cruger murder, telling her that he was the man who disposed of earth taken from Cocchi's cellar after the body had been buried there.

# GERMANS TO GO BAREFOOT.

## Scarcity of Leather Said to Call for Unshod Feet.

Washington, July 6.—Dispatches to the state department say the leather shortage in Germany is so acute officials are demanding that the entire population go barefooted from the latter part of June through the summer. The city council of Zittan emphasized the fact that leather for shoes will be scarce the coming winter.

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# Topics of the Home and Household.

## Little bags filled with shot make nice weights for keeping a pattern in place.

### The best remedy for rust on gas stoves is linseed oil rubbed on with a soft cloth. It also brightens the stove.

#### Perspiration stains can be removed from a shirt waist by soaking it in cold water to which you have added a little sodium bicarbonate, before it has been washed.

#### To take candle grease off a garment put a table knife in the flame of a candle or over a gas flame for a minute, place a piece of paper over the spot, press knife on the paper, and grease will melt.

#### To keep flies away from a room, pick a bunch of sweet clover, and hang it in your dining-room to dry. It will drive away more flies than any other device, either sticky paper, flypaper or the many poisonous compounds advertised.

#### German Cucumber Salad—Pare three very ripe cucumbers and cut them into very thin slices. Then pare each slice as thinly as possible from the outside to the seed part, making a long, thin, curling strip. Cover the strips with plenty of cold water, in which three teaspoonsfuls of salt have been dissolved. Let them soak for two hours, or until soft. Then drain off the water and squeeze dry. Toss them up in a salad bowl, cover with a French dressing and serve very cold, with finger length brownbread spread with soft cheese.

# Soups That Nourish.

Although clear soups, which are largely water, contain little nourishment, some thick soups, broths and chowders are literally a meal in themselves, according to the dietary specialists of the United States department of agriculture. Even a thin soup, taken at the beginning of a meal, by its warmth and pleasant flavor, may stimulate digestion, so that the heavier foods are more easily digested. The combination of soup and bread

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is pleasant and leads to the eating of more bread or crackers than would be consumed ordinarily. Appetizing soups also may be made often of materials which otherwise would be wasted. In this way such materials are made to contribute whatever food value they may have for the cost of the labor and fuel needed to prepare them.

Some recipes for soups recommended by the government specialists follow: Scotch Broth—Three pounds of mutton, two tablespoons of minced onion, two tablespoons of minced carrot, two tablespoons of minced celery, two tablespoons of salt, one teaspoon of pepper, one tablespoon of minced parsley, three quarts of cold water.

Remove the bones and all the fat from the mutton, cut the meat into small pieces, and put it into a stew pan with the water, chopped vegetables, barley and all the seasoning excepting the parsley. It will be found convenient to tie the bones in a piece of thin white cloth before adding them to the other ingredients. Bring the stew to a boil, quickly skim it, and allow it to simmer for three hours, thicken with the flour and add the chopped parsley.

Dried Fish Chowder—One-half pound of salt fish, four cups of potatoes, cut in small pieces, two ounces of salt pork, one small onion, chopped, four cups of skimmed milk, four ounces of crackers.

Salt codfish, smoked halibut, or other dried fish may be used in this chowder. Pick over and shred the fish, holding it under lukewarm water. Let it soak while the other ingredients of the dish are being prepared. Cut the pork in small pieces and fry it with the onion until both are a delicate brown, add the potatoes, cover with water, and cook until the potatoes are soft. Add the milk and fish and reheat. Salt, if necessary. It is well to allow the crackers to soak in the milk while the potatoes are being cooked, then remove them and finally add to the chowder just before serving.

Milk and Cheese Soup—Three cups of milk, or part of milk and part stock; one and one-half tablespoons of flour, one cup grated cheese, salt and paprika. Thicken the milk with the flour, cooking thoroughly. This is best done in a double boiler, with frequent stirrings. When ready to serve, add the cheese and the seasoning.

The protein in this soup is equal in amount to that in five-sixths of a pound of beef of average composition; its fuel value is greater than that of a pound of beef.

Milk and Vegetable Soup—One quart of skim milk, one cup of bread crumbs, or two large slices of stale bread, one small slice onion, small amount spinach or outer leaves of lettuce (not more than four ounces), salt.

Cut the vegetables into small pieces and cook with the bread crumbs in the milk in a double boiler. If a large quantity is being prepared for use in a school, for example, put the vegetables through a meat chopper. In this case slices of bread can be ground with the vegetables, in order to absorb the juice.

Cowpea Soup. One tablespoon of butter or pork fat, one tablespoon of finely chopped onion, one stalk of celery, finely chopped, one cup of dried cowpeas, salt.

Soak the peas eight or ten hours in water enough to cover. Fry the vegetables in the fat, add the peas, in the water in which they were soaked, and cook (preferably in a double boiler) until the peas are tender. Put the mixture through a sieve and add water enough to bring it to the desired consistency. Reheat. If this soup is thickened with one table-

spoon of flour mixed with a little water, the pea pulp will be prevented from sinking. Dried navy or lima beans, peas, soy (tozo) beans, or other legumes may be used instead of the cowpeas.

Split-Pea Soup. One pint dried peas, four quarts of water, one large onion, minced fine, four tablespoons sweet drippings, or butter, which gives a better flavor, three tablespoons of flour, one tablespoon of minced celery, or a few dried celery leaves, one-half teaspoon of pepper, two teaspoons of salt.

Wash the peas and soak them overnight in cold water. In the morning pour off the water and put them in the soup pot with three quarts of cold water. Place on the fire and when the water comes to the boiling point pour it off (throw this water away). Add four quarts of boiling water to the peas and place the soup pot where the contents will simmer for four hours. Add the celery the last hour of cooking. Cook the onion and drippings slowly in a stewpan for half an hour. Drain the water from the peas (save this water) and put them in the stewpan with the onions and drippings. Then add the flour and cook half an hour, stirring often. At the end of this time mash fine and gradually add the water in which the peas were boiled until the soup is like thick cream. Then rub through a sieve and return to the fire and add the salt and pepper and cook 20 minutes or more. Beans can be used in the same way as peas.

Mixed Vegetable Soup. Three quarts of water, one quart of shredded cabbage, one-half pint of mixed carrot, one pint of sliced potato, one-half pint of minced turnip, one-half pint of minced onion, one leaf, two tomatoes, two tablespoons of minced celery, two tablespoons of butter or drippings, two tablespoons of green pepper, three teaspoons of salt, one-half teaspoon pepper.

Have the water boiling hard in a stewpan and add all the vegetables except the potatoes and tomatoes. Boil rapidly for ten minutes, then draw back where it will boil gently for one hour. At the end of this time add the other ingredients and cook one hour longer. Have the cover partially off the stewpan during the entire cooking. This soup may be varied by using different kinds of vegetables.—Irish World.

Dorothy Dexter.

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Pure blood is the body's first line of defense against disease. Healthy blood contains small amounts of antitoxins that neutralize the poisons of invading germs or destroy the germs themselves. That is why so many people exposed to disease do not contract it. Those whose blood is weak and therefore lacking in defensive power are most liable to infection. Everybody may observe that healthy, red-blooded people are less liable to attacks of cold and the grip than are pale, bloodless people.

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