

Pick These Plums!

Our new Fall Suits—our new Overcoats—our new Hats and our new Haberdashery are all lined up ready for your choosing. The first picking—the early picking is always the best, for the "plums" go first.

Fall models of Suits in many new and handsome fabrics. They're certainly beauties.

Overcoats in dignified or snappy styles. A splendid showing. Your Overcoat is here.

Correct Fall Hats, new Neckwear, Shirts and other choice Toggery. Classy and exclusive styles.

Suits, \$15 to \$50 Specials at \$22.50
Overcoats \$15 to \$60

But what can you tell about values by reading figures? Not a solitary thing! Come in and look at the new outfitting, that's the only proof that counts.

Lamorey's

SOUTH CABOT

The remains of Frank Morse, the only brother of George Morse, were brought here from St. Albans Monday, where he died last week. Mr. Morse was a native of this town until a few years ago he went to St. Albans to work for the railroad. His body was taken to Cabot for burial. He leaves a wife and one brother to mourn his loss.

Hayes Bassett went Tuesday to Pennsylvania to work in the shipyards for the winter.

Mrs. George Heath visited her daughter, Mrs. Charles Houghton, in Cabot Wednesday.

Avon Hall went to Springfield, Mass., Monday, where he is to work during the winter.

Mrs. Eva Huse of Montpelier is visiting her daughter, Mrs. Hayes Bassett, for a while.

Wesley Clark was in Barre Wednesday for examination.

Mrs. Auna Clark returned to Boston Wednesday.

Mrs. Mary Lambert picked a dandelion blossom Nov. 6 that had stood a hard frost the night before, but looked as fresh as one in June.

Mr. and Mrs. Will Houghton were at Charles Houghton's in Cabot Wednesday.

Mr. and Mrs. Frank O'Conner and Burt Houghton of East Burke were visitors Sunday at S. E. Houghton's.

Ella Barrett of Cabot is teaching school in East Cabot, taking the place of May Conner, who was obliged to re-

main at her home in Barre to care for her mother.

William Dutton, who has been on the sick list the past few days, is able to go to work.

Roy Hall returned to Walden Wednesday after visiting friends here for the past few days.

MORETOWN

Mrs. Joseph Martin Picked and Canned Raspberries Last Month.

Mrs. Joseph Martin of Moretown picked and canned 11 1/2 quarts of raspberries from Sept. 4 to Oct. 15, and on Oct. 17 she picked enough for a large shortcake. The Martin place is known as the Mr. Armstrong farm and is owned by Gerald Holmes.

PLAINFIELD

On Saturday night the last performance this season in Plainfield will be given by the Nellie Gills. The program will consist of three one-act plays, "The Rubie," "The Bandit" and "White's Links," presented by Miss Gill, Miss Conant and Mr. Henry. There will be five musical numbers by Miss Gill and Mr. Henry, and the usual orchestra will play during the evening and for dancing after the performance. Seats on sale at Leavitt's, and if you will buy them there in advance it will help to avoid possible congestion and delay at the box office.

WATERBURY

Interests of This Town and Duxbury Secure By Election of Moody and Durkee.

Tuesday brought out only a small vote, but enough to give another fine endorsement to the honored citizen of the town, Hon. G. E. Moody. A decisive vote came on the first ballot, being, Moody 225, Harvey 51, D. T. Harvey, the Democratic candidate, being also a prominent citizen. George Edgar Moody, who represents Waterbury again in the general assembly, was born in this town Jan. 6, 1845. He was educated in the public schools, taught for a time, but chose a business career, in which Washington county well knows of his success. Mr. Moody manufactured brick for a number of years and developed with G. H. Almon the Waterbury Light & Power Co.'s plant and has handled large lumber interests. He is now interested in the Vermont Tale Products Co., as well as other business enterprises, and is the owner of several farms. He has stood staunch for Republicanism and active in the work of that party. He was chosen a delegate to the national convention in 1916, was elected to the legislature in 1886 and 1890, as well as this year, and to the Senate in 1906. Waterbury sends a valuable man, one who will look well to her interests. Mr. Moody is understood to be for the prohibition amendment, as well as Henry F. Hill, senator-elect, who says he stands for it on "all four feet." Mr. Hill lives at Waterbury Center, and represented the town four years ago. His work in the House was brought plainly before the people at the primaries and was appreciated, as shown by his vote. Mr. Hill is a farmer and strong on agricultural problems. Waterbury's senator vote was J. W. Bates 185, H. F. Hill 216 and F. G. Howland 185. The town also gave a strong endorsement for her townsman, Judge George H. Dale. The governor vote was 154 for Clement, 106 for Mayo.

Duxbury also had a clean election, the first ballot being a decisive vote for H. J. Durkee, Republican. The vote stood, 75 for Durkee; J. R. Dillon, Democrat, 15, and Lewis A. Morse, independent, 28. There was one defective ballot cast, making whole number of votes cast 119. The vote for county senators stood: Bates 67, Hill 70 and Howland 22, and for the governor vote was, Clement 54 and Mayo 41. Alba John Durkee, who represents Duxbury this year, is the son of the late J. A. Durkee, a farmer and lumberman and one of the town's largest taxpayers. He has large lumber tracts and a mill on Scorable hill towards Camel's Hump. He is chairman of the board of selectmen and a hard worker for the town, is much interested in road building and thoroughly conversant with town affairs. All feel sure that Mr. Durkee will do for the town what he feels right and will vote for the interests of the town.

EAST CORINTH

Tuesday evening the deferred election of officers of the Red Cross branch was held in the library. The by-laws recommended by the national society were adopted, and the following officers were elected: A. C. Jackson, chairman; Miss Harriet James, secretary; C. S. Bailey, treasurer; executive committee, E. M. Bowen, Mrs. H. A. Jackson, Mrs. M. Page, Mrs. A. C. Jackson, Miss Laura Lalime.

A. C. Jackson and wife, Miss Harriet F. James and Miss Susie T. Taplin were in Chelsea Wednesday to attend the Red Cross annual meeting, the food conservation, and United War Work meetings.

Remember that Saturday is gas mask day and bring all your gas masks to Worthley's store. Those poor butternuts that disappointed you so last year will help save a life over there; bring them along. Edna Rowland has charge of the tin foil. Don't think even what comes around a yeast cake is too small to save.

There will be services at the church Sunday, and Sunday school.

The woman's missionary union will meet with Mrs. H. A. Jackson Wednesday, Nov. 13.

George Huse was elected representative Tuesday by a majority over R. W. Hodge, Democrat, of 36.

John C. Sherburne of Randolph was in town on United War Work and other business recently.

Kenneth Butler has gone to Chicopee, Mass., to work for the Dana S. Courtney Co., bobbin manufacturers. His wife and daughter will remain here for the present.

Rudolph Butler, wife and child are spending a little time at the home of his mother, Frank Thompson.

John F. Thompson has moved to the place he recently purchased of his mother.

Next week is United War Work week. Be prepared to go the limit in giving for our boys overseas and in camps here, the nurses, munition workers and war workers of all kinds everywhere. They must be cared for.

EAST BROOKFIELD

Quite a few from our local society took in the Red Cross meeting at Chelsea last Wednesday.

Henry Boardman has bought the John Greenleaf farm and recently moved there.

The schoolmates of Addie Harrington gave her a surprise party last Tuesday evening, the event being her 13th birthday.

A daughter was born Nov. 5 to Mr. and Mrs. Max Hayward.

Mr. and Mrs. G. K. Sprague returned from Worcester the first of the week, accompanied by Mr. and Mrs. James Sprague, who are visiting here a few days.

James has enlisted in the officers' training corps and is to report at Camp Lee, Va., Nov. 13.

Little Sarah Gertrude Wilcox returned from Chelsea last Wednesday, where she had been visiting her grandmother, Mrs. W. H. Sprague, a few weeks.

Mr. and Mrs. E. G. Harrington and James Angell visited relatives in Gaysville last Sunday.

GRANITEVILLE

Word has been received from France that Sgt. Angus McLean has been promoted to corporal. He is with the field artillery and went overseas last July.

DIED AT AGE OF 99.

Mrs. Elizabeth Roberts Passed Away at St. Albans.

St. Albans, Nov. 8.—Mrs. Elizabeth Roberts aged 99, passed away yesterday afternoon at the St. Albans hospital where she had been since coming to this city from Brandon last April. Mrs. Roberts was born in Lancaster, Mass., April 13, 1819, and when she was 17 years old was married to Almon Roberts. A son, George, was born to them. The family moved to St. Albans about 70 years ago and Mrs. Roberts' husband was a miller here. Mrs. Roberts made her home with a niece in Brandon a few years, returning here just before her 99th birthday anniversary.

THE DISTRESS AFTER EATING IS ALL GONE

Nervous Indigestion Caused This Well-Known Youngstown Man Much Misery, but Be Found a Remedy.

Nervous people who have not yet developed a disease that can be recognized and treated by the medical profession have the greatest trouble in finding relief. Irritation, headache, sleeplessness, nervous dyspepsia, all these discomforts make life miserable but are endured rather than run a doctor's bill without definite hope of recovery.

"I was all run down and nervous and couldn't sleep very well," says Mr. John Pollock, Sr., a well-known resident of Youngstown, Ohio, who lives at No. 214 Williamson avenue in that city. "I would get nervous spells that would come on all at once and that would leave me weak and dizzy. I was troubled with nervous indigestion and suffered distress after eating."

He had heard of Dr. Williams' Pink Pills for years and finally decided to try them. After I had taken one box I knew that they were helping me, and I began to feel more like myself. I have taken four boxes and for a man seventy years of age my nerves are in good shape. I can sleep soundly and no longer have the nervous dizzy spells. The pains have all left me, my appetite is good, and there is no distress after eating."

Everyone who suffers as Mr. Pollock did should know the danger of such a condition of the nervous system. Nervous debility and even paralysis may easily result if the tone of the nerves is not restored.

The one big fact that brings hope and relief is that the nerves can be restored by building up the blood. It cannot be too often repeated that only through the blood can nourishment and medicine reach the nerves. Dr. Williams' Pink Pills make the blood rich and red and quickly restore vitality and energy to a weak, nervous system. A nervous person who gives these pills a trial is almost certain to see good results and, what is more, the benefit will be lasting because the trouble is attacked at its root. Thin blood makes weak nerves. Building up the blood restores the nerve force.

Try Dr. Williams' Pink Pills for anemia, rheumatism, neuralgia, nervousness, indigestion, and all the ills that come from the purer and richer blood fights your battles against the disease. Take Dr. Williams' Pink Pills as a tonic if you are not in the best physical condition and cultivate a resistance that with the observance of ordinary rules of health will keep you well and strong. Get a box from the nearest drug store and begin this treatment now.

Write to-day to the Dr. Williams Medicine Co., Schenectady, N. Y., for the free booklet on the home treatment of nervous disorders. Your own druggist sells Dr. Williams' Pink Pills, or they will be sent by mail, postpaid, on receipt of price, 50 cents per box or six boxes for \$2.50.—Adv.

SOUTH RYEGATE

Miss Janie Heartz left Saturday for Concord, N. H., where she has employment for the winter.

Misses Annie Beaton and Mamie Rouhan were in Barre last Saturday.

Dana Bailey is nursing a sore hand this week, caused by the vicious bite of a fox he had in a trap and which he mistakenly supposed to be dead.

Ryegate's health officer, Dr. G. W. Darling, reports 135 cases of influenza in the recent epidemic and of these only two died. We have reason for thankfulness as we study the reports from other nearby towns.

F. J. Tewksbury was elected representative to the legislature at the Tuesday election by a majority of 39. The vote at the two polling places varied considerably. In the South Ryegate precinct the vote stood 61 for N. A. Paine, Democrat, 39 for F. J. Tewksbury, Republican.

At Ryegate it stood 83 for Tewksbury, 22 for Paine.

Samuel P. Mills has received promotion and is now a lieutenant. He has been ordered to Alabama.

The annual meeting of the Red Cross will be held Wednesday at 4 o'clock at the rooms of the society.

The vote of Ryegate on governor stood 119 for Mayo to 93 for Clement.

Dewey S. Darling is going to Washington this week to take examinations for naval lieutenant.

A DANGEROUS CRAFT.

An American Destroyer with Depth Bombs Ready.

On Board an American Destroyer in French Waters, Nov. 8 (Correspondence of the Associated Press).—An American destroyer with her depth bombs ready to be discharged is indeed a dangerous craft to monkey with. She is a menace not only to the enemy but to any other craft with which she might collide in the darkness, running without lights, and to herself as well. If one of her depth bombs loaded with its heavy charge of T N T should be accidentally exploded there would be little left of the destroyer.

The deadly depth charge which is proving to be the conclusive answer to the submarine menace now is being released from every quarter of the destroyer. Two of these big cylinders of high explosives can be dropped from the bridge by the pressure of a button, amidships Thornycroft throwers drop a charge from either side of the destroyer, forming a barrage.

"Y guns" are stationed amidships with two barrels, each of which throws a depth charge one to port and the other to starboard. Finally astern, there are two long lines of depth charges running on miniature railway tracks, ready to be dropped over the stern.

With all these depth bomb charges ready to be let loose forward, aft and amidships a complete enveloping barrage can be put in at any time. With the destroyers completely enveloping the transports the water barrage extends its protecting sweep entirely around the fleet.

Great care is taken against any collisions in the darkness which would release the depth charges. While the shock of a collision would not cause an explosion, the depth charges might destroy the own ship by exploding when it reached the depth fixed by the fuse. Such an explosion has actually occurred in one case, doing considerable damage but causing no fatalities. This incident has given warning of the extreme care needed to guard against night collisions when the fleet is going through the darkness with all lights out.

A Practical View. "Why do you think so much of your honorary college degree? It doesn't give you ability!" "No; but it makes people think I have some."—Boston Transcript.

RANDOLPH

The war training classes in blacksmithing will be in session at Randolph Center next week. The radio buzzer class in this place resumed work Tuesday. As a number of the men will be called within a week, considerable extra work will be put in so the advanced pupils may qualify for a certificate. A class in automobile work will be formed in the near future. According to a ruling made by the government some weeks ago it is likely that only those having experience in driving autos will be admitted to the class and class members will be given the preference. Those who wish to be admitted to the class should give their name to Superintendent Patterson.

The victory boys and girls in the schools are doing their bit toward the United War Work drive. The organization of the district is as follows: District leader, Suppt. G. W. Patterson; town leaders, Randolph, Mrs. Vic D. Edson, Randolph Center; Brookfield, Miss Virginia Lovett, Brookfield; Braintree, Miss Winnifred Burridge, Randolph; Randolph village, Prin. E. G. Ham and Miss Mary Dubois. The quotas to be raised are: Randolph town \$20, Brookfield \$28, Braintree \$20, Randolph village \$38. Mrs. Estee of Montpelier gave interesting talks to the high school and grades on the war work.

The suffragists put in a busy day at the polls on Tuesday. Two hundred and ninety-seven voters signed a petition to the legislature, asking that the federal woman suffrage amendment, when submitted, shall be ratified.

Dr. and Mrs. E. O. Blanchard left on Sunday night for Fortness Monroe, where their daughter and husband, Lieut. and Mrs. Sweet, are now located. Lieut. Sweet has been there for several months but expects to go overseas soon.

Storrs Clough, a seaman who has been over and back nine times, is here for a few days' leave of absence with his sister, Mrs. Dwight Fisher. Thursday they went to Barre for a few days' visit with friends.

Mrs. Ellen Brown, after a short visit with her sister, Mrs. C. R. Pratt, left on Thursday for her home in Pittsfield.

Mrs. Ada Carr came Thursday from St. Albans for a few days' stay with Mrs. F. H. Ketchum.

Mrs. Henry Booth died at 9 o'clock on Wednesday evening after a long time of suffering caused by a shock which she sustained four years ago. For the last six months she had been at the sanatorium for care, and in that time had seemed to be gradually failing. Mrs. Elizabeth (Wells) Booth was born Nov. 17, 1846, at Brookfield, the daughter of George and Susan (Howes) Wells. There were three children, only one of whom, W. R. Wells of Chicago, survives, and he is expected here for the funeral, which was held at 2 o'clock this afternoon. Miss Wells first married Dexter S. Goss, who lived at East Randolph, and later moved to this village, where his death occurred in February, 1875. On Feb. 13, 1879, the widow married Henry Booth, who survives.

Mr. and Mrs. Joseph Ladue left for Concord, N. H., Thursday for a week's stay with relatives, after which they will return and pass a few days here before closing their house and going to St. Albans to pass the winter with their son and wife, Mr. and Mrs. Fred Ladue.

Mrs. George West arrived here from Stowe Thursday to visit her parents, Mr. and Mrs. E. P. Rye.

The University club held its first meeting for the season Tuesday evening at the home of L. B. Johnson. Robert Chedel was elected president, and E. W. Tewksbury secretary and treasurer. Rev. Fraser Metzger gave a short talk on "A Question of Ethics," which was followed by the usual discussion. The club presents Mr. Metzger and former Principal Leland Green, the latter in Y. M. C. A. service overseas, military emblem rings. Mrs. Pearl Campbell has been coming for a few days at her house on the Highlands after passing the summer at the farm in Fayston where they have been for several months.

A son, Allen, was born Oct. 29 to Mr. and Mrs. E. J. LaMarr of New England, N. D. The mother is better known here.

Tired, Overworked Men What You Need is Vinol

Vinol creates strength because it is a non-secret combination of the most famous body-building and strength-creating elements known—Beef and Cod Liver Peptones, Iron and Manganese and Glycerophosphates. You who are run down, nervous, lack energy and working strength, we know that Vinol is what you need. Try it at our risk. Here is Proof:

"I suffered so much from a run-down, nervous condition and stomach trouble that I never felt like working, and had tried almost everything without relief. The first bottle of Vinol, however, helped me, and it has finally built me up so I feel better now than I have for a long time."—C. D. Haines. For all conditions, weak women, overworked men, feeble old people and delicate children, there is no remedy like Vinol.

Vinol Creates Strength

RED CROSS PHARMACY AND DRUGGISTS EVERYWHERE

Una Allen, and the child is the grandchild of Mr. and Mrs. W. R. Allen of this place.

Bethany church held its business meeting on Monday evening and accepted the arrangements announced on Sunday. The committee appointed to look after affairs in the absence of Mr. Metzger are E. W. Tewksbury, E. A. Thomas, E. T. Salisbury, M. M. Wilson, Mrs. B. D. Dunbois, Mrs. W. F. Edson, Mrs. C. H. Granger. Bethany church gave Mr. Metzger a leave of absence and will make up any pecuniary loss he may suffer and will give his family the use of the parsonage.

Sugar Beets in Vermont. Laura A. Davis, R. D. No. 3, Chester, from one ounce of sugar beet seed furnished her by the boys' and girls' club work department of the agricultural extension service of the University of Vermont, planted 10 rows totalling 320 feet in length and produced 174 pounds of beets. She reserved 14 pounds for seed purposes, and from the remaining 160 pounds extracted eight quarts of "very nice syrup"—three quarts to the bushel.

BETHEL

About 3 o'clock yesterday afternoon the news came over the wire that fighting had ceased in France and Belgium. The big whistle at the tannery soon began to sound and then the church bells and the town hall bell joined the celebration, which took the form of a more or less noisy demonstration throughout the rest of the afternoon and the evening. All the torches that could be found were lit and the boys formed an impromptu procession. The amount of powder available was limited but good use was made of it and downright happiness of the demonstration had the most elaborate Fourth of July celebration beater a mile. Many of the older residents said they had not expected to see the end of the war and the general feeling of all was that now they could die happy.

Arrangements are being made for a grand patriotic page meeting to be held Sunday evening at 7:30 in the town hall, at which there will be music, good speaking and a demonstration of fellowship among all the churches. Let it be a great rally.

Mrs. Flora Dunbar, Miss Effie Dunbar, Mrs. E. R. Bigelow, Frank Waldo, and Mrs. C. F. Waldo were in Royalton yesterday at J. H. Waldo's, the birthplace of many members of the Waldo family.

If the weather is good, Rev. Frederick

EVERYONE LIKES THIS COLD CURE

"Pape's Cold Compound" Ends a Cold or Grippe in a Few Hours

Your cold will break and all grippe misery end after taking a dose of "Pape's Cold Compound" every two hours until three doses are taken.

It promptly opens clogged-up nostrils and air passages in the head, stops nasty discharge or nose running, relieves sick headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness.

Don't stuff stuffed-up! Quit blowing and snuffling! Ease your throbbing head—nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store. It acts without assistance, tastes nice, and causes no inconvenience. Accept no substitute.—Adv.

"This is what I take for a cough or sore throat: Kemp's Balsam. It isn't disagreeable, and you can depend upon it to give quick relief. It's guaranteed. I've used it for years and always keep a bottle on hand." Sold by druggists everywhere.

Don't Let Your Radiator Freeze

We have two solutions that will prevent it. Stop at our place and take your choice.

Uncle Sam's Zero 34

A compound solution of denatured alcohol and refined glycerine.

Johnson's Freeze Product

This will not evaporate or rust or corrode metal. One application is sufficient for a winter.

Perry Auto Company

Tel. 285-W Barre, Vermont

IMPORTANT

Wood is selling in the big cities at the highest prices ever known; it will pay to locate and saw up every scrap of wood you can find. With this outfit you can saw up your neighbor's wood and earn good money.

Engine burns kerosene.

The Fuel Situation Is Serious

Run this saw yourself, and overcome labor troubles. Cut and saw wood and so help the fuel situation.

Get in touch with us. Ask for Catalog D. S.

J. L. ARKLEY, Barre, Vt.

BRACKETT, SHAW & LUNT COMPANY, New England Distributors
62 North Washington Street, Boston

PARK THEATRE

Matinee, 2:15 and 3:30—Tel. 613-W—Evening, 7 and 8:30

TO-DAY Goldwyn presents Mae Marsh in "MONEY MAD"

Miss Marsh always pleases. Also a two-act Sunshine Comedy, "WHO IS YOUR FATHER?" and the Allie's Official War Review, direct from the front.

SATURDAY—GLADYS BROCKWELL in "THE SCARLET ROAD"
Also a special two-act Mack Bennett Paramount Comedy, "SAUCY MADELINE"

DRUGGISTS STILL ASKED TO CONSERVE STOCKS OF VAPORUB NEEDED IN "FLU" DISTRICTS

Influenza Epidemic Is Decreasing in Most Sections and the Demand Is Slackening, but We Are Still 18,000 Gross Behind on Orders, and It Will Take Some Time to Catch Up.

THREE MILLION JARS SHIPPED DURING OCTOBER

On Monday, October 21, we addressed an advertisement to the wholesale and retail drug trade, advising that we were badly overstocked, due to the influenza epidemic, stating that all deals and quantity shipments were postponed, and requesting that VapoRub be purchased in small lots only. This condition still prevails.

At this writing we have back orders for eighteen thousand (18,000) gross and our orders each day are double our daily output. The epidemic, however, is decreasing in most sections, the demand is slackening, and we are working night and day to catch up. In the meantime, we ask the trade to be patient with us.

ENORMOUS SHIPMENTS HAVE WIPED OUT EXCESS STOCKS.

On October 1st we had on hand at the factory and in twenty warehouses over the country a tremendous stock of VapoRub accumulated during the summer months. This is now gone—we actually shipped during the month of October over three million jars of VapoRub. We are speeding up our factory as much as possible and the problem now is to distribute the factory's output as quickly as possible. We have, therefore, for the time being, abandoned freight shipments and are shipping either by parcel post or express—trying to give each jobber at least a little stock.

IMMEDIATE SHIPMENTS TO DRUGGISTS IN INFLUENZA DISTRICTS.

Preference is being given to those sections stricken by influenza. In order to reach these sections as quickly as can be, we are, during this emergency, making shipments by parcel post, direct, to the retail trade, of not more than three (3) dozen 30c size in any one shipment. We prefer that the jobbers order these shipments for their trade, but to save time we will, if the need is urgent, ship direct on receipt of check or money order. Naturally, no new accounts can be opened during this rush.

SAMPLES AND INFLUENZA BOOKLETS FREE ON REQUEST.

We have prepared a little folder giving all the information available so far on

THE VICK CHEMICAL COMPANY, GREENSBORO, N. C.

HOW TO USE VAPORUB IN TREATING SPANISH INFLUENZA.

In every case call a physician—VapoRub should be used only in connection with the physician's internal treatment.

Apply hot, wet cloths over the throat, chest and back between the shoulder blades to open the pores. Dry lightly and rub VapoRub well in until the skin is red—spread on thickly and cover with hot flannel cloths. Leave the bed covering loose around the neck, as the body heat releases the ingredients in the form of vapors. These vapors, inhaled with each breath, stimulate the lining of the air passages to throw off the influenza germs. In case of head or chest cold, which often accompanies influenza, the vapors tend to keep the air passages open, loosen the phlegm and make the breathing easier. In addition, VapoRub is absorbed through and stimulates the skin, attracting the blood to the surface, and thus aids in relieving the congestion within.

HOW TO USE VICK'S VAPORUB AS A PREVENTIVE.

It is questionable if there is anything which will prevent Spanish influenza, except avoiding those persons who are spreading the disease by coughing, sneezing and spitting, and by keeping up the bodily resistance by plenty of good food and exercise in the open air. The Public Health Service recommends that the nasal passages be coated with a weak solution of menthol in liquid petroleum as a protective. For this purpose VapoRub is excellent. Just put a small portion on each nostril from time to time during the day and snuff well back into the head.

KEEP FREE FROM COLDS BY INHALING VAPORUB.

Colds irritate the lining of the air passages and thus render them a much better breeding place for the germs. At the first signs of a cold, use VapoRub at once. Melt a little in a spoon and inhale the vapors arising, or VapoRub can be used in a regular benzoin steam kettle, such as most druggists carry in stock. If this is not available, a very good substitute to use is an ordinary tea-kettle. Fill half full of boiling water—put in half a teaspoon of VapoRub from time to time—keep the kettle just slowly boiling and inhale the steam arising.

SPANISH INFLUENZA—ITS ORIGIN—THE SYMPTOMS AND THE TREATMENT, AND THESE WILL BE FORWARDED TO DRUGGISTS ON REQUEST.

We will