



For further particulars—follow the tracks!

CABOT

After this, church services will commence at 9:45, instead of 10:45, according to the new schedule of time.

Schools in town have closed for two and three weeks' vacation.

Mr. and Mrs. Maurice Walbridge and son returned to Derry, N. H., Monday, after spending a week at E. P. Walbridge's.

Mrs. W. P. Lance has sold her pair of work horses to Rogers brothers. This sale closes out all her livestock.

F. F. Messer of Montpelier was in town Monday on business.

Merna Walbridge was at home over Sunday from Montpelier seminary.

Mrs. Leslie Russell and daughter, of Barre have been spending a few days at Hiram Russell's.

Marion Drew is home from Montpelier seminary for a few days.

Mr. and Mrs. M. S. Haines have returned to their home, which has been

closed during the winter. They have been living with their son, Leon, several months at Lower Cabot.

Harvey Burbank has been engaged to deliver the Memorial address Memorial day.

A son was born to Mr. and Mrs. William Walker March 25.

Prin. Ralph Mayo has returned from a short visit to his home in Lyme, N. H.

Mrs. Earl Walbridge of Groton was in town Thursday, calling on friends.

Mrs. Gertrude Wells is spending a few weeks in Boston.

J. T. Stone found one of his horses one morning with a broken leg, which necessitated its being killed.

Joe Lagendre has purchased the shop recently owned by A. C. Ainsworth and Frank Paquin.

Dentist Mackay spent a few days recently in Barre and Montpelier.

Miss Alice Harvey is spending a few days at M. S. Haines'.

Miss Leila Jameson has returned to

her home in Colebrook, N. H., to spend her school vacation.

Mrs. Fred Kimball of White River Junction was a guest of Mr. and Mrs. E. D. Waldo last week.

Miss Ruth Laird of Winchester, Mass., is spending a few weeks at the home of her parents, Mr. and Mrs. George Laird.

Miss Louise Barber has returned to her home in Montpelier to spend her vacation.

Aline and Leigh Myers of Montpelier will be guests of relatives in town during their vacation.

The Women's club met with Mrs. C. F. Mack last week Tuesday.

H. W. Dane has purchased the home on the flat south of his own residence.

Franklyn Beaton has received his discharge and returned home from forestry work on the Pacific coast.

Lucius Cole is soon to move to the Owens house on Elm street.

People who attend the M. E. church are cordially invited to join with the

Congregational church next Sunday, as it is not expected there will be any service at the M. E. church, as Rev. A. A. Platt will be away attending conference.

Mrs. Susie Miller has sold her farm to Mr. Thompson of Woodbury.

Owing to the severe storm of Friday and Saturday, Rev. M. W. Hale was detained at Coventry over Sunday, where he went the first of the week to officiate at a wedding. Consequently, no services were held in the Congregational church last Sunday.

Miss Judith Haines will spend her vacation from teaching in Barre at the home of her parents.

Last week a large flock of wild geese that had started for their summer home in the north landed in the field of Mr. Middleton, on Whittier hill. A couple of boys with bow guns went too near them, when they arose and flew away.

Miss Bessie Beaton of Boston is at the home of her parents, Mr. and Mrs. Murdo Beaton, for an indefinite time.

William O'Brien has finished work in the creamery and has moved his family to Greensboro, where he is engaged as butter maker for the creamery there. The good wishes of friends go with them.

Card of Thanks.

I wish through the columns of this paper to express my thanks and appreciation to my friends who remembered me with cards, letters and flowers while in Mary Fletcher hospital.

Mrs. E. M. Bliss.

WEST TOPSHAM

The body of Frank Mills, whose death occurred at his home in Orange Thursday, was brought here for burial Saturday.

Mr. and Mrs. E. C. Poole were in Orange Saturday to attend the funeral of Frank Mills.

Mrs. George Newton and daughter, Mildred, of Bellows Falls have been spending several days with the former's mother, Mrs. George Welch.

Schools will begin next Monday, March 24, with the same teachers as last term.

Luther Hight and son, Delmer, were in Barre Saturday.

Rev. Mr. Merrier was in Barre Tuesday.

Miss Avis Smith is home from Granville.

Sherwood Williams is home from Goddard seminary.

Mr. and Mrs. W. R. Hight were in Barre Saturday.

Miss Ivis Hood spent Saturday and Sunday with her sister, Hazel, in East Corinth.

NORTH FAYSTON

This town has been visited by one of the worst snowstorms of the winter, over two feet of snow falling, and it being the first time that the people have been without their mail since the rural service was started.

Mrs. Hugh Henry has been seriously ill the past week with bronchitis, threatened with pneumonia. She is now somewhat improved.

Milford Grandfield is at his home for a week's vacation from Montpelier seminary.

Mr. and Mrs. Chester Nelson were in Moretown Thursday.

C. E. Wheeler attended the auction at Duxbury Monday.

WASHINGTON

There is plenty of work for all who desire. Call on Mrs. Chamberlin, the Red Cross distributor.

Daniel P. Smith, a veteran of the Civil war, passed away Monday morning at 8 o'clock. He leaves a wife and one son, Ernest, also three grandchildren, to mourn his loss. Funeral services were held at his late residence at 2 o'clock this afternoon.

BETHEL

Miss Theresa Davis, Mrs. Irving H. Davis, Jr. and child of Andover, N. H., are guests at George E. Kimball's.

Business men in the wholesale markets this week included Sam L. Abbott, dry goods, and James P. Marsh, furniture, in Boston, and D. L. Chadwick, dry goods, in New York.

Mrs. C. E. Noble is in Springfield, Mass., assisting in the care of her sister-in-law, Mrs. E. P. Bullard.

Mr. and Mrs. Myron P. Flint of Granville are visiting at Eugene H. Pratt's.

The funeral of Charles F. Waldo was held yesterday at the late home on River street, Rev. F. R. Dixon officiating. Mrs. R. M. Chase sang. The bearers were W. R. Briggs, Dr. R. M. Chase, J. A. Graham and W. R. Paige. From out of town were the son, E. C. Waldo of Ellis, Kansas, the wife of a deceased son, Mrs. Willis C. Waldo of Lebanon, N. H., and her five children, Hildreth, Philip, Clifford, Doris and Willis; Albert N. Culver, Mrs. W. A. Dunham and Mrs. Arthur Putnam of Randolph. Burial was at Cherry Hill cemetery.

A meeting of the citizens interested in the proposed community chaletauqua to be held early in July was held last evening at the Bascom house. Carl H. Turner, assistant manager, was present and outlined the method of advertising and gave a synopsis of the program. A. Lee Gady was elected president of the local organization; Dr. R. M. Chase and Mrs. C. G. Clifford, vice-presidents; M. E. Gaskell, secretary; H. P. Perkins, treasurer; Mrs. John J. Wilson, superintendent of children's chaletauqua; W. C. Harvey, chairman of advertising committee; A. N. Washburn, chairman of grounds committee; J. W. Miller, chairman of ticket committee. The consensus of opinion found the school grounds as a location for the tent. The executive committee will meet at Dr. Chase's office April 10.

The total tax in Bethel the coming year will be \$2,500 in the first district, \$2,250 in the Whitcomb school district outside of the five district, and \$2,200 in the town school district. The town voted a tax of \$1.35, the Whitcomb district 90 cents, the town district 85 cents and the fire district 25 cents.

The listers have begun their work. W. G. Whittaker taking the west side of the town, G. S. Harlow the east side, and Guy Wilson the village.

W. G. Byron is confined to his home as a result of injuring one leg with a pulp-hook.

Mrs. Rose Aldrich burned herself painfully last week when she spilled a quantity of hot syrup on one of her feet.

Mrs. Ella Maxham went yesterday to Royalton for a few weeks' visit.

Hugh Batchelder is at home for the summer from Waltham, Mass. He will assist his father on the farm.

Frank Hamilton of Royalton was leading a horse, which reared and dislocated Mr. Hamilton's shoulder. He is at the sanatorium for a few days.

Miss Mabel Miller came yesterday for a week's rest from teaching in Farmington, N. H.

W. Trott King, for the last 20 years a prominent resident of this village, died of ascending paralysis Sunday evening, after an illness extending over many years. With his family he came here from St. Johnsbury, and until his health failed was in the clothing business. He is survived by his wife, who has given him remarkable care, and by two sons, both in the aviation section of the army, and two daughters. His elder son, Lieut. W. T. King, Jr., is a proficient flight officer, and was still in France when heard from recently.

EAST MONTEPELIER

Public dance at village hall Saturday night, April 5. Gents, 50c each, ladies free.—adv.

A. W. Parker of Hydeville has a goat which recently gave birth to triplets.

IF BACKACHY OR KIDNEYS BOTHER

Eat Less Meat and Take a Glass of Salts to Flush Out Kidneys—Drink Plenty of Water.

Uric acid in meat excites the kidneys, they become overworked, get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.—Adv.

FACE DISFIGURED WITH PIMPLES

Would Wake With Burning and Itching. Cuticura Heals.

"I had two large eruptions around my mouth and my forehead was covered with pimples. The eruptions were in a scaly form. My face was very much disfigured and I would wake up in the night with the burning and itching."

"I saw an advertisement for Cuticura and I sent for a free sample. I bought a cake of Soap and a box of Ointment and I was healed." (Signed) Miss Amelia White, Box 671, Litchfield, Conn., June 4, 1918.

Cuticura Soap and Ointment are ideal for every-day toilet use.

Be sure to test the fascinating fragrance of Cuticura Toilet on your skin. The Soap, Cuticura and Toilet are everywhere.

**Nuxated Iron Helps to Spread Health and Strength to 3,000,000 People Annually. Get Your Share!**

When you think of the successful men and women you know—people who are doing things worth while—you will find that they possess force, vim and energy—the kind that simply brim over when the blood is filled with iron.

Iron is red blood food—it helps put strength and energy into the veins of men and roses into the cheeks of women.

A prominent New York Surgeon and former Adjunct Professor of the New York Post Graduate Medical School and Hospital, Dr. Kenneth K. MacAlpine, says: "If people would only realize that iron is just as indispensable to the blood as is the air to the lungs and be just as particular about keeping up a sufficient supply at all times there would, in my opinion, be far less disease resulting from anaemic, weakened conditions. In my opinion, Nuxated Iron is the most valuable tonic, strength and blood builder any physician can prescribe."

MANUFACTURERS' NOTE: Nuxated Iron, which has been prescribed and recommended by physicians and which is used by over three million people annually is not a secret remedy, but one which is well-known to druggists everywhere. Unlike the older iron products it is easily assimilated and does not injure the teeth, make them black nor upset the stomach. The manufacturers guarantee successful and entirely satisfactory results to every purchaser of their well-known product.

THE LENOX and THE BRUNSWICK

A richer luxury, a greater comfort has been added to the quiet stately dignity of this charming hostelry through remodeling and new furnishings of rare beauty.

**The Brunswick**  
In Copley Square, Boston

Two Boston Hotels ruled by a single thought SERVICE

L. C. PRIOR, President

COMBINING the convenience of nearness to the best shops, the theatre and the train is found that correctness in appointment and service that makes dining here a real joy.

**The Lenox**  
In fashionable Back Bay, Boston

**New Modern Roller Flour Mill**  
AT WELLS RIVER, VT.

Good Flour Can Be Made from Wheat Grown at Home

We have installed a New Modern Flour Mill and Equipment for making flour from native wheat, with a capacity of 25 barrels per day. This equipment includes two Cleaners, Grinder, Sifter and Rollers, and will produce first-class flour from good native wheat.

Our Mill will be ready for business April 1, 1919

Price for Grinding will be 35 cents per bushel  
Flour and feed returned—Bags and cartage extra

We are here to serve you—Make us your free consulting specialists.  
Write, phone, or visit us.

**W. D. STINSON**  
Wells River, Vermont  
Tel. 88-2, 88-3.

**H. M. FARNHAM**  
Sales and Exchange Stables  
Montpelier, Vt.

Have a Carload of  
**IOWA HORSES**  
due to arrive Wednesday,  
April 2nd, 1919

Lots of good Matched Pairs, several nice Farm Chunks; good Express Horses; also Horses the size for road machine work.

We have several Second-Hand Horses for sale this week.

**Remember, Auction Sales Every Friday**

Below Your Equator

there is, in the form of the intestinal canal, a wonderful laboratory, within which are manufactured the very materials which are vitally necessary to sustain life, and also violent poisons which directly and indirectly cause disease and death.

Food waste, if allowed to accumulate, stagnates and gives rise to poisonous matter. This, if allowed to be absorbed into the blood, produces 90% of the disease that attacks mankind, from a transient neuralgia to a permanent hardening of the arteries.

Bright's disease, liver trouble, heart enlargement, high blood pressure, skin affections, rheumatism, insomnia, nervous exhaustion, mental affections, all may be caused by such self-poisoning, the warning of which is obstinate or habitual constipation.

Nor is it safe or sufficient to take castor oil, pills, salts, mineral waters, etc., in the effort to force the bowels to move. Not only will the constipation grow worse with the continuance of such remedies, but the dose must be constantly increased with an ever-weakening effect.

But Nujol acts differently—and successfully. Nujol is not a drug—does not act like any drug.

Nujol brings about thorough and natural bowel evacuation, at regular intervals, because it helps Nature to restore and to maintain the proper mechanism by which body waste is removed and its stagnation prevented.

Nujol overcomes constipation by removing its causes. Get a bottle of Nujol from your druggist today and send coupon for free booklet—"Thirty Feet of Danger."

**Warning:** Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

**Nujol Laboratories**  
STANDARD OIL CO. (NEW JERSEY)  
50 Broadway, New York



Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York. Please send me free booklet "Thirty Feet of Danger"—constipation and auto-intoxication in adults.

Name \_\_\_\_\_  
Address \_\_\_\_\_