

AMERICAN GIRLS WIN HONORS

King Alexander of Greece Pins Military Medal of Merit on Them

THEY FOUGHT THE TYPHUS EPIDEMIC

King Thanked Them for Saving the Lives of Many Greeks

Athens, Thursday, June 5.—King Alexander to-day conferred the medal of military merit on Emily Porter of Bridgeport, Conn., Editha Blakeslee of Drexel Hill, Pa., Clara of Bristol, Pa., and Florence Stone of Plainfield, N. J. Red Cross nurses, for their work in fighting the typhus epidemic in Macedonia. Miss Blakeslee contracted typhus while nursing, but has entirely recovered.

EAST CORINTH

Memorial day exercises were held here, Rev. Mr. Alexander of Bradford delivering the address. There was a large attendance, although the old soldiers are getting very few.

It is expected that there will be a minister here Sunday with preaching service at 11 o'clock.

A campaign for the parsonage fund is to be on next week.

It is reported that Mrs. L. C. Jenne has bought E. R. Corlies' house next to the library.

George Dodge and wife, who have government positions in Washington, D. C., are visiting at O. W. Hodges'.

Neal Hunt and wife, who was Amah Townsend, have been visiting at Mason Boyce's and D. N. Sargent's.

Mr. and Mrs. L. L. Worthley, with his mother and sister, were in Johnson the first of the week.

Mrs. Mary E. Taplin arrived from Grinnell, Ia., Friday.

"ONE-PIECE" COOKERY.

Food, Time, Fuel and Labor May Be Conserved By This Method.

"One-piece" dishes, which were brought into favor by war-time conditions and economics, remain popular with thoughtful and progressive housewives, as a well-balanced meal may be quickly and easily prepared in this manner. Rice, for example, lends itself admirably to combination.

Of several ways of cooking rice, the best, perhaps, is to add to a given quantity of rice about twice as much water, and cook over a very low fire in a covered kettle. Carefully cooked in this way the grains will "stand apart" as well as by boiling the rice in a lot of water, rinsing with cold water, then drying in the oven.

Using plain boiled rice for a basis, many balancing articles of food—cheese, meat, eggs, nuts, fats, etc.—combine with it harmoniously. A cooking expert so uses up the coarser leaves of lettuce, romaine, endive, etc., that may have been left over from a salad. To these she adds a sliced onion, about two tablespoons of bacon fat, butter or butter substitute, and three-quarters of a cup of cold water for every half cup of well washed rice—which, for this particular recipe, has not been previously cooked. When the water boils in the covered kettle, she turns the fire low and allows the whole to cook for 20 minutes.

Other combinations will produce results equally " tasty." The point is to conserve food, time, fuel, labor, thus increasing the working capital of the housewife. Every penny saved increases her ability to purchase thrift and war savings stamps regularly, and thus make provision for the future.

WOMEN FROM NORTH, SOUTH, EAST, WEST

Recommend Lydia E. Pinkham's Vegetable Compound as a Reliable Remedy for Woman's Ills.

Spokane, Wash.—"I want to recommend Lydia E. Pinkham's Vegetable Compound for women's ailments as it helped me so much during middle age."

Mrs. MARTHA CONNOR, 4127 Mansfield Avenue.

Abilene, Texas.—"For almost a year I was unfit to do my work as I suffered so from female ills. Lydia E. Pinkham's Vegetable Compound restored my health after physicians had failed."

Mrs. E. OWENS.

Rockville, Conn.—"I suffered so long from female ills I was blue and melancholy. Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed."

Mrs. MARY S. ASHLEY, 5709 Dover Street.

The reason Lydia E. Pinkham's Vegetable Compound is so successful is because it contains the curative, strengthening properties of good old-fashioned roots and herbs, which act directly on the female organism.

When in need of a purgative, do not resort to violent cathartics, but take the gentle, natural laxative—Beecham's Pills

Largest Sale of Any Medicine in the World. Sold everywhere. In Boxes, 10c., 25c.

VERMONT CLUB WOMEN ADJOURN

(Continued from first page.)

necessary between her and the legislators at Washington.

Related reports of the Winoski and Swanton clubs were read at this time.

For the legislative committee, the chairman, Mrs. George H. Smilie of Montpelier, reported. This committee is in existence only for the assistance it may give in backing up other committees when there are measures the federation is desirous of putting through the legislature.

There has been little to do along that line in the past year. Only one bill was considered, that of compulsory medical inspection in the schools, and when the state board of health prepared another for introduction to the legislature, which embodied all that the federation had sought, the latter body gave up the idea of presenting a bill on its own account.

Mrs. Arthur Brooks of St. Johnsbury, reporting for the public health committee, referred to the progress the Red Cross had made along this line in recent months. Co-operation spells efficiency. Circulars have been sent out regarding nursing and tuberculosis. A public health nurse is a possibility in Vermont.

It is easy to start a movement, but it is up to club women to keep it going. Time, strength and influence must be exerted to keep up enthusiasm.

The credentials committee reported through its chairman, Miss Blanche J. Tilden of Barre, who stated that the number of state officers present was 4, chairmen of departments 11, club presidents 14, delegates 65, total 94. The number of guests registered was 13, although it is known there were many guests who did not register.

President Mrs. Davis Reported.

Mrs. Davis, the federation president, who has done so much for the organization by her splendid executive ability and gracious manner, gave her report at this time, which is printed below in full:

"My dear Co-workers: In submitting to you my yearly report, let me recall to your minds the manifold and stirring world events that have taken place since we met together in convention just a year ago. Then we were in the heat of preparation and mobilization of our forces, both of men and of material resources, to take our place by the side of the allies in the greatest and cruellest war the world had ever known. The fervor of doing our best to aid in this great struggle, absolute loyalty and whole-hearted willingness to sacrifice were the salient notes of our 1918 convention—our war convention. So all through the summer months, whether in the routine of letter writing or in the collection of data for the new year book, or in the more interesting work of soliciting funds and furnishings for our federated clubs for the soldiers and sailors club at Burlington, that same desire to do urged us on. For although 'we were walking in accustomed ways' and had not been wrenched from our natural mooring in the tide of things, accepting them as facts of contemporary life, yet out of it all was forged a noble will to sacrifice.

"As the summer went by and autumn approached, with accounts of the victorious onslaughts of our valorous Yankee troops and the rapid retreat of the forces of the central powers, ending in bitter defeat, our minds began to look ahead to the times after the war, when 'the tumult and the shouting died,' to the problem of reconstruction and especially to the plan for a league of nations, which it was our intention to stress at our board meeting scheduled for Pittsford, Oct. 15 and 16—and Miss Helen Varick Boswell, noted for her work in the G. F. W. C. and as the woman the late Col. Roosevelt appointed to go to the canal zone and organize the women into clubs and an ardent supporter of the League to Enforce Peace, had consented to come to Vermont and explain the great movement, which has since swept the world and has been made a part of the articles of peace recently handed the central powers.

"Then came the great influenza epidemic. All club meetings were postponed, all plans given up and men and women everywhere had to turn their attention to the afflicted within our gates. Emergency hospitals were organized and everything done to curb the spread of the disease.

"Following almost immediately came the false rumor of the signing of the armistice and a week later, Nov. 11, the actual event, so when our board finally met Nov. 13 in Bellows Falls at the home of Mrs. Edward Kirkland, the point of view had changed. War in all probability was over. We must develop a new policy. Pick up, clean up, resurrect, reconstruct. And everywhere over the world men and women immediately began to determine that such a cataclysm as a world war must never again visit this earth.

"You can readily see that the number and variety of events have made it difficult to do much constructive work during our administration. Such conditions have made it impossible to keep to one point of view. We have taken as our motto, resiliency, so when we saw plans and projects carefully thought out made absolutely useless because of the trend of the times, we have tried to develop along new lines.

"While we have undertaken no new state work, as all our energies have been bent toward winning the war, we believe there never has been a time when so much money has been raised by the federated clubs of Vermont and paid over to be used out of the state. Let me cite some figures for you collected a year ago: \$3,600 worth of Liberty bonds have been purchased from the treasuries of our federated clubs, \$1,000 Red Cross, \$800 war libraries, \$500 American women physicians' overseas hospital unit, \$2,400 for the war victory commission and hundreds of dollars for allied war relief.

"While for use in Vermont, \$200 for the soldiers and sailors' club in Burlington, \$45 for the preventorium at Essex to furnish a bed, and a sum for the scholarship fund. Ordinarily we would not favor such a course, but the time demanded that we sacrifice the interests of Vermont for the time being.

"As to my activities in detail, I attended the C. N. D. in Rutland, Sept. 18, in the capacity of recording secretary. I presided at the business session of the executive board held in Bellows Falls Nov. 13. Was present at the special board meeting in Bellows Falls Dec. 9, called to consider candidates for the G. F. W. C. overseas unit. Have worked for subscriptions to the general federation magazine from Vermont and on Dec. 10 sent in my check, completing the 60 subscriptions pledged at the Hot Springs, Ark., convention, thus putting Vermont over the top before the other states. To our knowledge only one other state, Rhode Island, has since made good.

"(Since the writing of the report other states have filled their quota, as reported on Wednesday.)

"I have visited and addressed 21 clubs. Attended the Vermont conference of social work and the Vermont Tuberculosis association in Montpelier Jan. 14 and 15. Was present at the Boston congress of

the League to Enforce Peace and at the Vermont caucus was made a member of the Vermont committee on organization, was privileged to attend the Lowell Lodge debate and with several of our Vermont friends have been a participant in the council meeting of the G. F. W. C. held in Ashville, N. C., May 27-30. I served as the chairman for Vermont of the personnel committee for the Y. M. C. A. overseas canteen workers since July. This has involved much correspondence—over 10 letters—telephone work and personal interviews. The results have been most gratifying, for we have a group of Vermont girls overseas of whom we may be justly proud. These regular Y. M. C. A. candidates, together with the four of the G. F. W. C. unit passed the Barnard conference with excellent credits and add greatly to the glory of Vermont.

"We have tried to answer every communication that has come to our desk and have written 150 postcards, 700 letters, circularized the state seven times. "The total expense of conducting this office since the 1918 convention has been as follows:

Table with 2 columns: Item, Amount. Postage \$15.00, Traveling expenses 217.00, Telegrams and telephone 8.00, Sundries 5.00, Total \$245.00

which is cheerfully contributed to the work we all love.

"We submit the following recommendations for your consideration:

"1. That Vermont be divided into three districts—Northern, eastern and southern-western. That our three vice-presidents be chosen territorially and act as district chairmen. That district meetings be held—one a year in each district—in addition to our federated meetings. State federation officers, club presidents, state chairmen and club chairmen of corresponding departments and club women of the district to be eligible to such meetings. That the federation allow each district \$30 for expenses. That meetings be held at such time and places that delegates may go and return in one day.

"2. That a state federation sheet be issued, giving club news, G. F. W. C. items, messages from state officers and chairmen.

"3. That our reciprocity department be strengthened, not only by contributions of new and timely papers and essays, but by information concerning good speakers, the various communities, speakers who would address clubs for expenses or for a modest honorarium. There are many notable people in many of our towns who would gladly address audiences if invited.

"4. That at the New England conference to be held in Maine in the fall of 1919 we agitate for an interstate bureau of speakers.

"5. That as the G. F. W. C. departments are now subdivided, that our department chairmen organize their departments on the same principle—that each member of the department specialize along one line—the chairman having general oversight of the whole field.

"So, dear friends, in the closing minutes of my administration, before returning to you the keys of our stewardship, let me assure you of my utter faith in this noble body of true-hearted Vermont women. It has been a pleasure to serve you during the two strenuous years. And we believe that our organization has weathered the tides of the uncertain tides of war and proven its self seaworthy; is more of a necessity than ever to our beloved state and nation. A great future is ours. Possibly for the first we realize 'The War's Recompense':

"Ye that have faith to look with fearless eyes Beyond the tragedy of a world at strife, And know that out of death and night shall rise The dawn of ampler life, Rejoice, whatever anguish rends the heart, That God has given you a priceless dowry, To live in these great times and have your part In freedom's crowning hour, That ye may tell your sons who see the light High in the heavens—their heritage to take, I saw the powers of darkness put to flight, I saw the morning break. "Aloysia H. Davis."

Many Actions Taken.

Unfinished business was then taken up, reported briefly as follows: The federation approved the purchase of a \$100 Liberty bond by the president, in behalf of the federation, and the changing of the name of the committee on dependent children to the child welfare committee; renewed the contract with the Vermont Tuberculosis association to sell Red Cross Christmas seals; voted to cooperate with the Boston congress on child welfare, to send delegates and to be placed on the membership as a contributing factor, paying \$25 yearly; voted to reimburse five members of the federation who paid \$5 each to send this money last year, there being no chance at that time for the club itself to take action on sending the money; voted to join the Vermont Conference of Social Work, at a payment of \$5 a year; voted to district Vermont for club work, making a northern, eastern and southern-western district, the three vice-presidents to serve as chairmen of these districts, Mrs. Burditt of the southern-western, Mrs. French of the northern and Mrs. Blanchard of the eastern.

Accept Windsor's Invitation.

The Windsor club, the Friends in Council, invited the state federation to meet in that town for the convention in June, 1920, and the invitation was unanimously accepted. The executive board meeting will be held in Pittsford in October.

Resolutions Presented.

The resolutions committee, Mrs. David Conant of St. Johnsbury and Mrs. Bert Merriam of Bellows Falls, presented the following acknowledgments, which were heartily accepted by the federation:

"Whereas, we, the members of the Vermont Federation of Women's Clubs, have been royally entertained by the Barre Woman's club during the 24th annual meeting, be it

"Resolved, that we extend to this club our deep appreciation for this hospitality. The graciousness of this welcome, combined with a kindly thoughtfulness, has anticipated our every need and from the moment of our arrival our comfort and pleasure have been secured.

"Resolved, that we express our thanks to the mayor of the city of Barre for his kindly greetings and to the Barre Board of Trade for the fine arrangements for our pleasure, for the delightful automobile drive to the famous quarries, for our instructive, as well as hospitable, entertainment there. These things will linger in our minds as the 'Rock of Ages' greets us elsewhere as one of the greatest of Vermont's greatneses.

"Resolved, that we extend our thanks to the society of the Barre Congregational church for the use of their edifice for holding our sessions.

"Resolved, that we thank the ladies of the Methodist church for the delicious luncheons served each day.

"Resolved, that we appreciate the words of welcome of Hon. Eugene C. Glysson and Chauncey M. Willey and the timely addresses of Dr. William F. Slocum, John F. Scully, Major W. A. Atkinson, Miss Marion Gary and Prof. K. R. B. Flint, and thank them for the broader view which their presentation of the subjects has given to us. That we regret the accident which prevented us from hearing the address of John R. Spargo, which we had so much anticipated, and that we express to him our sincere sympathy.

"Resolved, that we express our appreciation to George F. Mackay, Mrs. William Holden, Mrs. Edwin W. Bruce, Miss Gladys M. Gale, Miss Henrietta Ingis, Mrs. Dean Perry, Miss Cleora Morse, Miss Leone Reynolds and Mrs. Noble Love, Miss Bessie E. Spear and Arthur Spitzer for the beautiful music furnished during the meetings and for the organ concert.

"Resolved, that we express our appreciation for the charming reception held at the beautiful home of Mrs. Guy Var-num.

"Resolved, that we also express our thanks to John B. Eames for his courtesy in furnishing the use of his theatre for the film, 'How Life Begins.'

"Resolved, that to the officers of the Vermont Federation of Women's Clubs and to the chairmen of departments we extend our hearty appreciation for the time, thought and energy expended in making the year's work one of which to be justly proud, and one that stands for much accomplished.

"Resolved, that to our president we would extend our gratitude for the very able and efficient management of the business of the federation. We appreciate keenly her constant attention to details, her wise judgment, her loyalty to every phase of the work, which has preserved the harmony of the federation and maintained the fine spirit of co-operation and teamwork everywhere evidenced during her administration.

"Following these acknowledgments, these resolutions were adopted:

"Resolved, that we as members of the Federation of Women's Clubs do all in our power to promote and stimulate thrift and saving along all lines, that we do so far as possible the organized forces for the promotion of such projects as shall develop habits of thrift among the people.

"Resolved, that the Vermont federation, in convention assembled, recommends to the legislators of the state a petition to enact at the earliest possible moment laws which will make English the fundamental language for the people of this state and compel all schools to devote a part of each year's curriculum to the study of American ideals and institutions to preserve our history, traditions and to tend to weld our people into one with a true spirit of Americanization.

"Whereas, dress is an important factor in the health, happiness and attractiveness of women, be it

"Resolved, that we advocate saner styles, with the avoidance of extreme or immodest designs, that we urge the appropriateness of dress both for the occasion and the season, without detracting from pleasing effects.

the third district—Mrs. F. Blanchard, Montpelier.

Secretary—Mrs. Arden Taylor, Windsor.

Treasurer—Mrs. C. G. Clifford, Bethel.

Auditor—Mrs. Mason S. Stone, Montpelier.

State editor—Mrs. W. C. Belknap, Bellows Falls.

General federation secretary—Mrs. Gilbert F. Davis, Windsor.

Later in the day the president appointed Mrs. Flinn of Springfield as the recording secretary.

This completed the business of the convention and those in attendance went from the church to the Park theatre, where Mr. Eames, the proprietor, showed

the film, "How Life Begins," with an accompanying lecture on "Social Hygiene Problems of the Reconstruction Period" by Mrs. Woodallen Chapman of the public health department, General Federation of Women's Clubs.

Mrs. Chapman spoke of the work (Continued on fourth page.)



100% Pure Turkish Tobacco

Advertisement for Helmar Turkish Cigarettes, featuring the brand name in large letters and a price tag of 15¢.

Large advertisement for Helmar Turkish Cigarettes with the slogan 'Listen, folks—Every manufacturer of cigarettes admits that pure Turkish is the mildest and best tobacco for cigarettes.' and 'Quality-Superb'.

Advertisement for Castoria, 'For Infants and Children In Use For Over 30 Years'.