

### USE SALTS IF BACK IS ACHY

Flush your kidneys occasionally if you eat too much meat.

No man or woman who eats lots of meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Too much meat may form uric acid, which clogs the kidney pores so that they sluggishly filter or strain only part of the waste and poisons from the blood; then you get sick. Rheumatism, headaches, liver trouble, nervousness, constipation, listlessness, sleeplessness, bladder disorders often come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, get about four ounces of salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys may be made to work. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to activity, also to help neutralize the acids in urine so it no longer causes irritation, thus often ending bladder disorders.

It is an inexpensive and cannot injure; makes a delightful effervescent lithia water drink, which everyone can take now and then to help keep the kidneys clean and the blood pure, thereby often preventing serious kidney complications.—adv.

### WEST BERLIN

Clara Ramsdell from Montpelier visited her aunt, Miss Corrie Streeter, last week.

Mrs. Hazel Gilnes was in Montpelier last Friday.

The chicken-pie supper and sale on Thursday evening was largely attended, there being a goodly number here from out of town. This supper was given by the ladies' aid. Two hundred and seventy-six dollars was taken in during the evening.

Rev. and Mrs. W. F. Hill from Cabot were here last Thursday.

Mr. Bailey from South Ryegate visited at the home of Miss Corrie Streeter Sunday.

Mrs. L. L. Cooper from Montpelier is visiting at M. J. and E. M. Ayers' for a few days.

The steam shovel and all the men left the gravel pit Saturday.

### PIMPLY? WELL, DON'T BE

People Notice It. Drive Them Off with Dr. Edwards' Olive Tablets

A pimply face will not embarrass you much longer if you get a package of Dr. Edwards' Olive Tablets. The skin should begin to clear after you have taken the tablets a few nights.

Cleanse the blood, bowels and liver with Dr. Edwards' Olive Tablets, the successful substitute for calomel; there's no sickness or pain after taking them.

Dr. Edwards' Olive Tablets do that which calomel does, and just as effectively, but their action is gentle and safe instead of severe and irritating.

No one who takes Olive Tablets is ever cured with a "dark brown tace," a bad breath, a dull, listless, "no good" feeling, constipation, torpid liver, bad disposition or pimply face.

Olive Tablets are a purely vegetable compound mixed with olive oil; you will know them by their olive color.

Dr. Edwards spent years among patients afflicted with liver and bowel complaints and Olive Tablets are the immensely effective result. Take one or two nightly for a week. See how much better you feel and look. 15c and 30c.

### "FORWARD, MARCH!"

The happiest people are those who, in whatever sphere of life, continue to go forward.

The inventor is happy so long as he can overcome new obstacles, devise new mechanisms, go forward.

The business man is happy when his business shows a healthy growth and a balance on the right side of the ledger. Everybody finds satisfaction in getting ahead financially—in being a little better off this year than last.

A growing savings account in The Montpelier Savings Bank and Trust Company, Montpelier, Vermont, will give you a feeling of satisfaction and will be worth to you all that it may cost in effort and sacrifice. Why not start now?

### At the Opera House

Waterbury, Vt.

Tuesday, October 31

"The Sheik"

Founded on the world-famous novel by E. M. HULL, with

Agnes Ayers and Rudolph Valentino

A George Melford Production.

### PLAINFIELD

Remember the millinery bee to be held at the schoolhouse on Friday, Oct. 27. Those having materials they wish to use may bring them. The agent will bring frames. This will be an all-day meeting.

Prof. H. N. Hanson and two ladies from Montpelier seminary were visitors at the home of Mr. and Mrs. Joseph Bartlett recently.

Frank Woodcock and mother, Mrs. Elsie Woodcock, are spending several days in Marshfield with relatives.

To rent at once, downstairs tenement with bath, electric lights and all modern improvements. Laura J. Sanborn—adv.

Erwin Martin of Albany is stopping for a while with his wife and daughter at the home of her parents, Mr. and Mrs. Don Switzer.

Mrs. Fred Cree is reported quite ill. Mrs. Florence Hewitt of Berlin is the guest of her son, Rev. A. W. Hewitt.

Mr. and Mrs. Merrill Aiken of Orange were in town Sunday.

Mrs. Clara Page is visiting at the home of Mr. and Mrs. Raymond Page.

Mrs. Clarence Robbins of East Montpelier called on friends in town Saturday.

Arthur Dix has sold his farm to Leon Tucker.

Mr. and Mrs. Richard Attridge, who recently arrived from Westfield, Pa., spent part of last week with Mr. and Mrs. Fred Goodridge.

Miss Dorothy Smith of Moretown spent the end of the week with her parents, Mr. and Mrs. Albin Smith.

Mrs. Walter Abbott of Cabot was the guest of Mrs. W. H. Martin last week.

Mrs. T. H. Bartlett and Mrs. Eva Bailey were visitors in Montpelier on Saturday.

Mr. and Mrs. Harry Flood and daughter, Louise, of Westbury, R. I., are the guests of his parents, Mr. and Mrs. A. N. Flood.

Mr. and Mrs. Wilbur Hardy and son, Frank, were visitors in Sharon last week.

Mr. and Mrs. Arthur Prescott and daughters of Fairmont were visitors at his parents', Mr. and Mrs. William Prescott.

Mr. and Mrs. J. Raymond Kinney of Boston were recent visitors in town.

Mr. and Mrs. George Hamel of Montpelier were at Mrs. Jennie Hamel's Sunday.

Mrs. Josie Welch of Barre visited her mother, Mrs. Richard Jones, Monday.

Robert Gould of Springfield, Mass., who was in town the first of the week, returned home Tuesday. Mrs. Gould and son, who have spent the summer with her father, Horace Bancroft, returned home with him.

Henry Keniston has gone to California to spend the winter.

### CORINTH

L. M. Kingsley, Albert Magoon, William Marsden, Walter Colby, Clarence E. Morse and F. J. Hutton were in Randolph last Friday to attend the dedication of the Masonic hall and the district meeting of district No. 9. Mrs. Hutton accompanied her husband and visited at E. C. Woods' and called on other friends there, including the grand secretary, Abbie Clark, and also inspected the house recently purchased of F. A. Joslyn for the O. E. S. home, which is an ideal home for anyone to dwell in.

Earl Hastings and family of Center Conway, N. H., returned to their home on Monday, after several days' visit with their many relatives in town. Vera Munroe accompanied them for a few weeks' stay, to assist Mrs. Hastings with her sewing.

Mr. and Mrs. F. J. Hutton were at Bert Gates' at Union Village on Sunday. Mrs. Gates is Mrs. Hutton's niece.

### Thoughts For Mothers Who Wish To Safeguard Their Families

There is a simple, inexpensive way that 300,000 mothers have of providing a safeguard against colds, coughs, croup, and other ailments. These ailments are not serious if given prompt attention—but many a mother mourns the loss of a dear one from pneumonia, diphtheria or influenza.

"A stitch in time saves nine"—a truism as it relates to a common cold. First, use the sure and safe Mento-Laxene. This medicine is not necessary—and may do more harm than good.

Devoted mothers save about \$2.00, and make a pure, effective medicine at home and avoid expense and anxiety. They purchase 5¢ boxes of the pure concentrated Essence Mento-Laxene, then make a syrup of sugar and water and have full and complete relief. The syrup to be obtained at a cost of less than \$1.00.

A few doses given when a cold or cough first starts, soon checks it and drives it out of the system and the danger of pneumonia and other fatal or lingering diseases is avoided. Plain directions with the Essence Mento-Laxene—so simple and easy that a child could make a full pint in less than 10 minutes. Good doctors and druggists recommend it.

"Best ever sold for Cough and Cold." Send 5¢ in stamps for trial bottle to The Blackburn Products Co., Dayton, Ohio

### STOWE

M. C. Lovejoy closed the Mount Mansfield Hotel toll house Monday and with Mrs. Lovejoy will pass the winter in the tenement in the P. A. Raymond house on Main street. Mr. Lovejoy has collected toll from 525 cars. This is the first year automobiles have climbed to the summit without difficulty. The road to the top is closed as it is now unsafe to travel owing to the ice and snow near the summit.

Rev. F. T. Crane and P. W. Best, who motored here from Warwick, Mass., are passing several days in town. Mr. Crane was formerly a pastor of the Universalist church. He is making his home during his stay here at E. C. Scribner's, and is also making repairs on the pipe organ at the Community church. Mr. Best is staying at the Green Mountain Inn.

Clinton Taylor of Danville is visiting his mother, Mrs. Louise Taylor.

L. N. Miner of Boston passed the week end with Mrs. Miner, whose condition remains about the same.

K. D. Bull, Roderic Riley and Israel Doney of East Hardwick spent Saturday in town.

LeRoy Herron of Chicago, who passed a few days with his mother, Mrs. Thomas Osmond, at the home of his sister, Mrs. A. R. Straw, left on his return Monday by way of Boston.

Mrs. C. H. H. Stafford and daughter, Miss Eloise Stafford, were visitors in town Monday.

Parkhurst Labadie has returned from Morrisville and is making his home at S. A. Stowell's.

E. W. MacGibbon of Enosburg Falls was in town Tuesday.

Mrs. Frances Sanderson, who has visited at the home of her cousin, C. A. Riley, for a week, left Tuesday to visit friends in Burlington, on her way to her home in Newark, N. J.

Mr. and Mrs. E. R. Bigelow have closed their home at The Ledges for the winter and are passing several days at the Green Mountain Inn before going to Springfield, Mass., where they plan to pass the winter.

### SOUTH ROYALTON

The Rehoboths gave Miss Marjorie Whitcomb a shower on Friday evening.

P. S. Belknap was a business visitor in Morrisville Wednesday.

Warren Tenney has returned home from his work at Brattleboro.

Ernest Harding of Three Rivers, P. Q., returned home Sunday, his wife and two children, who have spent the summer at Mr. Taylor's, going with him.

Miss Lucy Eaton has returned from Barre, where she has been for a time.

Mrs. A. G. Whitham of White River Junction was here over Sunday.

Laurence Coutermarsh has finished work at East Bethel, and is at his home here for a short time before going to Pomfret, where he is to have a position.

Miss Ada White of Manchester, Mass., was a business visitor in town Monday.

F. N. Bowen of Bethel was in town on business Tuesday.

Miss Beatrice Coutermarsh has gone to Sharon to spend some time with friends.

U. P. Mosher and Mr. White of Sharon were business visitors here on Tuesday.

WEST TOPSHAM

Mr. and Mrs. Edmund Spencer, who were called to Troy, N. Y., by the death of Mr. Spencer's mother, left Sunday morning for that place and made the trip by automobile.

Amos Partridge, who has been employed at White brothers', finishing the foundation and doing other preparatory work in the erection of their new barn, returned to his home in East Barre Friday.

A number of people from here attended the chicken-pie supper at East Corinth Friday evening.

Mrs. Arthur Smith of Barre was a guest at White brothers' last week from Sunday until Tuesday.

Eugene Fellow, and family of Burlington spent the week end at the home of his mother.

E. C. Poole is in the Barre City hospital for treatment.

Charles Bemis spent Sunday at Mr. and Mrs. Sidney Hood's.

John Lincoln has a position in the orchestra of the Magnet theatre in Barre.

Miss Bernice Magoon, who teaches in Barre, was a visitor over the end of the week in town.

Sensible, Thinking Women

no longer doubt the efficacy of that old-fashioned root and herb medicine, Lydia E. Pinkham's Vegetable Compound, because it relieves the ailments to which they are afflicted. In almost every neighborhood there are living witnesses of its wonderful effects. Therefore, if you doubt its value or power to help you, ask your neighbor. In nine times out of ten she has been benefited by its use or knows someone who has. It will pay you to give this root and herb medicine a trial.—adv.

### NORTH CALAIS

A. A. Harrington spent the end of the week with friends in Fayston.

D. J. Persons of North Montpelier was a recent caller in the place.

Mr. and Mrs. Grant Eair were in Montpelier the last of the week.

H. F. Scribner was a recent visitor in Barre.

Miss Mildred Bates is in East Calais, caring for Mrs. Mornie Hawkins, who is quite ill.

Fred Cushing of Wells River was a recent visitor in town.

Misses Ruth and Louise Leonard were home over Sunday from their school duties in Hardwick.

Mrs. Getchell and friend of West Danville were recent visitors in the place.

Miss Lucy Fair of South Woodbury spent the end of the week with her parents, Mr. and Mrs. John Fair.

Mrs. Edith Jackson spent the end of the week with relatives in Fayston.

Miss Leah Harrington was a visitor in Woodbury Saturday.

Mr. and Mrs. Ralph Persons and son, Maurice, visited his parents, Mr. and Mrs. D. J. Persons, in North Montpelier Friday.

Miss Doris Parker of North Montpelier visited her mother, Mrs. Mary Fair, over the end of the week.

Mr. Barnes and family of New York are moving to the farm which they recently purchased of Joseph Barcomb.

Mr. and Mrs. W. Beck and sons of Barre spent the end of the week with Mr. and Mrs. Frank Hill.

Miss Evelyn Orr and friend of Barre spent the end of the week at the home of Fred Orr.

L. W. Leonard, Miss Marion Keniston and Mr. and Mrs. C. W. Scribner were in Worcester Sunday.

Mr. and Mrs. Rufus Allen of Barre visited at Bert Shatney's Sunday.

Mr. and Mrs. Charles Scribner and Miss Marion Keniston were in Barre Saturday.

Mr. and Mrs. Thomas Smith of Wells River were recent visitors in town.

E. W. Cate recently had his cows tested and they were all OK.

M. V. B. Clark of South Woodbury was a caller in the place Sunday.

J. Tebbetts of South Woodbury was a caller in town Sunday.

Mrs. Julia Lawson and Mrs. Bessie Adams were in Hardwick one day recently.

### HANCOCK

Mr. and Mrs. Harry Plunkett and daughter, Joyce, of Rutland have been recent guests at E. L. Martin's.

Frank Ford has gone to East Barre to work.

Beginning Oct. 21, the library will be open Saturday at the usual hours, instead of Thursday, until further notice.

William LeBar, in Claremont, N. H., taking training at the experiment station there to prepare for the work of exterminating the gypsy moth.

Misses Miller and Wisner were in town a short time recently, while taking for pain in general. Accept only package or on tablets you are not getting the genuine Bayer product prescribed by physicians over twenty-two years and proved safe by millions for colds, headache, toothache, sarache, neuralgia, lumbago, rheumatism, neuritis, and for pain in general. Accept only "Bayer" package which contains proper directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark of Bayer Manufacture of Monoaceticester of Salicylic Acid.—adv.

**FOLEY'S HONEY AND TAR**  
ESTABLISHED 1875

**Stop Your Cough!**  
No Opium—Ingredients printed on wrapper  
Largest selling Cough medicine in the world

Sold Everywhere.

ing a week's hike from Lake Dunmore through the Green mountains.

Miss Alene Andrews was at home from her school in Bethel over Sunday.

Mr. and Mrs. G. R. Church and Mr. and Mrs. L. M. Church were in Barre Saturday.

Mrs. Shirley and 14 pupils took a hike to Rochester marble quarries Friday, cooking their dinner in the open.

Mrs. Maurice Eaton, who has been visiting her sister, Mrs. James Free-land of Rutland, has returned home.

Elmer Shirley was in town from East Barre Sunday.

George Blair and son, Lawrence, were in Weybridge recently.

Mr. and Mrs. John Andress and son, John, Jr., have been visiting relatives in Montpelier and Calais.

### NORWICH

Wild Raspberries Enough for Short-cake Picked Oct. 16.

Mrs. Day Barrett picked wild raspberries Oct. 16 and had a shortcake for dinner.

Miss Marjorie Martin spent the end of the week with Miss Thurber of Fairfield.

Mrs. A. B. Goodrich was in Lebanon recently, the guest of Mrs. Addie Brown.

Mr. and Mrs. J. E. French were in New London Sunday to see Miss Thelma, who is in school there.

George Cook and Mr. and Mrs. Fred Cook, also Miss Alice, were at Bert Gates' recently.

Mr. and Mrs. F. J. Hutton, also Mr. and Mrs. John Monroe, with Miss Vera, spent Sunday at I. S. Gates'.

Mrs. Harvey Clogston went to Lebanon Saturday to spend the winter with her daughter, Mrs. Eastman.

D. T. Barrett and family spent Sunday with her sister, Mrs. I. S. Gates.

J. H. Cloud appears on our streets with a new Buick.

Mrs. Bertha Goodrich is to have an auction Oct. 20, as she has sold her farm to Mr. Leah of Pennsylvania.

Lee Martin and sister, Miss Dell, started Monday for Denver, Col., to spend the winter.

Frederick Gates picked strawberry blossoms, ox-eyed daisies and buttercups Oct. 20.

SOLD EVERYWHERE

**RYZON BAKING POWDER**  
you use less

### Those Who Drink Japans should surely try "SALADA" GREEN TEA

It is green tea in perfection—fresh, clean and flavorful. Superior to the finest Japans you ever tasted.  
Sold by all Grocers.

**How to keep cool while canning**

To can String Beans The easy Lorain way

String and grade. Put in cheese cloth bag and scald from 5 to 10 minutes in boiling water. Cold-dip. Pack whole to 1/4 inch from top of jar. Add boiling water, and 1 teaspoon salt for each quart. Adjust sealed rubber, put jars in oven. Set oven regulator at 150 deg. for 2 hours. When done, remove and seal tightly.

**NO NEED any longer to stay for weary hours in the hot kitchen to watch steaming kettles. Any woman who cooks with gas can do her canning with far less time and work! Thousands of women praise this Lorain oven method.**

With a Lorain-equipped gas range, all canning is very simple and easy, as you'll see from the above recipe.

You don't have to stay in the kitchen, after preparing the vegetable or fruit and putting the jars in the oven! While Lorain watches the canning, you are free to do other things.

You will find, too, that fruits and vegetables done the Lorain way keep their firmness, color, and fresh-from-the-garden taste perfectly. There are many advantages of oven canning by measured time and temperature. Let us demonstrate them to you now, and give you the free illustrated booklet "Lorain Oven Canning."

The Lorain Oven Heat Regulator is an attachment of gas range ovens. It automatically keeps your oven at any of 44 different temperatures. Simply set the "red wheel" for any heat you want. Changes in gas pressure, etc., do not affect the oven temperature.

**LORAIN OVEN HEAT REGULATOR**

BARRE GAS CO.,  
140 No. Main St., Barre, Vt.  
RELIABLE ANGIRON Gas Ranges

## Opera House Barre, Vt.

### Saturday Mat. and Night Oct. 28th

First Metropolitan Musical Show of the Season

## LE COMTE & FLESHER'S SCINTILLATING MUSICAL EXTRAVAGANZA

# LISTEN TO ME

THE SMARTEST DANCIEST SHOW IN YEARS

ALL LIGHTS-MUSIC DANCING AND NOVELTIES

BOOK-LYRICS AND MUSIC BY CHAS. GEORGE

## with BARBARA BRONELL

AND A BRILLIANT SUPPORTING CAST. A KALEIDOSCOPE OF SMILING GIRLS EVER CHANGING IN COLOR AND FORM

Prices, plus tax  
Mat. 2.30 p.m., 50-75-\$1.00  
Night 75-\$1.00-\$1.50

Seats now selling at Drown's drug store.

GIRLS IN GORGEOUS COSTUMES  
NOVEL SCENIC EFFECTS AND WONDERFUL TRANSFORMATIONS.

ONE OF THE MANY NOVEL SCENES

## PARK MAGNET

Vermont's Leading Theatres

To-day — To-morrow To-day — To-morrow

THE MAN WITH A THOUSAND FACES

# LON CHANEY

in "The Trap"

With a Big Special Cast. A Picture for Every Member of the Family.

Also "IN THE DAYS OF BUFFALO BILL"

Also "Toonerville Topics" and "Smiles"

Also BULL MONTANA in "A LADY'S MAN"

SAME PARK PRICES—SAME MAGNET PRICES

L. W. Howe, Piano & Organ Magnet Orchestra

PRIMARYLY Paramount PICTURES

SEND US YOUR BONES

Now is the best time to clean up old Bones around slaughter houses and elsewhere. Ship them in and convert them into money. We pay spot cash. We pay freight on 200 pounds or more.

We also handle hides, skins, wool, grease and all kindred commodities at outside market prices.

CARROLL S. PAGE Hyde Park, Vt.