

Hamlet Road to be Worked.

The convict force No. 2, consisting of 12 men, was last Friday moved from Little's Mills to Capel's Mill; the force will work in that section and then towards Norman.

The force No. 1, of 18 men, finished the grading at Roberdel bridge yesterday and today moved camp to the Will Steele place, half-way between Hamlet and Rockingham. This Hamlet-Rockingham road will be at once put in first-class condition, after which work will be done in the Hannah Pickett mill vicinity and then towards Osborne.

Wounded Soldier Gives Facts.

Capt. David Fallon, recently from the trenches in France, gave a splendid address upon war conditions and the necessity of serving, saving and sacrifice, in the Methodist church last Sunday night.

The building was crowded to its capacity and a number were unable to obtain seats. The attendance and rapt attention accorded the speaker evidenced the interest of our people.

Capt. Fallon was scheduled to arrive on the train due here at 7:35, but the train was over an hour late, and he did not reach the church until 8:50. In the meantime, F. W. Bynum, who is chairman of the county committee on War Savings Stamps, explained to the audience the general plan of the stamps and certificates, and impressed upon them the vital need of rallying to the government even to the point where the savings would be an actual privation. For even at that, we are sacrificing nothing as compared with the sacrifices being made by our boys who are training for "going over yonder." Mr. Bynum briefly introduced Capt. Fallon to the audience, and for fifty minutes this Australian soldier thrilled the hundreds with his message. He was an instructor at a military academy in Australia for several years, and at the outbreak of the war he with several thousand comrades were sent to the Gallipoli peninsula where for 7 months they battled valiantly to overcome the Turks. Later he fought on the French-Belgium front, and was wounded fifteen times, the fifteenth wound incapacitating him from further active service. He is now touring this country, detailed by the British government to inform our people as to first-hand conditions abroad and how vitally necessary it is for every individual of us to save and serve. He vividly depicted the horror of German warfare, of the barbarism of the Hun kultur and their utter disregard for every element of civilized ethics.

After address of Capt. Fallon, Gilbert T. Stephenson, of Winston, made a short stirring appeal for a more hearty support of the War Savings Stamps. Cards were distributed throughout the audience on which many wrote the amount they intended to take in stamps and certificates during this year. The amount so pledged totaled \$7000. Three individuals pledged \$1,000 each. Monday morning Capt. Fallon made an address to the school at nine o'clock, for thirty minutes, and then was driven to Laurinburg for an eleven o'clock appointment. The children of the Pee Dee school marched to the Rockingham school to hear this address.

Red Cross Donations.

During the past week the following donations have been sent to the Secretary of the Rockingham Red Cross Chapter:

Ellerbe Auxiliary	\$ 9.41
Mr. John S. Ledbetter	5.00
R. S. Leak	25.00
Miss Anna Dean	.50

16 TO GO TO CAMP

The following 16 Men to Go to Camp Jackson Next Wednesday, Completing Richmond County's White Quota for First Draft. No News Yet As to When Colored Men Will Be Called.

The Richmond County Exemption Board last Saturday sent out notices to sixteen white men to report at their office in Rockingham next Tuesday afternoon, March 5th, at four o'clock, for induction into military service. The men will leave Rockingham the next morning on the 7:20 train for Camp Jackson, Columbia S. C. These 16 men complete the white portion of the county's first draft. No orders have been received as yet as to when the colored increments for the first draft will be called.

The sixteen to report here next Tuesday:

Order No.	Serial No.	Name	Address
175	905	Joseph David Beam	Hamlet
355	588	Lonnie J. Butler	Hoffman
425	292	George P. Fogleman	R'ham
478	1517	Henry A. Black	R'ham
525	2151	Walter Lee Collins	R'ham
552	539	Larance Chavis	R'ham Rt 1
558	102	Leon Everett Peddy	R'ham
641	1700	Manly F. Haywood	R'ham
717	2321	Wm. E. Marsh	Columbia
727	832	Horace G. Shoe	Entwistle
746	1976	Elby Cranford	Ellerbe
809	866	Walter D. Odom	Laurinburg
811	407	Robt. F. Linker	R'ham
818	1373	John W. Gibson	Hamlet
838	481	Wayne Dawkins	Entwistle
860	636	Wm. I. Gay	R'ham Rt 4

The exemption board will send out notices tomorrow to about 50 men to appear here next Wednesday for examination; these are men of Class 1 who have just been classified.

Also, according to law the exemption board is today turning over to the police department the names of several hundred men who either have failed to send in their questionnaires or who have failed to report for examination when ordered to do so. The total number in this class is about twenty per cent of the whole. The Post-Dispatch will next issue publish in full the list of names.

No Meningitis Here.

No little uneasiness was occasioned in Rockingham by the report on Thursday of last week that a young man of the town, Ralph Wilson, was ill with the dreaded cerebro-spinal meningitis.

The young man had been bothered for several weeks with an abscess or rising in his ear. The rising became infected with a pneumonia germ last week and on Wednesday he was forced to take. He grew rapidly worse. The local physicians were of the opinion that his trouble was entirely from the infected abscess but to be on the safe side, a specialist was wired for from Charlotte for consultation. He arrived in the city Friday morning, and agreed in the diagnosis of the local physicians and that the meningitis was not of the contagious type.

To make insurance doubly sure, he carried a specimen from the young man's spine to Charlotte Friday afternoon for examination, which examination proved the diagnosis to be correct: namely, that the malady was not of the dreaded contagious type and that no uneasiness as a result of an epidemic or spreading need be at all felt.

Mr. Wilson's condition continued unimproved until Friday night death relieved him of his suffering. His father, Mr. P. M. Wilson, arrived from Clairemont Friday, and Saturday carried the remains there for interment.

WHY We Must Save Food; HOW We Can Do It.

Our Allies Need Food and Even Neutrals Must Be Fed

To the Members of the United States Food Administration:

The men of the Allied Nations are fighting; they are not on the farms. Even the men of the European neutral countries are under arms. The fields of both Allies and neutrals lack man-power, fertilizer, and machinery. Hence, the production of food by these countries has steadily lessened ever since the beginning of the war, while, at the same time, the shortage of shipping has grown more and more serious, with the consequent steady increase of difficulties in bringing food from the faraway markets of India, Australia, and the Argentine.

The situation has become critical. There is simply not enough food in Europe, yet, the soldiers of the Allies must be maintained in full strength; their wives and children at home must not face famine; the friendly neutrals must not be starved; and, finally, our own army in France must never lack a needed ounce of food.

There is just one way in which all these requirements can be met. North America must furnish the food. And we must furnish it from our savings, because we have already sent our normal surplus.

We do not need to starve our own people. We have plenty for ourselves, and it is the firm policy of the Food Administration to retain for our people, by its control of exports, a sufficient supply of every essential foodstuff. We want nobody in our country to eat less than is necessary for good health and full strength, for America needs the full productive power of all its people. Much of the needed saving can be effected by substituting one kind of food for another. But the time has come to put aside all selfishness and disloyalty. The time has come for sacrifice.

The Allies ask us to meet only their absolutely imperative needs. They are restricting the consumption of their own people to the minimum necessary for health and strength. They are controlling their food by drastic government regulation. There is even actual privation among their women and children; there is starvation in Belgium.

The Allies need wheat and meat and fats and sugar. They must have more of all of these than we have been sending, more than we shall be able to send unless we restrict our own consumption. We can do it without harm, for as a nation, we are today eating and wasting much more food than we need.

The whole great problem of winning the war rests primarily on one thing: the loyalty and sacrifice of the American people in the matter of food. Each pound of food saved by each American is a pound given to the support of our army, the Allies, and the friendly neutrals. Each pound wasted or eaten unnecessarily is a pound withheld from them. It is a direct personal obligation on the part of each of us to some one in Europe whom we are bound to help.

If we are selfish or even careless, we are disloyal, we are the enemy at home. Now is the hour of testing. Let us make it the hour of our victory; victory over ourselves; victory over the Enemy of Freedom.

What You Can Do To Help Win This War.

Our problem is to feed the Allies and our own soldiers abroad by sending them as much food as we can of the most concentrated nutritive value in the least shipping space. These foods are wheat, beef, pork, butter, and sugar.

Our solution is to eat less of these and as little of all foods as will support health and strength. All saving counts for victory.

The Food Administration asks every loyal American to help win the war by maintaining rigidly, as a minimum of saving, the following program:

Have two wheatless days (Monday and Wednesday) in every week, and one wheatless meal in every day.

EXPLANATION:—On "Wheatless" days and in "Wheatless" meals of other days use no crackers, pastry, macaroni, breakfast food or other cereal food containing wheat, and use no wheat flour in any form except the small amount that may be needed for thickening soups or gravies, or for a binder in corn bread and other cereal breads. As to bread, if you bake it at home, use other cereals than wheat, and if you buy it, buy only war bread. Our object is, that we should buy and consume one-third less wheat products than we did last year.

Have one Meatless day (Tuesday) in every week and one meatless meal in every day. Have two Porkless days (Tuesday and Saturday) in every week.

EXPLANATION:—"Meatless" means without any cattle, hog, or sheep products. Other days use mutton and lamb in preference to beef or pork. "Porkless" means without pork, bacon, ham, lard, or pork products, fresh or preserved. Use fish, poultry, and eggs. As a nation we eat and waste nearly twice as much meat as we need.

Make every day a Fat-Saving day (butter, lard, lard substitutes, etc.)

EXPLANATION:—Fry less; bake, broil, boil, or stew foods instead. Save meat drippings; use these and vegetable oils for cooking instead of butter. Butter has food values vital to children; therefore, give it to them. Use it only on the table. Waste no soap; it is made from fat. Be careful of all fats. We use and waste two and a half times as much fat as we need.

Make every day a Sugar-Saving day.

EXPLANATION:—Use less sugar. Less sweet drinks and candy containing sugar should be used in war time. As a nation we have used twice as much sugar as we need.

Use fruits, vegetables and potatoes abundantly.

EXPLANATION:—These foods are healthful and plentiful, and, at the same time, partly take the place of other foods which we must save. Raise all you can for home use.

Use milk wisely.

EXPLANATION:—Use all of the milk; waste no part of it. The children must have whole milk. Use sour and skim milk in cooking and

for cottage cheese. HOARDING FOOD. Any one buying and holding a larger supply of food now than in peace time, except foods canned, dried, or preserved in the home, is helping to defeat the Food Administration in its attempt to secure a just distribution of food and the establishment of fair prices. The food hoarder is working against the common good and even against the very safety of the country. Hoarding food in households is both selfish and unnecessary; the Government is protecting the food supply of its people.

Loyalty in little things is the foundation of the national strength. Disloyalty in little things gives aid to the enemy. Keep the pledge!

Do not limit the food of growing children. Eat sufficient food to maintain health; the nation needs strong people. Cooperate with your local and federal food administrators. Take their advice. Preach and practice the "gospel of the clean plate." Housekeepers should help the stores to cut down deliveries. Use local supplies; this saves railroad transportation.

Report to the nearest food administration officer the name and address of any person discouraging the production of saving of food.

HERBERT HOOVER, United States Food Administrator.

Savings Stamps Receipts

The Rockingham postoffice has done a thriving business in selling Savings Stamps and Certificates during the past few days. The total amount sold to date is \$4500.00. Two persons subscribed the limit, \$1000, each; one \$500, one \$300; three \$100; four \$50. Let the good work continue.

Fair Auxiliary.

A meeting will be held in the Rockingham school auditorium Saturday at 3 o'clock for the purpose of organizing a Fair Auxiliary. The girls and women of the community and county are invited and urged to attend and take part.

J. P. Gibbons, Mrs. J. S. Covington, Mrs. B. F. Palmer.

"For The Freedom of The World."

At the Star next Monday and Tuesday. Two days.

To wives, mothers, sisters, husbands, fathers, brothers, sweethearts. This means what we have to do to get DEMOCRACY to make it safe for our dearest friends. Don't miss this great show; come and bring your mother and the whole family; its worth while to them. At the STAR Theatre, March 4th and 5th. (Look for our cut this week.)

To The Merchants.

The Post-Dispatch has in stock a large number of the Certificates, printed on a good quality of white Bond paper, that must be used by the merchants in selling flour to the farmers. If you desire any of these, phone or write the Post-Dispatch; will sell in any quantity, from a dozen up. Price 10 cents per dozen, or 60 cents per 100. Special price in 250 or 500 lots. In ordering by mail, include postage.

Memorial Service.

A service to the memory of the late W. C. Leak will be held at the school auditorium on Wednesday, March 13th, at eleven o'clock, jointly by the school trustees and the town commissioners. The public is invited.

The order of the service will be:

Invocation—Rev. Bruce Benton. Song. Sketch of life—W. N. Everett. W. C. Leak, the friend—H. S. Ledbetter. W. L. Leak, the business man—Claude Gore. W. C. Leak and the school—L. J. Bell. Resolutions—G. P. Entwistle. Song.

Look! Look!! Look!!!

THE STAR THEATRE

will put on for their show next Friday, March 1st, Miss Mae Marsh, in "SUNSHINE ALLEY," in six acts. Matinee at 3:30. Night at 7 o'clock. Admission: 15 and 25 cents. One day only, and don't miss it. Look for cut in this issue of Mae Marsh. At the STAR THEATRE (GOLDWYN PICTURES.)

The Ideo of March--Forget It--But--The Fires--The Winds--A Little Spark--A Gentle Breeze--A Little Blaze--MARCH WINDS--THEN--Insurance cheap at any price.

Beware

All Notarial Fees Earned In My Office In March Go To The Red Cross. Yours Truly H. C. RANCKE Notary Public. Insurance on anything insurable.

The Richmond County Savings Bank

of Rockingham, N. C.

ESTABLISHED IN 1901.

Capital \$ 15,000.00
Surplus and Profits . . . 18,750.00
Assets 230,000.00

4 per cent. Interest paid on Deposits, Compounded Quarterly.

Since Organization, this Bank has paid its Depositors Interest amounting to \$87,850.00.

YOUR BUSINESS IS SOLICITED.

W. L. PARSONS, President.
WILLIAM ENTWISTLE, Vice President.
W. L. SCALES, Cashier.

Safety Deposit Boxes for rent.

THIS BANK IS OPEN SATURDAYS until 5 P. M.