THE ARGUB, SATURDAY, NOVEMBER 30. 1895.
 BAPTLEAX Has jumped into pubuc favor on ACCOUNT OF ITS SIZE ANDQUALTTYITTS agreat big piece OF HIGH GRADE TOBACCO FOR 10 CENTS




 FACTS ON FAT. Pale, Thin Folks Need Fat
to Make Them Well. pube blood the fattener. Diet for Those Who Wish to
Grow Fat and Get Color in Their Cheeks.

The Kidneys as Filters for the Blood and How They Do It.

What Clears Clogged Kidneys. There are more thin people who
want to ot tat than fat people who
want to
Some poople were bern thin and
are healthiot thin
They had teter remain so.
But there are others.


Dearing.
Doctors call itcse people anx mic.
los a good name to torget. Let'


cooken meat, nothing that gives you
indigestiono
Gooud food makes , wood blood. Well
kidineys keep it good.
Poor blood makes
you

-

## and Mis mot Mie qua qua




