That she can bake is not so queer For Calumet has made it clear; With such strong raise to make it light Why shouldn't cake pan out all right?





Mothers, watch your children carefully. Their health, perhaps their lives, depend on keeping their bowels regular. Many parents make a fatal mistake by giving their little children the old-fashioned, violent pargatives which are racking and griping, and therefore not only unpleasant, but dangerous. Make no mistake, give them

It does not gripe nor irritate. It is a pure, gentle, speedy and painless liquid laxative, t is not only a sure laxative, but it contains valuable tonic properties which act upon the bowels, tone up the entire system and purify the blood. A few drops can be given with safety to very young babies, and it will often relieve colid

by expelling the wind and gas that cause it. It will aid digestion, relieve restlessness, ussist For constipation, simple fevers, coated tongue, or any infantile troubles arising from a disordered condition of the stomach it is invaluable. Great relief is experienced when administered to young children suffering from diarrhera, accompanied with white or green evacuations, as LANAKOLA neutralizes the acidity of the bowels and carries out the cause

LAXAKOLA FOR THE

goth the training to well but you will be well. At Carpett, the work, or end for free sample to LAXAKOLA CO., 130 Nasaw Street, No. York, or

For sale by Hartz & Bahnsen Co.

Wool Soap

Toilet Know it and Is to use it Exclusively Bath

A Neat Booklet, Containing a Complete Set of Alphabet Advertisements in Colors, mailed free. Address SWIFT & CO., SOAP DEPT., CHICAGO.

Britain in 1899 proves that it has surpassing merit and does all that is claimed for it. ♦HAY'S HAIR-HEALTH

Hair-Health who have become gray or bald. Itay's Hair-Health is a healthdandruff and stops falling and breaking of the hair. It is not a dye, and positively will not dis-color the scalp, hands or clothing, and its use cannot be detected by your best friend.

EVERY BOTTLE WARRANTED hair to you had color and life. It acts on the roots, giving them the required nourishment and thick hair on baid heads,

produces luxuriant "Not a Gray Hair Loft," Hay's Hair-Health is a dainty the hair to regain its original color whether black, brown or golden.

One Bottle Does It. \$LARGE Soc. BOTTLES At Leading Druggists. FREE SOAP Offer Good for 25c. caker HARFINA SOAP. Cut out and sign this Coupon in five days and take it to any of the following druggists, and they will give you a large bottle of Hay's Hair-Health and a 25c. cake of Harfina Medicated Soap, the best soap you can use for Hair, Scalp, Complexion, Bath and Toilet, both for Fifty cents; regular retail price, 75 cents. This offer is good once only to same family redeemed by leading drugg lats everywhere at their shops only, or by the LONDON SUPPLY CO., 853 Broadway, New York, either with or without soap, by express, prepaid, in plain sealed package on receipt of for and this coupon

GUARANTEE Any person purchasing Hay's Hair-who has not been benefited, may have his money back by ad-dressing LONDON SUPPLY CO., 853 Broadway, New York Remember the names, "Hay's Hair-Health "aund" Harfun-Sone." Refuse all substitutes. Insist on having II II

Following drugglets supply Hay's Hair-Health and Harfina Soap in their short only For sale by T. H. THOMAS, 1630 Second avenue, A. J. Riess, Fourth avenuc and Twenty-third street, MARSHALL, 1828 Second avenue, HEIM- ful solemnity of his voice, "you can tell arranged. BECK, 924 Third avenue.

NEW SHORT STORIES

Photograph Led to Cabinet. It is an interesting fact that a photograph of Colonel Lamont on Mr. Cleveland's mantelpiece in New York led to the selection of that gentleman as secretary of war in Cleveland's second administration, says the Washington

As the story goes, Senator Gorman was summoned from Washington to New York to confer with Mr. Cleveland ed Mr. Gorman to make some sugges- pulling keeps the scalp loose. tions as to cabinet officers. Mr. Gor-

The conversation drifted to other top- fresh air access to the scalp. les, but after awhile Mr. Cleveland | If the hair seems weak, do not cut it

n the mantelpiece.

man insisted it would be a wise choice roots. Mr. Cleveland smiled.

of the war department.

He Won the Governor.

bluff and hearty ex-Governor Hogg of massage.



"I'ZE YOUR WAITAH NOW, SAH." leorge is a model waiter. The govern-

good thing." George?" again asked the governor. "I'ze youh waitah now." The governor looked up from his newspaper sharply. He was somewhat mystified and with increasing emphasis demanded to know where George was, anyhow.

"Well, you see, sah," began the newcomer with some hesitation, "Gawge and I was out las' night playing craps. Gawge went broke. I won his pile. Then"-here his voice dropped lower youh waitah."

Not So Bad.

the fight.

"Yes, I heard so," responded Mr. spinach or greens.

Hanna. "He says he will fight it to the last second," continued the doleful friend. "He does, eh?" queried Hanna mus-

"Yes, to the last second." "Well, that is not so bad," said Han-

second, but no longer." Solemn, but He Smoked.

Not long ago a bishop of stately mien and sanctimonious expression went to tience to remove, but it comes off easa small country town in England to lly in cold water. lecture, arriving early in the afternoon and being at once spotted by the inhabitants as something particularly great and saintly. He went into a chemist's shop and in a tone that froze the young blood of the assistant said, "Young man, do you smoke?" "Y-yes, sir," replied the trembling youth. "I'm sorry. But I learned the habit young, and I haven't been able to get rid of it two white spreads for everyday use yet." "Then," said the great divine, will prevent awawardness in case of the abatement of one shade of the awme where I can get a good eigar."

CARE OF THE HAIR.

How to Prevent Baldness and Premature Grayness.

The reason there are more bald heads among men than women is that the man's hat, with its tightness around the head, seriously interferes with the circulation of the blood through the scalp, thus affecting the nourishment of the scalp and hair, says the New York Press. The roots of the hair need to be exercised to give them strength and the scalp exercised to of the conversation Mr. Cleveland ask- hair is exercised in the dressing. The

If women should cut their hair and man naturally demurred. "I was wear their hats as tight as men do, against your nomination," he said to there would be as many bald women Mr. Cleveland, "and so I think that as men. Men should wear light hats These receptions give an excellent opyou ought to consult with the men who and wear them no longer than is necstood by you. I certainly have no one essary, changing the hat's position to relieve the pressure and to give the

came back to the cabinet places. Mr. as closely as you have before. Pull it Gorman was then walking up and daily to strengthen the roots and stimdown the room. It was 2 o'clock in the wlate the scalp. Wash the hair only once a month. The frequent washing once a month. The frequent washing and Mr. Roosevelt passed down the "If I was to be president of the Unit- robs the roots of the required nourished States," said Mr. Gorman finally, "I ment. The scalp should receive scrupuwould put that man in my cabinet." As lous attention, and if the best bristle he spoke Mr. Gorman pointed to the brushes are used night and morning picture of Colonel Lamont which was the practice not only will help to keep the hair and scalp clean, but will give Mr. Cleveland laughed. "I never the friction required for the scalp to thought of that," he said. As Mr. Gor- open the oil glands and nourish the

Rinse the hair after washing three or Two days afterward Colonel Lamont four times thoroughly, dry and give a was offered and accepted the portfolio Jun bath. If the hair is naturally dry, dip the flugers in pure olive oil for the massage. To promote a healthy condition of the hair and prevent baldness Here is a brand new story about the and premature grayness nothing equals

Texas. The ex-governor is one of the The movement used in massage for new millionaires of the Beaumont oil the scalp is simple. Place the thumbs field. He made early investments there at the base of the skull and use the and has reaped a rich barvest. At the four fingers of each hand with which hotel at Beaumont his particular waiter to knead firmly. Push the fingers into was one George, a sable skinned gentle- the scalp forward and at the same time man of numerous accomplishments, in a rotary movement, kneading firmly up over the crown of the head and from the temple in a like manner, covering the entire head. All scalp mastonics. Here are a few formulas used by

prominent physician:

oil of lavender and oil of rosemary, each 10 drops. Shake well and use at least twice a day.

tineture capsicum, 2 drams; distilled said; water to make 16 fluid ounces. Mix and dissolve and let stand twenty-four hours. Then filter. If color is desired.

add red saunders. For olly hair; Witch hazel, 2 ounces; read: alcohol, 2 ounces; distilled water, 1 "Willis Moore, chief United States punce; resorcin, 40 grains. Rub well weather bureau." into scalp every night.

be used in the shampoo.

How to Trent Furs.

or valued him highly. Each day at din. pair of bamboo or hickory switches congressman who has it also has trouner George received from the governor about three-eighths of an inch thick ble in his district which is sufficiently his tip, \$1. George reveled in wealth, and beat the fur until all the loose hair serious to make his presence on the He was the envied of all the other wait- eaten by the moths is beaten out. Then ground imperative. ers. He was the happy possessor of a get some fine sawdust from your butcher or grocer, saturate with gasoline whispers Clerk McKee to the speaker, One day when the governor entered and rub the fur thoroughly with "gas- and the latter gives a good luck to you the dining room a strange darky stood | plined" sawdust. After you have rub- affirmative nod to the petitioning memchind his chair. "Where's George?" bed the garment well hang out to dry. ber, who goes away happy. asked the governor brusquely. The new This will not take long, as gasoline wafter bowed low, "I'ze youh waitah evaporates very quickly. When dry, now, sah," he said softly. "But where's beat out the sawdust with hickory the division of mining and mineral reswitches or bamboo canes. In packing | sources of the United States geological Again his new retainer assured him, away get a large box and line with survey, \$289,050 worth of precious tarred felt (tar paper). Then line again stones was produced in this country in with newspaper or tissue paper to pre- 1901. The turquoise led the list. Seven vent the furs from coming in contact | companies are now actively engaged in with tar paper. Finally, pack furs with camphor or tar balls, and you can rest output last year amounted to \$118,000. assured it will keep the moths out.

How to Roast Smoked Ham. Brush the ham and soak for twelve hours in cold water, then place in a and his manner was confidential-"he deep earthenware pan and soak for put you up ag'in \$3, and I won. So I'ze twenty-four hours in white wine or eral carrots sliced, small bunch of par-Senator Mark Hanna and a friend sley and thyme and half dozen bay were talking of the chances for a fight leaves. Cover very closely so the air on the bill granting relief to Cuba when | will not get to the ham. When soaked, he said. "All around the room are that measure reached the senate. The put it in a pan and roast in not too hot | shelves divided into little compartfriend was doubtful of the outcome of an oven. Allow twenty minutes to "You know," he said, "that Senator liquor in which it was soaked and use of those little places an Irishman Burrows of Michigan is against the same strained for making a clear sleeps." brown sauce. Serve with a border of

How to Wash Table Linen. When washing table linen or any cloth stained with egg avoid putting it in boiling water, which will set the stain till it will be almost impossible to remove it. Soak the cloth first in na. "Burrows is a great fighter, and he cold water, and then the stain may be probably will fight this bill to the last casily removed. The same rule applies to egg cups and any dishes stained with egg. If they are put with the other china into hot water, the stain hardens and requires considerable pa-

> How to Care For Beds. One of the first requisites for a well made bed is that the sheets should be of ample length. Allow pienty of material so that the sheets may be well intked in at the sides and foot. There should be at least three pairs of sheets provided for each bed. Three pairs of pillowcases, three bolster cases and sickness. Care should be taken to keep the bed in the guestroom attractively

WASHINGTON LETTER

[Special Correspondence.] Since President Roosevelt has resumed the public receptions the White House has been crowded daily with visitors. Until the time of the Spanish-American war it was the custom for the president to receive the public at a stated hour each day. When the war came on and the press of public business became so great that President McKinley scarcely had time to after the latter's election. In the course keep it elastic and loose. A woman's tions, and they have not been resumed until recently. Now each day Mr. Roosevelt makes his way to the gorgeous east room, where he meets all visitors. Frequently he will shake hands with 600 or 700 persons in a day. portunity for an extended study of the president at close range.

The other day the principal of a New York private school led about twenty

of his pupils into the east room. "Stand them in a row," ordered the row, grasping one boy's hand with his right and that of the next boy with his left hand, exactly as does the dancer of a quadrille in the grand right and left. After he had greeted each boy in this way he faced the line. The young visitors looked expectant.

"Do all of you boys belong to a base ball nine?" asked the president. Twenty mouths were stretched from

ear to ear, and twenty heads drcked in assent. "That's good," said the president,

and he turned on his heel without giving his youthful visitors a word about patriotism or the glorious country in which they were privileged to live.

The Professor's Pleasant Hour, As Professor Willis Moore, chief of the United States weather bureau, was coming from Chicago recently he engaged in conversation with a party of passengers in the smoking compartment of a sleeper. Among the things discussed were the weather prognostisage should be accompanied by good caters. Professor Moore heard his burean severely criticised. One man said the weather bureau men didn't know a thing about what would happen; anoth-For falling hair: Eau de cologne, 2 er asserted that it was all guesswork, ounces; tincture cantharides, 2 drams; and so on. Professor Moore began to wonder why Uncle Sam was paying him a salary. As the train neared Washington all except Professor Moore Quinine tonic: Sulphate of quinine, 20 disclosed the nature of their business. grains; bay rum, 4 drams; glycerin, 4 Just as the professor was leaving the drams; theture cantharides, 2 drams; car one of his traveling companions

"See here, you have not told us what business you are in." Professor Moore fished out a card and handed it to the inquirer, who

Poor Fellows In Distress.

Dandruff: Bay rum, 5 ounces; tincture | Every time a congressman arises in cantharides, 1 ounce; olive oil, 1 ounce. the house nowadays and asks for an in-For olly hair, add ammonia, 1 ounce. | the house nowadays and asks for an in- | catine. New Boston, Keithsburg, Oquaw | definite leave of absence because of ka and Burlington Ammonia, soda or borax irritates "important business" significant smiles scalps with dandruff and never should are exchanged among the members who have their nominations nailed down and elinched. At this senson of Every Tuesday, Thursday and Saturday at the year when the congressional con-The proper way to treat furs (that is, ventions are being held "important every kind but white furs) is to get a |business" almost invariably means the

"Another poor fellow in distress,"

But One Dinmond, According to a report just made to mining this class of stones, and the New Mexico is the chief source of the supply. The report shows that but one diamond was found. That solitary gem was picked up in Lee county, Ga.

Mr. Cochran Will Explain. If there are any Irishmen in the district of Representative Cochran of rather sharp apple cider. Add to the Missouri, he will have to do something wine or cider a large onion sliced, sev- if he seeks re-election. The other day he was telling the house how the Chinamen in New York city live, "You go into an underground apartment," ments. For a moment you think you each pound. Baste frequently with the are in a library. Now, in every one

The roar of laughter that interrupted Mr. Cochran informed him that he had made some kind of a break, and

Captain Joseph B. Coghlan of the navy became a rear admiral on April 11, when Rear Admiral Farqubar retired from the active list. Captain Cogbian commanded the Raleigh, which fired the first shot at the battle of Manila Bay, and is a jolly, blithe old sailor, whom everybody likes, although he

with the department by his freedom of

Jones Will Be Missed. Senator James K. Jones of Arkansas will be missed greatly in Washington. He served two terms in congress before he took his seat in the senate in 1885. He is tall, dignified and of commanding presence, and his dress as well as his every motion brings to mind the type of southern gentleman that is fast disappearing. Strange as it may seem, because of his intense partisanship, he has as many friends among the Republican senators as

among the Democratic, CARL SCHOFIELD.

Blood Trouble Cured

WITHOUT DRUGS.

A Commercial Traveler's Experience,

I have much pleasure in giving my testimonial on behalf of your grand tonic and blood purifier, Liquozone. For twenty years I was a commercial traveler, and as is well known, such a life, unless you are very careful, brings a great amount of trouble to the human frame. And so it was with me. I would have dyspepsia, hearthurn, headaches, and swollen limbs. My headaches were so bad that I would have to lay off work for two or three days only to have a return before many hours. I have been using Liquozone for two years, and during all that time I can truthfully say that I have had no return of any of my former troubles. It is truly a grand product and especially valuable for spring. I will always continue to speak of it in the highest terms. Wishing you every success.

Yours very truly.

(Signed) J. P. CAVAN,

998 Dovercourt Road, Toronto, Can.

We would like above all things to have you accept our statements about Liquozone, but we believe the suggestion that we are interested would mar the main object we have in advertising Liquozoneprevent your benefiting from its use. There is nothing on earth

that will cure such blood disorders as pimples, carbuncles, boils, old sores, etc., as quickly and thoroughly as Liquozone. It is the very best product for Spring use. We have had cases where the blood disorder was of over 30 years' standing and discharging matter copionsly, cured quickly by the use of this natural blood food. Its action is effective because it is It purifies



J. P. CAVAN, Toronto, Can.

the blood, disinfects it thoroughly, and brings back to the skin that clear, deep bloom so much valued by everyone. Liquozone will cure you quickly too. It does not take very long for it to demonstrate its beneficial action.

We'll Send You Some to Try. We'll send you five days' treatment of Liquizzone on receipt mention this paper. The postage costs us 12 cis., hence Liquizzone is free to you. Address the LIQUID OZONE CO., 229 Kinzie Street, CHICAGO. Liquozone is on sale at your druggist's. Two sizes 50c. and \$1.00.

Purest and Best for Puddings, Custards, Blanc Mange, etc. For sale by all first-class grocers.

THE STEAMERS.

The steamer HELEN BLAIR

Every Monday, Wednesday and Friday at 4 The steamer W. J. VOUNG

Arriving in Burlington at 8:15 p. m. Parties can go to Muscatine on the Helen Blair at 4 p. m. Monday, Wednesday and Fri day and return on the W. J. Young at 11:30

p. m., same day ACME PACKET CO. Daily line to Clinton and all points between. Steamer CITY OF WINONA

GEO, LAMONT, Agent.

erything I heard of but neverfoundamy relief, such was my clise when I began using CASCARETS. I now have from one to three passages a day, and if I was rich I would give \$100.90 for each movement, it is such a relief. AVLMER I. HUNT.

1639 Russel St., Detroit, Mich.



CURE CONSTIPATION lemedy Company, Chicago, Montreal, New York, 32

he quickly substituted "Chinaman" for "Irishman," Dyspepsia Cure Digests what you eat.

This preparation contains all of the digestants and digests all kinds of food. It gives instant relief and never fails to cure. It allows you to eat all the food you want. The most sensitive character are the food you want. By its use many the rear Accommodation of the rear Accommodation digestants and digests all kinds of stomachs can take it. By its use many Cable & Sherrard a ccom. 3:30 pm has been drawn into several scrapes | cured after everything else failed. Is unequalled for the stomach. Children with weak stomachs thrive on it. First dose relieves. A diet unnecessary.

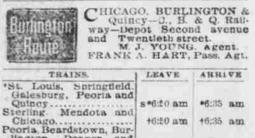
> Cures all stomach troubles Prepared only by E. C. DEWITT & Co., Chicago The \$1. bottle contains 2½ times the 50c. size, All druggists.



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Toket office, 1813 Second avenue, or C. R. I. & P. depot
corner Fifth avenue and Thirty-fifth street. Frank H. Plummer, agent.

Omaha & Des Moines ... + 8:00 am +11:20 pm 10 maha & Minneapolis ... +12:05 am * 3:00 am Omaha & Lincoin Ex ... * 7:55 am +11:20 pm Des Moines & Omaha ... * 11:55 pm +10:35 am Den Weit Lincoin & Omaha ... * 2:40 am + 3:00 am Des Moines Express ... * 11:55 pm + 6:52 am St. Paul & Linneapolis ... * 2:40 am + 9:15 pm Denver, Ft. Worth & K. C. * 5:34 am +9:15 pm Lincago & Des Moines ... * 11:50 pm + 6:30 am Rock Island & Washington *11:50 am + 3:25 pm Dhicago & Des Moines ... + 2:15 pm : 3:20 pm Rock Island & Brooklyn Ac * 8:35 pm + 7:40 am 10 maha & Rock Island ... * 5:35 pm + 7:40 am 10 maha & Rock Island ... * 5:35 pm + 7:40 am 10 maha & Rock Island ... * 5:35 pm + 7:40 am 10 maha & Rock Island ... * 5:35 pm + 7:40 am 10 maha & Rock Island ... * 5:35 pm + 7:40 pm +10:25 pm +10

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