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Local Time Table

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GOING NORTH

Mixed train, No. 124—Arrives at
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Suscribanse al El Hispano Ameri-
cano. Su precio es \$2 por el año.

OF POTATOES AND CHEESE.

New Way of Putting Together Two
Popular Foods.

Boil about a dozen potatoes, and
while hot mash very soft with hot
milk and melted butter, adding salt
and pepper to taste. Whip light and
heap in the center of a baking dish.
Smooth the sides of the mound with
a knife, and carefully remove about a
cupful of potato from the center of the
mound, leaving a cavity in its place.
Dip a feather or brush in the white of
an egg, and cover the inside of the
hollow, and the top and sides of the
mound with this. Set in the oven to
get very hot and to brown lightly.
when done take out and fill the hollow
with cheese sauce; sprinkle the pota-
toes and cheese with crumbs and re-
turn to the oven for five minutes be-
fore sending to the table. To make
the cheese sauce, put half a cupful of
butter in a saucepan and melt. When
it simmers stir in gradually five heap-
ing tablespoonfuls of grated cheese,
the beaten yolks of two eggs, a pinch
of cayenne and salt to taste. Stir
until thick and smooth; pour into the
hollow of the potato mound and
around the base.

TO MAKE GOOD ANGEL CAKE.

Important That the Whites of Eggs
Be in Proper Shape.

Mix seven ounces of fine winter
flour, one ounce of cornstarch, three-
quarters of a pound of powdered sugar
and one heaping teaspoon of cream of
tartar, together, and then sift them
five times. Take 1½ pint of the
whites of eggs and beat them until
stiff and smooth as possible. Your
cake will be tough and leathery unless
the whites are sufficiently firm to
bear an egg, and the texture very firm
and fine grained. Now stir in the
sifted materials as lightly and quick-
ly as possible, using for the purpose
a wire spoon or egg beater. Bake in
an ungreased Turk's head, or, better
still, a Van Dusen cake mold, in a moderate oven for 35 or 40 minutes.
When done, take it from the oven,
turn the bottom up, allowing the pan
to rest on the table to cool. When
the cake is cold pass a limber knife
around the sides, shake lightly and the
cake will drop out. Ice it with
vanilla, orange or almond soft icing.

The French Way.

In France, the large, handsome
strawberries are always served with
the stems on, stacked in a pyramid.
They are dipped in sugar, one by one,
and eaten from the stem. They are
brought on the table in glass of lucent
tints—the opalines, water-greens, sap-
phires and topazes combining well
with the delicious crimson of the ripe
berry and forming exquisite schemes
of color to decorate the breakfast
tables. The powdered sugar, in pure
crystal, and the tiny tray of sieves
or silver at each cover to receive the
stems, add to the artistic pleasure of
serving berries in French style.

Strawberry Sarabande.

Whip a cupful thick cream until
very stiff, then fold carefully into it
a pint fresh berries cut in small pieces
with a silver knife. Have ready a
tablespoonful gelatin soaked in a
quarter cup cold water for half an
hour, then dissolved by setting the
cup containing it in hot water. Add by
degrees to the berries and cream,
whipping it in so that it will not
string. Add three tablespoonfuls pow-
dered sugar and when it stiffens turn
into a cold mold and set on the ice.
When ready to serve turn out onto a
pretty dessert platter.

Pure Pressed Meat.

In preparing pressed chicken or
pressed meat of any kind there need
be no fear of poisoning, as is some-
times the case, if two things are ob-
served: First, never pack it in tin;
porcelain lined pans or crocks are
best. Second, never cover it while
warm, as that sometimes causes a
poisonous gas to form which is in-
jurious in its effect.

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