

# THE KITCHEN CABINET

**A** LITTLE toll and a little rest. And a little more earned than spent. Is sure to bring to an honest breast. A blessing of glad content. And so, though skies may frown or smile, Be diligent, day by day. Rewards shall greet you after a while. If you just keep working away.

**W**HEN you get in a tight place and everything goes against you, till it seems as if you could not hold on a minute longer, never give up then, for that's just the place and time the tide'll turn. —Harriet Beecher Stowe.

### HINTS ON TABLE SETTING.

### WINTER DESERTS.

The steamed puddings are the favorites when the days grow cold and outdoor exercise helps us to digest more hearty food. Here is one that is not expensive but is wholly delicious:

**Indian Pudding.**—Scald a quart of milk, then add a cup of corn meal; stir until scalded, then add another quart of milk, a cup of suet, a cup of raisins, two beaten eggs and a cup and a fourth of brown sugar. Bake, stirring constantly at first. Bake three hours.

**French Fruit Pudding.**—Add a cup of molasses to a cupful each of suet and sour milk. Sift two cups of flour with one and a half teaspoonfuls of soda, a half teaspoonful of cloves, half a teaspoonful of salt and a teaspoon of cinnamon. Mix well; then add three-fourths of a cup of flour mixed with a cup and a fourth of raisins, three-fourths of a cup of currants. Turn into a buttered mold and steam four hours. Serve with Sterling sauce.

**Sterling Sauce.**—Cream a half cup of butter, add a cup of brown sugar gradually, a teaspoon of vanilla and four tablespoonfuls of cream. Add the milk and flavoring very slowly to prevent the sauce from separating.

**Fig Pudding.**—To a third of a pound of chopped suet add a half pound of finely-chopped figs, two and a third cups of stale bread crumbs are soaked in a half cup of milk and added; then add two well-beaten eggs, a cup of sugar, and three-fourths of a teaspoonful of salt. Mix well and steam three hours. Serve with Yellow sauce.

**Yellow Sauce.**—Beat two eggs until very light, add a cup of sugar gradually and continue beating; then flavor with a teaspoon of vanilla. A half cup of orange juice and a little grated rind instead of the vanilla makes a delightful sauce.

**Orange Puffs.**—Cream a third of a cup of butter, add a cup of sugar, two beaten eggs, a half cup of milk, one and a half cups of flour and two teaspoonfuls of baking powder. Flavor with orange and use the yellow sauce with the orange flavor.

The old lines, "Order is heaven's first law," are never more appropriate than when used in reference to table arrangement. Exact military precision is the first requirement after neatness.

Place the silence cloth, if you possess one, with the nap up, and draw it straight and even. A very good silence cloth may be made from a smoothly woven bed spread that has outlived its usefulness.

Lay the ironed tablecloth with the middle fold in the center of the table. See that the ends and corners are even.

Place every dish and piece of silver in soldier-like order. Turn no dishes upside down. Care in setting a table contributes much to the comfort of the family.

In serving anything that is passed by the waiter, it should be set down at the right of the person served. When removing plates or brushing crumbs it should be done from the left.

When passing food to each person it should be passed on his left, so that the right hand may be free to accept the food.

When removing dishes of a course dinner, all dishes from each place should be taken first, then the meat and vegetable dishes.

Food and dishes are removed from the left.

A waitress should never pile her tray with dishes; one service is sufficient to remove at one time.

Plain white dishes are always given, and if one is broken can be easily replaced.

A small center piece of white lace or embroidery with a fern dish of green or a small vase of flowers will add greatly to the charm of a well-laid table.

Fruit centerpieces or one appropriate to the character of the dinner given may be arranged without especial genius.

**T**HE heavier the cross the heartier the prayer; The bruised herbs most fragrant are; If wind and sky were always fair, The sailor would not watch the stars; And David's songs had never been sung If griefs his heart had never wrong.

### MORE FISH DISHES.

The oyster season is well opened, and now they are as reasonable in price as they will be.

**Oyster Rolls.**—Cut a pint of oysters in halves and parboil one minute, add a half teaspoon of salt, a dusting of cayenne, a teaspoonful of lemon juice, a teaspoon of minced parsley or a grating of nutmeg and a half cup of thick cream sauce. Remove the crust from half a dozen French rolls, brush inside and out with butter and fill with the prepared oysters, replace the covers and set in a hot oven for ten minutes. Serve very hot.

**Broiled, Smoked Finnan Haddie.**—Cover a piece of smoked haddie or salmon with boiling water; let stand fifteen minutes and then drain. Broil about fifteen minutes over coals or under the gas flame, and serve with eclipse sauce.

**Eclipse Sauce.**—Heat a tablespoonful of butter and add a tablespoonful of flour, cook a minute. Add a cup of water and stir until thickened. Season with salt and cayenne, pour on to a well-beaten egg, add a tablespoonful of lemon juice and reheat carefully. A cucumber stewed and added to this sauce makes a delicious addition.

**Oyster and Grapefruit Salad.**—Parboil one and a half pints of oysters; drain, cool and remove the tough muscle. Cut three grape fruit in halves crosswise, remove pulp and drain. Mix oysters with the pulp and season with six tablespoonfuls of tomato catsup, four tablespoonfuls of the grape fruit juice, a tablespoonful of salt. Refill grape fruit skins with mixture. Garnish with curled celery and chill before serving.

**White Loaf Cake.**—Cream a half cup of butter, add a cup of sugar, two cups of flour sifted with two teaspoonfuls of baking powder, a half cup of sweet milk, flavoring and the whites of two eggs. Bake in a loaf.

**A Choice Layer Cake.**—Cream a half cup of butter, add a cup and a half of sugar and a half cup of sweet milk, two cups of flour, flavoring and the whites of eight eggs. Bake in layers. This will make one large cake of five layers or two cakes may be made by using different fillings.

**Hickorynut Cake.**—Cream two-thirds of a cup of butter, add two cups of sugar, a cup of milk, a little at a time, adding three cups of flour sifted with two teaspoonfuls of baking powder, three well-beaten eggs and a cup of nut meats. Bake in a large flat pan.

**Chocolate Cake.**—For a simple, easy and satisfactory cake to make, this is a winner. Cream a fourth of a cupful of butter, add a cup of brown sugar, one egg, a cup and a fourth of flour, a fourth of a cup of sour milk, a teaspoonful of vanilla and a half teaspoon of soda. Two squares of chocolate (Baker's), dissolved in a half cup of hot water added the last thing. Bake in two layers. Put together with a hotted frosting.

**Roll Jelly Cake.**—Two eggs well beaten, half cup of sugar, half cup of flour, a teaspoonful of baking powder and a tablespoonful of cold water the last thing.

## Dutch Cap



Photographed by Underwood & Underwood, N. Y.  
Nationality in caps is one of the striking features of this season's fashions. This quaint Dutch cap is made of fine mesh net, embroidered in Delft blue. The roses at the ears have no foliage, but on the left side there are ribbon pendants to match in color.

### DESIGN FOR FACE CLOTH BAG LACE CAPS NOW THE FAD

Dainty Woman Will Be Careful to Have Separate Receptacle for This Most Necessary Utensil.

The absolutely dainty girl is especially careful of her face cloth. She uses it but one day, and in order that it may not accumulate germs and other impurities she is particular to keep it out of the way of them—in a bag. This bag, like all of the other toilet belongings of the dainty girl, is a fetching affair of cretonne, shaped like a correspondence card envelope and about twice the size of such a receptacle.

To make one of these face cloth bags, cut a paper pattern of a correspondence envelope, enlarge it doubly and lay it upon a piece of cretonne. Then cut a similar shape from rubberized tissue cloth, place the edges of the two materials together, bind them with ribbon and join three of the points together under a fancy button, leaving the fourth edge for the flap, whose point should be equipped with a loop large enough to go over the button.

The rubber lined envelope is really the only sanitary receptacle for a face cloth, and it is the only one in which a damp rag can be placed safely. Even this should not be permitted to become water soaked, as it inevitably will do unless frequently spread out flat and hung in the sun.

### SMART BIG COATS



Though much exaggerated in details of trimming, the big coats of contrasting colors are smart and fetching. These coats are worn over simple little trotteur frocks of mohair or serge in the mornings, though they are not considered correct for ceremonious afternoon wear. This coat is built of good brown duo face cloth, having a reverse in plaided effect. The trimmings of this plaid fabric, the big buttons with wooden rims and the huge patch pockets on the outer side of the coat give the simply cut garment great style and snap.

Use for Stored Away Pretty Laces Has Been Found—Most Acceptable Presents.

For a new purpose girls are turning out their stores of pretty laces and looking them over or buying, silk net and allover lace remnants, to say nothing of Cluny and Mechlin edges.

They are making caps. And not for any mythical grandmamma, either. It is the dainty confidante of the bonnie maid who makes it that is to be crowned with this charming bit of vanity. If she has learned the art of making fine and always new needle-point lace it is probably a theater cap that she is fashioning of the black silk lace braids which one sees her tacking deftly to a stamped pattern.

When finished it will be drawn up with a cord of the palest pink tea rose silk, and on the left side will be a spray of rosebuds of the same delicate shade, unless, indeed, she is a brunette, in which case the cap may have the completing touches of deep, clear, cardinal cord or ribbons and blossoms.

Another girl is making her friends the most delightful little morning or boudoir caps. These are usually of allover lace, like the quaint mob caps of Colonial times, but with frills turning up and more airy little frills turning down against the wearer's soft hair, and these, too, are of lace. For a bride of tomorrow she is setting loving stitches in a most coquettish little affair to be worn at breakfast, adorned with a rose of soft, lustrous moonlight blue satin, and with this will go a demure little reticule of the same shimmering satin to be fastened at the belt of the young amateur housewife.

### Waist With Jacket Effect.

One of the smartest ready-to-wear waists in a dark tone with a vivid color in striking contrast is navy blue satin with cardinal red satin. The waist is made with a jacket effect that has sharp open corner at a high waist line, the front being filled with a vest of the red satin. This dark blue jacket has a low round neck, above which there is another round neck of red satin, and the yoke and stock are of white lace. There is a red lapel over a jabot of white lace, and the short blue sleeves have unders of the red. Pearl buttons and red buttonhole effects are the only trimming.

### Straight Line Coats.

There is little chance of novelty in the cut of long heavy coats made of double-faced fabrics, says the Dry-goods Economist, as the material does not lend itself favorably to fancy outline; therefore, the dominant style is the straight line, full-length cut with large collars, revers and cuffs, with low left-side fastening. The buttons are very large and usually have a suggestion of color in harmony with the trimming effects of the coat.

### Gloves Loosened.

Kid gloves that are too tight should be folded for a short time in a piece of woolen cloth that has been dipped in hot water and wrung as dry as possible. When the gloves have become warm and damp, they can easily be drawn on the hands. Gloves that have shrunk in cleaning respond readily to this treatment.

### Holiday Bags.

Many of the fancy work bags exhibited now in preparation for the holidays have their draw strings pull up through fancy rings of brass or celluloid. These rings can be bought in all the dainty colors at the notion counters.

## MAN A GIANT AT 91

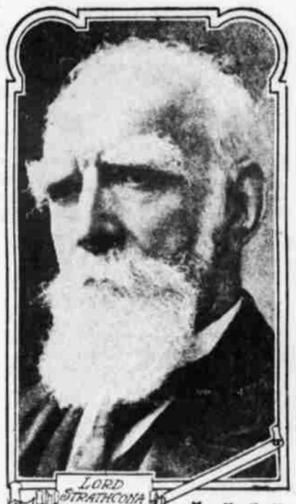
Marvelous Career of a Poor Scotch Laddie.

The Struggles and Successes of Lord Strathcona, Famous of the World Over as Pioneer and Empire Builder.

Ottawa, Canada.—In the closing days of the rebellion of '38, when affairs were in a turmoil, there landed on the shores of Canada a poor, friendless Scotch laddie, alone and new in a new land. He was tall and spare, but the square of his jaw told of Scotch courage and the manly gleam from his determined eyes. He was not more than 18, but he was big and inherited the brawn of a fine ancestry of Scots. This humble, friendless lad was Donald Smith, the man of whose brains, energy and sacrifices Canada owes much for her present prosperity.

In the early days, when Smith—now Lord Strathcona—began his life in the employ of the Hudson Bay company, the Canadian north was a country of the terrible. For thirty years, isolated on the ice-bound coast of Labrador, he labored in the hardest service on the continent, that of the Hudson Bay company. In his stripping days, as a trader, he tramped the mighty, silent north from end to end, planning, bartering and bargaining with the grim and stoic natives of the wild. From the time that Smith, a sturdy "highland laddie," left Montreal for his labors in the north his life was one of hardship, suffering and sacrifice.

The lessons in the school of suffering which awaited this lonely but courageous boy were hard ones, but Donald Smith learned them all. When he was 29 years old a romance of the heart came to lighten his years of banishment. A girl of the wild, fair as a rainbow on the snow, crossed his path and from then the bleakness of his life began to lose its austerity. She was the daughter of a trader



and an Indian woman and he married her.

Throughout his 30 years in the northland Smith gave his leisure to reading and studying. He became a thinker and a reasoner and in his work he learned to use his power of brain. From this point his advance was gradual but sure and in 1868, when he was 48 years old, he was appointed governor of the company with head offices at Montreal. He was well equipped for his mighty duties. He had learned the lessons of generalship and in the years that followed he proved himself a commander of forces, primal and artificial. Many times during his governorship crises arose that put his powers to test.

The activities of Donald A. Smith outside the Hudson Bay company brought him into the politics of Canada. His political creed was a disregard for party interests and, while at the outset he was a staunch supporter of Macdonald, the Conservative premier, later on, because of the severe criticism and accusations laid against the party and because he was convinced that the party was not conducting itself strictly along square lines he withdrew his support and brought about the first defeat of Macdonald.

Donald A. Smith, silent, reserved but powerful, was one of the greatest legislators that ever had a seat in the Canadian house of commons. His career as a lawmaker was one of honesty and genius.

In 1896 Lord Strathcona received the culminating honor of his great career. He was made the first holder of the newly-created office of high commissioner for Canada in London. Four years later he received world fame through his gift of the Strathcona horse, a body of 28 mounted officers and 512 men, enrolled from all over the Canadian west, for service in the Boer war.

In private life this great man is a considerate husband and father and a most engaging host. One of the greatest tributes he ever received was from the father and mother of King George V., the late King Edward and Queen Alexandra. They always called him "Uncle Donald."

At the advanced age of ninety-one he is still a marvelous man. His talk is bright and he is equally at home in American, Canadian or English politics.

### LEWIS' "SINGLE BINDER."

A hand-made cigar fresh from the table, wrapped in foil, thus keeping fresh until smoked. A fresh cigar made of good tobacco is the ideal smoke. The old, well cured tobaccos used are so rich in quality that many who formerly smoked 10c cigars now smoke Lewis' Single Binder Straight 6c. Lewis' Single Binder costs the dealer some more than other 5c cigars, but the higher price enables this factory to use extra quality tobacco. There are many imitations; don't be fooled. There is no substitute! Tell the dealer you want a Lewis "Single Binder."

### BOTANICAL BADINAGE.



She—Ah, dearest one, when you are gone I shall pine away. He—Tut! tut! Spruce up.

### IT IS CRIMINAL TO NEGLECT THE SKIN AND HAIR

Think of the suffering entailed by neglected skin troubles—mental because of disfiguration, physical because of pain. Think of the pleasure of a clear skin, soft, white hands, and good hair. These blessings, so essential to happiness and even success in life, are often only a matter of a little thoughtful care in the selection of effective remedial agents. Cuticura Soap and Ointment do so much for poor complexions, red, rough hands, and dry, thin and falling hair, and cost so little, that it is almost criminal not to use them. Although Cuticura Soap and Ointment are sold everywhere, a postal to "Cuticura," Dept. 21 L, Boston, will secure a liberal sample of each, with 32-page booklet on skin and scalp treatment.

It's humiliating to discover that the folks who we imagine despise us never even think of us!

## BILIOUS!

TRY A BOTTLE OF HOSTETTER'S Stomach Bitters

Nothing can upset your health quicker or make you feel more miserable than a lazy liver—but remember the Bitters prevents all this by toning and invigorating the entire system. IT REALLY DOES THE WORK

### The Farmer's Son's Great Opportunity

Why wait for the old farm to become your inheritance? Begin now to prosper and improve your future. A great opportunity is offered you in Western Canada. 160 ACRES FREE. Now's the Time. —Not a year from now, when the land will be high priced, you will be glad to have the opportunity to secure a steady advance in price. Government returns show that the number of settlers in Western Canada from the U. S. was 50 per cent larger in 1910 than the previous year. Many farmers have paid for their land out of the proceeds of one crop. Free Homesteads of 160 acres at \$3.00 an acre. Fine climate, good schools, excellent railway facilities, low freight rates, wood, water and lumber locally obtained. For pamphlet "Last Best West," particulars as to suitable location and low settlers' rate, apply to Dept. of Immigration, Ottawa, Can., or to Canadian Gov't Agent.

### PREVENTION

better than cure. Tutt's Pills if taken in time are not only a remedy for, but will prevent SICK HEADACHE, biliousness, constipation and kindred diseases.

W. N. U., Oklahoma City, No. 50-1911.