

WOMAN'S WORK

How to Grow Water Lilies.

Why not have a lily pond? People in the country often have a piece of low unused ground that would make a most attractive water garden. Before doing anything in the way of construction the water supply must be assured, especially if there is danger of a prolonged drought. The basin may be made of puddled clay but the best and most practicable method is to construct the basin of brick-work. The walls should be built perpendicular eight inches thick and may be tapered near the top, finishing with a four-inch brick in the flat.—Country Life in America.

New Ideas in Trimming.

The New York girl's latest trimming idea is delightfully simple, though it is most clever in its originality. It is merely a linen trimming, but linen beautified. Stitched linen bands and embroidered linen bands are no longer a novelty, though they are modish; but cut-out odd designs in linen, finished with a button-hole-stitch and appliqued upon the skirt or waist, are new and exceedingly effective.

A plain white linen waist or even a silk waist takes on a fetching new beauty when it is trimmed, for instance, with clover-leaves of green linen, the shading filled in with an embroidery-stitch as cleverly as if it were hand-painted. The clover-leaf applique is used to good effect to outline the yoke, to trim the sleeves, and one lucky four-leaf clover gives an original touch to the belt in front. These clover-leaves also make a stylish trimming for a dark blue taffeta shirt-waist suit.—August Woman's Home Companion.

What a Vacation Should Mean.

It seems to me as the years go on, the mother more and more realizes that the notion of man's duality is absolutely untrue; that the growth of the mind and of the thought, even of the spiritual existence, is so intimate and absolute that they make a complete unit, and that if the bodily organism is neglected, the higher parts of man's and woman's nature are left fallow. Mental and bodily life really are manifestations of the same vital force. They grow together, they decline together, they depend upon fixed laws, and unless one understands and lives up to the laws of one's being, surely life fails of half its purpose. The duty and the beauty of these summer vacations for adults is twofold. First, to understand into what they would like to have their own lives to be evolved; and also what would be best for the children with whom God has blest them. Therefore, in these August days, when life moves lazily and one hardly cares to take thought of the morrow, it seems to me the parent's duty is to consider what really is best for the child lives committed to their care, and try as they can to teach to the little ones some sort of reciprocation and love—a lesson which they cannot learn from nature. The parent bird disposes of her young at the earliest possible moment; so soon as the calf becomes old enough to nibble the grass the cow forgets her responsibility, and it remains for human beings to teach a higher ideal of the responsibilities of the one generation to the next. A child who has been accustomed all his life to receive, naturally forgets to give; and so the pretty boy becomes the hard-hearted and selfish man.

Even in vacation times, these little lessons of self-denial for the sake of others can be taught to our children, and nothing will be of more advantage to the pretty little folks than to spend a few minutes each day in demonstrating what a beautiful time is being had by their summer environment, and in persuading them to save up some little treasures from the woods or the seashore to carry back to the less-favored children in our city slums.—Julia Holmes Smith, M. D., in the Pilgrim for August.

Flowers and Farming.

Almost every good farmer is really interested in the flower garden, though he often thinks it necessary to deny it. But a farmer who is not proud of his farm, and interested in anything which makes it show to better advantage, may be put down as an unsuccessful farmer without much question. The flower garden is frequently left to the "women folks," and there are a good many stories going the rounds of how the "men folks" begrudge the little plowing, hoeing and fertilizing necessary to make it a success. In our observation, these stories are much overdrawn. It is more commonly the fact that the "men folks" take quite as much interest in the flower garden enterprise as do the "women folks." Men who have a taste for horticulture are apt to be especially susceptible to the allurements of the flower garden. One man finds in it a chance to practice his cunning hand at breeding new varieties; another finds in it a chance to use cunning tricks of propagation; another finds it a source of income, either for plants or cut flowers. Indeed we believe that the ornamental garden is more a part of the general farm operations than most persons would think, and more than some men would admit.—Country Gentleman.

Boone Democrat: McBride and Musgrave shipped during the month of June 3,250 head of sheep to the Northern market, the most of them having been bought in Watauga, and distributed a little more than \$12,000 among our people in payment for the same.

THE DEATH PENALTY.

A little thing sometimes results in death. Thus a mere scratch, insignificant cuts or puny boils have the death penalty. It is wise to have Bucklen's Arnica Salve ever handy. It's the best Salve on earth and will prevent fatality, when Burns, Sores, Ulcers and Piles threaten. Only 25 cents at all druggists.

Did you ever think of how expensive a luxury credit is? It doubles the expense of book-keeping, doubles correspondence, multiplies worry many times over, often destroys confidence, wrecks business galore, and makes mischief of all kinds without limit. More than all, many of these things enter into the cost of nearly everything which is bought and sold, and even the cash buyer, with all his discounts off, pays enhanced prices because of the cost of other people's credit. Imagine the world running a month without the credit system! Next to the millennium it would do more to create and maintain general happiness than any other condition that could be introduced.—Charity and Children.

STATE OF OHIO, City of Toledo, } ss.
LUCAS COUNTY.
FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrah that cannot be cured by the use of HALL'S CATARRH CURE.
FRANK J. CHENEY.
Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1898.
A. W. GLEASON,
Notary Public.
Hall's Catarrah Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free.
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WEEK END RATES VIA SEABOARD AIR LINE.

Commencing June 6th, the Seaboard Air Line Railway will place on sale week-end tickets to the following summer resorts. Tickets are sold for all trains Saturdays and forenoon Sundays, good returning the following Monday.

Round-trip tickets from Raleigh are as follows:
Wilmington, N. C. \$4.50
Jackson Springs, N. C. \$3.80
Portsmouth, Va. \$4.50
Ocean View, Va. \$4.50
Old Point Comfort, Va. \$4.50
Cape Henry, Va. \$4.50
Virginia Beach, Va. \$4.75
For further information, apply to
C. H. GATTIS, C. P. & T. A.,
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SOUTHERN RAILWAY

In effect June 14th, 1903.

This condensed schedule is published as information and is subject to change without notice to the public.

TRAINS LEAVE RALEIGH, N. C.

12.50 A. M. No. 111 daily for Greensboro and local points. Carries Pullman sleeper Goldsboro to Greensboro, connecting at Greensboro with No. 39, "Atlanta Express." Pullman sleeper and day coaches to Atlanta, Pullman Tourist sleeper to San Francisco Cal., Tuesdays, Thursdays and Saturdays via New Orleans and Southern Pacific. No. 33, "Florida Express," for Charlotte, Columbia and Savannah. Pullman sleeper to Jacksonville, Fort Tampa, Charleston and Augusta connections for all points in Florida. No. 37, "Washington and Southwestern Limited," solid Pullman train drawing room sleepers, New York to New Orleans and Memphis, connection is also made for Winston-Salem, Wilkesboro, Danville and local stations 5:20 a. m. No. 112 daily for Goldsboro and local stations; connecting at Goldsboro with Atlantic Coast Line for Wilmington, N. C., Wilson, N. C., Tarboro, N. C., Norfolk, Va., and intermediate stations, also at Goldsboro with Atlantic and North Carolina Railway for Kinston, N. C., Newbern, N. C., and intermediate stations.

8.56 A. M. No. 107 daily for Greensboro and local stations, connects at Durham for Oxford, Henderson, Keyville and Richmond. At University Station for Chapel Hill daily except Sunday. At Greensboro with train No. 39, U. S. "Fast Mail" for Washington and all points north; Pullman drawing room sleepers to New York and Richmond; close connection for Winston-Salem, Mocksville and local stations, with train No. 7 for High Point, Salisbury, Charlotte and local stations.

10.30 A. M. No. 108 daily for Goldsboro and all local points, connects at Selma for Wilson, Rocky Mount and all Eastern North Carolina points. At Goldsboro for Wilmington, Kinston, New Bern, N. C., and Norfolk, Va., where close connection is made with Chesapeake Line for Baltimore and all other outgoing steamers.

2.52 P. M. No. 135 daily for Greensboro and intermediate stations; connects at Durham for Oxford, Clarksville, Keyville daily except Sunday. At University Station for Chapel Hill daily except Sunday. At Greensboro with train No. 29 for Columbia, Augusta, Savannah, Charleston, Pullman sleeper and first-class coaches Washington to Jacksonville, Fla. No. 35 "U. S. Fast Mail" for Atlanta and all points south and southwest, Pullman drawing room sleepers to Birmingham and New Orleans, day coaches Washington to New Orleans, also with north bound trains, No. 34 and 38 for Washington and all points north; Pullman drawing room sleepers and observation car to New York; connection is also made at Greensboro for Winston-Salem and at Salisbury to Memphis.

4.12 P. M. No. 136 daily for Goldsboro and local stations.
C. H. ACKERT, Gen'l Manager.
W. A. TURK, Pass. Traf. Manager.
S. H. HARDWICK, G. P. A.,
Washington, D. C.
R. L. VERNON, T. P. A.,
Charlotte, N. C.
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