

WHY SO MOODY?

To feel "blue," cross and nervous all the time is not natural for anyone. Often it is due merely to faulty kidney action. Household and the many family cares wear the nerves and so weaken the kidneys. Then comes that tired, fretful, half-sick state. If you have backache, headache, dizziness and kidney irregularities, and sharp, shooting pains, try **Doan's Kidney Pills**. They have brought health and happiness to thousands of women.

An Iowa Case

Mrs. J. Severine, practical nurse, 1619 Seventh Ave., Council Bluffs, Iowa, says: "I have used Doan's Kidney Pills for a lame and weak back and other symptoms of disordered kidneys and they have given me most excellent relief and the benefit has lasted. I advise anyone suffering from kidney disorders to use Doan's Kidney Pills."

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BUY THAT FARM where alfalfa was cut May 8, corn shoulder high June 5, gardens and fruits beyond belief. Cutover lands on terms. WRITE, DUNAWAY & EATON, Pemiscot County, Missouri. Main Line Frisco.

Mean Man, This!

She was a charming little thing, but she was not familiar with the country and its ways. Still, although she was from London, that great brute of a cousin of hers had no right to attempt to deceive her. He had volunteered to show her round the farm, and by and by they strolled into the cow-shed.

"Dear me, how closely the poor cows are crowded together!" she remarked. "Yes," he said. "But, you see, we're obliged to pack them close."

"Why?"

"So that they'll give condensed milk," he said, without a blush.

And the dear girl smiled, and said she hadn't thought of that.—London Tit-Bits.

A Real Difficulty.

Ben Turpin, the famous cross-eyed comedian, tells that on one occasion he approached two small Liverpool boys and asked one of them to carry his bag to the station.

"Which one, mister?" piped both urchins in chorus.

"You," said Ben.

"But which one?"

"You," patiently explained the funny man. There was a pause. Then one of the small boys mustered up courage and said:

"Please, mister, if you'll close one eye then maybe we can tell which of us you are talking to."—Edinburgh Scotsman.

Well, Wasn't It.

A London train was waiting in a dim station at the end of a dull afternoon. A nearsighted woman hurried down the aisle, peering at the passengers, and at last, as she dropped into a seat besides another woman, exclaimed with a sigh of relief:

"Oh, it's you!"

"Certainly not!" snapped a startled stranger, turning.

Whereupon the mistaken traveler hastily apologized. "I beg your pardon—but it's so dark in here I was quite sure you were."—London Tit-Bits.

High Finance.

Virginia's mother had given her a dime to spend, while Marjorie's mother had only given her a nickel. The children decided to spend this money. On the way to the store Marjorie said: "Virginia, I'll trade you my big nickel for your little one," and Virginia, tempted by the size, traded.

Pussy in Danger.

The cat settled herself comfortably in front of the kitchen range and began to purr. Little Dolly, who was strange to the ways of cats, regarded her with horror.

"Oh, gran'ma, gran'ma," she cried. "Come here quick. The cat's beginning to boil."

When the pantry is left unlocked the small boy gets his desserts.

Your Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Marine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggists or by mail (4c per Bottle. For Book of the Eye free write Marine Eye Remedy Co., Chicago.

UP BOBS MALARIA.

To the traveler who passes Mount Shasta, in northern California, nothing seems more improbable than that the section is malarial. The man from the far south cannot reconcile his conception of swamps and bayous as the breeding places of malaria with the information that this disease prevails in the open mountain valleys of the Shasta region, and yet, in 1918, 54.5 per cent of the population in a certain section of Shasta county suffered from malaria.

The people of a certain district contiguous to the upper Sacramento river concluded to irrigate their lands. They built dams and ditches and brought 32,000 acres of land under intensive cultivation. There were 1,300 persons in the district and their total property was valued at \$1,700,000. They bonded it for \$1,000,000, built irrigation works, and made several blades of grass grow where one grew before.

But here a fly was found in the ointment. Anopheles mosquitoes in small number had always been present in the district. When the land was irrigated these became a nuisance and, to make matters worse, the mosquitoes became infected with malaria.

Dr. H. F. Gray undertook to find out the cause of malaria to the inhabitants of the district, of whom 54.5 per cent had the disease. In the northern half of the district, the only part irrigated in 1918, the cost for medicine, physician and labor lost was \$10,400, or \$31.70 per family. One family only spent \$1.86, while one spent \$75.16. It is figured that the entire district will be irrigated during 1919, and the total cost is expected to be \$13,500, or an average of \$41.50 a family. This seems a heavy tax to pay for illness, but it is far from being the total toll. It only covers such readily ascertainable expenditures as money paid for patent malaria medicines, money paid to doctors for services and medicines, and days lost from work on account of malaria, said days charged at the prevailing rate of pay in the district. Other and less tangible costs might have been assembled under such heads—six deaths from malaria, cost of funerals, \$100 each; eight families went on trips for health during the worst of the disease. The trips were made necessary by malaria. Estimated total, \$400. Nine families moved away from the district because it was malarial. Three landseekers refused to purchase property in the district because of malaria.

There was considerable loss because in several instances men got sick with malaria in harvest time and at other times when some crop spoiled because of lack of labor. It was estimated that the property in the entire area was depreciated in value by malaria about \$250,000, or between \$5 and \$10 an acre. The advice given by Gray to the farmers is given in the Journal of the American Medical Association. He advises five-year mosquito campaigns. The expenditures to be: First year, \$22,400; second, \$5,000; third and subsequent years, \$3,800. Of the \$22,400, at least \$12,000 can properly be charged to repair and upkeep of ditches necessary for other reasons. Under this plan malaria should decrease 50 per cent the first year, 75 per cent the second year, 90 per cent the third, 95 per cent the fourth and 100 per cent the fifth.

Always Cry "Fake."

From the New York Post. It is a well known fact that no prize-fighter has ever been fairly defeated. Either the unfortunate champion has had his food "doped" or he has sat up too late the night before reading Nietzsche, or somebody has bought the referee. The knockout is always a fluke. This is exactly the case with Messrs. Ludendorff and Hoffmann, late of the late German army. It now appears that they were not defeated by Foch and Haig and Pershing, but by revolutionary propaganda. Some time ago Hoffmann, of Brest-Litovsk fame, told the reporters that it was Lenin who shattered the German armies. The other day Ludendorff told a special correspondent that the real cause of German defeat was "revolutionary activity which had been going on among our troops since 1916." But how about the Americans and Chateau-Thierry?

"Chateau-Thierry! What was Chateau-Thierry? Five fresh divisions of Americans were brilliantly stopped by two divisions of ours."

The implication is that if German morale had not been undermined by revolutionary propaganda, five American divisions would have been brilliantly stopped by a German battalion. If the Friedensturm of last July had gone through, Ludendorff would have pointed out how impervious was German loyalty to the revolutionary poison.

Capitalizing Prestige.

From the Springfield Republican. How former governors may capitalize their political experience and influence with legislatures in the "practice of law" is curiously illustrated by the case of ex-Governor Whitman, of New York, who has been under cross examination before an investigating committee. Mr. Whitman's chief legal experience had been as a criminal lawyer and public prosecutor. As soon as he ended his term as governor however, the Interborough Rapid Transit Company handed a retainer of \$10,000 to his law firm to represent it in its rate cases. Soon another retainer of \$7,500 was received by the law firm from the Consolidated Gas Company. These great public utility corporations, whose interests are very much under public supervision and legislative control, suddenly found the Whitman firm unsurpassed in the practice of corporation law. The plain people draw their own conclusions. It was to avoid exactly such experiences that Mr. Taft, after leaving the presidency, decided not to open a law office. He knew that big fees would come to his firm from corporations and people who were chiefly concerned to utilize his prestige as a former president.

Scattering Joy.

For a year and a half Bud Fisher has been bringing tears of laughter to the boys in the hospitals of Europe and America through the antics of Mutt and Jeff. Starting today Mutt and Jeff will appear daily in the Sioux City Tribune. If you are not now getting The Tribune delivered every night to your homes phone Auto 4331, Bell 69 or give the order to the carrier boys or news stand dealers.

MIGHT GET IT RIGHT SOON

Youthful Sunday School Teacher by No Means Disconcerted by First Rather Wild Statement.

She is fifteen and teaches a Sunday school class of ten little girls. That they might "learn to keep and do them," she bade them commit the twelve commandments. The day for the utterance of the "twelve" statutes arrived.

The little girl on the end seat was called on first. Glibly she repeated the ten. There was a pause. She was waiting for the approval of her teacher.

"Give the other two," firmly commanded the teacher. "My mother said there were only ten, and that was more than anyone could keep, and she knows," retorted the assured little end-seat girl.

Nonchalantly the teacher began turning the pages of Revelation. She was working to Deuteronomy.

"Certainly there are but ten commandments. How stupid. I was thinking of Proverbs. You know, my dears, there are twelve of those."

Real Guilt.

A Chinese diplomat mentioned something about a Chinese having committed suicide by eating gold leaf.

"Well," said a society woman in the company. "I can't understand how that could have killed him."

"Probably," answered the diplomat, seriously. "he died from the consciousness of inward guilt."—London Ideas.

Cuticura for Pimples Faces.

To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

It is never safe to judge a woman's courage by the way she manages to avoid an interview with a mouse.

It is in the narrowest part of the defile that the valleys begin to open.—Persian Proverb.

Pardonable Curiosity.

"Gabe Sogback got hold of a drink or two of bone-dry licker tuther evening and went home and threw himself on the bed, face down," related a citizen of Sandy Mush, Ark. "As soon as he was asleep his wife took and tied him fast by the four corners, spread out like a capital letter 'X,' and beat and mauled him with a wagon spoke till she mighty nigh smashed him flat. A passel of us fellers going by heard the hooraw, and, lowing a varmint was killing somebody, went in, and sorter persuaded Mizzus Sogback to turn Gabe loose. She said she had whipped him beuz she loved him. I reckon that was all right, but I'm sorter curious to know what she'd a-did to him if she'd—p'tu!—hated him."—Kansas City Star.

That Might Help.

Gwendoline de Vere gazed out of the window at the drizzling rain and the sloppy streets and sighed dismally, as she pondered on the misery of things in general.

"Aye, I am heart hungry," she murmured in thrilling accents to herself. "What, I wonder, can alleviate these terrible pangs of heart hunger?"

Just then a voice came from the kitchen:

"Come on, Gwen! Dinner's ready. Got liver and bacon today!"

Preparedness.

Mr. Homestopper—Trifler! If you don't love me, why did you throw yourself on my breast and put your arms around my neck and kiss me?

Miss Frachblow—Oh, that was only a training stunt. The best ever is on his way home from France and I want to give him the right kind of welcome.

Good Recommendation.

"Who was that man who taught you not to forget anything?" "Why, it was—ah—er—it—was"—Farm Life.

The prices of cotton and linen have been doubled by the war. Lengthen their service by using Red Cross Ball Blue in the laundry. All grocers, 5c.

Preachers ought to get a good salary; it is church money, you know.

THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

Thinness and weakness are often due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate should produce a welcome transformation in the appearance; the increase in weight frequently being astonishing.

Increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, should disappear. Gull eyes become bright, and pale cheeks glow with the bloom of perfect health.

CAUTION:—Although bitro-phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its tendency to increase weight, be used by anyone who does not desire to put on flesh.

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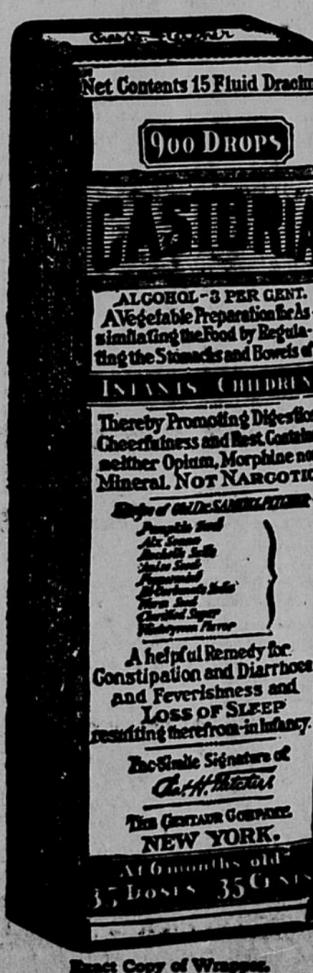
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Care and Responsibility.

THE responsibility attached to the preparing of a remedy for infants and children is undoubtedly greater than that imposed upon the manufacturer of remedies for adults whose system is sufficiently strong to counteract, for a time at least, any injurious drug. It is well to observe that Castoria is prepared today, as it has been for the past 40 years, under the personal supervision of Mr. Chas. H. Fletcher.

What have makers of imitations and substitutes at stake? What are their responsibilities? To whom are they answerable? They spring up today, scatter their nefarious wares broadcast, and disappear tomorrow.

Could each mother see the painstaking care with which the prescription for Fletcher's Castoria is prepared: could they read the innumerable testimonials from grateful mothers, they would never listen to the subtle pleadings and false arguments of those who would offer an imitation of, or substitute for, the tried and true Fletcher's Castoria.



Children Cry For Fletcher's CASTORIA

A Word About Truth.

"Great is Truth, and mighty above all things." So says the Old Testament, yet it is equally true to-day. Truth shows no favors, fears no enemies.

From the inception of Fletcher's Castoria, Truth has been the watchword, and to the conscientious adherence to this motto in the preparation of Fletcher's Castoria as well as in its advertising is due the secret of its popular demand.

All imitations, all substitutes, all just-as-good preparations lack the element of Truth, lack the righteousness of being, lack all semblance even in the words of those who would deceive.

And you! Mothers, mothers with the fate of the World in your hands, can you be deceived? Certainly not.

Fletcher's Castoria is prepared for Infants and Children. It is distinctly a remedy for the little-ones. The BABY'S need for a medicine to take the place of Castor Oil, Paregoric and Soothing Syrups was the sole thought that led to its discovery. Never try to correct BABY'S troubles with a medicine that you would use for yourself.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.