

# A Woman's Problem

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Roundy St., Beverly, Mass.

Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KISSLING, 931 East 24th St., Erie, Pa.



No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

Smiles make a better saive for trouble than do frowns.

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *W. C. Fletcher* in Use for Over 30 Years. Children Cry for Fletcher's Castoria

Endless.  
"Paw, what's the longest period of time?"  
"From one pay day to the next."—Buffalo Express.

Good to Them.  
"Is your new servant good to the children?"  
"Yes, indeed. She never tells me any of the bad things they do while I am away."

Red Cross Bag Blue, much better, goes further than liquid blue. Get from any grocer. Adv.

Fortunes await the inventor of a lifeboat that will float on a sea of trouble.

Frequently a man thinks he is charitable because he gives advice.

## AILING WOMEN NEED THIS FAMOUS DOCTOR'S PRESCRIPTION

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to health.

This prescription of Dr. Pierce's extracted from roots and herbs is a temperance remedy.

To get rid of irregularities, or catarrhal condition, to avoid pain at certain times, to overcome irritability and weakness, waste no time, but get Dr. Pierce's Favorite Prescription in liquid or tablet form this very day.

Genius and common sense blended usually spells success.

## DON'T LOSE ANOTHER HAIR

Treat Your Scalp With Cuticura and Prevent Hair Falling. Trial Free.

For dandruff, itching, burning scalp, the cause of dry, thin and falling hair, Cuticura Soap and Ointment are most effective. Touch spots of dandruff and itching with Cuticura Ointment. Then shampoo with Cuticura Soap and hot water. No treatment more successful. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

A man sometimes makes money, but money never makes the man.

## "ANURIC!" NEWEST IN CHEMISTRY

This is a recent discovery of Doctor Pierce, head of the Invalids' Hotel, Buffalo, N. Y. Experiments for several years proved that there is no other eliminator of uric acid comparable. For those easily recognized symptoms of inflammation—as backache, scalding urine and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, "Anuric" acts quickly. In rheumatism of the joints, in gravel and gout, invariably the pains and stiffness which so frequently and persistently accompany the disease rapidly disappear.

Send Dr. Pierce 10c for large trial package. Full treatment 50c. All druggists.

By Measurement.  
For half an hour the teacher patiently instructed her class in the art of telling the time.  
"Now," she said at last, as she pointed to the big clock on the wall, "you may be the first to tell me the time, Mary Brown."

Full of importance, Mary turned and studied the dial. Then she faced her teacher again, her eyes shining with triumph.  
"Please, miss," she said, "it's just one inch past eleven."—Philadelphia Record.

A plant has been discovered in Cuba bearing fruit like figs in which flies lay their eggs, to be hatched by the sun.

New Zealand has 25,000,000 sheep.

# WHO'S WHO—AND WHEREFORE

## SUBTLE JUSTICE M'REYNOLDS



Associate Justice McReynolds of the United States Supreme court prefaces nearly everything he has to say with a story.

Occasionally McReynolds tells a story with a point so subtle that only those with a keenly pitched sense of humor can "get" him. One night at a dinner he sprang something that occasioned not the slightest ripple of laughter. He waited a reasonable length of time and then observed:

"Well, at least don't cry about it." Nobody got that either. They didn't understand what it was that they weren't to cry about. So McReynolds added: "It'll come in, may be by freight."

An Englishman was seated next to McReynolds, and his curiosity was aroused.

"What do you mean when you say come by freight?" he inquired.

"Slowly, like a freight train," explained McReynolds; they'll get the story if they wait long enough, don't you see?"

A great light dawned in the Englishman's eyes. "Ah," he exclaimed, "you mean steam packet. Story shipped by steam packet. 'T would be utterly absurd, wouldn't it—ha, ha, ha."

## EXPERIMENTS WITH WHITE RATS

Philadelphians were perturbed recently over the publication of the results of a series of experiments with white rats which are being made by Helen Dean King at the Wistar Institute of Anatomy and Biology of the University of Pennsylvania.

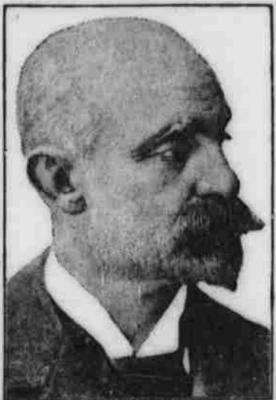
Shorn of its sensationalism and half truths, the story of the experiments with white rats now going on at the institute is still interesting. By means of careful selection and mating of brother and sister rats from the same litters, which is "the closest form of inbreeding possible," there is being developed a race bigger, heavier and better in every way than the ordinary rat.

"And," says Doctor King, "theoretically what can be done with rats can be done with other animals. Give me ten years longer and I may have found out something." By following out her experiments it "might be possible to revolutionize the whole system of stock raising" and thereby increase the supply of meat and reduce the cost of living.

Doctor King is the only woman in America who holds a professorship in research work, the only other woman in the world who has that honor being Mme. Curie of Paris.



## "SUB" FOR KING VICTOR



The duke of Genoa, who "subs" as king at the Quirinal while his nephew, Victor Emmanuel, is at the front, is fast proving himself a formidable rival of the latter for the affections of the Italian people.

King Victor has ever been known as the most democratic sovereign in Europe. His "sub" has gone him one better for democracy and won for himself the sobriquet of the civilian king.

The nearest the duke of Genoa comes to accepting any of the kingly perquisites that go with his job is at four o'clock each day, when he goes for his drive in the country. Four cavaliers surround his carriage and a corps of bicycle guards follow. The police won't let him drive unless he accepts this escort.

In the evening he makes up for it by walking about the streets of Rome in civilian clothes, accompanied only by his chief aid de camp. It was while amusing himself this way one evening that the duke saw a street car collide with a fat woman. Of all the men who leaped to her assistance, the duke got there first. She was quite uninjured, but the duke bundled her off to a hospital before she knew who had helped her.

Half an hour later, when the duke returned to the Quirinal he sent his aid to the hospital to make certain she really was not injured.

## NEW CHIEF OF YARDS AND DOCKS

Civil Engineer Frederic R. Harris of the navy, recently appointed chief of the bureau of yards and docks, navy department, to succeed Civil Engineer Homer R. Stanford, has made an enviable record in connection with a number of important projects on which he was engaged since appointment to the navy corps of civil engineers.

Among his achievements was the solving of the problem that long had attached to the dry dock at the New York navy yard, the contract for which was awarded in 1905. Five years later, after several contractors had failed on the job, Civil Engineer Harris took charge. He employed an entirely new method of construction, he was instrumental in having the dimensions of the dock increased, and he successfully completed the work in 1912.

In addition to many other achievements, Civil Engineer Harris devised a new method of construction to be used in the completion of the dry dock at Pearl harbor, Hawaii, the system involving the building and sinking of a series of floating caissons or sections. He has been concerned as an assistant in the construction of the state dry dock at Boston and the project of the contemplated municipal dry dock at New York. He has been a valuable technical assistant to the department of justice, and he has been a lecturer at the University of the City of New York, the New York college, and the Stevens Institute of Technology, as well as being the author of numerous technical papers.



# THE EVIDENCE IN THE CASE

Results Following Settlement Show That Conditions in Western Canada Are Highly Satisfactory.

Until a few years ago Mr. Henry Lohmann lived at Eflingham, Ill. He thought he would better his condition in a new country, where he would have wider scope for his farming operations. It would not seem essential to refer to Mr. Lohmann, at this particular time, as of German blood, but for the fact that so many false statements have gone out as to ill treatment of Germans in Canada.

Writing from Willmont, Sask., under date of January 30, 1916, Mr. Lohmann says:

"We are perfectly satisfied in this country, and doing well up here. I bought a half section of land and took up a homestead, my three sons also took homesteads, two of them buying each 160 acres of land as well. I sold my homestead, and I and one of my sons own a threshing outfit.

"The crop this year was good; the oats went 80 to 90 bushels per acre, and wheat went 40 to 50 bushels and the price is fair."

Sam Morrow, of Millet, Alta., in writing to Mr. J. M. MacLachlan, Canadian government agent at Water-ton, S. D., says: "I am well pleased with the country. The climate is better than I ever thought it could be so far north; ideal climate for stock. I have some colts and cattle that have not been inside of a stable in four years. I consider this a fine country for mixed farming. I know of farmers around here who had 42 bushels of barley to the acre and 55 bushels of oats to the acre."

Jacob Goetz of Piapot, Sask., had 43 acres of wheat from which he got 1,200 bushels, and got an average of 93 bushels of oats to the acre.

Golden Prairie, Sask., is a district largely settled by South Dakotans. Horace Blake is one of those. He says: "The crops of 1915 were immense."

Wheat in his locality went from 40 to 55 bushels per acre; oats about 80 bushels on an average. One hundred bushels of potatoes were grown on a quarter of an acre of land; twelve potatoes weighed 30 pounds. His horses run out all winter, and come in fat. He raised excellent corn, and fattened hogs on it. He concludes an interesting letter by saying: "There are schools in every district. The people here are most all hustlers and are fast pushing to the front. When I first came up here on almost every half section stood a little 12x14 shack, now almost everyone has real modern houses and barns."

Some Southern Alberta yields for 1915:

L. H. Hooker, 82 acres, 3,820 bushels Marquis wheat No. 1, 64 pounds per bushel.

L. I. Lee, 40 acres, stubble, 1,500 bushels; 40 acres summer fallow, 2,530 bushels.

Peter Brandon, 164 acres, 7,361 bushels Marquis wheat.

R. Marand, 135 acres, 6,920 bushels, 64 pounds per bushel.

J. McReynolds, 45 acres, 1,675, stubble.

Ole Christoferson, 60 acres, 2,647 bushels.

Arunfus Gavett, 155 acres wheat, 6,642 bushels; 20 acres oats, 2,000 bushels.

Robert Mathews, 46 acres wheat, 2,016 bushels, machine measure.

D. Dunbar, 130 acres wheat, 5,925 bushels.

Ingauld Hoppy, 80 acres wheat, 2,500 bushels, all stubble.

Louis Kratt, 80 acres wheat, 4,900 bushels.

W. J. Pate, 26 acres wheat, 980 bushels.

W. Roeniche, 150 acres wheat, 5,337 bushels, 80 of this stubble.

J. C. McKinnon, 50 acres wheat, 2,534 bushels.

Gordon Swinehart, 20 acres wheat, 1,140 bushels.

Albert Hanson, 85 acres wheat, 3,760 bushels.

Elmer Hamn, 110 acres wheat, 5,158 bushels; 90 acres oats, 6,550 bushels.

John Larson, 80 acres wheat, 3,000 bushels; 30 acres oats, 2,900 bushels.

John Hecklin, 37 acres, 1,484 bushels.

Wm. Hecklin, 100 acres, 3,376, stubble and breaking.

O. Salisbury, 50 acres Marquis wheat, 1,600 bushels on breaking.—Advertisement.

An electric process for drying lumber in piles of unsharked logs has been perfected in France.

**RECIPE FOR GRAY HAIR.**  
To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 3/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and remove dandruff. It is excellent for falling hair and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

A little change is a good thing, but a big roll of bills is better.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

Bavaria has rich graphite deposits.

# KEEP YOUNG

As well be young at 70 as old at 50. Many elderly people suffer lame, bent, aching backs, and distressing urinary disorders, when a little help for the kidneys would fix it all up. Don't wait for gravel, or Bright's disease. Use Doan's Kidney Pills. They have helped thousands, young and old, and are recommended by thousands.

**A Colorado Case**

"Mrs. A. E. McKenzie, 125 1/2th St., Denver, Colo., says: 'If it weren't for Doan's Kidney Pills, I don't believe I would be alive today. I was in agony with kidney complaint and doctors' medicine didn't help me. My abdomen bloated and I had almost given up hope of getting well. Doan's Kidney Pills rid me of all this suffering and I have used them since with fine results.'"

Get Doan's at Any Store, Use a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

# Constipation Vanishes Forever

Prompt Relief—Permanent Cure  
**CARTER'S LITTLE LIVER PILLS** never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner distress—cure indigestion, improve the complexion, brighten the eyes. **SMALL PILL, SMALL DOSE, SMALL PRICE.** Genuine must bear Signature

**PARKER'S HAIR BALM**  
A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 25c and 50c at Druggists.

Well Acquainted.  
"Do you know the nature of an oath, madam?"  
"Well, I ought to, sir. We've just moved, and my husband has been laying the carpets."

Smile on wash day. That's when you use Red Cross Bag Blue. Clothes whiter than snow. All grocers. Adv.

Next to the elephant the White rhinoceros of Africa is the largest animal known.

To Prevent The Grip  
Colds cause grip—Infective Bronchitis removes the cause. There is only one "Grip Quinine."—W. W. GIBBY'S signature on box. 25c.

Widowers, like tumble-down houses, should be re-paired.

**A Rider Agent Wanted in Each Town for the**

**Henderson "4"** and the **Pope Motorcycles**

As our Rider Agent, you may have one of these highest type Motorcycles on special low terms. Turn your spare time into profit and let us help you do so. Write today for our new, unusual offer and free explanatory booklet.

**Rocky Mountain Motorcycle Company**  
1616 Broadway Denver, Colo.

**METZ**

6 Passenger, Gray & White \$600 and Starter, 25 N. P.

Greatest hill climber; 35 to 30 miles on 1 gallon gasoline, 10,000 miles on one set of tires. Stewart Speedometer, one man steering top, 18 in. wheel base, 32 1/2 inch tires, weight 1,000 pounds. METZ Distributors for Colorado, New Mexico, Wyoming and Western Nebraska.

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Successors to Colorado Outfitter Co.  
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**LIVE AGENTS WANTED**

**KEELEY INSTITUTE**

COR. EIGHTEENTH AND CURTIS STS. DENVER, COLO.  
**Liquor and Drug Addictions**  
cured by a scientific course of medication. The only place in Colorado where the Genuine Keeley Remedies are administered.

**BLACK LEG** **LOSSES SURELY PREVENTED**  
By Carter's Little Liver Pills. Lungs, fresh, reliable; prepared by Western druggists because they prefer what they can't make themselves. Write for booklet and testimonials. 10-cent pack. Shipping Pills 25c. 50-cent pack. Shipping Pills 45c. (The size indicator, but Carter's is the size indicator.)

**PATENTS**  
WATSON E. GULLEMAN, Wash. D.C. Inventor. Highest references. Best results.

**SUDAN GRASS** has made good everywhere. Order now, while seed is cheap. Guaranteed fresh. 50c per lb. Amarrillo Co., Amarillo, Tex.

**W. N. U., DENVER, CO. 9-1916.**

**Write Us a Postal Card Today**

Just say: "Please send me free full information how I can obtain a complete set of *Oneda Community Par Plate Silverware* free by saving the trade mark signatures from packages of

**SKINNER'S MACARONI and SPAGHETTI PRODUCTS**

We will answer by return mail and, in addition, will send you a beautiful 36 page book of recipes. Skinner's products are the highest quality and help you eat down wonderfully on meat bills.

**SKINNER MANUFACTURING CO.**  
The Largest Macaroni Factory in America. Omaha, U.S.A.