

Everywhere
You Go
Everywhere
They Know
Alabastine



FOR 35 years Alabastine has been the choice of housewives who take particular pride in the decoration of their homes.

For 35 years Alabastine has been sold everywhere by paint, hardware, drug, and general stores. It is known by dealers and users alike as the "tint beautiful" for walls and ceilings.

Alabastine is a dry powder that mixes perfectly in cold water. You can apply it yourself or your local painter will do the work reasonably. Be sure that you get Alabastine brought on the job in properly labeled packages.

Free Color Plans
The best decorators advise the use of stencils to produce contrasting wall and ceiling borders. Ordinarily, stencils cost from 50 cents to \$3.00 each, but if you will write for the free "Alabastine Packet," containing hand-colored proofs of 12 of the very latest stencil effects, we will tell you how you can have your choice of these and 500 others at practically no expense. Write today for this absolutely free decorating service.

Alabastine Co.
236 Grandville Rd. Grand Rapids, Mich.

The uses of whale oil are more numerous at the present time than ever before.

KIDNEY TROUBLE WEARS YOU OUT

I had Kidney and Stomach trouble for several years and lost over 40 pounds in weight; tried every remedy that I could and got no relief until I took Swamp-Root. It gave me quicker relief than anything that I ever used. I now weigh 185 pounds and am affording the praises of Dr. Kilmer's Swamp-Root and recommending its use to all who have stomach and kidney troubles.

Respectfully yours,
E. C. MENDENHALL,
McNeil, Arkansas.

Subscribed and sworn to before me, a Notary Public, this 27th day of March, 1915.
J. W. RHEA,
Notary Public.

Prove What Swamp-Root Will Do For You
Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

Spain is credited with supplying more than three-quarters of the world's olive oil.

SOAP IS STRONGLY ALKALINE and constant use will burn out the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken, in the natural way, those ugly, grizzly hairs. Price, \$1.00.—Adv.

Persistent.
"Be sure and get the right tooth, doctor."
"Don't worry. I'll get it if I have to pull out every tooth in your head."—Life.



HANFORD'S Balsam of Myrrh
A LINIMENT

For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chills, Lame Back, Old Sores, Open Wounds, and all External Injuries.
Made Since 1846. Ask Anybody About It.
Price 25c, 50c and \$1.00
OR WRITE
G. C. Hanford Mfg. Co.
SYRACUSE, N. Y.

Make the Liver Do its Duty

Nine times in ten when the liver is right, the stomach and bowels are right. **CARTER'S LITTLE LIVER PILLS** gently but firmly compel a lazy liver to do its duty.

Cures Constipation, Indigestion, Sick Headache, and Distress After Eating.

SMALL PILL, SMALL DOSE, SMALL PRICE.
Genuine must bear Signature

Brentwood

(Live Agents) Sell guaranteed extracts, perfumes, hairdressing, toilet articles, etc. in all territories. Postpaid Mfg. Co., Des Moines, Iowa.

W. N. U., WICHITA, NO. 19-1916.

DAIRY



PROTECTION OF MILK SUPPLY

Dependable Means of Determining Healthy Cows Afforded by Means of Tubercular Tests.

The increasing interest in the protection of the milk supply for the consuming public is one of the encouraging features of live stock improvement, and equally so as a sanitary means of improved health among our people. It has demanded some nerve and resolution on the part of sanitary officials in all parts of the country. It has become a risky proposition now for a health officer to lend his assistance to any dishonesty in the matter of covering up a diseased or unhealthy animal.

The guarding of the milk supply for the innocent purchaser and user is certainly a noble work for anyone



Healthy Dairy Cows.

in authority. The tubercular tests applied to cows in many of the dairies furnishing milk to city and townsendable means of determining the health of the animal as to this particular ailment.

There is but a very small per cent of the cattle on farms and ranges that are affected by this disease, except by coming in contact with the disease distributed through the dairy cow from diseased districts. The wearing of the tag in the ear is the trademark that all cow buyers should observe, if they are especially skeptical as to a cow's lung power and general tubercular standing. It is well to be on the safe side and insist on the tuberculin test.

LIABLE TO BECOME CHOKED

Trouble is Likely to Occur When Animals Attempt to Devour Vegetables Without Mastication.

(By H. E. EAKINS, Colorado Station.)
Of all animals on the farm, cattle are, perhaps, the most liable to become choked. Choking is most liable to result from attempting to swallow without mastication, carrots, turnips, potatoes, apples or sugar beets. Cattle frequently choke on chewing leather, boot heels, old rags and all sorts of unseemly things which could not be digested if swallowed, and the practice indicates a depraved appetite.

In such cases, if the services of a veterinarian cannot be secured the owner will have to do the best he can alone, and the things that are usually done first should not be done at all. Attempting to pour water down the throat usually results in most of it going into the lungs, and the result is death of the animal, that might otherwise have been saved.

A case of turnip choke came under observation recently. A sharp-pointed broomstick was thrust down into the throat in an effort to push the turnip downward, and the animal died from the injury. Less heroic efforts will usually relieve the animal. Whatever is attempted to relieve the suffering animal, do not try the drench or the broomhandle.

SANITARY DAIRY MILK PAILS

Old-Fashioned Habit of Using Open Bucket Has Been Discarded—Quality Now Counts.

A time-honored practice is to use an open pail and bring it into the house peppered with an unpleasant assortment of stable dirt and refuse. That may have been good enough for grandfather but you can't get away with it in these days of sanitation. Instead you use a closed pail, milking through a strainer packed with an absorbent cotton filter. Sure! They cost a little money, but so does anything worth while. For the fellows who believe in "Quality" such an investment will pay more than 10 per cent interest if a trifle of good salesmanship is used to dispose of the superior output.

BETTER FEEDING OF CATTLE

Best Method of Treating Manure is to Scatter It Over Fields in Winter or Summer.

The better feeding of live stock, the more valuable is the manure; and the more manure is worth, the more need is there for the proper handling of it. The best method of treating manure is to haul it out as soon as made and scatter it over the field, whether the season be winter or summer.

BEGIN HOT WATER DRINKING IF YOU DON'T FEEL RIGHT

Says glass of hot water with phosphate before breakfast washes out poisons.

If you wake up with a bad taste, bad breath and tongue is coated; if your head is dull or aching; if what you eat sours and forms gas and acid in stomach, or you are bilious, constipated, nervous, sallow and can't get feeling just right, begin drinking phosphated hot water. Drink before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it. This will flush the poisons and toxins from stomach, liver, kidneys and bowels and cleanse, sweeten and purify the entire alimentary tract. Do your inside bathing immediately upon arising in the morning to wash out of the system all the previous day's poisonous waste, gases and sour bile before putting more food into the stomach.

To feel like young folks feel; like you felt before your blood, nerves and muscles became loaded with body impurities, get from your druggist or storekeeper a quarter pound of limestone phosphate which is inexpensive and almost tasteless, except for a sourish tinge which is not unpleasant.

Just as soap and hot water act on the skin, cleansing, sweetening and freshening, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels. Men and women who are usually constipated, bilious, headachy or have any stomach disorder should begin this inside bathing before breakfast. They are assured they will become real cranks on the subject shortly.—Adv.

Worry wears worse than work.

IMITATION IS SINCEREST FLATTERY but like counterfeit money the imitation has not the worth of the original. Insist on "La Creole" Hair Dressing—it's the original. Darkens your hair in the natural way, but contains no dye. Price \$1.00.—Adv.

Flattery isn't generated in a flat. Most particular women use Red Cross Ball Blue. American made. Sure to please. At all good grocers. Adv.

Family Pride.
The following story is told of the mayor of a western city.
A small boy, who afterward proved to be a nephew of one of the mayor's stenographers, was wandering about in the city hall when one of the officials there happened upon him.

"Well, sonny," inquired the man, genially, "for whom are you looking?"
"For my Aunt Kate."
"Can't find her?"
"I can't seem to."
"And don't you know where she is?"
"Not exactly. She's in here somewhere, though, and I know that the mayor works in her office."—Harper's Magazine.

Almost to the Boards.
Mr. Blank is very wealthy and very close. An acquaintance of his met Blank's son the other day and said:
"Your father seems to have lost a good deal of money lately. The last time I saw him he was complaining, and saying he must economize."
"Economize, eh? Did father say where he was going to begin?"
"Yes; on his table, he said."
"Then I guess he must be going to take away the tablecloth," was the final declaration.

Another Explanation.
"What is 'being candid,' father?"
"Speaking unto others as you would not like them to speak unto you."

EXPERIMENTS Teach Things of Value.

Where one has never made the experiment of leaving off coffee and drinking Postum, it is still easy to learn something about it by reading the experiences of others.

Drinking Postum is a pleasant way out of coffee troubles. A Penn. man says:
"My wife was a victim of nervousness, weak stomach and loss of appetite for years; and although we resorted to numerous methods for relief, one of which was a change from coffee to tea, it was all to no pur, use."
"We knew coffee was causing the trouble but could not find anything to take its place until we tried Postum. Within two weeks after she quit coffee and began using Postum almost all of her troubles had disappeared as if by magic. It was truly wonderful. Her nervousness was gone, stomach trouble relieved, appetite improved and, above all, a night's rest was complete and refreshing."
"This sounds like an exaggeration, as it all happened so quickly. Each day there was improvement, for the Postum was undoubtedly strengthening her. Every particle of this good work is due to drinking Postum in place of coffee." Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled, 15c and 25c pkgs. Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.
Both forms are equally delicious and cost about the same per cup.
"There's a Reason" for Postum.
—sold by Grocers

CHICKENS DUCKS and TURKEYS

PROFIT IN RAISING TURKEYS

Farmers Are Cautioned to Give Marketing Problems More Attention—Best Birds for Breeding.

For those who conduct the business carefully turkey raising is likely to be very profitable. The demand in this country continues to increase, apparently, faster than the supply. Farmers who go into the business, however, are cautioned to give the marketing problem considerable attention in advance.

In the turkey publications of the United States department of agriculture, which is Farmers' Bulletin No. 200, the following rules for selecting turkeys for breeding are given:
First—Always use as breeders turkey hens over one year old. Be sure they are strong, healthy, and vigorous, and of good medium size. In no instance select the smaller ones. Do not strive to have them unnaturally large.
Second—The male may be a yearling or older. Do not imagine that large, overgrown males are best. Strength, health, and vigor, with well-proportioned, medium size, are the main points of excellence.
Third—Avoid close breeding. New blood is of vital importance to turkeys.



The Great American Bird.

Better send a thousand miles for a new male than to risk the chances of inbreeding. Secure one in fall so as to be assured of his health and vigor prior to the breeding season.

BETTER ATTENTION TO EGGS

They Should Be Uniform in Color and Shape, and Regular in Size as Far as Possible.

More attention should be paid to eggs at all times and under all circumstances. This means that they should be uniform in color and shape and regular in size as far as possible. If they had more attention paid to them at our fairs and were brought to the notice of the public and the farmers in particular, much good would come from it. Let us offer good prizes for a display of eggs, say not less than three dozen, and have it stipulated that they be strictly fresh; that no cold storage stock need apply for the sake of selecting for size. If such a plan were carried out at a number of our fairs for a few years the selection of good eggs would get to be a science and would interest the poultry public to a great degree, and be of untold benefit to all of us whether as producers or consumers of eggs.

GOOD POULTRY FEED ADVICE

Poor Economy to Give Fowls but One Kind of Grain—Make Them Exercise by Scratching.

There is no economy in feeding fowls one kind of grain, for that compels them to eat more than they ought in order to get a sufficient quantity of food elements.
A large part of the egg is water, which shows the necessity of providing layers with an ample supply of pure clear water in fountains or dishes which are frequently disinfected.
A sluggish hen is never a good layer. The flock should be made to exercise by scratching for whole and cracked grains in a deep litter of clean material and jumping for green food, such as a cabbage or mangels.

Fattening Water Fowls.

By putting some care into the fattening of water fowls the farmer's wife will be able to realize more out of them. She will be in shape to solicit orders for fine table water fowl; and once her name is established she will have more orders for them than she can fill.

Drafts Mean Roup.

A draft in the poultry house means roup in the flock. Prevention is the best method and much cheaper than the cure.

A LAND PROBLEM AHEAD

(FROM THE PEORIA JOURNAL.)

The Nebraska State Journal calls attention to the fact that Uncle Sam's opening of a 4,000-acre tract in the North Platte irrigation district for settlement practically winds up the "free land distribution" of the nation. It adds:

"Free or cheap land has been the American safety valve. A population straining for self-betterment has had its own remedy—to go west and grow up with the country. With the government reduced to advertising an opening of forty-three farms, the safety valve may be considered forever closed. The expansive energy formerly exerted outward, must hereafter work itself out internally. Increasing land speculation, with rapidly rising prices of land and proportionately increasing dissatisfaction among the landless would seem inevitable. The tone of our politics and the intensity of our social problems cannot but be vitally changed under the strain of dealing internally with a social pressure which hitherto has had the wilderness to vent itself upon."

"Land hunger" will soon become a reality in this rapidly growing country and the constant pressure of population, increasingly higher than the ratio of production, is bound to bring us face to face with economic problems that we have heretofore considered remote. The far-sighted statesman and publicist must devote his thought earnestly to the consideration of these questions if we are to escape the extremes which curse the older nations of the world."

In the above will be found one of the reasons that the Canadian Government is offering 160 acres of land free to the actual settler. There is no dearth of homesteads of this size, and the land is of the highest quality, being such as produces yields of from 30 to 60 bushels of wheat per acre, while oats run from fifty to over hundred bushels per acre. It is not only a matter of free grants, but in Western Canada are also to be had other lands at prices ranging from \$12 to \$30 per acre, the difference in price being largely a matter of location and distance from railway. If one takes into consideration the scarcity of free grant lands in the United States it is not difficult to understand why there has been most material advances in the price of farm lands.

A few years ago, land that now sells for two hundred dollars an acre in Iowa, could have been bought for seventy-five dollars an acre or less. The increased value of the product raised on these farms. The lands that today can be had in Western Canada at the low prices quoted will in a less time than that taken for the Iowa lands to increase, have a proportionate increase. In Nebraska the lands that sold for sixteen to twenty dollars per acre seven years ago, find a market at one hundred and seventy-five dollars an acre, for the same reason given for the increase in Iowa lands. Values in these two States, as well as in others that might be mentioned, show that Western Canada lands are going at a song at their present prices. In many cases in Western Canada today, there are American settlers, who realize this, and are placing a value of sixty and seventy dollars an acre on their improved farms, but would sell only because they can purchase unimproved land at such a low price that in another few years they would have equally as good farms as they left or such as their friends have in the United States.

The worth of the crops grown in Western Canada is of higher value than those of the States named, so why should the land not be worth fully as much. Any Canadian Government Agent will be glad to give you information as to homestead lands or where you can buy.—Advertisement.

It's a short street that has no turn for the organgrinder.

Always use Red Cross Ball Blue. Delights the laundress. At all good grocers. Adv.

It is sometimes easier to borrow money than to pay it back.

AFTER SIX YEARS OF SUFFERING

Woman Made Well by Lydia E. Pinkham's Vegetable Compound.

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 178 pounds I went to 118 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the medicine ever since and I feel like a new woman. I now weigh 127 pounds so you can see what it has done for me already. My husband says he knows your medicine has saved my life."—Mrs. J. S. BARLOW, 1624 South 4th St., Columbus, Ohio.

Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely. It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

ECZEMA!
"Burt's Cure" is guaranteed to stop and permanently cure that terrible itching. It is compounded for that purpose and your money will be promptly refunded without question if Burt's Cure fails to cure Eczema, Tetter, Ring Worms or any other skin disease. Ask the box.
For sale by all drug stores or by mail from the
A. B. Richards Medicine Co., Sherman, Tex.

BLACK LEG
LOSSES SORELY PREVENTED by Cutler's Blood Purifier. Lotion, ointment, salve, prepared by Western stockmen, because they prefer where other remedies fail. Write for booklet and testimonials. In-sole sale. Blacking Pills \$1.00. 20-oz. tin. Blacking Pills 4.50. The only injector, but Cutler's best. The superiority of Cutler's products is due to care in years of specializing in various and serious ailments on Cutler's. It is unobtainable, unless direct, The Cutler Laboratory, Berkeley, Cal., or Chicago, Ill.

PARKER'S HAIR BALM
A better preparation of any. Keeps hair from falling out. Restores Color and Beauty to Gray Hair. Faded Hair. 50c and \$1.00 at drug stores.

For Sale—Moving picture machines, open chairs, books, bins, everything pertaining to moving picture business. Wichita Film Supply Company, Wichita, Kan.

PATENTS Watson E. Coleman, Washington, D.C. Block Trade, High-class references. Most successful.
GALLSTONES FREE
Avoid operations. Positive remedy.—No fee.—Results sure. Write for our Big Book of Truth and Facts. 10-125. Gallstone Remedy Co., Dept. C-40, 2195 Dearborn St., Chicago.

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For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Hutchins* In Use For Over Thirty Years **CASTORIA**

Net Contents 15 Fluid Drachms

900 DROPS

CASTORIA

ALCOHOL—3 PER CENT
A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. J. C. HUTCHINS
Pumpkin Seed—
Aloes—
Rochelle Salts—
Lime—
Sassafras—
Cinnamon—
Nutmeg—
Clove—
Ginger—
Sulphur—
Castor Oil—
Water—

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Feverishness and LOSS OF SLEEP.

Facsimile Signature of *Dr. J. C. Hutchins*

THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 DROPS—35 CENTS

Exact Copy of Wrapper

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