

I OWE MY HEALTH

To Lydia E. Pinkham's Vegetable Compound.

Washington Park, Ill.—"I am the mother of four children and have suffered with female trouble, backache, nervous spells and the blues. My children's loud talking and romping would make me so nervous I could just tear everything to pieces and I would ache all over and feel so sick that I would not want anyone to talk to me at times. Lydia E. Pinkham's Vegetable Compound and Liver Pills restored me to health and I want to thank you for the good they have done me. I have had quite a bit of trouble and worry but it does not affect my youthful looks. My friends say 'Why do you look so young and well?' I owe it all to the Lydia E. Pinkham remedies."

—Mrs. ROBT. STORIE, Moore Avenue, Washington Park, Illinois.

We wish every woman who suffers from female troubles, nervousness, backache or the blues could see the letters written by women made well by Lydia E. Pinkham's Vegetable Compound.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

Another Characteristic of the Ant. Sunday School Teacher—Now, Johnny, what do you remember about the ant?

Johnny—It gets to the picnic whether it is good or not.

The Strong Withstand the Heat of Summer Better Than the Weak

Old people who are feeble, and younger people who are weak, will be strengthened and enabled to go through the depressing heat of summer by taking regularly Grove's Tasteless Chili Tonic. It purifies and enriches the blood and builds up the whole system. 50c.

The Reason.

"I wonder why the police found it so hard to unravel that murder mystery?"

"I guess it was on account of the quantity of yarn in it."

Best for Horses.

Give your horses good care and you will be doubly repaid by the better work they will do. For sores, galls and other external troubles apply Hanford's Balsam of Myrrh. Ranchmen, lumbermen and liverymen recommend it. Adv.

Has It?

Doctor—Is there no form of daily inexpensive active exercise you can take?

Patient—Oh, yes, doc. I dodge automobiles all the way downtown.

SOAP IS STRONGLY ALKALINE and constant use will burn out the scalp. Cleanse the scalp by shampooing with "La Creole" Hair Dressing, and darken, in the natural way, those ugly, grizzly hairs. Price \$1.00.—Adv.

Timely Advice.

"I feel that I am going all to pieces."

"Then pull yourself together."

IF YOU OR ANY FRIEND

Suffer with Rheumatism or Neuritis, acute or chronic, write for my FREE BOOK on Rheumatism—Its Cause and Cure. Most wonderful book ever written. It's absolutely FREE. Jesse A. Case, Dept. C. W., Brooklyn, Mass.—Adv.

Close Connection.

"Was that star course any good?"

"All moonshine."

For galls use Hanford's Balsam. Adv.

Desperate.

Doctor—My good sir, your wife needs some change.

Husband—What can I do about giving it to her, doctor? You got all I had.

Stop That Ache!

Don't worry about a bad back. Get rid of it. Probably your kidneys are out of order. Resume sensible habits and help the kidneys. Then, kidney backache will go; also the dizzy spells, lameness, stiffness, tired feelings, nervousness, rheumatic pains and bladder troubles. Use Doan's Kidney Pills. Thousands recommend them.

An Oklahoma Case

"My Picture Story"
Mrs. L. Bishop, 227 W. Grand Ave., Oklahoma City, Okla., says: "I was in bad shape with kidney trouble and my back pained intensely. I often got so dizzy I had to sit down. My feet and hands swelled and my joints were stiff and aching. I did not sleep faithfully, but was not relieved until I used Doan's Kidney Pills. Gradually my kidneys were regulated, my back got easier and I felt like myself again. I can now do my work without suffering."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

APPENDICITIS

If you have been threatened or have GALLSTONES, write for valuable book of information FREE. L. B. BROWN, DRUG, W-9, 519 S. MEAD ST., CHICAGO

W. N. U., WICHITA, KAN. 30-1916.

DAIRY

CARE OF CREAM IN SUMMER

Five Simple Rules Given Which Should Be Followed—Dirt Always Carries Bad Flavors.

(By W. D. COMBS, Missouri College of Agriculture.)

During the hot days of summer the farmer who is selling cream to the creamery finds it a problem to keep his cream in the proper condition. However, there are but a few simple rules which should be followed, that would result in better cream. First of all these is cleanliness. Dirt, remember, carries bad flavors. If the barn or its surroundings and cows are dirty it will result in poor milk; poor milk results in poor cream; poor cream results in poor butter.

Immediately after separating, the cream should be cooled down to at least 50 degrees Fahrenheit. Warm cream should never be poured upon cold as the temperature of the lot is raised and bad flavors may result. It is essential that the cream be stirred frequently to insure uniform ripening. If the cream is left undisturbed, the fat rises the same way as it does in milk. As a result the cream is full of curd particles or it becomes "lumpy."

Never put cream in a rusty or battered can and always remember that milk and cream have that property of absorbing bad flavors.

CAREFUL ATTENTION TO COW

Animal Brings in Regular Returns in Dairy Products—No Farmer Can Afford to Neglect Her.

Cows require regular and careful attention. There is work in keeping cows and giving them proper attention. But they bring in regular returns in dairy products and cash and no farmer can afford to neglect cows.

What would it mean to individual farmers and the country if every home had as many cows as it requires to supply the table with milk and butter? Perhaps none of us realize what it would mean. It would certainly give more cash from the animals and crops



Head of a Purebred Jersey.

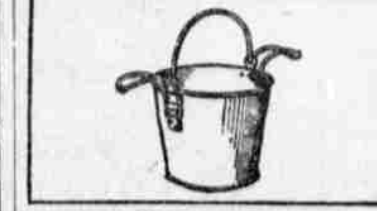
raised and be the means of greater profits.

Doubtless it would mean more than this. It would give more wholesome, nutritious foods and enable parents to rear healthier, stronger, more efficient children. Isn't this worth striving for?

DEVICES SUPPORT MILK PAIL

Curved Side Arms, Resting on Knees of Milker, Keep Receptacle in Its Proper Place.

The curved side arms of this pail, when in use, rest on the knees of the milker and help support the pail. When not in use they are folded down out of the way or are removed entirely



Supports for Milk Pail.

by simply springing them out of their bearings. It is claimed that these arms are simpler than similar devices previously patented.—Wisconsin Agriculturalist.

FEEDING SILAGE IN SUMMER

Farmer Must Decide for Himself Whether Practice Is Cheaper Than Letting Cows on Pasture.

Every farmer must decide for himself whether it is cheaper or more profitable to feed silage during the summer or let the cows get most of their feed from the pastures. If you have land suitable for no other purpose than raising grass it would not pay to let it lie idle, but if your farm consists largely of tillable land the situation is quite different. It costs time and money to raise corn and put it in the silo and feed it out, but on many farms it will pay to rely mainly on the summer silo for the dairy herd.

Temperance Notes

RUSSIA'S GREATEST ENEMY.

The new premier of Russia, Boris V. Sturmer, discussing with a newspaper correspondent conditions created by the war, said:

"Russia awaits the future with confidence. Some monetary disturbance may happen in our financial system, but Russia is rich in latent wealth. During the whole war the deposits in our savings banks have been constantly growing in an extraordinary fashion. The prohibition of alcoholic beverages has produced marvelous results. Alcohol was indeed the scourge that gnawed, debilitated and impoverished our people. We destroyed this enemy at the beginning of the war."

The Russian minister of finance, when presenting his budget to the council of the empire, reported: "Despite war expenses amounting to 32,000,000,000 roubles, and thanks to the abolition of the alcohol monopoly, the financial strength of the country is growing. The savings of the nation since the beginning of the war have increased by 2,000,000,000 roubles."

AGAINST ALCOHOL.

Following the action of the New York board of health in showing up the drink evil and its relation to the public health, the New Jersey association unanimously passed the following resolution:

"Whereas, alcoholic beverages are detrimental to health and indirectly the cause of disease.

"Resolved, That the Health Officers' association recommend that a campaign of publicity be inaugurated by the state and local departments of health for the purpose of informing the public of the dangers to life and health which attend the use of such beverages."

GOOD ADVICE.

A traveler entered an inn where a Quaker sat by the fire. Lifting a pair of green spectacles and rubbing his eyes, which looked very inflamed, the newcomer in one breath called for some brandy and made a grievous complaint about his eyes.

"They are getting weaker and weaker," he said. "And now even the spectacles appear to do no good."

The Quaker looked first at him and then at the brandy.

"I tell thee, friend, what I think," said he. "If thou wouldst wear thy spectacles over thy mouth for a few months thine eyes would get well again."

WAGES WENT FOR FOOD.

"There are a good many foreigners in Denver," says Ellis Meredith in the Union Signal, "and there is a little Methodist mission at one end of the Italian colony. For several years past they have fed the school children at noon. During the winter of 1914-15 they averaged close to a hundred daily, and last winter it varied from 40 to 50—up to the second week in January. After the first dry payday the children didn't come any more, or only a very few of them. They had food at home. That is the kind of argument for prohibition that seems unanswerable to me."

WHICH WAY WIND BLOWS.

At a recent meeting of newspaper men in Chicago, comprising representatives from four or five states, says Sterling (Ill.) Gazette, a group of 15 were standing in the lobby of the La Salle hotel renewing acquaintanceship and waiting for luncheon, when one of the number invited the little group to have a drink with him. One after another thanked the gentleman and declined. Fifteen years ago, comments the Gazette, 14 out of the 15 would have accepted.

NO DRUNKARDS' HOME NEEDED.

As an example of how the dry law works in Portland, Ore., the case is cited of a woman who for several years had been running a home devoted almost exclusively to the care of drunkards. She appeared before the city council recently and, in the course of her remarks on the work of the institution, said that since prohibition became effective she had lost her occupation and was now considering a new line of business.

LETTER CARRIERS DRY.

The brewers contributed \$100 to the convention of the Letter Carriers' association which met in Plainfield, N. J., and offered further to donate a keg of beer for every keg purchased. The carriers declined with thanks. "Fourteen bands and not a drop of beer," was one of the slogans of the parade. "Our first dry convention," said a veteran carrier who has been a member of the association from his youth.

TEMPERATE ARMY.

A temperate army was something not conceived of in the old theories of war. But, in fact, a drunkard is today as much out of place in an army as he would be on a battlefield. A modern army is a fighting machine only less complex in its nature than a modern navy, and equally dependent on sobriety in the ranks.—New York World.

BREWERY AND CHURCHES.

For every dollar put into new breweries and distilleries in 1915 there were \$38.20 put into new churches.

FARM ANIMALS

DESTROYING VERMIN ON HOGS

Crude Oil, Mixed With Equal Volume of Warm Water, is One of Best Known Applications.

Crude oil is one of the best applications for killing lice on hogs. It is sometimes used on cattle, though less often. Use it mixed with an equal volume of warm water. Apply with rag, sponge or spray pump.

For quicker but less thorough work it can simply be poured on from a kerosene can and allowed to run down the sides. For a large number of animals, use a dipping tank or hog oiler. Crude oil makes dark stains, and is objected to by some men who keep white hogs. One gallon of crude carbolic acid added to each barrel of oil makes it more effective.

Machine oil mixed with kerosene, half and half, can be used in the same way. Pure kerosene is too harsh on the skin.

Tobacco infusion is an old reliable remedy. Soak tobacco stems for 12 hours in water, using one pound stems to two gallons water, then bring the water to boiling for a few minutes, and let it cool. This decoction can be used on all kinds of animals, applied by hand or as a dip.

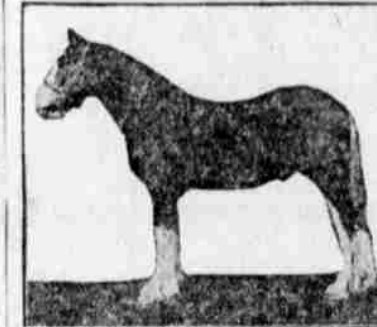
With all these preparations, the treatment should be repeated after one week. Most of the lice will be killed the first time, but not all the lice eggs.

GIVE YOUNG HORSES CHANCE

Colt Will Never Develop Properly if He Is Stunted in Early Growth—Good Feeding Pays.

Give the colts a chance! No colt can develop into a large useful horse if he is stunted in his early growth.

The result of good care and feeding is forcefully shown by the condition of the young work horses of the Kansas state agricultural college. These horses were purchased three years ago as weanlings. They were given care and proper feed their first winter



Clydesdale Yearling.

and were in a good healthy growing condition when turned out to pasture in the spring.

When three years old these colts were worth \$250 to \$300 each. Colts of the same age and from the same mares, but kept on the farm and given the usual farm treatment were worth only \$125 to \$140 each. Thus a difference in value of \$125 to \$160 was due to no other reason than the care given to the horses as colts.

"The horse is made the first 18 months of his life," says Dr. C. W. McCampbell, assistant professor of animal husbandry in the Kansas state agricultural college. "If he is stunted he never reaches his maximum development."

"Too often colts are turned out to rustle for themselves the first winter and all such colts can do is to keep alive. Their growth is stunted and they make a small ordinary type of horse."

HARVESTING CORN WITH HOGS

Economical and Practical Way of Fattening Animals—Also Feed Alfalfa or Clover.

Hogging down corn is an economical and practical way of fattening hogs and of harvesting corn. For best results some supplementary feed like alfalfa or clover is advisable. If you have such a field adjoining the corn field the combination is ideal. If neither of these crops is available and you have a stand of rape in the oats stubble or cornstalks, this makes a good combination. You have to plan ahead to get this, and many farmers sow a little rape in the corn along in July, especially if there is a thin stand of corn.

In the absence of pasture good results are obtained from such feeds as tankage, oil meal or meat meal. These can be fed as a slop or in a self-feeder with corn. With both available the pig will balance the ration to suit himself and will balance it about right.

FOR RHEUMATISM IN CATTLE

Affected Parts Should Be Rubbed With Some Liniment or Woolen Cloth—Prevent Cooling.

As treatment for rheumatism in cattle, the affected parts should be rubbed with some liniment or a woolen cloth, saturated with hot water or a mild liniment, should be wrapped around the joint. It should be covered with a dry cloth over which is placed a rubber cloth to prevent cooling.

LIQUID BLUE?

No, Mr. Grocer, that's mostly water. Since the war started it's more nearly all water than ever. Give me Red Cross Hair Blue, that's a two-ounce package of real goodness. You should see my clothes. I just can't keep from smiling out loud.—Adv.

Convincing Argument.

Policeman—What are you standing here for?
Policeman—Well, just move on. If everybody was to stand in one place, how would the rest get past?—Tit Bits.

COVETED BY ALL

Moriaty—Th' boys want to buy a lovin' cup for Assemblyman Flannigan. Jeweler—Here is something very choice for ten dollars.
Moriaty—I don't think Flannigan would go as high as that—but we'll ask him!—Harrisburg Patriot.

Token of Esteem.

Moriaty—Th' boys want to buy a lovin' cup for Assemblyman Flannigan. Jeweler—Here is something very choice for ten dollars.
Moriaty—I don't think Flannigan would go as high as that—but we'll ask him!—Harrisburg Patriot.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twenty-two per cent., or nearly one-quarter, die before they reach one year; thirty-seven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupify, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever. Genuine Castoria always bears the signature of Chas. H. Fletcher.



HORSE SALE DISTEMPER

You know that when you sell or buy through the sales you have about one chance in fifty to escape sale stable distemper. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soon be rid of the disease. It acts as a sure preventive, no matter how they are "exposed." Consumers may order direct from the manufacturers. Send remittance with your order, 50 cents and \$1.00 a bottle, \$2.00 and \$3.00 the dozen, delivered.

SPOHN MEDICAL CO., Mfrs., Goshen, Ind., U. S. A.



SWAMP-ROOT

Is not recommended for everything; but if you have kidney, liver or bladder trouble it may be found just the remedy you need. At drugists in fifty cent and dollar sizes. You may receive a sample size bottle of this reliable medicine by Parcel Post, also pamphlet telling about it. Address Dr. Kilmer & Co., Birmingham, N. Y., and enclose ten cents, also mention this paper.

DAISY FLY KILLER

placed anywhere, attracts and kills all size. Neat, clean, odorless, non-toxic. Lasts all season. Made of purest materials. Will not soil or injure anything. Insured effective. All dealers order express paid for \$1.00. RASOLD SUMMER, 120 So. Main Ave., Brooklyn, N. Y.

A LITTLE DRUG STORE IN YOUR HOME

THE UNIVERSITY PURE DRUG chest contains ten separate and distinct remedies for Headaches, Biliousness, Coughs, La Grippe, Rheumatism, Kidney Trouble, Dyspepsia, General Debility, Diarrhoea, Constipation. Sent prepaid to any section of the United States on receipt of \$1.00. Every home should have one of our chests.

UNIVERSITY PURE DRUG CO.

722 10th St., N. W. Washington, D. C.

Inference.

Mr. Flatbush—Where in the world did you get this bread?

Mrs. Flatbush—I made it, of course.

Why?

"Oh, I don't know. I read today that ants have been found in Duluth that actually make bread by chewing seeds into pulp, forming it in loaves, baking them in the sun and then storing them away for future use."

For any sore—Hanford's Balsam.

Adv.

Human Nature.

"Why that hospital is so popular beats me. It hasn't the best system, and it certainly hasn't the most successful doctors."

"But it has the prettiest nurses."

Kansas has 854,679 male inhabitants.

Protect the Graves with "RENO" Steel Lot Enclosure

Fence 3/8 in. Round Pickets - 37 in. high when set. Price including Gate and Posts Complete F.O.B. Cars Cinc., O.

Lot	Price	Weight
8 x 8 ft.	\$17.00	325
10 x 10	19.00	375
15 x 15	28.00	540
20 x 20	37.00	700
25 x 25	46.90	850

UNITED FENCE & GATE WORKS, CINCINNATI, O.



Three Hundred Million Bushel Crop in 1915

Farmers pay for their land with one year's crop and prosperity was never so great.

Regarding Western Canada as a grain producer, a prominent business man says: "Canada's position today is sounder than ever. There is more wheat, more oats, more grain for feed, 20% more cattle than last year and more hogs. The war market in Europe needs our surplus. As for the wheat crop, it is marvelous and a monument of strength for business confidence to build upon, exceeding the most optimistic predictions."

Wheat averaged in 1915 over 25 bushels per acre
Oats averaged in 1915 over 45 bushels per acre
Barley averaged in 1915 over 40 bushels per acre

Prices are high, markets convenient, excellent land, low in price either improved or otherwise, ranging from \$12 to \$30 per acre. Free homestead lands are plentiful and not far from railway lines and convenient to good schools and churches. The climate is healthful.

There is no war tax on land, nor is there any conscription. For complete information, as to best locations for settlement, reduced railroad rates and descriptive illustrated pamphlet, address Superintendent Immigration, Ottawa, or

G. A. COOK, 1012 Main Street, Kansas City, Mo.

Canadian Government Agent.