

DANDRUFF MAKES HAIR FALL OUT

A small bottle of "Danderine"
keeps hair thick, strong,
beautiful.

Girls! Try this! Doubles beauty
of your hair in a few
moments.



Within ten minutes after an application of Danderine you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance.

Get a small bottle of Knowlton's Danderine for a few cents at any drug store or toilet counter, and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all—you surely can have beautiful hair and lots of it if you will just try a little Danderine.—Adv.

Thanks are so cheap that there is no excuse for giving them grudgingly.

Lives 200 Years!

For more than 200 years, Haarlem Oil, the famous national remedy of Holland, has been recognized as an infallible relief from all forms of kidney and bladder disorders. Its very age is proof that it must have unusual merit.

If you are troubled with pains or aches in the back, feel tired in the morning, headaches, indigestion, insomnia, painful or too frequent passage of urine, irritation or stone in the bladder, you will almost certainly find relief in GOLD MEDAL Haarlem Oil Capsules. This is the good old remedy that has stood the test for hundreds of years, prepared in the proper quantity and convenient form to take. It is imported direct from Holland laboratories, and you can get it at any drug store. It is a standard, old-time home remedy and needs no introduction. Each capsule contains one dose of five drops and is pleasant and easy to take. They will quickly relieve those stiffened joints, that backache, rheumatism, lumbago, sciatica, neuralgia, gravel, "brick dust," etc. Your money promptly refunded if they do not relieve you. But be sure to get the genuine GOLD MEDAL brand. In boxes, three sizes.—Adv.

Four hours' sleep out of 24 is enough for the elephant.

No Worms in a Healthy Child
All children troubled with worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. **Worms** are the cause of this. **Worms** are the cause of this. **Worms** are the cause of this.

Rice is the easiest of all foods to digest, and roast veal the hardest.

Have a Clear Skin.
Make Cuticura Soap your every-day toilet soap and assist it now and then by touches of Cuticura Ointment to soften, soothe and heal. For free samples address "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50.—Adv.

The Chinese do not, as a rule, appreciate foreign sweetmeats.

Important to Mothers
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher*.
In Use for Over 30 Years.
Children Cry for Fletcher's Castoria

Pinck is the stepfather of success.

Your Eyes
Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by **Merley Eye Remedy**. No Smarting, Just Eye Comfort. A Your Druggists or by mail 60c per Bottle. For Book of the Eye free write **Merley Eye Remedy Co., Chicago.**



May the Christmas season bring joys of Peace to You; and in the coming year may there be no Embargo on your happiness; may your opportunities not be Entrenched; may the Battles of the past be forgotten, and the Bugle call lead you on to loved ones who love you, and watch over you.

Christmas Is Children's Day

The message of Christmas is love. Its emblem is radiant, thankful, contented childhood. Without love and without children there could be no real Christmas. The form might survive but the substance would be lacking.

Unhappy must be the adult who cannot make himself a child again in spirit at the Yuletide. For Christmas is the universal children's day. Men and women are superfluous except as they make themselves partners with those whom the day glorifies.

Let us, then, lay aside the affectation and arrogance of manhood and womanhood and be children again. Let us adopt their point of view and put ourselves in their places—in the places of these sons and daughters of ours and of the sons and daughters of our neighbors. It was only a year or two ago, as it seems, when we hung our well-worn stockings in a row along the mantel shelf, while our fathers and mothers looked on with unforgotten pleasure at the innocent confidence we showed in what the morrow would bring forth.

Even as you and I. It all comes back in a flood of memories. Life was simpler then. Our desires were less pretensions than those our children voice now. Modest remembrances were that bulged toe and heel of the stockings mother knit.

Life and its circumstances change, but the essence of Christmas never. The same happy childhood, the same restlessness, the same snail-like creeping of time as the holiday approaches. The same parenthood, too—the same planning across the reading table after the boys and girls are abed, the same loving consideration of what this or that child most desires and how far the family purse can properly be stretched to permit some further purchase.

Every home is assured a Christmas as it has a great, warm heart pulsating in tune with the hopes and joys of childhood.—Exchange.

A Christmas Wireless.
To you and yours a wireless Along the Good-will line It brings a Christmas greeting With love from me and mine.

His Guess.

"Who was it said 'to him that hath shall be given'?"
"I don't remember, but I presume it was some fellow who had eight or nine necktie holders and had just received four more for Christmas."

The Christmas Doll



There once was a doll on a Christmas tree,
Who sighed to the angel that hung above,
"Oh, how I do wish they would keep
A sweet little, neat little girl to love;
"A dear little mother to curl my locks,
To rock me to sleep, and to wake me up,
To dress me in cute little gowns and frocks,
And feed me with milk from her silver cup;
A kind little mother, who'd never say
A word that was angry, nor let me fall;
Who'd always be ready to let me play
With bright little friends who should come to call!"

And, strange though the wonderful fact may be,
That little wax doll's little wish came true;
They picked her right off the Christmas tree,
And gave her, my dear little girl to you!

—Arthur Guerman in the Youth's Companion

St. Winnifred and the Tree

One story of the origin of the green tree as the Christmas tree among the people of northern Europe is given in a legend of St. Winnifred. It is one of the many thousands of those simple and beautiful beliefs that have attached themselves to the midwinter festival and which generally pass now under the name of "Christmas myths." It is related that St. Winnifred, a great Christian missionary, began cutting down a "sacred" oak which had been the object of worship by the northern pagans whom he was seeking to lead aright. While he was hewing down the huge tree it was blasted by a sudden whirlwind. Close beside it was a young fir tree, which was not harmed either by the whirlwind or by the fall of the giant oak. Then St. Winnifred is reported to have spoken as follows to the pagans:

"This little tree, a young child of the forest, shall be your holy tree tonight. It is the wood of peace, for your homes are built of it. It is the sign of an endless life, for its leaves are always green. See how it points toward heaven! Let this be called the tree of the Christ Child. Gather about it; not in the wild woods, but in your homes; there it will shelter no deeds of blood, but loving gifts and acts of kindness."

The fir tree, the common evergreen of the northern regions, became the holy tree of the converted pagans, and in its honor or in memory of the thoughts it stood for they decorated it with lights and gifts at Christmas.

NOTHING HAPPENED.



She sat beneath the mistletoe
Without the slightest fear;
She felt no wild, glad tremor, though
She knew he lingered near;
She sat there calm and unafraid,
And sleepily he yawned, for they'd
Been married for a year.

FARM POULTRY



FOWLS IN WINTER QUARTERS

Careful Handling While Moving Will
Prevent Setback in Proper
Production of Eggs.

(Prepared by the United States Department of Agriculture.)

The ideal way to manage laying hens is to have suitable houses at maturity, with other yards or ranges suited to the flock while growing, and have each flock of layers occupy the same quarters all their lives. If pullets must be moved from the quarters they have occupied during the growing season every effort should be made to make the change as little disturbing to them as possible. The method of removal will not be the same for all cases and conditions. Each poultry keeper must consider the situation as it exists for his stock and adapt his treatment to the circumstances.

Make the Change Early.

In general it is desirable that pullets be in the houses they are to occupy during the winter three or four weeks before they are expected to lay; but if the pullets are on a good range, and placing them in winter quarters would deprive them of this and make it necessary to put them on winter rations several months earlier than if they remain on the range, it may be better to leave them in the small coops in which they were grown until winter. Then, if they are moved gently and carefully, and special attention is



Contented Flock in Winter Quarters.

given to making them comfortable and contented in their new home, the change may have but slight effect on their egg production.

Whether the change to permanent winter quarters is made before or after laying begins, gentle handling and good treatment will go a long way toward offsetting the unfavorable effects of moving pullets. In reality it is not the change that is the chief disturbing factor but the way the change is made. Rapid and rough handling is bad, yet most persons think it too much bother to handle hens gently and carefully. A little extra time and care in moving pullets makes a difference of weeks and sometimes months in egg production.

To change pullets from one coop to another with the minimum disturbance to egg production, whether the pullet is laying or not, have the new home ready in every detail. It should be clean, the floor covered with litter, all nests and feeding and watering equipment ready for use, with a feed of scratch grain in the litter and the drinking vessel filled with water.

Move the pullets after dusk. If only a few birds are to be moved and the distance is short, the best way is to carry them two by two, one under each arm, the legs being grasped by the thumb and fingers and the breast and body of the bird resting on the hand and wrist. In this position the bird feels secure and safe and well treated. When the number of birds and the distance to be traversed make this method too laborious a convenient box or coop should be used, the birds being lifted carefully, one by one, from their places on the roosts to the box. The birds should not be overcrowded and should be taken with the same care from the box on arrival at the new location, where they should be placed on the floor near the rear of the pen.

The first thing the hens will know about their new home will be that as soon as they can see they find feed and drink there. With provision made for litter and nests there is no occasion for an attendant to come into the pen to do anything that in the least disturbs the birds. Every visit to them the first day or two should be for the purpose of doing something which even hens will recognize as done for their welfare. With this treatment the effects of change are not great. It is a little trouble, but it pays.

Prevent Diseases.

Prevent diseases among chickens by providing sanitary conditions and feeding the poultry with care.

Coops for Ducklings.

The coops for ducklings must be warm and dry and kept sanitary.

HOW MRS. BOYD AVOIDED AN OPERATION

Canton, Ohio.—"I suffered from a female trouble which caused me much suffering, and two doctors decided that I would have to go through an operation before I could get well."

"My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an operation. It relieved me from my troubles."

so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for them."—Mrs. MARY BOYD, 1421 5th St., N. E., Canton, Ohio.

Sometimes there are serious conditions where a hospital operation is the only alternative, but on the other hand so many women have been cured by this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, after doctors have said that an operation was necessary—every woman who wants to avoid an operation should give it a fair trial before submitting to such a trying ordeal.

If complications exist, write to Lydia E. Pinkham Medicine Co., Lynn, Mass., for advice. The result of many years' experience is at your service.



Of London's inhabitants, 350 in 1,000 are country born.

Catarrh Cannot Be Cured
by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such wonderful results in catarrhal conditions. Druggists 75c. Testimonials free. F. J. Cheney & Co., Props., Toledo, O.

It Worked.

"What I don't understand is this," said Mr. Jagsby, as he reached home in the wee sma' hours. "I told Sam at the poker club to tell you I was not there and he said, 'Boss, dey ain't no use tryin' to fool de missus, 'cause she done got de goods on you.'"

"Oh, that's easily explained," answered Mrs. Jagsby. "When he started to say you were not there I told him you were sitting right in front of the telephone and I could see you."—Birmingham Age-Herald.

It May Take Wings.

Bess—So Van Speederly has inherited a million? How long will it last him?

Bob—That depends. If he blows it, ten years; if he invests it, about five. —Town Topics.

How to Get There.

She—How shall I go to work to become a star?
He—Get the reviewers to praise you to the skies.

Natural Proving.

"I assure you I am dead in earnest."
"So I should judge from your grave expenses."

The Usual Process.

"To begin with they fell in love."
"Then what happened?"
"They fell out."

Thousands of undernourished people have found that Grape-Nuts food—a scientific blend of nourishing cereals—helps wonderfully in building health and happiness.

Needs no Sugar