

NOT A MEDICINE.

Alcohol Has no Legitimate Place in Medicine Being an Injurious Narcotic.

Editor Daily Item.

Some time ago, in discussing the prohibition movement in South Carolina, a gentleman stated that, while he did not drink whiskey himself, he would not vote for prohibition, and expressed the opinion that "whiskey is a good thing in its place," meaning that it is a good medicine. This erroneous belief, which is still held by a great many of our people, both laymen and physicians, has done much to delay progressive legislation against the liquor traffic.

From time immemorial, when the father, or son, came in cold and wet from exposure, the thrifty housewife, whose kindly anxiety exceeded her knowledge of medicine, immediately gave him a stiff drink of whiskey in the form of a "hot toddy." What did she fondly believe that she was doing? Why, "stimulating him, strengthening his vital powers, lessening his liability to catch a cold, or pneumonia. What, in the light of modern science, was she really doing? Why, depressing him, weakening his vital powers, and increasing his chances of becoming ill. Is the hot toddy a thing of the past, and, if not, why not? By no means, because it takes a long time to overcome a well established custom, especially if the custom appeals to the appetite.

Is whiskey still used instead of real stimulants by physicians? Yes, many of the older ones prescribe it largely because they were taught to do so and they find it hard to pull out of the rut. Some of the younger ones use it either because they have failed to take the trouble to learn its real nature or they employ it simply to tickle the palates of their patients. The writer once heard a young physician say that he intended to keep a plenty of whiskey for his patients. He seemed to be impressed with the idea that it would increase his popularity. Many modern authors of medical text-books, following in the footsteps of former writers who wrote before alcohol had been thoroughly investigated, still recommend whiskey in certain diseases.

What proof is there that whiskey is injurious to the human body and cannot be classed as a stimulant? The overwhelming consensus of opinion held by the most able and prominent physicians and physiologists of today, based upon minutely accurate and exhaustive experiments conducted all over the world. One of the most complete and convincing series of investigations was that conducted by Dr. Emil Kraepelin, professor of mental diseases in the University of Munich. His conclusions were that alcohol is first, last, and always a narcotic, that its stimulation is entirely imaginary, and that under its influence one does less and poorer work although deluded into the belief that he is doing more and better work than usual. He found that even one glass of wine given after meals decreased a man's ability to withstand fatigue and his co-ordinating powers about 8 and 27 per cent. respectively.

Sir Victor Horsley, the great English neurologist, flatly denies that alcohol in moderation is beneficial. Kellogg, editor of The Modern Science, writing on the subject of alcohol, says: "Most of the eminent authorities condemn its use as pernicious and most positively contra-indicated in the very cases for which it has for centuries been commended." Abell, of Johns Hopkins, pronounces alcohol an arch deceiver, saying that while it promises strength, it gives weakness; promises warmth, but lowers temperature; promises stimulation, but produces anaesthesia; and has failed to stand the test anywhere. Numerous other high authorities have made similar reports on alcohol.

Whiskey has so marked an effect in decreasing resistance to pneumonia that when those who use intoxicants are attacked by this disease it is called "drunkard's pneumonia" because of its very high mortality. However, in face of all this, whiskey is still used by many physicians to combat pneumonia! With such real stimulant as strychnine, digitalis, and caffeine at his command, the physician has no excuse to employ the narcotic depressant, alcohol. If every drop of whiskey was destroyed tomorrow it would be no loss to the medical profession.

Carl B. Epps, M. D.
Sumter, S. C., Aug. 6, 1915.

EXTRA SESSION LEGISLATURE.

"Drys" Want Prohibition Bills Passed and Will Block Legislation, if Action is Not Taken.

Atlanta, Aug. 6.—An extra session of the legislature will be called unless the State-wide dry bills are passed during the five remaining days, according to plans of the prohibitionists. After the appropriations measure is disposed of, all further legislation will be blocked. There are rumors of impeachment proceedings against prominent wet leader.

TOMATO CLUB.

Recipes Sent out From Department of Agriculture, Washington, D. C.

Tomato Catchup.

Select red ripe tomatoes. The extra juice, small and broken fruit, which will not do for canning, may be used, if they are sound and red. And green or yellowish parts of fruit will make a catchup inferior in flavor and color, and not good for market. Use whole spices tied loosely in a bag while cooking and remove before bottling to prevent darkening the product caused by ground spices. This does not apply to red pepper, which helps to give a bright red color. The pulp of sweet Spanish pepper or the ground Hungarian paprika may also be used to give color and flavor. Remove seeds from sweet red pepper, chop and add 1 cup of pepper and 2 medium size onions to 1 gallon tomatoes before cooking.

Cook the tomatoes thoroughly, put through a colander or sieve, saving all pulp, and measure. For every gallon of pulp use the following:

- 2 tablespoons salt,
- 4 tablespoons sugar,
- 1 tablespoon mustard (powdered).
- 1 pint good vinegar.
- 1 level tablespoonful each whole of allspice, cloves, cinnamon and pepper.
- 2 small red peppers sliced and seed removed.

After putting tomatoes through colander add ground spices and spice bag, and cook for 1-2 hours, or until nearly thick enough, then add vinegar and cook until thick. Rapid cooking (being careful not to scorch the catchup.

Pour the catsup at once into hot sterilized bottles. If any quantity is made for sale, set the hot bottles at once into a vessel of hot water, having a false bottom in it to prevent breakage, put the cork stoppers in loosely and process at boiling point for 30 minutes. Drive the cork in tightly and when cool dip mouth of bottle into melted paraffin or cover stopper with sealing wax.

Mustard Pickle.

- Vegetables:
- 1 pint whole small cucumbers,
 - 1 pint sliced cucumbers,
 - 1 pint small whole onions,
 - 1 can beans,
 - 3 green sweet pepper,
 - 3 red sweet pepper,
 - 1 pint green fig tomatoes, or 1 pint cauliflower.
- Dressing:
- 1 quart vinegar,
 - 4 tablespoonfuls flour,
 - 1 cup sugar,
 - 3 tablespoonfuls powdered mustard,
 - 1-2 tablespoonful turmeric.

Cut all vegetables before measuring; tomatoes into halves cucumbers into slices, stirring beans until 1-2 in length, diagonally or on the bias, and chop peppers. All vegetables should be tender, and the whole cucumbers not longer than 2 1-2 inches. Put all vegetables into brine over night, then freshen in clear water for 2 hours. Let the vegetables stand in liquor of 1-2 vinegar and 1-2 water for 15 minutes, then scald in same liquor.

To make mustard dressing, rub all the dry ingredients together until smooth, then add the hot vinegar slowly, stirring to make smooth paste. Cook over pan of water, stirring carefully until the sauce thickens. Then drain the vegetables thoroughly and pour the mustard dressing over them while hot. Mix well and pack in sterilized jars.

Pickled Onions.

Select small white onions and sort into two sizes, 1 1-2 in diameter in one, and 3-4 inch in other. Peel, cover with fresh water and let stand for two days, changing water on second day. Wash well and put in brine for 4 days, changing brine at end of second day. Take out of brine and put in boiling water. Let stand for ten minutes, then put in cold water for 2 hours. Drain and pack in jars, putting in a few small red peppers, and garnishing with sprigs of mace. Fill jars to overflowing with spiced vinegar made previously and allowed to stand for a few days with spice bags left in it. Process as for pickle.

Spiced Vinegar.

- 1-2 gallon vinegar,
- 1 1-2 tablespoonful celery seed,
- 1-2 c. grated horseradish,
- 1 c. sugar,
- 1 1-2 tablespoonful mustard seed,
- 1 tablespoonful salt,
- 1 tablespoonful cinnamon,
- Cloves, nutmeg and grated onion may be added, if desired.

Green Tomato Pickle.

- 1 gallon green tomatoes,
 - 1-2 dozen large onions,
 - 3 c. brown sugar,
 - 1-2 lemon,
 - 3 pods of red pepper,
 - 1 c. vinegar,
 - 1 tablespoonful whole black pepper,
 - 1 tablespoonful whole cloves,
 - 1 tablespoonful whole allspice,
 - 1 tablespoonful celery seed (crushed).
 - 1 tablespoonful mustard seed,
 - 1 tablespoonful ground mustard.
- Slice the tomatoes and onions thin. Sprinkle over them 1-2 c salt and let stand over night in a crock or enamel vessel. Tie the pepper, cloves, all-

spice and celery seed in a cheesecloth bag. Slice the lemon and chop 2 pepper pods very fine. Drain the tomatoes and onion well. Add all seasoning except one pepper pod to the vinegar, then add the tomato and onion. Cook for 1-2 hour, stirring gently at intervals to prevent burning. Remove spice bag to prevent darkening product. Pack in 10 oz. jar and garnish with slender strips of red pepper, placing them vertically on the opposite sides of each jar. Process for 15 minutes.

Recipes sent out from Misses Mary E. Creswell and Ola Powell, assistants in Home Demonstration Work, Washington, D. C.

BELGIANS TO COME TO AMERICA.

Over One Hundred, Most of Them Children, Enter Land of the Free.

New York, Aug. 5.—The Holland-American line steamship Rydam, from Rotterdam, brought as passengers today 108 Belgian refugees, most of them children who have parents or relatives in the United States. The party was in charge of the Rev. Henry Syen, of the Belgian parish at Detroit.

Of the party, 70 are under 12 years of age and three are infants. The others are young men and women all under 20 years of age. Mr. Syoen said that the German authorities gave him every possible assistance, although he himself is a Belgian and had served in the Belgian trenches as chaplain early in the struggle.

WILSON FOR SUFFRAGE.

Labor Secretary Limits Activity to Home State.

San Francisco, Aug. 5.—Secretary Wilson of the labor department today pledged his support to the cause of universal suffrage in his home State. He declined, however, to commit himself on a proposed amendment to the federal constitution.

Fifty members of the Congressional Union for Women Suffrage marched with flying banners into the presence of the secretary at the Panama-Pacific exposition and asked his support.

Hagood News Notes.

Hagood, Aug. 5.—Miss Courtney Atkinson is away at Glenn for the summer.

Miss Viola Spencer is visiting her sister, Mrs. McClellan at McClellanville.

Robt. E. Atkinson is not in the best of health, having had an attack of kidney colic recently.

Mrs. W. A. Shaw, of Syracuse, S. C., is visiting among us.

Miss Emma Allen, of Sumter, is among us for a few days, and in company with Mrs. H. C. Bethea goes to Fairfield county the end of this week.

Mrs. Ethel Strother, of Fairfield county is visiting friends in our community and returns to her home today.

Crops in our community did not suffer greatly from the drought.

We have had fine rains recently, and yesterday, August 4th, something like a cloudburst.

The flour mill at Dinkins' is in full blast and does not begin to keep pace with grist coming in. It would do you good to see its product. More good to test it.

Cleveland Miller, son of Isaac Miller, colored, is sick of fever, otherwise save as above noted our community's health is good.

Last night, August 4, some one went into, I did not say broke into, the Ellerbee's store, but they were so close on his track that he left part if not all the goods. Whether they succeeded in capturing the miscreant we do not know, but they might have done so easily, for they were on the ground before the goods were taken away, but they never once thought of the blood hounds, a few miles away at the State farm.

"Hagood."

Sumter People Interested.

R. M. McCown, secretary of State, issued a charter Wednesday to the McBee Electric Co., of McBee. The capital stock is \$10,000. The petitioners are: J. D. Saxton, W. L. McCoy and Mrs. Sallie McCoy, all of McBee. The purpose of the new concern is to "construct and maintain an electrical plant to generate and dispose of electricity generated for lighting and power purposes and do all things incident thereto."

Commissions were issued to the following concerns: Clarendon Motor Co. of Manning with a capital stock of \$5,000. The petitioners are: H. A. Richburg, Summerton, and J. C. Plowden of Manning and the purpose is to sell automobiles and auto accessories. Also to the Greeleyville Motor Co., of Greeleyville, with capital stock of \$2,000. Petitioners are C. L. Montgomery, Greeleyville, and D. C. Shaw, Sumter. Purpose same as that of Clarendon Motor Co., mentioned above.

Also to the Kershaw Motor Co., of Camden, capital stock \$5,000; petitioners: George D. Shore and E. D. Shaw, Sumter, with same purpose as those named above.

TO IMPROVE HIGHWAY.

Association Formed at Spartanburg to Improve Road From Columbia to Asheville.

Spartanburg, Aug. 5.—At an enthusiastic meeting held at Glenn Springs last night an association for promoting the improvement of the Appalachian highway from Columbia to Asheville, N. C., was completely organized. Commissioner E. J. Watson, together with parties of citizens from the towns along the proposed highway, and a delegation from Spartanburg, attended the meeting. After perfecting the organization a central committee with E. J. Watson as chairman was appointed to take charge of the forming of plans for the work of improving the road. It is understood that this committee will be called together at an early date and a systematic set of plans worked out so that the work may be taken up immediately.

TO DOUBLE TRACK SOUTHERN.

Railway Lets Big Contract in North Carolina and Two in South Carolina.

Charlotte, N. C., Aug. 5.—Contracts for doubletracking 36 miles of the Southern railway's main line were let here today. The North Carolina contract is for \$260,000 and two in South Carolina aggregate \$1,168,000.

CATCHES PRIZE BASS.

Columbia Leader in "Field and Stream" Competition.

The next issue of Field and Stream will carry the story of the prize trout catch for the month of July by J. M. Cantey, of Columbia. Each month prizes are offered by this periodical for the largest fish of any particular variety taken with rod and reel and artificial bait. Competition is nationwide in scope.

Mr. Cantey's catch, a small mouthed bass, weighing eight pounds, was taken from White pond, near Blaney. This is an imported species of the trout family and rarely grows beyond eight or nine pounds. In recompense Mr. Cantey has received \$23 in cash, fishing paraphernalia approximating \$25 in value and a pair of hunting boots.—Charleston Post.

COURT TO SIT EN BANC.

Chief Justice Gary Changes Time for Hearing Richland Road Bonds Case.

From The Daily Item, Aug. 6. Announcement was made yesterday that the date for the en banc session of the supreme court to hear the Richland county road bond issue case had been changed from August 22 to August 20. The order for the session has not yet been officially issued by the clerk of the supreme court. The order was signed Wednesday at Abbeville by Eugene B. Gary, chief justice.

The Early Crop of Candidates.

It looks rather early for all this talk about probable candidates to oppose Governor Manning next summer. We believe the great majority of the voters who elected Governor Manning are satisfied with his administration, or at least, it is so much better than we have been used to that they do not want a change. The biggest howlers are the fellows who were defeated last August. Watch the line up!—Camden Chronicle.

Clarence Howle Dead.

Manning, Aug. 5.—Clarence Howle, the youngest son of Mr. and Mrs. Lawrence K. Howle, died at his home here this morning after an illness of several weeks from typhoid fever complicated with valvular heart trouble. If he had lived until the 10th inst., he would have been 16 years old, and with one more term he would have completed the course in the high school. He was a bright student and also took an active interest in all the athletic sports at school. He is survived by his father and mother, three brothers and two sisters, he being the youngest in the family. The funeral will take place at 11 o'clock tomorrow and the burial will be in the Manning cemetery.

Many Tobacco Warehouses.

There are 59 tobacco warehouses in South Carolina, according to data gathered by agents of the State department of agriculture. These warehouses are located in 24 cities and towns of the State. The tobacco season has already opened. There is a considerable increase in acreage this year, while the price is not holding up so well.—The State.

Carolinian Consul at Riga.

South Carolinians will watch with interest the fortunes of Riga, now being abandoned by its working people, in fear of capture by the Germans, for the reason that the consul of the United States in that Baltic port is Douglas Jenkins, of Adams Run, this State.—The State.

FIND IDEAL ANTISEPTIC.

Famous Men of Medicine Make Discovery After Exhaustive Research in Paris.

Paris, Aug. 5.—Dr. Alexis Carrel of the Rockefeller Institute of Medical Research and Dr. Henry D. Dakin of the Lister Institute have discovered after exhaustive experiments at the Compiegne Military hospital what they claimed to be the ideal antiseptic.

The most powerful antiseptic known to science is hypochlorite of lime, but its use is injurious and it does not keep. Drs. Dakin and Carrel have found these two defects are remedied, respectively, by the addition of carbonate of lime and boric acid.

Wonderful results have been obtained with the new antiseptic and if applied in time it is said to make infection in wounds henceforth impossible. Prof. Landouzy explained the new antiseptic to the Academy of Science, whose members agreed that the discovery would be of great importance in surgery.

HAS 28 CHILDREN LIVING.

L. A. Howe, Saluda County, Probably Holds State Record.

Saluda, Aug. 5.—L. A. Howe, of the Emory section, probably has the largest family in Saluda county, and doubtless as large as any to be found anywhere in the State. To date the number of his children is twenty-eight, the last one arriving on July 26 last. Mr. Rowe is 69 years of age and has been married twice, sixteen of the children being by his first wife and the remaining twelve by his last wife.

He also has forty-one grandchildren and three great-grandchildren. He evidently does not believe in race suicide.

MUCH TOBACCO COMING IN.

From The Daily Item, Aug. 6.

The sales of tobacco on the local market were larger this week than any time heretofore, either this or last season. The sales today will probably amount to in the neighborhood of 60,000 pounds, and the sales each day this week up to today averaged about 40,000. Much of the tobacco now coming in is of a better variety than that which came in at first, but much of the poorer grade is still coming in. The buyers are all on hand and bidding is brisk during the daily sales. The price is good, although not so high as last year, the Sumter market being fully up to any other market in this section and better than a number of others.

Funeral of Mattie Lee Stuckey.

From The Daily Item, Aug. 6. The funeral of Mattie Lee Stuckey was held at the residence of her father, Dr. H. M. Stuckey, on West Hampton Avenue, at 5.30 o'clock yesterday afternoon, Rev. J. P. Marion conducting the services. There was a very large attendance, many of the relatives and friends of Dr. and Mrs. Stuckey from out of town being present, as well as many of the schoolmates of the little girl. During the services at the house, and also at the grave the members of the Miriam Society of the Presbyterian Sunday School, of which Mattie Lee was a member, sang several hymns very sweetly. The occasion was one of peculiar sadness, and sympathy of the entire community was manifested for the bereaved parents. The flowers that covered the grave were abundant and beautiful.

Case Under Advisement.

Eugene S. Werts, county auditor of Newberry, appeared before Gov. Manning yesterday to answer the charge of "misconduct in office." The governor after hearing all of the testimony took the matter of removal under advisement.—The State.

The Difference.

An Anderson county farmer quit raising cotton some years ago and has been raising nothing but food crops and livestock ever since. He was in the city the other day, consulting time tables and arranging to take his wife and children on a pleasure trip to New York. We have not heard of any farmer who raises nothing but cotton doing this.—Anderson Mail.

Insured Through Columbia.

The cotton ship Dacia, which was taken off Brest March 27 with a cargo consigned to Germany, and which has just gone through the French prize court, was insured through the Seibels agency of Columbia, as well as through the United States government.—The State.

Sumter People Organize Company.

The secretary of State has issued a charter to the Kingstree Chero-Cola Bottling company with a capital of \$10,000. The officers are: J. E. King, president and treasurer; C. F. King, vice president and L. J. Markey, secretary.

SUMTER CITY INVITED.

Mayor and President of Chamber of Commerce Asked to Preside With President of Society—Chief Sumter to be Honored Guest.

Stateburg, Aug. 4.—At a recent meeting of the executive committee of the Gen. Sumter Agricultural Society it was decided that Sumter city be extended a special invitation to participate in the celebration of Gen. Sumter's birthday on August 14th next, in a picnic on the grounds of the Gen. Sumter school house, under the auspices of the society; that the mayor and president of the Chamber of Commerce be asked to preside, with the president of the society, over the exercises of the day and the chief of police of the city, as a prominent member of the Sumter family, an eminent officer of the city, bearing this famous name, be entertained as an honored guest of the society on that day.

That the picnic dinner is to be contributed by the attendants from all quarters; that the contributions to the dinner be delivered to the special committee of ladies appointed to receive them and arrange the dinner, which will be spread on tables in the grove near the school house, and in this connection it is pleasant to assure all who may attend that the water supply, from a pump on the grounds, will be found ample and of excellent quality. The committee also requests that attendants bring no articles for use in the dinner, of much value; that these being few and uncostly will relieve the committee of a great deal of care, and in order to help on in this relief, to those in charge of the dinner, the society has provided one hundred little trays and one hundred spoons for use with no thought of returning them when the dinner is over.

The exercises will begin promptly at 12 o'clock and will consist of music, vocal and instrumental, and speeches for two hours, in the school house when an adjournment for dinner will be had. At 4 o'clock the bag ball game, gotten up specially for this occasion, on grounds within a few hundred yards of the school house, will end the regular exercises of the day. It is the committee's good fortune to have secured as one of the speakers the services of Congressman Lever, who is now serving with marked distinction as chairman of the agricultural committee of the national house of representatives.

John J. Dargan,
Chairman Executive Committee.

INJUNCTION IS GRANTED.

Sumter Company is Restrained From Using Improvement.

A temporary injunction against the Sumter Electrical Company from using a certain new and useful improvement in "current generator and igniter for internal combustion engines," claimed to have been invented by Emil Podlesak, of Wisconsin, was yesterday filed in the United States District Court here by Emil Podelsak, Henry J. Podlesak and the Webster Electric Company.

In the petition it is stated that Emil Podlesak is the sole inventor of the improvement and that the defendant company has used it in spite of notices sent by plaintiffs.—News and Courier.

ARTHUR BRIGGS APPOINTED.

New Commissioner Named for Pine-wood Annexation Election.

Columbia, August 6.—The Governor has appointed Arthur Briggs, of Pine-wood, commissioner in reference to the proposed annexation of a portion of Clarendon county to Sumter County, vice P. B. Hodge, resigned.

TO IMPEACH SECRETARY OF STATE.

Charged with "Buying Off" Opponent and Shortage in Funds.

Montgomery, Aug. 6.—The impeachment of Secretary of State Purifoy will be recommended by a subcommittee of the legislature which has been investigating charges that he paid J. H. Nunnelee to withdraw from the race and that he was short in his accounts. The shortage has been made good.

The City National Bank, which announced a few weeks ago that it would purchase two registered beef type bulls for the purpose of encouraging the farmers of Sumter county to raise better cattle, has placed an order with the live stock department of Clemson College for two Aberdeen-Angus bulls, which will be purchased by an agent of the college who will go west within the next few weeks to buy several car loads of breeding cattle for South Carolina stock raisers. It is expected that thirty or more registered beef type bulls will be purchased at this time for the Southern Cotton Oil Co., one for each mill in the State. The local oil mill will probably order an Aberdeen Angus bull, as it is advised by the live stock experts that one type of cattle only be raised in a locality so that the beef cattle will be standardized and bring better prices.