



"PE-RU-NA WORKED SIMPLY MARVELOUS."

Suffered Severely With Headaches— Unable to Work.

Miss Lucy V. McGivney, 452 3rd Ave., Brooklyn, N. Y., writes: "For many months I suffered severely from headaches and pains in the side and back, sometimes being unable to attend to my daily work. 'I am better, now,' thanks to Peruna, and am as active as ever and have no more headaches. 'The way Peruna worked in my case was simply marvelous.' We have in our files many grateful letters from women who have suffered with the symptoms named above. Lack of space prevents our giving more than one testimonial here. It is impossible to even approximate the great amount of suffering which Peruna has relieved, or the number of women who have been restored to health and strength by its faithful use.

CURES SICK-HEADACHE

Tablets and powders advertised as cures for sick-headache are generally harmful and they do not cure but only deaden the pain by putting the nerves to sleep for a short time through the use of morphine or cocaine.

Lane's Family Medicine

The tonic-laxative, cures sick-headache, not merely stops it for an hour or two. It removes the cause of headache and keeps it away. Sold by all dealers at 25c. and 50c.

\$16 AN ACRE

in Western Canada is the amount many farmers will realize from their wheat crop this year. 25 Bushels to the Acre Will be the Average Yield of Wheat.

The land that this was grown on cost many of the farmers absolutely nothing, while those who wished to add to the 160 acres the Government grants, can buy land adjoining at from \$5 to \$10 an acre.

Climate splendid, school convenient, railways close at hand, taxes low. Send for pamphlet "90th Century Canada" and full particulars regarding rate, etc., to Superintendent of Immigration, Ottawa, Canada, or to the following authorized Canadian Government Agent—W. V. Bennett, 801 New York Life Building, Omaha, Nebraska. (Mention this paper.)

Wrinkles

come surely to weak women, who have to frown and endure the torture due to the diseases peculiar to their sex. Not only wrinkles, but hollow, lack-lustre eyes, sallow complexion, gray hair, all of which tell of premature old age. The prevention of this, lies in your own hands. Cure the disease that causes your suffering, and strengthen your weakened constitution, with

WINE OF CARDUI

WOMAN'S RELIEF

of which Mrs. Mary Irvin, of Pamplin City, Va., writes: "I think it is the best on earth for all suffering women. My doctor did me no good. I suffered untold misery from head to foot, but the first dose of Cardui gave me relief, and when I had taken one bottle, I felt like a new woman." The above seems to prove that Cardui will relieve your pain, strengthen your constitution and renew your youth. Try it.

At all Druggists, \$1.00

POINTED PARAGRAPHS.

If you can't speak the truth keep a stiff under jaw. But the day worker acquires more coin than the day dreamer. "I will now proceed in the following manner," said the detective. A good joke on a friend wouldn't be worth a smile if on yourself. Often "the coming man" has a little bill he would like to collect. It takes a man with a cork leg to laugh at the man who wears a wig. If a man owes you money he is always ready to laugh at your alleged jokes. Intuition comes easier than serious contemplation; that is why women prefer it. A man would forget the most of his troubles if he didn't take a vacation once in a while. If a man returns a borrowed umbrella it's a sure indication that he has a conscience. Book learning is about all a man needs in the world—providing he spends his time in jail. Beware of the man who looks at you with an air of vacant inquiry when you are trying to tell a funny story. A woman may not be able to drive a horse or a nail, but when it comes to driving a bargain she manages to get there.—Chicago News.

A Good Retort. "An American quarter of a dollar," says the Crozier, "with the figure of Liberty on it, is said to have looked down contemptuously on a copper cent, with the head of a red Indian on it, and to have said, 'Oh, you dark-skinned, feather-trimmed barbarian, do you call yourself a coin?' 'Well, whatever I am,' said the copper cent, 'I am often found in missionary meetings than you are!'"

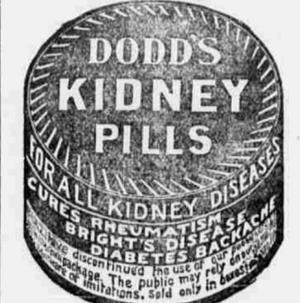
Britain's Oldest Office. The oldest office under the crown is that of lord high steward, which was in existence before the time of Edward the Confessor; indeed, some authorities say that it was instituted by Offa in 757. For a long period this office was second only to the king, and the office was for some time hereditary in certain noble families.

Doing Ourselves Good. Doing nothing for others is the undoing of oneself. We must be purposely kind and generous, or we miss the best part of existence. The heart that goes out of itself gets large and full of joy. This is the great secret of the inner life. We do ourselves the most good doing something for others.—Horace Mann.

Canal Brings Fish. Among the benefits brought to Germany by the Kaiser Wilhelm canal are shoals of herring. The fish enter the canal, according to an official report, on their way from the Baltic to the North sea, and when the Brunst-butler lock is closed they congregate in such large numbers as to be captured with ease.

New Way to Prepare Tea. To obtain tea very aromatic, and only in a small degree astringent, infuse it for half an hour in a very small quantity of cold water, and then add boiling water. The cold water saturates the whole texture of the leaves.

The last naval engagement of the Civil war was the capture of Fort Anderson, N. C.



W. L. DOUGLAS \$3.50 & \$3.00 SHOES FOR MEN



W. L. DOUGLAS MAKES & SELLS MORE MEN'S SHOES THAN ANY OTHER MANUFACTURER IN THE WORLD. \$10,000 REWARD to anyone who can disprove this statement. If you take you into my three large factories at Brockton, Mass., and show you the infinite care with which every pair of shoes is made, you would realize why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoe. W. L. Douglas Strong Men's Shoes for Men, \$2.50, \$2.00, Boys' School & Dress Shoes, \$2.50, \$2.17, \$1.50 CAUTION.—Beware of cheap imitations. Buy W. L. Douglas shoes. Make no substitute. Some genuine without his name and price stamped on bottom. Fake Color Eyelets used; they will not wear brass. Write for Illustrated Catalog. W. L. DOUGLAS, Brockton, Mass.

ARE DESERTING IRELAND.

New Impetus to Emigration to America, Especially Among the Young People.

Since the census of 1900 was taken nearly 200,000 Irish immigrants have settled in the United States, the year ending with July, 1905, showing a larger number than any year since 1895. A new impetus has been given to Irish immigration within the past two years, a turn which is quite perplexing to those native Irish societies which have been unsuccessfully attempting to stop the great national leak for so many years. The unrest among the young native Irish element is still wonderfully strong, says Plummer F. Jones, in The World To-Day.

An American traveler in Ireland is as much impressed with this fact as he is with anything else in that country of remarkable things. Everywhere he sees and hears of wholesale departures for the United States. Even in the remotest rural hamlets the old people can be heard lamenting some recent exodus of the most promising young boys and girls. Almost every man or woman that a traveler meets and talks with in Ireland has a number of brothers or sisters or very near relatives who have recently left for the United States.

Emigration agencies exist in every part of the island. Every village has a steamship agent, to whose advantage it is to use every inducement to influence the young men and women to emigrate. Since their pay must come from the steamship tickets which they sell, the agents take good care to see that many of them are disposed of in the course of a year. The flaming posters which they flaunt in the faces of the young people who are already restive and over-anxious to go, offering the cheapest transportation and, to their minds, fabulous wages on the other side of the Atlantic, prove irresistible to the average Irish villager.

During the past summer whole villages in Cavan, Galway and Donegal have been depopulated, and vast country-rides in Mayo and Roscommon have been stripped of the remnants of their old-time armies of farm laborers.

AUTOMATIC RESTAURANTS.

Ingenious Contrivance in Berlin Which Does Away with Tips and Delays.

In the Technical World Magazine Friz Morris describes the ingenious automatic restaurants which have recently been introduced in Berlin.

"Cabinets with glass fronts line the walls," Mr. Morris writes, "and through these glass fronts are to be seen rows and rows of little elevators, with the slots and mechanism for working them. On one side of the restaurant is fitted an 'automat' bar, where, by dropping the indicated price into the proper slot, the wished-for drink comes to the waiting customer. Shelves, all around, on the little elevators, bring up hot soups, roasts, cold meats, pies, sandwiches, tea, coffee—in fact, whatever is on the menu, and that is changed daily. All the customer has to do is to decide what he wants, drop his coin in the little opening, and await results. In less than a minute up comes his meal, raised by electricity and it comes either steaming hot or ice-cold, just as ordered, and clean, fresh and sweet, with no dirty-handed waiter, with black cuffs and greasy napkin, to take your appetite away while handing it to you."

STEVENSON IN SAMOA.

Life of the Writer in His Island Home Very Near the Ideal.

Stevenson's life in Samoa is, in some ways, the most interesting story of all, and here again you can find that story in his own writings, says Arlinda Gilbert, in "The Lighthouse Builder's Son," in St. Nicholas. This time, however, it is in his letters more than in his books. These letters are so vivid, moreover, that you feel as if you were right in Samoa with him. You are living in his spotless little box of a house, called Vailima, which means "five rivers," and so reminds you that it is within sound of flowing streams. There, from the broad veranda—and the house is almost half veranda—you can look straight up on one side at the wooded Vaea mountain; and on the other side down 600 feet before you gleams the sea, "filling the end of two valleys of forest." The house is built in a clearing in the jungle. The trees about it are twice as tall as the house; the birds about it are always talking or singing; and here and there among the trees echoes "the ringing sleigh-bells of the tree toad."

Hurts the Doctors. "This fresh air system of bringing up babies is good for the babies, but hard on the doctors," said a young physician whose practice is among the residents of the large apartment-houses of the West Side. "Nowadays, with the advent of the first baby, a young couple's first thought is to move to the suburbs, where the youngster can have more outdoors. In the last two years I have lost 15 families out of a single apartment-house, and baby was responsible for it in every instance. Not one of the parents but frankly preferred to live in the city."

Compelled to Retire. Six sailors in the San Francisco marine hospital refused to go to bed the other night because they deemed the hours too early, but the nurse in charge pulled a pistol and the sailors went to bed at the muzzle of a 44.

SAYINGS OF SAGES.

Beter to do nothing than to do all.—Pliny. Nothing is so foolish as the laugh of a fool.—Martial. The living voice is that which sways the soul.—Pliny the Younger. There is precious instruction to be got by finding we are wrong.—Carlyle. I had rather men should ask why my statue is not set up than what it is.—Cato. Work is not a man's punishment; it is his reward and his strength.—George Sand. We are more sensible of what is done against custom than against nature.—Plutarch. But for some trouble and sorrow we should never know half the good there is about us.—Dickens. The best education in the world is that got by struggling to make a living.—Wendell Phillips.

In a Pinch, Use ALLEN'S FOOT-EASE. A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all druggists, 25c. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

Artificial Eyes. As early as 500 B. C. artificial eyes were made by the priests of Rome and Egypt, who practised as physicians and surgeons.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

It's easier for a man to marry a woman for her beauty than it is to live with her for the same reason.

When a laxative is needed, nothing can be more effective than GARDNER'S Tea, which is made of herbs. It cures sick headache, constipation and diseases of liver, kidneys, stomach and bowels; it purifies the blood, cleanses the system and clears the complexion.

To sneeze while eating is a sign of death. If a man sneezes a woman will die and vice versa.

FITS permanently cured. No fits or nervousness after first dose of Dr. King's Great Nerve Restorer. Send for FREE \$2.00 trial bottle and treatise. DR. R. H. KELLY, Ltd., 201 Arch Street, Philadelphia, Pa.

To start anywhere and turn back. If you turn back make a cross mark; this changes the luck.

Lewis' Single Binder straight 50 cigar made of rich, mellow tobacco. Your dealer or Lewis' Factory, Peoria, Ill.

Men live in the suburbs so as to be able to lie about how much more healthful it is.

U. S. NAVY enlists for four years young men of good character and sound physical condition between the ages of 17 and 25 as apprentice seamen; opportunities for advancement; pay \$16 to \$70 a month. Electricians, machinists, blacksmiths, cooper Smiths, yeomen (clerks), carpenters, shipbuilders, firemen, musicians, cooks, etc., between 21 and 35 years enlisted in special ratings with suitable pay; hospital allowances \$5 to \$5 years. Retirement on three-fourths pay and allowances after 20 years service. Applicants must be American citizens. Free transportation from place of enlistment to Naval Station, and free outfit of clothing, amounting to \$45, furnished every recruit. Upon discharge, free transportation to place of enlistment. For full particulars address Navy Recruiting Station, Postoffice Building, Omaha, Neb., or Navy Recruiting Station, BTRR BLOCK, 12th and O Sts., Lincoln, Neb.

Despair and disappointment are cowardice and defeat.—Thoreau.

WORKING WOMEN

Their Hard Struggle Made Easier—Interesting Statements by a Young Lady in Boston and One in Nashville, Tenn.



All women work; some in their homes, some in church, and some in the whirl of society. And in stores, mills and shops tens of thousands are on the never-ceasing treadmill, earning their daily bread.

All are subject to the same physical laws; all suffer alike from the same physical disturbance, and the nature of their duties, in many cases, quickly drifts them into the horrors of all kinds of female complaints, tumors, ulceration, falling and displacements or perhaps irregularity or suppression, causing backache, nervousness, irritability and lassitude.

They especially require an invigorating, sustaining medicine which will strengthen the female organism and enable them to bear easily the fatigues of the day, to sleep well at night, and to rise refreshed and cheerful.

How distressing to see a woman struggling to earn a livelihood or perform her household duties when her back and head are aching, she is so tired she can hardly drag about or stand up, and every movement causes pain, the origin of which is due to some derangement of the female organism.

Miss F. Orser, of 14 Warren Street, Boston, tells women how to avoid such suffering; she writes:

Dear Mrs. Pinkham:— "I suffered misery for several years with female irregularities. My back ached; I had bearing-down pains, and frequent headaches; Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

There is no satisfaction keener than being dry and comfortable when out in the hardest storm. YOU ARE SURE OF THIS IF YOU WEAR TOWER'S FISH BRAND WATERPROOF OILED CLOTHING. BLACK OR YELLOW. 607 ON SALE EVERYWHERE. A. J. TOWER CO. BOSTON, MASS., U.S.A. TOWER CANADIAN CO. LIMITED, TORONTO, CAN. W. N. U., Omaha. No. 17—1906.

I could not sleep and could hardly drag around. I consulted two physicians without relief, and as a last resort, I tried Lydia E. Pinkham's Vegetable Compound, and to my surprise, every ache and pain left me. I gained ten pounds and am in perfect health.

Miss Pearl Ackers, of 327 North Summer Street, Nashville, Tenn., writes:

Dear Mrs. Pinkham:— "I suffered with painful periods, severe backache, bearing-down pains, pains across the abdomen; was very nervous and irritable, and my trouble grew worse every month. My physician failed to help me and I decided to try Lydia E. Pinkham's Vegetable Compound. I soon found it was doing me good. All my pains and aches disappeared, and I no longer fear my monthly periods."

Lydia E. Pinkham's Vegetable Compound is the unfailing cure for all these troubles. It strengthens the proper muscles, and displacement with all its horrors will no more crush you.

Backache, dizziness, fainting, bearing-down pains, disordered stomach, moodiness, dislike of friends and society—all symptoms of the one cause—will be quickly dispelled, and it will make you strong and well.

You can tell the story of your sufferings to a woman, and receive helpful advice free of cost. Address Mrs. Pinkham, Lynn, Mass. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham and for twenty-five years she has, under her direction and since her decease, been advising sick women free of charge.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

DEFIANCE STARCH—16 ounces to the package. Other starches only 12 ounces to the package. "DEFIANCE" IS SUPERIOR QUALITY.

PIT & PITLESS SCALES. For Steel and Wood Frames, 25 and up. Write us before you buy. We save you money. Also Pumps and Wind Mills. BECKMAN BROS., Des Moines, Iowa.

PATENTS for PROFIT must fully protect an invention. Booklet and Desk Calendar FREE. Highest references. Communications confidential. Established 1864. Mason, Fenwick & Lawrence, Washington, D. C.

DEFIANCE Cold Water Starch makes laundry work a pleasure. 16 oz. pkg. 10c. In answering advertisements please mention this paper.

SYRUP OF FIGS

To sweeten, To refresh, To cleanse the system, Effectually and Gently;

Dispels colds and headaches when bilious or constipated; For men, women and children;

There is only one Genuine Syrup of Figs; to get its beneficial effects

Acts best on the kidneys and liver, stomach and bowels;

Always buy the genuine—Manufactured by the

CALIFORNIA FIG SYRUP CO.

Louisville, Ky. San Francisco, Cal. New York, N.Y.

The genuine Syrup of Figs is for sale by all first-class druggists. The full name of the company—California Fig Syrup Co.—is always printed on the front of every package. Price Fifty Cents per bottle.