WRITING WITH BOTH HANDS.

Vertical Writing and How It Prevents the Evil of Writer's Cramp.

We have all heard of the barber who cuts hair "with ambidextrous facility." Here is Mr. Jackson of West Norwood, writing to The Morning Post to urge that we should all write in the same bimanual fashion. It is well known, he says, that scrivener's palsy or writer's cramp is caused by excessive use of the muscles engaged in the act of writing. It is also generally known that the victims to this serious malady are drawn almost exclusively from the ranks of the obliquely writing community. Whether this results from the fact that the great majority of our people were and are sloping writers, or, as medical and other authorities declare, from the injurious effects of slanting the writing at all, it is not for us to say, but we do surely know that vertical writing is actually the only hygienic system, and that it does not induce the disease above referred to, as witness the typical case where a sufferer from the cramp fully recovered after abandoning the sloping style and adopting the upright.

One of the best known specialists in nervous disorders writes just recently on this very question and gives as his opinion, founded on the observation and treatment of a large number of cases, that vertical writing must be used if the disease is to be averted, or, as the alternative, ambidexterity must be taught and acquired. Since upright penmanship is the only method equally adapted for both hands, this is tantamount to saying, "Write vertically with one hand or both, but write vertically," and writer's cramp will then become matter of history. We have here an almost irresistible argument for the universal adoption of vertical writing, the acquiring of which is so wonderfully easy and simple, whatever the age or ability of the writer.

After these preliminary observations, what about left handed penmanship? Is it desirable or necessary? What are its advantages or claims? Surely the attitude of the The Lancet is sufficient reply. For, first, is it not quite true that thousands—nay, tens of thousands—of persons write for very long periods—eight, ten, twelve or even fourteen hours daily—and this often for years together? Is it not also equally true that many of these persons, quite a large number in the aggregate of these clerical machines, soon get out of order and work irregularly, while an alarmingly large proportion of them cease working altogether at a comparatively early stage utterly disabled? Now, if these failures result from overworked muscles, and they certainly do, it is obvious that they could be avoided if the cause of them were removed.

Teach and practice left hand writing, and the object is reached. The clerk, copyist or author tires his right hand, arm, etc., wearies the muscles and deteriorates their powers, say, in the first half of the day. He then has recourse to his reserve set of muscles, and for the remainder of his time the left side, hand and arm are put into requisition, the right hand thus obtaining that rest which in no other condition could be secured. Or, assuming for the time being that both hands wrote exactly the same style, they could be alternately used several times during the day, and thus neither set of muscles would get strained or fatigued at all. Thus the first great advantage to be derived from left hand writing is the avoidance of writer's cramp—an affliction that is becoming more prevalent every year—and similar troubles, and the second advantage is reducing to a minimum the extreme weariness consequent upon long hours at the desk. Ambidexterity in handwriting should certainly be taught to the rising generation. It could not do harm, and it certainly would do a great amount of good. It would not occupy more time, and the results would be widespread and in every way beneficial. —Westminster Budget.

The Old Deadwood and the New.

If the occupants of the graves in the Deadwood cemetery could come forth and talk, what a wonderful story they could tell! I kept a general store in Deadwood in 1876 and was there when Rev. Henry Weston Smith was so cruelly murdered. He was on his way to Crook City to preach a sermon when he was ambushed by Indians, who mistook him for Frank Curley, a desperado who had stolen a squaw and ill treated them.

They shot Mr. Smith from behind and cut him to pieces after he fell from his horse. I once saw two gamblers take a man out of a den on what was called Two Pair row and march him up to the head of the street, where they shot him through the head. He had been cheating them at their own game for more than a week, and the night they caught him he happened to be unarmed. All that is past now. You might think you were in a quiet mining village in Pennsylvania. The site of my old store is occupied by a little Methodist church. The place called the Bad Lands, where there were so many gambling saloons and so many murders, has never been rebuilt since it was burned several years ago. The old time miners who worked on grub stakes have disappeared. Their places have been taken by wealthy corporations. Placer mining has been abandoned entirely. Once in awhile an old fellow will bring in a bag of gold dust, but not often. It is hard to make gold mining pay nowadays without plenty of capital, because with all the new appliances for quick work used by the big companies the individual operator has very little show. —New York Mail and Express.

Bicycle Riding.

The question whether bicycle riding injures a woman's health is now being discussed. A boy once defined salt as "the stuff that makes potatoes taste bad when you don't put it on." So, in the same way, bicycle riding is something that is injurious to a woman's health when she doesn't practice it.

Bronzing Metals.

A beautiful soft bronze color is imparted to metals by rubbing with a mixture of bloodstone and graphite, the application being made with a brush. Antique green effects are secured by dipping the metal into a solution of 10 parts by weight of salt, 10 parts cream of tartar, 10 parts acetate of copper and 30 parts carbonate of soda, in 200 parts of vinegar. The satin finish is produced by green vitriol of copperas and subsequent treatment with wax. Old green is obtained by several coats of acid and a final coat of wax.—New York Sun.

Blarney.

The Boston Transcript quotes one of those inimitable compliments for which Hibernians are famous.

Patrick was in the drawing room on some errand and caught sight of his mistress' photograph on the mantel.

"Yes, Patrick," said the lady in response to some exclamation of his, "that is my picture, but it flatters me a little."

"And sure, mum, it would have to flatter you a good deal," said Patrick, "to look as well as you do in my eyes, mum."

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REISINGER'S SPECIAL CASH SALE

For the Fall of 1894 is no Humbug Affair. If you want Bargains come, if you want to Save Money come

Good strong wood seat chairs	30 cts. each
Good strong wood seat chairs	35 cts. each
Good strong wood seat chairs	40 cts. each
Good strong wood seat chairs	45 cts. each
Good strong oak wood seat chairs best made	50 cts. each
Good strong oak wood seat chairs extra high back latest style	60 cts. each
Good strong oak wood seat chairs extra high back highly carved	75 cts. each
Good strong cane seat chairs, hard wood	37 cts. each
Good strong cane seat chairs, hard wood brace arms	62½ cts. each
Good strong cane seat chairs, solid walnut	90 cts. each
Good strong cane seat chairs, brace arms	$1.00 each

Good strong cane seat chairs, oak or walnut, extra high braced arms, suitable for almost any purpose, but especially well adapted for dining room, 85cts., 95cts., $1.12½, $1.25. Children's wicker basket chairs, a specialty with us. Best to be found, only 85cts. Good, well-made and strong, high table chairs, wood seats, only 40cts., cane seats 78 cents.

Good kitchen tables at	$1.00
Good 3 ft. folding leaf tables at	$1.50
Good 3½ ft. folding leaf tables at	$1.75
Good 4 ft. folding leaf tables at	$2.00
Best home made solid oak extension tables	$3.75
Best home made upright or side board safes	$2.50
Best home made oak and walnut china closets only	$8.50

We have thousands of good useful articles all marked down, and in plain one-price figures that we cannot begin to itemize

For the dining room we have all styles of chairs, tables, side boards and buffets. Good strong home-made solid oak buffets, with French plate glass, only $7.00; we have buffets from $3.50 up to $60.

Goods delivered to all parts of the city and suburbs free of cost.

In our Stove Department will be found all the newest and best makes of stoves and ranges.

We sell a good nickle plated gas stove, two burner, at $1.19.

A good two burner gasoline stove at $2.19.

Good 2 plate ranges	$4.50
" 5 " "	7.00
" 6 " "	7.50
" No. 6 cook stoves	6.00

Good heating stoves as low as $2 and up to all styles of cylender, double-heating and self-feeding stoves. Also all kinds of grates, bricks, or any kind of stove repairs. Stove and range bricks only 40 cents delivered to any part of the city free. Send postal or call.

Our prices are all put down to the lowest notch, no baits, our prices are the lowest to be found in Baltimore.

Do not fail to try us. To buy from us will be money in your pocket. We sell 56-piece tea sets at $2.50, 100-piece English dinner sets $6.25, China chamber sets from $1.75 up.

Clocks, pictures, mirrors, easels, blacking cases, commodes, etc.

Carpets from 15 cents per yard up to the best, oil cloths from 10 cents per yard up to any kind, mattings from 10 cents per yard up to any kind and quality, or style you may fancy.

Window shades in stock or made to order from 25 cts. and up.

No use talking, REISINGER sells lower for cash than any other house in Baltimore.

Call and see our large line of fancy hampers and fancy work baskets. All hand-made—the work of Canadian Indians.

We have have all kinds of springs and folding beds, cts

One Price and That the Lowest.

To save money and make your hard-earned dollar do its very best, buy from REISINGER, he's the man.

Parlor suits, all woods and coverings, and at prices ranging from $16 up to the newest styles and best makes.

Lounges at $2.25 and up, couches at $3 and up to any quality and style.

We have thousands of articles far too numerous to mention, but every piece in our immense stores is marked down in plain figures, and at the lowest possible figure, too.

For the bed room we have good 3 piece oak suits at $7.08. We have good 9 piece solid oak bed room suits at $14.60.

Good heavy 10 piece oak chamber suits at $17.52, good heavy 10 piece oak chamber suits with large French plate glass $20.75.

Extra heavy 3 and 10 piece solid oak suits at $13 up to $85.

Good single bedsteads at $1.25, $1.75 and $2.00.

Good double bedsteads from $1.50 up to the finest.

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Good single wash stands from 75 cents up.

Good oak centre tables from 50 cents up.

In our bedding department will be found everything needed in that line, and we are selling good strong hand-made, single soft top mattresses at only $1.20, just think of it, and a good double soft top mattresses at $1.50. Only think, comforts, spreads, blankets, pillows, feathers, feather beds all at lowest prices.

Please sto and read our list. Note our prices.

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References:—N. Y. National Exchange Bank, Mercantile Agencies.

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W. H. LISCOMB & CO.,

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Berries, Peaches, Oranges. Southern Produce a Specialty.

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References:—Irving National Bank, New York; J. W. Frampton, Charleston, S. C.; J. P. Lawton, Savannah, Ga.; E. H. & J. A. Meadows, and Sam'l Ipock, New Berne, N. C.; W. W. Lawton, Charleston, S. C.; J. L. Rhem, New Berne, N. C.

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CAPT. W. W. MATTHEWS.

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Leave	A.M.	P.M.	P.M. A.M
Portsmouth			7 30
Norfolk		10..	8 40
Old Point Comfort		9 20..	10 45
Cape Charles		19 53..	11 05
Cheriton		..	11 07
Cobbs		10 01..	11 15
Eastville		10 08..	11 22
Machipongo		10 16..	11 28
Bird's Nest		10 22..	11 34
Nassawadox		10 31..	11 42
Exmore		10 40..	11 49
Mappsburg		10 46..	11 55
Keller		10 51..	12 00
Melfa		10 57..	12 06
Only		11 05..	12 15
Tasley		11 18..	12 26
Parksley		11 23..	12 34
Bloxom		11 35..	12 42
Hallwood		11 41..	12 51
Oak Hall		11 47..	1 00
New Church		6 10.. 12 03..	1 14
Pocomoke		6 15.. 12 05..	1 20
Costen		6 25.. 12 16..	1 33
King's Creek		6 45.. 12 22..	1 39
Princess Anne		6 55.. 12 28..	1 44
Loretto		7 05.. 12 36..	1 47
Eden		7 17.. 12 39..	1 52
Fruitland		7 23.. 12 43..	1 02
Salisbury		7 45.. 12 51..	2 10
Williams		7 55.. 1 00..	2 20
Delmar			
Arrive	A.M.	A.M.. P.M..	P.M.. P.M

Arrive	P.M..	P.M..	A.M..	P.M	P.M
Baltimore (Union Station)		12 35	6 26		6 55
Wilmington		11 17	4 15		5 05
Phila. (Broad St. Station)		12 01	5 10		6 00
Trenton		2 28	6 24		
Newark		2 55	7 18		
New York (P.R.R.)		3 25	7 43		8 35

Southward

	85 Cris.-field..	97 Nor.-folk.. Exp..		45 Old Point Ex A. M
Leave	A.M..	P.M..		
New York (P.R.R.)		3 00		8 00
Newark		8 32		8 25
Trenton		9 50		9 23
Phila. (Broad St. Station)	7 25	11 16		10 20
Wilmington	8 13	12 01		11 13
Baltimore (Union Station)	25	6 45		8 55

Leave	P.M..	A.M	A.M..	A.M..	P.M
Delmar	11 45	2 55			1 51
Williams		3 00			1 58
Salisbury	12 00	3 08			2 06
Fruitland	12 07	3 11			2 12
Eden	12 14	3 19			2 16
Loretto	12 17	3 23			2 18
Princess Anne	12 24	3 29			2 24
King's Creek	12 35	3 33			2 33
Costen	12 53	3 43			2 44
Pocomoke	1 00	3 48			2 49
New Church		4 01			3 03
Oak Hall		4 06			3 11
Hallwood		4 14			3 20
Bloxom		4 19			3 27
Parksley		4 26			3 33
Tasley		4 38			3 47
Only		4 41			3 50
Melfa		4 46			3 56
Keller		4 52			4 03
Mappsburg		4 57			4 08
Exmore		5 05			4 15
Nassawadox		5 12			4 22
Bird's Nest		5 19			4 29
Machipongo		5 25			4 37
Eastville		5 33			4 43
Cobbs		5 42			4 51
Cheriton		5 45			4 55
Cape Charles		6 05			5 10
Old Point Comfort		8 00			7 05
Norfolk		9 00			8 05
Portsmouth		9 10			8 15
Arrive	P.M..	A.M..	P.M..	P.M..	P.M

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