

**A PLEA FOR GOOD PIE**

IT IS A WHOLESOME FOOD IF IT IS PROPERLY MADE.

The Crust Should Be of Wafer-Like Thinness and Crisp and Flaky. Five Rules to Be Observed in the Making of a Perfect Pie.

Although food theorists and food franks have varying opinions as to the wholesomeness of certain foods, they are all agreed in denouncing pie. It is the one dish most ardently condemned, and yet the one dish most universally liked—at least by Americans. Still, notwithstanding the bad reputation pie enjoys, it is a wholesome dish if properly made.

In making it the average housewife rolls out a heavy, sodden crust, and then spreads it in a thick layer over the bottom and sides of a pie plate. She forgets to rub this crust with the white of egg and immediately puts in the filling of custard, fruit or mince meat, whose juices will later soak into the crust, making it still more sodden. She then covers the pie, perhaps, with another layer of this thick pastry and puts it in an oven that is not hot enough. The oven should be so hot that the pastry will brown before the butter in it has barely a chance to melt. The crust will then be crisp.

Another reason why pies are so universally disapproved is that they are nearly always made with lard, or half lard and half butter. Lard should never be used in a pie or, in fact, in any dish. An eminent physiologist in a leading university says that "lard is the bane of American cookery and is fit for no stomach except a pig's." A tiny bit of lard in a batch of bread may be excusable, but even then butter is better.

All pie crust, of course, should be of wafer-like thinness. Not only are properly made crusts harmless, but some popular fillings are exceedingly wholesome. What, for instance, could be better than a custard or a pumpkin filling? The latter is, as a rule, only a custard rich in eggs, with an addition of pumpkin and a few spices, which are aids to digestion.

Without doubt all pies should be eaten in moderate portions, especially by delicate persons, but this rule applies to any dish. Even cream is not good for persons under certain conditions, yet no one but a crank would deny it to a person in good health. Many food faddists expect healthy people to live daily on an invalid's diet.

There are five rules to observe in the making of a perfect pie. First, rub the undercrust with the white of an egg before putting in the filling to prevent it from soaking into the pastry; second, bake it in the hottest oven; third, place it in the lower half of the oven at first against the bottom, later removing it to the upper shelf; fourth, always place crust in the refrigerator to become thoroughly chilled and hard before filling and baking it; fifth, pound the pastry well until it is filled with air spaces.

Volumes could be written on the correct treatment of pastry. Any of the recipes in standard cookbooks will do, however, if a few details are carried out.

A marble board is an ideal arrangement for rolling pastry. A current household magazine suggests that the hideous marble tops of old fashioned tables might be fitted up for this purpose.

Smooth, even pie crust is an abomination, and yet many housekeepers think that is the proper way to have it, and sometimes they will even be heard to complain when by accident their pie crust is rough and almost breaking into wafer-like flakes. This flakiness is, however, the proper condition of pastry.

Pies as a rule are better adapted to a winter than a summer diet, because of the butter, which makes them too rich for warm weather fare. Fruit pies, however, are good at all seasons, and there are few things more attractive than huckleberry and other fruit pies even in the hottest dog days. There are also many good cold meat pies which are welcome at picnics. When preparing a chicken or meat pie it is always better to add a little baking powder to the regular rule for ordinary pie crust.

Add one cup of butter to every two cups of flour (pastry flour). Then chop together in a wooden bowl, with an ordinary old fashioned chopping knife, until the mixture is broken into small bits the size of peas. Add half a cup of ice water. Mix with a knife, then beat and turn and beat and turn until the whole is smooth, but full of lightness. This pounding and turning is better if done upon a marble board in a cool storeroom or cellar. Never touch the pastry with a spoon or the hand, but with a knife; then put it where it will become ice cold and hard before rolling it out.

There are several variations to this rule which can do no harm. If baking powder is wanted, add a teaspoonful to this amount of flour and butter.—New York Tribune.

**Not So Attentive Now.**  
"Is Tim Slimmers still paying attention to Mandy Tompkins?" asked the man who had been away from home for some time.  
"No," answered Farmer Corn-cassel.  
"They don't neither of 'em pay any 'tention to the other. They're married."—Washington Star.

**The Truth of It.**  
"Yes," said old Skinner proudly, "luck and pluck made me, but mostly pluck."  
"Yes," interrupted the man who knew him, "luck in finding people to pluck."—Exchange.

Money can be lost in more ways than won.—Philadelphia Record.

**Difficulty and Ease.**  
There is not that conflicting antagonism between difficulty and ease that is commonly imagined. Many persons count the former as the bane of existence, to be avoided as far as possible, and the latter an agreeable friend, whose presence is always to be courted.

On the contrary, however, they are both elements of human life intended to work in harmony with each other, and thus to produce a beneficial effect upon us that neither one could effect alone. Every difficulty rightly treated leads by a direct road to ease. How hard and perplexing were the first trembling steps of the infant as he tottered to his mother's knee! A year or two later and the very easiest thing the healthy child can do is to leap, to run, to bound. Now he is slowly learning the forms of the letters and painfully endeavoring to trace them with the pen, but in a short time he will read and write without an effort. So with everything he undertakes to do through life. Its difficulty when courageously accepted and coped with gradually yields to its easy and smooth performance.

**His Brand of Birds.**  
Nearly every man, woman or child who goes to Jefferson City pays a visit to the penitentiary, for, though a gloomy, forbidding place, it has a strong interest. While acting as assistant city counselor Jacques Harvey was at the capital on some legal business and wandered up to look over the "pen." He joined a party making the rounds, one member of which was a little girl. She became interested in the convict who handles the revolving cage that lets visitors in and out, and stopped to talk to him:

"Do you find it dull here, sir?" she said.

"Indeed I do, miss," the convict answered.

"Still," said the child, "the singing of the birds helps to relieve the monotony, doesn't it?"

"Singing of the birds?" said the convict in a puzzled voice.

"Yes," said the little girl.

"What birds?" asked the man.

"The well meaning but ignorant child with a hopeful smile replied:

"The little jail birds. They must be a great comfort to you."—Kansas City Independent.

**Truth Comes Out.**

Timkins—So that mining enterprise of yours proved a failure, eh? Simkins

—Yes, a total failure. Timkins—But I thought you saw there was a fortune in it. Simkins—Well, mine's in it.—Chicago News.

**NOTICE.**

Notice is hereby given that the following described lands will be sold at public auction on the 4th day of September, A. D. 1908, at the Court House in the County of DeSoto, or so much thereof as will be necessary to pay the amount due for taxes herein set opposite to the same, together with the cost of such sale and advertising:

OWNER.	DESCRIPTION.	Section.	Township.	Range.	Acres.	Amount of Taxes and Costs.	
Geo C Lodgewidge	lot 11 sub of ne 1/4	9	41	20	10	\$.68	
I H Trabue	1/2 of ne 1/4	13	41	22	80	3.08	
I H Trabue	w 1/2 of sw 1-4 & sw 1-4 of nw 1-4	14	41	22	120	4.36	
Len H Davis	1/2 of ne 1/4	14	35	23	671.40	19.85	
Gulf & Ocean Realty Co.	n 1/2 & sw 1-4 & n 1/2 of ne 1-4	14	35	23	661.12	19.85	
H E Bourland	sw 1-4 of ne 1-4	15	37	23	40	1.50	
Joseph Mizell	e 1/2 of sw 1-4 & se 1-4 of sw 1-4	15	38	23	80	46.65	
J A Dickey	se 1-4 of ne 1-4 & w 1/2 of se 1-4 & e 1/2 of sw 1-4	16	39	23	200	6.23	
Chas L Harding	e 1/2 & w 1-4	17	40	23	480	14.31	
R H Elliott	s 1/2 of ne 1-4	17	40	23	80	2.77	
M M Smith & Co.	sw 1-4 of ne 1-4	17	40	23	40	1.37	
J L Jones, Agent	sw 1-4 of ne 1-4	17	40	23	40	1.37	
H D Farnabe	nw 1-4 of sw 1-4 and sw 1-4 of se 1-4	8	35	24	80	2.76	
Charlotte Carlton	w 1/2 of sw 1-4 of nw 1-4 of ne 1-4	26	38	24	5	.71	
L A Gleason	w 1/2 of sw 1-4 & se 1-4 of sw 1-4	19	35	25	120	3.92	
Wm Byrne	w 1-2	28	36	25	320	9.69	
J M Alford	all	30	38	26	640	18.93	
Land & Trust Co of Florida, Limited	undivided one-half interest in all less nw 1-4 of nw 1-4	34	34	27	600	7.68	
Southern States Land and Timber Co	All fractional less n 1-2 of ne 1-4 and w 1-2 of ne 1-4	36	38	30	240	2.14	
Geneva Moreman	Town of Grove City s 1-2 of	17	41	20		.68	
I H Trabue	and all fractional block 44 Original Survey of Trabue	12	41	22			
I H Trabue	Town of Punta Gorda, secs 1 and 2 lots J, K, L, M, and lot N less 40 by 85 feet and less 80 feet diamond shape of ne end of block 28	7	41	23			
I H Trabue	all less lots 7 and less sw 1-2 of original lot 1					8.53	
I H Trabue	block 49 Part of lot 1 and lots 2 and 3 and s 1-2 of Town of Punta Gorda						
I H Trabue	se 1-4 of se 1-4 less right of way of R R and that part subdivided into lots and blocks and less land of E Wottizky and less lot 24 block 6	6	41	23	85	3.19	
Unknown	Town of Cleveland—Northern portion Part of lot 1 and lots 2 and 3 and s 1-2 of sw 1-4	26	40	23			
Unknown	and lot 1 or all fractional	27	40	23			
Unknown	and se 1-4 of ne 1-4 and lots 1 and 2	19	35	23	120	3.92	
Unknown	and w 1-2 of nw 1-4	25	40	23		.91	
Unknown	all less lots 1, 2, 3 and block 30						
Unknown	Town of Nocatee—Railroad Survey s 1-2 of nw 1-4	23	38	24		.68	
A W Gilchrist	all						
A W Gilchrist	Town of Arcadia—Railroad Survey all sections 25 and	36	37	24			
Mrs. D A Wood	and all sections 30 and	31	37	25			
Gore & Scott	lot 1 west of range line	block 2				7.01	
Unknown	lots 13 and 14	block 11				1.50	
A W Gilchrist	lots 15 and 16	block 11				.71	
Unknown	all less lots 1 to 10	block 14				.86	
Unknown	lot 4	block 15				.71	
A W Gilchrist	lots 7 and 8	block 23				.98	
R H Watson and D L	lots 4 and 5	block 25				2.08	
Me Swain	lots 12, 13 and 14	block 39				1.54	
Mrs M A Hewitt	lot 7	block 42				1.56	
J A Rowand	lot 8	block 42				1.76	
A E Poozer	50 by 100 feet ne corner	block 67				.98	
A L Turner	Town of Wauchula—Railroad Survey w 1-2 of sw 1-4 of sec 3 and e 1-2 of se 1-4 west 19 feet of 49 off of east ends of lots 11, 12 and 13	4	34	25		1.01	
W P Rich	Town of Bowling Green s 1-2 of s 1-2 of nw 1-4 and n 1-2 of ne 1-4 of sw 1-4 and w 1-2 of ne 1-4	4	33	25		.68	
Est J J Ogg	lot 16	block 3				2.76	
Unknown	all	block 20				1.28	
Unknown	Undivided 1-4 interest in lots 2 and 3	block 22				.91	
Unknown	e 1-2 of	block 28				.68	
Unknown	w 1-2 of	block 29				.91	
Unknown	all fractional	block 34				.68	
Unknown	all	block 36				.91	
Unknown	all	block 38				.91	
Unknown	all	block 40				.91	
Unknown	all	block 42				.91	
Unknown	Avon Park						
Unknown	lot 5	block 27	21	33	28	1	.71
L F Paekard	lot 8	block 43	22	33	28	1	.71
R F Davidson	lots 4 to 7 inclusive, Gov. survey	23	33	28	195.75	6.79	

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