

WOMEN AND ABOUT WOMEN

TO SWIM THE CHANNEL.

Miss Lillian Smith, captain of the Ladies' Rowing Club of the English Channel, has declared her intention of trying to swim the English Channel during the present season. Though she is only eighteen, she has already performed some remarkable feats as a swimmer. She accompanied James Wolfe in one of his attempts to swim the Channel, and remained in the water four and a half hours. She is not the first woman to make the attempt. Last year Annetta Kellerman, of Australia, made a valiant effort to reach Calais, but failed.

WALTZ NEVER OUT OF FASHION.

Dances may come and dances may go, but the waltz, which this year attains its centenary, never loses its popularity. It is the most graceful dance left to us now that the days of the minuet are over, and it has inspired some of the most delightful strains in the world of melody. Where every other dance nowadays is a waltz it is necessary to accomplish this really well, and the girl who gains a reputation as a graceful waltzer rarely suffers from the agonies of "wallflowerdom." If we may coin such a word.—*Woman's Life.*

SUFFRAGE IN DENMARK.

The women of Denmark are rejoicing over the granting of communal and municipal suffrage to them. A delegation from the Danish National Suffrage Association waited upon the Prime Minister and the Minister of the Interior to present memorials thanking them for their efforts in behalf of their country-

rectors are Samuel L. Clemens, the Rev. Percy S. Grant, Otto H. Hahn, Robert J. Collier, Miss A. M. Herts and Charles E. Miner.

LABOR BUT FOUR HOURS.

Many of the upper servants in Russian households lead very easy lives. During a period when waiters and chambermaids employed at large establishments, hotels and restaurants in Warsaw decided to strike, many servants in private houses refused to support them, and some soon returned to their employers.

A servant in the employ of one old nobleman who does not exact much work from his household received the men who had come to persuade him to join them. "What do you gentlemen want?" he asked languidly from the sofa on which he was reclining. "To join the general strike for an eight hour day," was the reply. The servant sprang from his sofa.

"How dare you even suggest such a thing?" he demanded indignantly. "I never heard of anything like it in my life! Eight hours indeed! Why, you won't find a self-respecting footman in the whole town to support such a movement!" "How many hours do you work?" asked the astonished delegates. "Two or three at the most. I spend most of my time on this sofa, reading the newspapers, which are very interesting. Just now, I'm not fool enough to follow your example, gentlemen!"

"Then give us some money for the committee," the delegation urged. "Never! I should be acting against all my principles if I gave as much as a kopeck toward supporting an or-

Our Cut-Out Recipe.

Put in Your Recipe Book

French Salad Dressing.—The bowl in which the dressing is to be made should be rubbed with garlic or half an onion. Just enough will adhere to the bowl to flavor the dressing. Now put in one teaspoonful of salt, half a teaspoonful of pepper, and pour slowly over this, a few drops at a time, half a cupful of olive oil. Stir well all the time, and when the salt is dissolved add two tablespoonfuls of vinegar. This should be well blended with the other ingredients, and the dressing should be used at once.

women. At the public celebration both ministers delivered short speeches congratulating the women on their victory. During the jubilee banquet that night a telegram was sent to the King, who returned an answer expressing his good wishes for the results of the reform.

FOOD FOR HUSBANDS.

A woman, discussing how to feed a husband, said she soon cured her husband of fussiness and faddishness about his food. He said that he had to take what he could get. Now, why should he? His work and money buy every scrap of food which enters the home. It is the husband's right that he should have the food that he likes best, properly cooked and served on the table he bought, in the house whose rent he pays, by the wife to whom he gives a housekeeping allowance as a trust fund. He strives his very best to support his family in comfort and some degree of luxury. His wife should strive her very best to lay out the money he intrusts her with so as to secure health, happiness and content in the home. It is a very clear bargain between husband and wife. If a man is "grumpy" at meals there's usually something the matter with the meals. The sourest-tempered male begins to smile when the savory scent of an appetizing dish rises like incense before the altar of his appetite. Kisses and sentiment do not compensate a man for poor cooking and monotonous catering.—*New York Times.*

WILL TEACH LOVE OF FLAG.

Moved by a desire to do "active patriotic work," which shall include "teaching the true meaning of the American flag to immigrants and their children," women of New York City and nearby places have formed the National Society of Patriotic Women of America, and they filed with the Secretary of State at Albany, a certificate of incorporation. The directors are Mrs. William T. Helms, Mrs. William R. Stewart, Mrs. N. T. Phillips, Mrs. John E. Tawger, Mrs. Mary Van V. Vanderpool, Mrs. Oliver L. Jones, Mrs. William O. Story, Mrs. Benjamin S. Cranch, Miss Florence Cherramy, Mrs. C. A. J. Q. Berner, Mrs. Mary G. Hay, Mrs. John C. Coleman, Mrs. Robert H. Rucker, Mrs. C. O. Buttruff and Mrs. Gabriel S. McMillan, all of New York; Mrs. J. Haron Crossman, of New Rochelle, and Mrs. Joseph S. Wood, of Mount Vernon.

The Educational Theatre of New York City, formed "to provide moral training and instruction in the minds of children and young people the ideal of life and conduct by the presentation of plays and entertainments of exalting character and to maintain reading and lecture rooms, lecture and music recitals," has filed a

ganization which is in favor of domestic servants working eight hours a day!—*New Haven Register.*



Velvet wraps are worn with linen gowns.

A beautiful taffeta gown is covered by a batiste redingote.

The colors of ribbon should be governed by the gowns one has.

This season all the best gowns have sleeves that are no sleeves at all.

Petticoats of different material from the tulle are conspicuous on gowns.

The square dot is a very effective design for decorating collars, waists, belts, etc.

Short boss of feathers are worn and tied at the back with a bow of black velvet.

The new skirt hugs close to the limbs and has in a wad of the ground around the feet.

Hats of the lightest materials are needed to complete the picture during the present season.

Ruches just now refuse to go about the neck, but are in the middle in a way that recalls Elizabethan ruche.

The new striped blouses make good material for morning waists and for the house and veranda.

Old-fashioned por that is coming very much in favor at the present moment and can be used for an all-weather wrap.

It is a good idea to have a head and neck ribbon, and one of black and one of colored ribbon, as these go with any costume.

Swiss and different modish trimmings for the manufacturers' buttons, and themselves in the buttons of the colorings.

Apply the hair brush to the strands which are being curled, and are embossed with the hair brush by putting the hair brush over with the hair brush.

The hair brush for curling, gracefully ready of one of those soft and light chiffon alphas with a light blue or about the lower edge of the hair.

There is a question whether tea-dresses for American women should be made of the dress style, but the dress-makers are endeavoring to match the falling off of Parisian fashions.

More in Switzerland, there are ten years' owing to the fact that a tiny plant which grows through a microscope.

Hunting Bears in Texas

The San Bernard bottoms, embracing an area of about 20,000 acres in Texas, are overrun with bears and deer. It is claimed by experienced bear hunters that there are more bears in these bottoms than anywhere else found in any other district of corresponding size in the United States. This fact is so well known to bear hunters all over the country that they come here in large numbers every year to engage in the exciting sport. William J. Bryan, John W. Gates, Charles C. Gildes, of Boston, and many others have tried their hands at killing the big game in this natural rendezvous of the black bear.

Bear hunting on the San Bernard is carried on differently from the usual manner of that sport. This is due to the fact that the territory bordering on the San Bernard is an almost impenetrable wilderness of wild cane and brush. In order to make it possible to get at the bears trails have had to be cut through the dense thicket. These trails are only about three feet wide. They serve as passageways for the bears and deer as well as for the hunters. The trails have to be cleared of new growth every fall, just before the hunting season begins.

Will Martin, who is the most noted bear hunter of this section, attends to keeping the trails open and to preparing the place for the onslaughts of the hunters. Mr. Martin has about eighty miles of bear trails cut, and he spends much of his spare time in cutting new trails. He says that before the end of the present winter he will have 150 miles of trails cut through the dense cane and brush. It is simply impossible to do any hunting away from these trails, except at occasional open spots. Mr. Martin owns the best pack of bear dogs in Texas, according to the statements of those who have hunted with them. When they get on the trail of a bear the hunters are assured of a lively time. The dogs seem to know instinctively where the hunters are posted, and they bring their quarry past the places where shots may be obtained.

There are also some good packs of deer dogs in this section, and great numbers of these animals have been killed in the San Bernard bottoms during the present open season.

The fact that the bear hunting must practically all be done in the narrow trails that have been cut through the undergrowth has led to some exciting encounters with bears. Three or four years ago John W. Gates, the Wall Street magnate, came down here with a party of Eastern sportsmen for the purpose of killing a few bears. Mr. Gates refused the service of a guide and started to follow one of the bear trails alone. He was armed with a rifle and a hunting-knife. He had not penetrated the thicket more than a few hundred yards when a sudden turn in the trail brought him face to face with a big black bear. Mr. Gates and the bear were within five or six feet of each other when they received the first aim of each other's presence. Mr. Gates is large of physique, and the bear likewise was of such big proportions that it would have been a difficult thing for him to turn around in the narrow trail. It is a rare thing for a black bear to lead in an attack upon a man, but in this instance the animal evidently thought that it must get by Mr. Gates in order to escape. It reared upon its hind legs and came at Mr. Gates at a rate of speed that gave the latter no chance to turn and back track on the trail. The bear was too close to use his rifle to advantage, and Mr. Gates drew his hunting-knife and met the onslaught of the bear with a cool and determined hand. At the same time, he shouted for help. The bear got in one cut on the body of Mr. Gates with its big left paw, but before it could give another blow Mr. Gates had given it a death stab in the region of its heart. The animal dropped to the ground and Mr. Gates followed up the first stab with several more in order to make sure that it was dead. Just as he was finishing his bloody work several members of the hunting party, who had heard his cries for help, rushed single file up the trail and were in at the finish. Mr. Gates was laid up for a few days as a result of the injury which he received from the blow of the bear. The animal weighed 400 pounds.

William J. Bryan killed two bears on his last hunting trip in the San Bernard bottoms, two or three years ago. Mr. Martin had everything in readiness for Mr. Bryan's visit. He had the pack of bear dogs out for several days before the party of Mr. Bryan to the hunting grounds and the bear had been driven over to a particular locality in the bottoms where the deer-walker had been coming. Mr. Bryan was accompanied by a guide and the two men saw many more bears than the distinguished New Yorker killed. Governor J. C. Hogg, who took a great pleasure in bear-hunting, accompanied Mr. Bryan on that trip to the San Bernard bot-

Exciting experiences of bear hunters have not been lacking since the present season opened. C. V. Snel, who lives near Delina, Texas, over on the Sabine River, came down to Columbia, Texas, several days ago, and went overland from that place to San Bernard bottoms, where he established a camp. He had a pack of bear dogs with him. He said that he had hunted bear in the canyons along the Sabine River for many years and that his dogs were unequalled when it came to rounding up bears. Snel well refused the services of the professional hunters hereabouts, who offered to pilot him through the winding trails and take him to the haunts of the bears. He said that he was well used to river bottoms and could get along all right without any help except that which would be afforded him by his dogs. The first thing that Mr. Snel did when they got in the labyrinth of trails was to get lost. He wended his way through the maze of trails for two days and nights and it was only by mere chance that he got out alive.

Toward the close of the second day he heard a shot near by, and going toward the location of the sound he came upon a hunter who brought him out of the wilderness. His pack of dogs had stayed with him through all of the long hours. They were likewise half-famished for food and water. Mr. Snel rested for a few days, and then made another visit into the bottoms. He was accompanied by a guide and a pack of dogs. It was a very exciting hunt, and it was a very close one. One of the narrow trails which Snel could reach the animal, he shot at the animal, it had been shot by his best dogs, and which finally have finished the other. A bullet from the guide's rifle put an end to its existence. Snel was so disgusted with the results in hunting bears that he decided that he would break camp and return to his home on the Sabine River.

Rafael Carlton, of Delina, Texas, came down here a few days ago, and with a pack of hunt dogs he went out on a hunt. He was in sight of a bear which was following along ahead of him. He shot at the animal and killed it at the first shot. It weighed 400 pounds dressed. "Bud" Smith, of Groesbeck, Texas, had a thrilling experience with a she-bear in the bottoms a few days ago. He was hunting deer and was not thinking about any other kind of animal at the moment, when he suddenly heard a crashing sound behind him. He turned quickly and saw a big bear coming directly at him. The animal was mad all over—that fact was plain to be seen by the snarl that twisted her lips. Smith showed rare coolness under the circumstances. He leveled his gun at the animal and took a careful aim. The bullet struck the bear's spot. It is supposed that the animal was maddened animal were seen in the vicinity, and that they were trying to protect them. This animal weighed 370 pounds dressed. Smith killed five deer during his hunt in the bottoms.

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There's a wonderful difference between a food which merely tastes good and one which builds up strength and good healthy flesh. It makes no difference how good we eat unless we can digest it. It is not really food in the system until it is absorbed. A Yerkiss's yeast...

Syrup of Figs and Elixir of Senna

Cleanses the System Effectually, Disperses Colds and Headaches due to Constipation. Acts naturally, acts truly as a Laxative. Best for Men, Women and Children—Young and Old. To get its Beneficial Effects Always buy the Genuine which has the full name of the Company.

CALIFORNIA

SOLD BY

FOURTH SIX

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Penknife...

Green...

Michigan...

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England...

each day of the year, and the church has across doors, fifty-two windows and twelve pillars for the days in the week and the weeks and months in the year. For the twenty-four hours in the day there are twenty-four steps in the porch by which the library is reached. Two flights of sixty steps lead to the roof, the for the seconds, the other for the minutes, and the tower is in four rooms for the four seasons. Thus time time stand still in Boston—Spring field Republican.

Get one and use-half yards of white cardboard, if three quarters of a yard wide, so that when it is folded once it makes a perfect square. Sometimes you can get it in remnant lengths, which comes cheaper. Turn the edges and batonish the stuff all around with blue or pink wool, then make five bows of the same color baby chain and sew on here and there instead of the wool knots. It makes a very soft and is much easier to wash than those filled with cotton.—*New York World.*

ALMOST A SHADOW

Galved 25 lbs. of Orange-Kata.

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had been a sufferer for two years from stomach and liver trouble, and he got so bad that the least bit of food such as I then knew, would give me old misery for hours that...

...not think that I was almost a shadow of my original self and of course I was quite alarmed about it. I dropped coffee and tea and began to use grape-fruit juice. Although I ate little food I got me very good.

...I continued to use the food and in a few days I gained twenty pounds and was able to do the usual work of a man. I was so glad that I...

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