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Kidney troubles are getting more common every day. Government health bureau figures say deaths from this cause are 72 per cent more than twenty years ago.

Anybody who suffers constant backache, who feels blue, nervous and irritable, who has dizzy spells, headaches and urinary disorders should suspect kidney weakness. Overworked kidneys must have a rest. Take things easier; live more carefully. Take a good kidney remedy to build the kidneys up again.

But be sure to Get Doan's Kidney Pills—the oldest, the most widely used, the best recommended of all kidney pills, now in use all over the civilized world. Don't experiment with your kidneys. Thousands have already tested Doan's. You have their experience to go by. Plenty of cases right here in Punta Gorda. Here's one:

Mrs. M. L. Barber, Cross St., Punta Gorda, says: "I suffered from my back and kidneys. I felt weak and run down and everything I undertook to do was a burden. The first box of Doan's Kidney Pills gave me relief and after I had finished two boxes I was cured. I have never been bothered by my kidneys since." Price 50c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that cured Mrs. Barber. Foster-Milburn Co., Props., Buffalo, N. Y.

(Advertisement)

Rural Health—America's First Duty

Washington, D. C.—"The estimated economic loss which our nation suffers each year from typhoid fever and malaria alone aggregates \$928,234,880, leaving out of entire account the sorrow, the unhappiness, the misery, and the inefficiency which follow in their train." Senator Joseph E. Ransdell of Louisiana, today ad-

ressed the Senate on the subject of "Rural Health, America's First duty." "The greatest asset which our country can have," said Senator Ransdell, "is the healthy American citizen, and valuable as it may be to increase the health of livestock and vegetation, it is of far greater importance that we throw every possible safeguard about the health of the man who is responsible for that livestock and vegetation."

"Over 900 million dollars lost every year! A sum which is sufficient to put our country into a state of preparedness equal to that of any nation in the world, enough money to give us the largest navy afloat and the most efficient army which the world has ever seen, is annually offered up as a sacrifice to two diseases which are entirely preventable. Enough money to pay the annual expenses of every college student in the United States is absolutely thrown away every year."

Senator Ransdell estimates the grand total loss from typhoid fever at \$271,932,880 per annum, the loss from malaria at \$694,904,750 per year; the total per capita loss from these two diseases being \$928,234,880. By comparative estimates it was shown that the United States government appropriated \$5,016,175 for the investigation and prevention of the diseases of animal and plant life and only \$1,917,566 for the investigation of the diseases of man.

WILL MY CHILD TAKE DR. KING'S NEW DISCOVERY?

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(Advertisement)

Ballard-Miller.
Miss Eva Ballard, daughter of Mr. and Mrs. J. C. Ballard, and H. D. Miller, formerly a resident of Citrus Center, but now residing at Tarpon Springs, were quietly married at 10:30 o'clock this morning at Owanita, the ceremony taking place at the residence of Rev. G. T. Raymond, in that community. Rev. Mr. Raymond officiating. Only a few intimate friends and relatives of the contracting parties witnessed the ceremony, the bridal party leaving the Ballard home southeast of this city about 9 o'clock and motoring to Owanita, immediately following the wedding returned to the bride's home where a wedding lunch was served. Mr. and Mrs. Miller left on the 3 o'clock train for Pass-a-Grille where they will enjoy a short honeymoon, following which they will proceed to Tarpon Springs where they will make their future home, and where Mr. Miller is associated with the bride's brother, H. H. Ballard, in the ownership of the Tarpon Springs Furniture Company.—Fort Myers Press, Aug. 3rd.

Omaha, Neb., is to have a home for aged Germans.

Is Catts Eligible?

Opinion of John S. Beard
The following is taken from the Pensacola Journal of last week: Catts, having virtually conceded the nomination of Knott on the recount, has stated that he will run for governor on the independent ticket.

The question is naturally revived: Is he really eligible for governor?

Could he serve as governor if he won the final election, even?

Ex-Senator John S. Beard, a recognized authority on constitutional law, says:

"No, not if he moved to Florida in 1911.

"No person is eligible for governor unless he has been a citizen for five years, according to the Florida constitution. No one can register as a voter of Florida until he has been one year in the State. Now, Mr. Catts came here from Alabama in June 1911, he became a citizen in a political sense in June, 1912; he would, therefore, not be eligible for election as governor until 1917."

Discussing the question, Mr. Beard said, "A minute study of constitutional law convinces me that, even if elected, Mr. Catts could not serve, for, if appropriate legal steps were taken he would be declared ineligible, even if elected. I am not interested in politics except as every good citizen should be, but it seems to me that the ineligibility of Mr. Catts

should be tested by appropriate legal proceedings in the supreme court of Florida before the state is made to incur the expense of an election, only to find after it is all over that the election is not valid, should Mr. Catts be elected in November.

"One of the essentials of eligibility to the office of governor of Florida is citizenship in the state for five years," said Mr. Beard.

"The constitution provides:

"No person shall be eligible to the office of governor who is not a qualified elector, and who has not been ten years a citizen of the United States and five years a citizen and resident of the state of Florida, next preceding the time of his election." Sec. 3, Art. 4, constitution of the state of Florida.

Defining a Citizen

Discussing what constitutes citizenship, Mr. Beard said:

"One may be a citizen for some purposes, and not for other purposes. One may be a citizen for business and commercial purposes, and not for political purposes. Neither age nor sex is involved in the general term. Women and children are citizens in a comprehensive sense; that is, they are members of the de jure body politic, but not of the de facto, or representative body politic—the suffragans.

"In a political sense, or rather for political purposes, those only

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are citizens who are entitled to be permitted to participate in the government, i. e., who are entitled to be entrusted with the elective franchise. A male born in the state of Florida is, at his birth, a citizen in a comprehensive sense; a member of the de jure body politic, and he becomes a citizen in a political sense, a member of the de facto, or representative body politic, an elector, upon reaching his majority, but not, however, a qualified elector—a voter—until he has complied with other requirements of the constitution and laws of the state.

"In the case of a non-resident, desirous of acquiring citizenship in Florida, it is essential that he acquire and maintain a residence in the state sufficiently long to entitle him to become a qualified elector. That residence is one year in the state, and six months in the county.

Six Years Needed

"The constitution manifestly intends that one to be eligible to the office of governor, shall have been a citizen of the state for five years after having acquired a political citizenship, which requires a residence of one year in the state, coupled with the intent to remain. In other words, that one must have resided in the state, with the intent of becoming a citizen, six years from the time he first took up such residence.

"Citizenship and residence are not, however, synonymous terms. One may be a resident and not a citizen, or a citizen and not a resident; but residence, under the Florida constitution, is necessary to acquire political citizenship. The constitution requires both citizenship and residence, for five years, in order to be eligible to the office of governor. A man is not eligible to the office of governor, if, after acquiring political citizenship, he continues the citizenship within the state for five years after acquiring the citizenship, in order to be eligible to the office of governor, and must, also, at the time of his election, be a qualified elector."

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Don't let your cold hang on, rack your system and become chronic when Dr. Bell's Pine-Tar-Honey will help you. It heals the inflammation, soothes the cough and loosens the phlegm. You breathe easier at once. Dr. Bell's Pine-Tar-Honey is a laxative Tar Syrup, the pine tar balsam heals the raw spots, loosens the mucous and prevents irritation of the bronchial tubes. Just get a bottle of Dr. Bell's Pine-Tar-Honey to-day, its guaranteed to help you. At Druggists.

(Advertisement)

Forecast for the Week Beginning Sunday, August 6, 1916.

South Atlantic and East Gulf States—Local thunder showers will be more or less general during the week, with temperatures near the seasonable average.—E. H. BOWIE Forecaster.

Many newspaper publishers whose contracts for print paper expired at the first of the year are up against a situation that suggests suspension as the only solution of the problem of meeting the enormous advance in the price of paper. One prominent publisher told us the other day, "I will be forced to cut down the size of my paper materially, and to raise both the subscription price and the advertising rates. We are now putting four cents worth of white paper into every copy of our Sunday issue." One thing is certain: no newspaper can run long, unless it has a "barrel" behind it, that does not insist on

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Music and Expression Club

The Music and Expression Club met at the home of Elise Blount, Friday, Aug. 4. Alta Everton was a guest of the Club. Misses Mayes, Josephine Reid and Hazel Baldwin have become members of the club. Program was as follows: Reading, Helen Farrington; piano solo, Hazel Baldwin piano; Elizabeth Mayes.

At the next meeting the members will respond to roll call with music quotations.

After being served with iced tea and sandwiches, the club adjourned to meet at the home of Mrs. H. C. Goldstein, Friday, Aug. 11.—Henrietta Farrington, Sec.

Club Meeting

The Married Ladies Social Club was delightfully entertained by Mrs. J. E. VanCamp at her home in Solana, Thursday afternoon, July 27.
Responses to roll call were ur-

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rent events.

Mrs. Professor Bell and Mrs. Harry Botts were initiated in club.

After a short business session, the hostess had prepared papers and pencils for two contests in which Mrs. Rutter and Mrs. Laubach won the prizes.

The hostess assisted by her daughter, Mrs. L. Willis, and Miss Corinne Jackson, served delicious pineapple sherbet and cake.

Mrs. N. C. Hewitt will entertain the club at her home in East Punta Gorda, Thursday afternoon, Aug. 24th. Responses will be from Shakespeare.—Mrs. F. L. Laubach, Sec. pro tem.

RAILWAY MAIL PAY.

Congress Directs Interstate Commerce Commission to Investigate Subject.
Washington.—The annual Post Office appropriation bill recently passed by Congress contains a clause directing the Interstate Commerce Commission to take up for investigation, report and the fixing of rates the system of payment to the railroads for carrying mail. The Commission is authorized to test the relative merits of payment by weight and by space.

The railroads have long contended that they were underpaid for this service and that they were losing millions of dollars a year under the system of payment now in effect. It was felt that the Interstate Commerce Commission, on account of the information at its command regarding all phases of railroad operation, is in the best position to determine the merits of the case.

Cynical.
The Girl—You say that Miss Padds and Jack Pott are going to be married. Why, I didn't know they knew each other. The Cynic—They don't. That's why they are going to be married.—Boston Transcript.

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