# A Letter From Washington

*The Food Administrator Writes Us:*

"The use of baking powder breads made of corn and other coarse flours instead of patent wheat flour is recommended by the Conservation Division of the Food Administration. The wheat needed for export is thus conserved, and at the same time healthful food for our own people is provided. The circulation of recipes providing for these uses would be of assistance in carrying out our plans."

The following recipes for Corn Bread and Rye Rolls save wheat flour and make attractive and wholesome food for every day when made with

## DR. PRICE'S CREAM BAKING POWDER

**CORN BREAD**

1¾ cups corn meal
¾ cup flour
4 level teaspoons Dr. Price's Baking Powder
1 tablespoon sugar
1 teaspoon salt
1½ cups milk
2 tablespoons shortening

Mix thoroughly dry ingredients; add milk and melted shortening; beat well; pour into well greased pan and bake in hot oven about 25 minutes.

**RYE ROLLS**

2 cups rye flour
½ teaspoon salt
3 level teaspoons Dr. Price's Baking Powder
¾ cup milk
½ tablespoon shortening

Sift dry ingredients together, add milk and melted shortening. Knead on floured board; shape into rolls. Put into greased pans and allow to stand in warm place 20 to 25 minutes. Bake in moderate oven 25 to 30 minutes.

*Our red, white and blue booklet "Best War Time Recipes" containing additional similar recipes sent free on request. Address Dept. H, 1001 Independence Boulevard, Chicago*



ST. JOHNS HERALD
AND APACHE NEWS

WAITE BROS., Publishers.
Geo. E. Waite - Business Manager
J. W. Waite, Assistant " "

Entered in the Post Office at St. Johns, Arizona, as Second Class Mail Matter.

Issued every Thursday subscription price one dollar a year, in advance.

ADVERTISING RATES

| | |
|---|---|
| Display Adv., per inch per issue | 20c. |
| Locals, per line per issue | 10c. |
| Readers, per inch, per issue | 45c |
| Display ads, plate form per inch | 15c. |
| Readers, plate form, per inch | 40c. |
| Legal ads, per inch at legal rates | |

The above rates are the rates per issue.

OFFICIAL PAPER OF APACHE COUNTY

OCTOBER 18, 1917.


"The Zuni village is still a wonderful place", said Judge Crosby who visited the old pueblo recently "and more of our local people ought to visit it. Yet it is rapidly losing many of its interesting customs. Most of the small grain will be threshed by a new steam thresher this fall and the hard mud and rock bottom tramping floors will soon be a thing of the past. A new grist mill is ready to be put up and the metate and grinding rock will soon be pushed aside. Twenty years ago the people there had no light except the glow of their wood fires, but now nearly every house has gas lights. The batter cakes that used to be baked on hot rocks are being replaced by light bread cooked in the oven of a steel range. Mighty few Zunis wear moccasins any more and two-thirds of the women wear knit stockings in place of wrapping their ankles as they used to do. There are no new houses in the old terraced town on the hill, and all the better buildings that are put up now are on the level ground below the old town. Each year the Aztec manufactures and customs are being replaced by those of the Europeans. It is still the most interesting thing in Indian life that is left in North America, but it should be visited soon to have its greatest interest".


**Sour Stomach.**

Eat slowly, masticate your food thoroughly, abstain from meat for a few days and in most cases the sour stomach will disappear. If it does not, take one of Chamberlain's Tablets immediately after supper. Red meats are most likely to cause sour stomachs and you may find it best to cut them out. Adv.


## Proceedings of the Board of Supervisors.

(from first page)

| | |
|---|---|
| J W Waite, printing contract | 88.30 |
| M. C. Parks, Telephone bill | 17.86 |
| E M Patterson, 2 mo. water and repairs | 12.90 |
| Mrs. Alej. Pena, prisoners meals | 66.00 |
| Greg Garcia, Justice court transcript work claim presented for $29.50, allowed by board for | 5.50 |
| Chas Jarvis, Asst' p. m. stamps | 17 08 |
| Jos K Udall, Justice peace telephone bill | 2.50 |
| St. Johns Irr. Co., water assessment | 4.80 |
| Cash Store, telegram for goods for county | 1.00 |
| Fred W. Nelson, adding machine paper | 3.60 |
| J. R. Overson, rent Co. Atty office for Sept. | 10.00 |
| John H. Udall, telephone bill | 1.12 |
| Geo. B. Barnard & Co., supplies to court house | 7.35 |
| U. of A. Agr. Ext. Service, Co. Agent appropriation | 90.00 |
| Anderson Merc. Co., supplies and express | 5.24 |
| E. W Grimes, sheriffs expense for September | 112.65 |
| Petra Montana, Interpreter and court work | 10.00 |
| Joe Burgess, Treas., juror certificates | 490.00 |
| " " " Out Door relief certificates | 130.50 |

Under the provisions of Par. 2419 the Board of Supervisors ordered the following cash orders drawn:

| | |
|---|---|
| E. W. Grimes, for sheriffs expense money | $200.00 |
| Levi S. Udall, for contingent expenses of supervisors office | 100.00 |

The Chairman reported having approved the following Notary bonds: on August 29th the bond of Rachael E. Berry as Notary with W. W. Berry and Levi S. Udall as sureties in the sum of $1000.00 each. And on September 17th the bond of Joseph K. Udall as Notary with W. F. Lesueur and Joseph Udall as sureties thereon in the sum of $1000.00 each.

County Attorney G. E. Greer having asked for a leave of absence from the state and county for a period of 45 days from October 1st, the board after consideration of the matter ordered that a leave be granted him from the state and county for the forty-five days or until November 15th, 1917.

It having been reported to the board that Tell Greenwood had fenced up a portion of the 60 ft. right of way on the Eagar-Nutrioso road, which road was duly established according to law, therefore the board ordered that an order be sent Mr. Greenwood instructing him to move the said fence to its proper place on or before December 1st, 1917.

It appearing to the board that they had made an error in assessing all of the railroad land in Township 13 N., R. 30 E. to the Santa Fe Pacific railroad company, which assessment was added by the board at their July meeting as a Board of Equalization. It now appears that the R. R. land in this township is also assessed to Jose Garcia, the rightful owner of the same, NOW THEREFORE THE Board ordered that the Treasurer cancel this portion of the assessment against the railroad company. The property that it is desired to strike from the Roll is as follows: 11,520 acres of railroad land in T. 13 north, range 30 east assessed at 75c. per acre with a tax on the same, figuring at the rate of $1.70 per hundred, of $146.88 which the Treasurer is hereby ordered to take credit for on the 1917 assessment roll.

The Road Viewers appointed by the board of supervisors on Sept. 4th, to view out and locate the Concho to Springerville road, submitted their report to the board, in which they stated that they had located the road practically along the line of the present travelled road and that the only claim for damages caused by the location of said road was that of J. L. Danley where the roads cuts across Sections 19 & 20 of T. 11 N. R. 27 E; The Viewers recommended that the board allow Mr. Danley $450 00 for right of way through said sections. The report was signed by Gustav Becker, Co. engineer and Thomas Phelps and Elisha Averrett.

The above report having been filed with the board, the same was considered, and upon motion being duly put and carried, Monday, November the 5th, 1917, at 10 a. m., was set as the day and hour for final hearing on said petition for the establishment of said road, and the clerk was instructed to have notices posted of said hearing as is required by law. The notices to specify that all persons having claims for damages as a result of the establishment of said road shall file their written claim on or before the day and hour set for the hearing of said petition. The notices shall also state that all persons desiring to oppose the establishment of said road shall file a signed statement of their reasons for so opposing before the date set for final action.

There being on further business to come before the board, adjournment was taken.

Attest: Levi S, Udall, Clerk. Heber Jarvis, Chairman


# Studebaker Owners are Studebaker Boosters

Following is a partial list of satisfied owners who are well convinced of the remarkable value offered in Studebaker cars:

Bishop David Love
John Lesueur
N. H. Marley
Geo. Henderson
Joseph Averett
Thos. Phelps
Miss Lucie Becker
A. L. Rencher
E. Averett
Sam Hilliard
Gregorio Baca
Guy Rencher
G. Becker
J. L. Danley
David Ortega

Any Studebaker owner will tell you why he never wants to change from a Studebaker.

**Becker's Transcontinental Garage Co.**
Springerville, Arizona.

## Fifth Annual Northern Arizona Fair
## Prescott, Arizona

**Thursday, Oct. 18, Friday, Oct. 19, Saturday, Oct. 20, 1917**

$3500.00 in cash awards for Mineral, Livestock, Agricultural, Poultry, Educational, Art and Home Economics Departments.

$2000.00 in prizes for SPORTS FEATURES ALONE.

BETTER BABIES CONTEST!

Thrilling entertainment features; band concerts; Wortham's famous carnival; dancing; races; cowboy races; and a good time for everybody.

WONDERFUL ART EXHIBITION of famous paintings, under the auspices of the American Federation of Arts.

Write, Sec'y, Northern Arizona Fair Association, Prescott, for copy of program and prize lists in all departments

REDUCED RAILROAD RATES, from all points.

**Fifth Annual Northern Arizona Fair**
Prescott, Arizona, October 18-19-20, 1917.

## The Bank of the People

Efficiency, Courtesy and Strength.

Past Business appreciated, new Business Solicited

We take care of your interests.

**ST. JOHNS STATE BANK**
St. Johns, Arizona

# Catarrh of Stomach Did Not Know It

**Nearly Starved**

Mrs. Selena Tanner, Athens, Ohio, writes: "I cannot find words to express my thanks for your kind advice. I never once thought I had catarrh of the stomach. I commenced taking Peruna, as you directed. My stomach continued to hurt me for about two weeks after I began the medicine, and then it stopped. I now have a good appetite, while before I was nearly starved."

Those who object to liquid medicines can procure Peruna Tablets.

**PERUNA Made Me Well**