

# Harley Powell Locks Up Officers---History Recalled

Shortly before 5 o'clock this morning, Harley Powell, an inmate of the county Bastile, made a clever capture of Officers Ed Mayes and Jim Neahr locking them both inside the strong box, then proceeding to the sheriff's office, he selected a good rifle and left for California, followed by a posse intent on securing the key to the jail which Powell had, in his haste, forgotten to leave.

About 10 o'clock, he was surrounded in the California bush several miles from Yuma, captured and returned to Yuma, where he is resting easily and wondering why he hadn't first conferred with his only friend and attorney, Clarence A. Lindeman before causing the sheriff such an unpleasant awakening this morning.

Previous to the capture, Mr. Lindeman was found busy patting himself on the back for being the attorney of such a smart client, but there are those mean enough to suggest that the prisoner chose the desperate alternative of fighting the sheriff's military battalions single-handed rather than wait for "Lindy" to get him out. This is no reflection on the legal ability of our learned barrister, but it looked

like Harley hadn't much confidence in the sheriff's fighting prowess.

Powell secured money recently on a forged check from Mrs. John Stoffela, and was jailed by Sim Freund when he attempted a similar operation on the Main street haberdasher.

The bold jailbreak recalls the capture of the old county jail in 1893, when Thomas Hart, the murderer of Undersheriff Mathew DeVane, and sentenced to be hung, accompanied by Louis Levas a Yuma boy up for robbery, took the jail keys from Bill Neahr, a brother of the present jailor, helped themselves to an arsenal in Sheriff Livingston's office, captured a passing train and yard crew and left Yuma on Engine 1054, which they detached from the train. The desperadoes then went east thirty miles, sent the engine wild and left on foot for the hills and were overtaken by the sheriff's posse not far from the Mexican line. In a fight, Hart was killed, Julio Martinez is credited with having fired the fatal shot. Louis Levas, the boy was captured alive served a term in the penitentiary, and is now in Yuma. Hart, during his escape and flight, wore a ball and chain and filed it off after leaving Yuma.

## C. G. PERCIVAL, M. D., GIVES US FINE TREATISE ON CANCER

(Inquiries on health subjects may be directed to Dr. Percival, care of this paper and will be answered in these columns; but he will not give medical advice.)

Dr. L. Duncan Bulkley, head of the New York Skin and Cancer Hospital, Second avenue and Nineteenth St., of whom Superintendent C. B. Grimshaw, of the Roosevelt Hospital, says: "Dr. L. L. Bulkley is one of the best skin and cancer specialists in the country," claims that cancer is usually caused by improper eating and drinking.

It can be treated by eliminating meat, alcohol, coffee and tea from the diet, and probably would disappear as a disease in a generation or so if a vegetarian diet and the simple life were the rule among civilized people. Surgery can only remove the results of the disease, and does not touch the cause.

The excessive consumption of meat is without doubt to blame for much of America's disease. Many leading medical authorities blame an ex-

cessive meat diet for the great prevalence of cancer in the United States where each person disposes of 172 pounds of meat a year.

In England the yearly meat consumption is 250 pounds per capita. In Italy, where the per capita consumption of meat is smallest, the death rate from cancer is also the lowest. The consumption of meat per capita in this country has reached the enormous rate of 172 pounds, and in the last five years cancer deaths have been increased seven or eight per cent. Practically the same conclusions can be drawn from the use of coffee, tea and alcohol.

"Cancer is a disease of civilization" says Dr. Bulkley. "It was unknown among primitive people. It is increasing the world over with a mortality of 90 per cent of those once affected. In the United States the mortality is at the rate of 50,000 a year. In New York city alone there are twelve deaths daily from this 'great red plague.' Hitherto cancer has been regarded almost wholly from its surgical aspects, but relatively little importance has been paid to the medical aspects. New growths have been removed by the knife, X-ray and radium, but there has been no attempt to regulate the living condition of the patient and his diet in order to prevent a recurrent malignant growth.

"Cancer mortality is lowest where conditions of life are hardest, and greatest where wealth and leisure exist. This was proved by statistics gathered by Dr. Roger Williams. The richer and more abundant the food the more liable one is to cancer. Indolence and gluttony, which frequently come with wealth, are contributory causes to the metabolic changes or disturbances in the constitution. Complex living makes for a nervous condition which disturbs the balance of the ingredients of the body. The secretions of the various organs are thus disturbed.

"The aim of the New York Skin and Cancer Hospital in treating patients is to secure the most perfect blood stream possible. This is accomplished by simple living, frequent bathing, internal and external perfect elimination, fresh air and sunlight, perfect mastication, the avoidance of excesses, and in addition to proper medication, to secure the healthy action of a strict vegetarian diet. There are, of course, times when the knife should be used. Our treatment is, of course a long one, and requires much patience.

Cornell has recently adopted Dr. Bulkley's treatment of cancer, and will soon open a research department and clinic.

Dr. Bulkley's conclusions that the hope of cancer patients lies in changing their diet is the result of forty years' experience.

## SOMETHING WE SHOULD THINK ABOUT

The rout of the Russian armies is an accomplished fact, and this gigantic defeat carries with it a lesson which Americans should anxiously heed.

Russia was not beaten because she lacked men. Russia has more men fit for military service than Germany and Austria combined.

Russia was beaten because she lacked war material. To be sure, her generals maintained the reputation of invariable incompetency which has distinguished Russian generals, with two exceptions, for the last three hundred years. But the prime factor in her imminent collapse was lack of artillery and ammunition.

The German-Austrian-Hungarian offense simply obliterated the Russian defense with artillery fire.

Braggarts and foolish folk talk about our capacity to defend ourselves because we have ten million men available.

What kind of a fight could a hundred million men make without guns and ammunition? Ask Russia.

And guns and ammunition and every other material of defense are precisely what this country does not possess.

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### LEGAL NOTICE

#### NOTICE OF SHERIFF SALE UNDER SPECIAL EXECUTION No. 2176

Whereas, in the Superior Court of Yuma County, State of Arizona, J. F. Tobias, plaintiff, did on the 25th day of May 1915, recover judgment against J. Walter Kean, defendant, for the sum of Four Hundred Dollars, with interest thereon at the rate of twelve per cent per annum from February 19, 1913; and for the further sum of nine and ninety-three one-hundredths Dollars, with interest thereon at the rate of six per cent per annum from December 1, 1914, and for the further sum of Seventy-six Dollars attorney's fees and the costs of suit taxed at Fifteen and forty one-hundredths dollars; and it was further decreed that the mortgage lien of the plaintiff, J. F. Tobias on the following described property, to-wit:

The South one-half (S½) of the Northwest one-quarter (NW¼) of the Southwest one-quarter (SW¼) of Section Twenty-seven (27), Township Seven (7) South Range Twenty-two (22) west of the Gila and Salt River Meridian, containing twenty (20) acres more or less, according to the U. S. Government survey, situated in Yuma county, State of Arizona,

Be, and the same is hereby ordered to be foreclosed and that a special execution issue to the Sheriff of Yuma County, State of Arizona, directing him to sell the same as under execution, in satisfaction of the judgment.

And, whereas on the 12th day of June, 1915, a special execution issued out of said Superior Court in said action, directed and delivered to me as Sheriff of said Yuma county Arizona, commanding me to sell the above described premises in satisfaction of said judgment, and as therein decreed:

Now, therefore, notice is hereby given that on Saturday the 10th day of July A. D. 1915, at 10 o'clock in the forenoon of said day at the Courthouse door, on Second avenue in the City of Yuma, County of Yuma, State of Arizona, I will in obedience to said special execution, sell the above described property, at public auction, to the highest and best bidder for cash, in satisfaction of said judgment, with interest, costs and accruing costs.

Dated at Yuma this 12th day of June, A. D. 1915.

MEL GREENLEAF,  
Sheriff of Yuma County, State of Arizona.

By A. P. BEHAN,  
Deputy Sheriff.  
Sentinel, four weeks; first publication, June 17th; last publication, July 8, 1915.

### IS WILSON BIG ENOUGH

The report that President Wilson is about to ask ex-Secretary Knox to accept the Bryan portfolio is important if true. The only presidents big enough to give cabinet jobs to those politically opposed to them have been Republicans.

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