

I Will Prove to You by Signed Statements and Letters From Scores of Former Sufferers That

# RUPTURE Can Be CURED!

No old-style Truss, Steel Springs, Elastic Bands or Leg Pads. No Pain, No Operation, No Discomfort, No Loss of Time, Enjoy Grand, Glorious Comfort while your Rupture heals.

**This Book Tells How. I Will Send It To You FREE!**

Here is a look that EVERY ruptured person ought to read. It contains valuable information about ruptures. Describes and pictures various kinds of ruptures and rupture supports. Tells how to hold and control ruptures and how to avoid serious complications, such as strangulation, etc. It has shown hundreds the way to better health and happiness. Send for it.

**You Can Be Free from Truss Slavery and Rupture Misery**

Are you going about harassed like an over-burdened truck-horse with an ill-fitting truss or make-shift contraption pinning into your flesh or slipping out of place, causing you endless misery?

**Here Is Proof!**

Mr. John T. Cantard, Lamar, Mo., says—"It has really cured me." Mr. Brodus, Willoughby, Wis., says—"This Schuiling Rupture Lock is the best I ever used. It has cured me." Mr. Louis Pitting, Knoxville, Mich., says—"I wore the Schuiling Lock five months and can say I am cured."

These are samples of scores of letters we have on file. I will send copies of dozens like them.

**A COPY STILL STRONGER PROOF.** I will send you a SCHUILING RUPTURE LOCK if you wish and let you

**Test It At Our Risk**

Our Trial Offer plan enables you to put on a SCHUILING RUPTURE LOCK and run jump, pull, karawick, squirm, strain, cough, sneeze and do anything else you like to prove to yourself that IT HOLDS and holds COMFORTABLY under ALL conditions. Once one of these Locks is adjusted to you, we are willing for you to give it the severest test that you or anybody else can think of. Write today for our book and particulars of trial offer free.

**Director, SCHUILING RUPTURE INSTITUTE, 2250 Murphy Building, Indianapolis, Ind.**

Please send me FREE in plain wrapper, your book on Rupture and full particulars of your Trial Offer plan.

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City \_\_\_\_\_ State \_\_\_\_\_  
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## Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Dr. J. C. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All counterfeiters, imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and relieves Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

**GENUINE CASTORIA ALWAYS Bears the Signature of**

*Dr. J. C. Fletcher*

**In Use For Over 30 Years**

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

# Everything in Groceries

FOR

## The Holiday Trade

# THE I. E. GIBSON CO.

### January Woman's Home Companion

In the January Woman's Home Companion an article by Secretary of Labor William B. Wilson tells of gigantic work being done by the Federal Employment Bureau, which is obtaining jobs by the thousand for men and women out of work. Another article entitled "Learning to Dance at Sixty" give practical information as to the best ways to master the new steps and reasons why old as well as young should take up dancing.

A wide variety of exceedingly interesting fiction is contributed by the best short story writers in the country, including Katherine Holland Brown, Anna McClure Sholl and Parker Fillmore. Three big serials, "The Rising Tide," "Chloe Malone" and "The Geranium Lady" are continued by Margaret Deland, Fannie Heaslip Lea and Sylvia Chatfield Bates.

The Rev. Dr. Charles E. Jefferson, pastor of the Broadway Tabernacle, contributes a sermon to grown-up sons. Laura Spencer Porter has an unusual article called "The Traditions of England," which gives a study of British standards and temperament.

A moving picture department conducted by Helen Ducey, contains a selection of the best motion picture films which are now being shown in this country.

The other regular departments contain many interesting and helpful features. The Better Baby Bureau has many suggestions that will be of service to mothers. In the department on fashions Grace Margaret Gould discusses the most recent Paris styles. The department on cooking is conducted by Cora Farmer Perkins, a prominent authority on this subject and sister to the late Fannie Merritt Farmer, whose fame was national. For younger readers, Winifred Arnold and George and Clara Williams continue "Mr. Barker and the Twins" and Jack and Betty's Magazine." This number is an excellent one.

### Pay Up Week

The week of February 21 to 26, 1916, is to be observed as a national pay up week. This idea was started in Waukon, Iowa, Jan. 9-15, 1915, and during that week over \$50,000 in old book accounts were wiped off the books of the local business houses. The result was so good that the Merchants' Trade Journal, a national magazine, told its readers, and now the scheme is to be tried out nationally. Bristol and adjoining towns should fall into line and get ready to observe the week—Bristol Herald.

**A Handy Feed Rack.**

To get the best results from feed stock should have feed saving and convenient racks and boxes.

Sometimes there is more feed wasted than eaten by the stock, especially when the corn is thrown out in mud slabs or fed in piles deep for the hogs to dig out, when shed out and clover hay are piled out by a post or against the side of the shed to be trampled underfoot by the cattle and horses.

A good size is as follows: For the body of the feed rack make a box 4 by 10 feet, with sides 6 inches high, the top rails 6 by 12 feet. At each corner the slats should be of 2 by 4 inch stuff, the other slats 1 by 3 inches.

The slats should be 3/4 or 4 feet long and wide enough apart for the stock to reach through and eat feed or grain from the box. Any material at hand may be used to make the rack. Permanent feed racks may be made on this principle out of heavy material in which to feed fodder, straw and hay to horses and cattle.

### ECHOES FROM MANCHESTER CENTER

Manchester Center Happenings Always Interest Our Readers.

After reading of so many people in our town who have been cured by Doan's Kidney Pills, the question naturally arises: "Is this medicine equally successful in nearby places?" The generous statement of this Manchester Center resident leaves no room for doubt on this point.

James Kennedy, Manchester Center, Vt., says: "For years my back and kidneys bothered me and the trouble became so bad at times, that I could hardly stoop or straighten. Morning when I first got up, my back was lame and stiff and pains extended from my kidneys into my loins and hips. The kidney secretions were unnatural and I was really in bad shape when I began using Doan's Kidney Pills. They helped me at once and it was not long before they had fixed me up in good shape. My back was strengthened, the pains were removed and my health was restored. Whenever I have felt in need of a kidney medicine since, I have taken a few doses of Doan's Kidney Pills and have received benefit."

Price 50c. at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Kennedy had. Foster-Milburn Co., Props., Buffalo, N. Y.

### Making the Little Farm Pay

By C. C. BOWSFIELD

In the whole scheme of intensive farming no feature deserves more attention than the silo. This method of conserving feed saves a third of the corn crop from waste and makes the entire product more palatable and nutritious than it would otherwise be.

No farmer who keeps cattle, hogs and poultry, even in small numbers, can afford to do without a silo. No other system of feeding is so good for maintaining the efficiency of a dairy and keeping a fairly even output of milk summer and winter. A little farm is helped to produce big results by the use of silage in fattening cattle, sheep and hogs, as well as in milk production.

Silage saves acreage in the growing crops. It saves acreage in the spring by having the stock in such good condition that they do not need so much pasture. The value of silage for summer feeding of dairy cattle was long since recognized. One of the most trying seasons of the year for the dairy cow is the latter part of summer and early fall. At that season the pastures are often short or dried up, and in such cases it is a common occurrence for dairymen to let their cows drop off in food of milk through lack of feed. Later they find it impossible to restore the normal milk flow, no matter how the cows are fed. Good dairy practice demands that the milk flow be maintained at a high point all the time from parturition to drying off. It becomes necessary, therefore, to supply something to take the place of the grass. The easiest way to do this is by means of silage. It has been found by hundreds of dairymen that silage is cheaper and decidedly more convenient to use than soiling crops. The man with a silo for summer use need never have thin cattle, and in this way also silage cheapens production, for it takes much good feed to put back flesh that has been lost. It is much cheaper to keep it than to rebuild it.

Calves may be fed silage with safety when they are about three or four months old. After the calves are weaned they may be given about all the silage they will eat up clean, and if supplemented with some good hay little grain is required to keep the calves in a thrifty, growing condition.

Silage has been found equally valuable for sheep feeding. Horses also like silage, and it may profitably be fed to them, though care must be taken that there is no mold in the silage. Ever the chickens like silage, and it may well be supplied them in winter when other green feed is scarce.

It may be wondered why it is that silage is so good for stock. In the first place, it is made from one of the best plants that grows at a time when it is at its most appetizing stage. In the process of silaging it ferments just enough to become a little acid. As one writer has stated it, "silage is a sort of salad." There is as much difference between dry corn fodder or hay and silage as there is between dried fruit and fresh fruit. When a silo is first opened it may be necessary to throw away a foot or more of sour stuff on the top.

There are many dairymen who now feed acres of hay and dry fodder every winter to their cows who should cut hoes from their old methods. If they only realized it they cannot afford to get along without the silo. The silo is a winner coming and going. It helps save on the cost of the feed and increases the amount of milk. For young growing stock it seems indispensable, as it greatly aids in keeping them in a healthy condition, which is necessary in the development of a dairy cow.

The daily ration of a dairy cow will average about fifty-five pounds. A cow weighing 1,100 and yielding thirty to forty pounds of milk every day should have upward of fifty pounds of feed daily, as follows: Corn silage, thirty; clover or alfalfa, ten; straw, five; ground grain, bran and linseed or cottonseed meal, eight to ten pounds. If the owner can supply roots or beet pulp the amount of hay or straw may be cut down a little. See that the animals eat with relish and clean up their feed. Extra large cows may require sixty pounds of feed or more every day, while small ones will thrive on forty to forty-five.



CONSTRUCTING A CONCRETE SILO.

### 30,000 ALIENS INTERNED

English Government Pays for Their Support on Isle of Man.

Douglas, Isle of Man, Dec. 9.—There are almost 30,000 aliens of military age interned on this island, all men, and they are being supported by the government at an approximate cost of ten shillings per capita weekly. Elaborate camps, with modern sewage systems have been constructed, and a beginning has been made in establishing workshops where idleness can be turned into industry. In time all the interned aliens may be brought here. There are almost 4,000 at Alexandra palace in London still. There are no longer any interned at Primley, near Aldershot.

There are still many thousands of Germans and Austrians who have not been interned and all have a chance of appearing before a tribunal established for the purpose of deciding whether internment is desirable. When interned they can communicate with their home governments through the American embassy which still maintains two men at the former home of Prince Lieknowsky in Carlton terrace. For many months these two men have been Edward G. Lowry of New York and Leland H. Littlefield of Providence.

The agitation calling for the wholesale internment of enemy aliens, which a part of the London press carried on most vigorously last year, has now died down and there appears to be no general criticism that the home office is not handling this difficult problem fairly and successfully.

### Parents Should Know this Splendid Remedy

Simple Laxative Compound Helps to Correct Constipation in Children.

With all children there are times when the bowels fail to act naturally and it becomes necessary for the parents to administer a remedy. Cathartics and purgatives should never be used as these agents afford only temporary relief while their violent action shocks the system unduly. Mrs. Eva F. Gaff, 517 10th St., Washington, D. C., says that her little girl, Marie, had been subject to constipation, and that she found Dr. Caldwell's Syrup Pepsin the best remedy because of its mildness, and now always keeps a bottle of it in the house.

Dr. Caldwell's Syrup Pepsin is a compound of simple laxative herbs, free from opiates or narcotic drugs of any kind, and is an ideal remedy for children because of its mild action and positive effect. Its use tends to strengthen the impaired bowel action and restore normal regularity.

It is important that parents should know of a dependable remedy with

MARIE GAFF

no unpleasant after effects, griping or strain. Dr. Caldwell's Syrup Pepsin costs only fifty cents a bottle and can be procured at any drug store. To obtain a trial bottle, free of charge, write to Dr. W. B. Caldwell, 454 Washington St., Monticello, Ill.

**M'CUEN ON FAIR COMMISSION**

Vergennes Lawyer Succeeds Late W. A. Lawrence of Bristol.

Montpelier, Dec. 9.—Gov. Charles W. Gates has named Attorney Robert W. McCuen of Vergennes as the Addison county member of the state fair commission to succeed the late W. A. Lawrence of Bristol. Mr. McCuen has twice represented his city in the Legislature and was a state senator in 1912 and is a member of several state commissions.

### TODAY COURTHSHIP

"Birth of a Nation" Musician Marries Girl He Met at Hotel Poultney.

The Hotel Poultney was the scene of a romance this week in which Frank W. Little, tympani player in "The Birth of a Nation" orchestra, and Miss Inez Steeves of Monkton, N. B., were the principals. They were also the principals in a marriage ceremony performed Wednesday at Poultney by Justice of the Peace W. H. Rowland. They came to this city Wednesday night, stopping at the Hotel Berwick, and yesterday morning left for Bennington where "The Birth of a Nation" is being shown the latter part of this week.

Mr. Little met Miss Steeves at the hotel last Monday and it was a case of love at first sight. Before the company was due to leave the town Wednesday evening the proper question had been asked and properly answered and a benedict was added to the company's orchestra.—Rutland Herald.

**Spotted.**

"Conductor, put me off at Main and Fifth."

"Sorry, sir, but we aren't allowed to put off anybody except for refusal to pay fare or disorderly conduct. When the car reaches your destination I'll give the motorman the bell and then I'll indicate to you where you are to step off."

"You used to be on a Boston car, didn't you?"

"I was employed in that capacity in that city for twelve consecutive months. Seventh! Step lively."

"Ah, I see that you must have had a job in New York as well."—Richmond Times-Dispatch.

### Coal Mines of Holland.

Though the coal mines of Holland have not been developed to any great extent, yet it is known that extensive beds underlie Limburg, the most southerly province. Strange as it may seem, the coal mines of Holland are probably the most ancient, their records showing workings near Kerkrade as early as 1113. The pits now owned and worked by the state were for many centuries exploited by monks from the abbey of Kloosterade, who continued their mining operations until as late as 1795. The pits, now named the Wilhelmina, the Emma and the Hendrik, gave employment to 167 officials and 4,332 pit men.—Argonaut.

**His Defense.**

"What defense," asked the grafter's wife, "did you make when you faced the investigating committee?"

"I vehemently called the man who had brought the charges a liar."—Chicago Herald.

### Do You Need a Kidney Remedy?

Dr. Kilmer's Swamp Root is not recommended for everything, but if you have kidney, liver or bladder trouble, it may be found just the remedy you need. Swamp-Root makes friends quickly because its mild and immediate effect is soon realized in most cases. It is a gentle healing herbal compound—a physician's prescription which has proved its great curative value in thousands of the most distressing cases according to reliable testimony.

All druggists in 50c. and \$1.00 sizes.

You may have a sample size bottle of this always reliable preparation by Parcel Post, also pamphlet telling about it. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents, also mention the Bennington evening Banner.

## We Can Fit All

**Both Large and Small**

with our Victor Rubbers. Rubbers that are made to fit and wear, and have good honest value in every pair; always first quality. Try a pair of Victors.

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