

STATE BOARD OF HEALTH OF VERMONT.

ADVICE TO PARENTS AND THOSE IN CHARGE OF CHILDREN.

Infantile Paralysis is an infectious and communicable disease. The ways in which the infection is transmitted from one person to another are not known. The virus that causes the disease is found in the mucus of the noses and throats—not only of known cases, but like-wise of those who have had the disease in so mild a form as to be unrecognized, and still others who have been in association with cases but are not themselves sick. These latter are known as "abortive" cases and "carriers" respectively. Human beings are the distributors of the disease. Large gatherings in public places, especially indoors, offer the best opportunity for the general spread of the disease.

The disease has hitherto been most prevalent in Vermont in September. So, while we have very few cases so far as known, in the state at the present time, the situation with reference to the disease in all the neighboring states calls for certain reasonable precautions on the part of the public in our state, and especially on the part of all who have the care of children.

Precautions Recommended

1. Children under 15 years of age should be kept from all kinds of public gatherings, both indoors and out.
 2. Such children should be kept in the open air, and under good hygienic conditions, as far as possible. In villages and cities, one's own premises are safest; in the country, the fields and woods offer the best recreation ground. The dust of highways and village streets should be avoided.
 3. Plain country fare (milk, fresh eggs, vegetables and fresh meats) with careful attention to digestion, is important.
 4. A daily bath should be given all children.
 5. Public ice cream or soda water stands should be avoided.
 6. Kissing should be forbidden.
 7. Irrigate the children's noses and throats once each day with a solution of table salt (one teaspoonful) in warm water (one pint).
 8. Any disturbance of the digestion, nausea, diarrhea or constipation, or any sore throat or "cold," attended with fever should be investigated by the family doctor. Such symptoms often mark the initial stage of infantile paralysis. No febrile symptoms in a young child are so trivial as to be ignored.
 9. Separate any child so ailing at once from other children in the family, and from all children; give a dose of castor oil, and send for the doctor.
- By observing such precautions, especially at this time, you may protect your child from this wide-spread infection, and do much to prevent an outbreak in our state.

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 On All Electrical Work
J. W. LENNON, 223 South Street
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Valuable Guidance.
 "Are your children much of a help and a comfort?"
 "Yes, indeed. I can always depend on them to tell me where the best moving pictures are to be found."
 Washington Star.

AFTER SIX YEARS OF SUFFERING

Woman Made Well by Lydia E. Pinkham's Vegetable Compound.

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 173 pounds I went to 118 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the medicine ever since and I feel like a new woman. I now weigh 127 pounds so you can see what it has done for me already. My husband says he knows your medicine has saved my life."
 Mrs. J. S. BARLOW, 1624 South 4th St., Columbus, Ohio.



Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely. It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

HELP WANTED!

Men, Boys and Girls
 Wood Workers, Machine Tenders and Finishers
 Steady Work, Good Wages
H. C. WHITE CO.,
 North Bennington



IT'S NOT THE SIZE of the bulb that makes our newest improved Electric lights so superior; it's the power and skillful manufacture.
 Not only do
ELECTRIC SUPPLIES
 we handle excel, but our workmanship and careful skill in wiring and electrical construction work is far above the average.
 Call and see our up-to-date stock and get our estimates.
NICHOLS & WARREN
ELECTRICAL SHOP

EAST ARLINGTON

Hugh Webb spent Thursday and Friday at the Rutland fair.
 Mrs. William Webb is spending two weeks in North Adams with relatives.
 The W. C. T. U. will meet on Friday afternoon with Mrs. Horace R. Lawrence.

Mr. and Mrs. J. H. Powers and Burton Powers of Bennington passed Sunday in town with relatives.

Mrs. Glyn Carroll has returned from St. Albans where she has been visiting for several months.

Albert Shuffleton of New York city, who has been visiting his father for a few days returned to the city Sunday.

G. F. Mattison and wife of Ridley Park, Pa., have been spending a few days at George B. Oatman's, Oatman Hill.

Mrs. Morryhan, who has been visiting her sister, Mrs. John Donahue of this place, returned home to Brooklyn Sunday.

Mr. and Mrs. F. A. Dean, who have been spending a week in town with relatives, returned home to Wallingford Monday.

Arlington baseball team defeated Bennington at Bennington Saturday 18 to 6 in a game that errors and hard hitting featured.

Doctor and Mrs. J. H. Shuffleton of King's Park, N. Y., are spending their vacation in town with the former's father, Henry Shuffleton.

Ned Andrew and wife, who have been visiting their parents, Mr. and Mrs. R. H. Andrew of this place, have returned home to Pawtucket, R. I.

R. A. Blair is visiting his brother, Doctor Blair of Toledo, Ohio. Mr. Blair left last week expecting to return soon on account of his business.

A. H. Grout and Irving Grout have purchased the Will Pratt farm at West Arlington. The farm is considered one of the best of this section and has about one hundred acres of timber land.

There will be services at the M. E. church Sunday, both morning and evening. Rev. Charles Meade of Bennington, a former pastor at this charge, will take charge of both services.

Morning service of worship at Olive church next Sunday. No evening service. The Ladies' Aid meets on Wednesday with Mrs. Charles Dustin. Prayer meeting on Thursday evening at the church.

Mrs. N. A. Spooner, who has been quite ill all summer, has recovered sufficiently to make her sister Mrs. P. L. Downs of North Bennington a visit. She left last week expecting to remain there several weeks.

Wm. J. Tingle and family motored from Schenectady recently and called on Mr. and Mrs. Samuel G. Siver. Mr. Tingle is a member of the Board of Education in Schenectady and formerly lived in Cambridge, N. Y.

The St. John McNe bungalow recently occupied by Samuel G. Siver and family has been rented to W. F. Smith for the rest of the season. Mr. and Mrs. Siver will move their furnishings from Schenectady and will occupy the residence of E. L. Buck on School street.

The "New York Bloomer Girls" World's Female Champion Baseball players will meet the home team on baseball grounds Saturday, Sept. 16th. A large attendance is expected, and undoubtedly many people will enjoy seeing this game, as this team are the champions as advertised.

Children Cry FOR FLETCHER'S CASTORIA

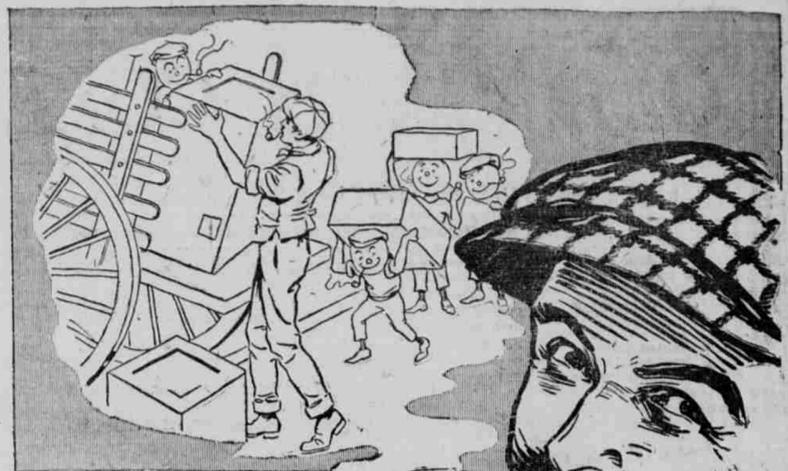
DANGEROUS TO DIRT
 We are ready to do all kinds of housecleaning, window washing, etc., on short notice.
 Save your strength and let us get the blisters.
 Telephone us and we will come and carry off your dirt.
BURGHART & MEAD
 122 Putnam St.
 Telephone 271-M

TAXI SERVICE
 at
LaFortune's Restaurant
DAY or NIGHT
 Phone 208-W

FAR SIGHTED

HYPEROPIC EYE

En Eye Condition
 That should be corrected with Glasses—to enable you to read in comfort—do all close work without strain to the eye.
 Expert fitting and right testing here.
J. E. MATTISON
 603 Main St.
 Next Baptist Church



Speed Up With MAYO'S, Men!

Crowd the old briar full of this famous Cut Plug and watch how the day's work whizzes along—like you had half a dozen hands and pep enough for three men. As long as you keep puff-puffing behind a pipeful of Mayo's, you're on the right track for Joyville and nothing can switch you, either.

Mayo's Cut Plug

has been New England's favorite pipe-smoke for so long that the oldest inhabitant can't remember any other brand that ever came knee-high to it.

Just the ripest, mildest Burley tobacco that grows—rich and sweet and mellow from careful ageing and blending—made into even-burning, cool-smoking Cut Plug—that's Mayo's. "Always good" because the Quality never varies.

Sold everywhere in 5c Packages, 10c Pouches and 50c Lunch Boxes.

THE AMERICAN TOBACCO COMPANY



THE VERMONT COMPANY

Notice is hereby given that the annual meeting of the stockholders of the Vermont Company will be held at the office of the Company, in Bennington, in the County of Bennington on the 19th day of September, 1916, at two o'clock in the afternoon, for the following purposes:

1. To elect not less than nine directors and two inspectors of election for the year ensuing.
2. To elect any other officers required by law or by the by-laws.
3. To transact any other business that may properly come before said meeting.

Dated at Bennington, Vermont, this 5th day of September, 1916.
 Robert E. Healy, Clerk.

NOTICE!

To the Ladies and Gentlemen of Bennington and Vicinity.
 Call and see my new Fall and winter samples, and you will surely leave your order. Prices very reasonable. Cleaning, pressing and alterations a specialty.
 Nathan Levin,
 130 North Street. Tel. 98-J

NOTICE!

To the Tax Payers of the Bennington Graded School District:
 A Rate Bill has been placed in my hands for collection as follows:
 95 cents on the dollar on the Grand List of 1916.
 I hereby demand payment of said taxes, and notify you that I will attend at the Bennington County Savings Bank from 9 o'clock a. m. until 4 o'clock p. m.
 There will be a discount of 4 per cent on above tax if paid within 90 days.
 C. H. Dewey, Treasurer.
 Bennington, Vt., July 15, 1916.

NOTICE!

To the Tax Payers of the Village Bennington:
 A Rate Bill has been placed in my hands for collection as follows:
 80 cents on the dollar for the Village Tax, 20 cents on the dollar for the Highway Tax on the Grand List of 1916.
 I hereby demand payment of said taxes and notify you that I will attend at the Bennington County Savings Bank from 9 o'clock a. m. until 4 o'clock p. m.
 There will be a discount of 4 per cent on above tax if paid within 90 days.
 C. H. Dewey, Treasurer.
 Bennington, Vt., July 15, 1916.

NOTICE!

To the Tax Payers of the Town Bennington:
 A Rate Bill of the Town Taxes of 1916 has been placed in my hands for collection as follows: 80 cents on the dollar for the Town Tax, 20 cents on the dollar for the Town Highway Tax, 45 cents on the dollar for the Town District School Tax.
 I hereby demand payment of said taxes, and notify you that I will attend at the Bennington County Savings Bank from 9 o'clock a. m. until 4 o'clock p. m.
 There will be a discount of 4 per cent on Town tax if paid within 90 days.
 C. H. Dewey, Treasurer.
 Bennington Vt., July 15, 1916.

DR. ROLLIN D. JENNEY
DENTIST
 Gas and Oxygen given
 Manchester Mondays. Phone 2-77W

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For Sale at Reasonable Prices
 Five of the best makers—Babcock, Moyer, Brockaway, Cortlandt Cart and Carriage Co. and Milbren. Any kind or any style
PUTNAM HOUSE LIVERY

J. R. Wilson, M.D.
 PRACTICE LIMITED TO
Eye, Ear, Nose and Throat

GRADUATE OF
 NEW YORK POST GRADUATE
 UNIVERSITY OF VIENNA
 VIENNA POLYCLINIC
 OFFICE HOURS
 10:30 to 12:00; 1:30 to 4:30; 6:30 to 8:00
 SUNDAYS BY APPOINTMENT
 TELEPHONE 392
 201 Union Street Bennington

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Suits \$16.00 and upward
 A FIT GUARANTEED

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 to call and see the
Beautiful New Fall and Winter Styles
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Victor Ladies Tailoring Company
CHICAGO
 who make a specialty of
 Women's High Class Made-to-Measure Suits, Coats, Dresses and Skirts made AS YOU WANT THEM according to your measurements to fit your figure STYLISHLY, in any style and material of your selection or of your own material.
 Also a complete line of Ready-to-Wear Coats, Dresses, Waists, Furs, Petticoats, Misses' and Children's Cloaks, Dresses, etc.
 Our Garments are especially noted for Perfection in Fit, Finest Workmanship and Materials and Our Prices are DECIDEDLY LOWER than those usually charged elsewhere.
 Come and enjoy the pleasure and advantage of selecting your new Fall Suit or other Garment from a complete variety of the newest styles and materials, such as are shown only in the large Cities.
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 Prompt Service, Perfect Fit and Satisfaction Guaranteed and Prices Always the Lowest