

HARD FOR THE HOUSEWIFE.

It's hard enough to keep house if in perfect health, but a woman weak, tired and suffering with an aching back has a heavy burden. Any woman in this condition has cause to suspect kidney trouble, especially if the kidney action seems disordered. Doan's Kidney Pills have cured thousands. It is the best recommended special kidney remedy.

Mrs. C. F. Mace, Madison St., Shawneetown, Ill., says: "I suffered intensely from backache and headache and was very nervous. I was scarcely able to attend to my housework and at times was so bad I was confined to bed. Doan's Kidney Pills gave me quick relief and before long cured me completely."

"When Your Back Is Lame, Remember the Name—DOAN'S." 50c., all stores. Foster-Milburn Co., Buffalo, N. Y.

The love of applause is responsible for many near actors.

When birds of a feather flock together it is a pretty safe bet they'll try to pluck each other.

Garfield Tea the International Remedy for all irregularities of stomach, liver and kidneys is composed entirely of pure herbs.

Darwin as Girls Read Him. Miss Elizabeth Marbury, the brilliant and successful dramatic agent in New York, said at the Colony club the other day:

"It is an error to think that the intellectual girl is dowdy. Look at the girl graduates about you. Those with the highest marks wear usually the nicest frocks."

"I said one day to a Bryn Mawr girl:

"How beautifully you pannier gown fits, dear. I thought you grave and reverend seniors were above such trifles?"

"Oh, no," said she. "We all believe here in the survival of the best fitted."

Warm Compliment. A fancy-dress ball was held in a certain garrison town recently, at which many military officers and men attended. A soldier attired as a lady was spoken to by the regimental chaplain.

"Well, young man," said the parson, "you are very well got up. Did you win a prize?"

"Yes, chum; I got second prize. Did you get a prize?"

"Me? Oh, no; I—"

"Well, now, that's rotten bad luck. I call it," said the Tommy, warmly, "for you are about the best get-up of a parson I've seen lately."—London Tit-Bits.

Zeke Knew Rufe. Rufe was telling Zeke about a terrible escapade he had had the night before after he had crossed the dam at the river and was making for his cabin about a half mile through the dark woods.

"And just as I stepped inter de brush I hears a funny noise like a shoat snortin'. I looks up an' a blue light jumps out er de groun' and shapes itself into a ghost about six foot tall. Red fire was a-flickerin' out er its nose. I stood still kinder, then lifted a long, bony finger an' says: 'I want you, Rufe Jackson.'"

"I walks up to it and shakes my own finger right in its face 'You mind yore business and I'll mind mine,' I says, and turns on my heel and goes right on."

"Now, what'd you er done, Zeke, in a case like dat?"

"I'd er done jest what you done, you durned lying nigger."

OUTDOOR LIFE. Will Not Offset the Ill Effects of Coffee and Tea When One Cannot Digest Them.

A farmer says: "For ten years or more I suffered from dyspepsia and stomach trouble, caused by the use of coffee (Tea contains caffeine, the same drug found in coffee), until I got so bad I had to give up coffee entirely and almost give up eating. There were times when I could eat only boiled milk and bread; and when I went to the field to work I had to take some bread and butter along to give me strength."

"I doctored steady and took almost everything I could get for my stomach in the way of medicine, but if I got any better it only lasted a little while. I was almost a walking skeleton."

"One day I read an ad for Postum and told my wife I would try it, and as to the following facts I will make affidavit before any judge:

"I quit coffee entirely and used Postum in its place. I have regained my health entirely and can eat anything that is cooked to eat. I have increased in weight until now I weigh more than I ever did. I have not taken any medicine for my stomach since I began using Postum."

"My family would stick to coffee at first, but they saw the effects it had on me and when they were feeling bad they began to use Postum, one at a time, until now we all use Postum." Name given by Postum Co., Battle Creek, Mich.

Ten days' trial of Postum in place of coffee proves the truth, an easy and pleasant way.

Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

The KITCHEN CABINET



PRAY not that men tremble at my power of place and lordly away. I only pray for simple grace to look my neighbor in the face full honestly from day to day." —J. W. Rubey.

BE SURE TO TRY THESE.

This is a delicious drink, which may be kept over for a year and is much better to give as a tonic than a fermented fruit juice:

Raspberry Shrub.—For every cupful of juice add a half cup of elder vinegar and two cups of sugar. Boil and skim, and when thick bottle. When serving, allow a fourth of a cup of the shrub to three fourths of a cup of cold water, unless the sirup is thin.

Cherry Conserve.—To a pound of raisins add two pounds of cherries, three oranges, juice and rind, and four pounds of sugar. Chop the fruit, add the sugar and cook for a half hour. Seal in glasses while hot.

Salad Dressing for Fruit.—A half cup of orange juice, a fourth of a cup of lemon juice, two tablespoonfuls of butter cooked with two of flour, and a half cup of sugar. Cook until smooth and the flour is well cooked.

Mushroom Catsup.—Wipe, but do not wet, fresh mushrooms. Put in layers in a stone dish, cover with salt and press a plate with a weight over them. Let stand in a warm place for twenty-four hours, then mash and strain them through a sieve. To every quart of the liquor add an ounce of pepper corns and boil for half an hour. Then add a fourth of an ounce of allspice, half an ounce of sliced ginger root, a dozen whole cloves and three blades of mace; cook fifteen minutes. Cool and strain again and put into small bottles. Dip the corks in melted wax.

Beet Relish.—A quart of cabbage, a quart of cooked beets, chopped, two cups of sugar, a tablespoonful of salt, a teaspoonful of pepper and half a teaspoonful of cayenne and a cup of grated horseradish, enough vinegar to mix well, and put into cans cold.

Canned Corn.—To nine cups of corn add a cup of sugar and half a cup of salt and one cup of water. Put into sterilized cans, seal tight. Freshen when using.

HEARD the proud strawberry saying: "Only see what a ruby I've made." It forgot how the bees in their Maying had brought it the stuff for its trade. —Lowell.

A FEW UNUSUAL DISHES. For those who are fond of Devonshire cream, which may be whipped and served on berries or used as pudding sauce, the characteristic flavor is enjoyed. Scald milk and allow the cream to stand thirty-six hours; skim and use either plain or whipped.

Madison Salad.—Cut up four cucumbers into uniform cubes, add a small onion, also cut fine; two tablespoonfuls of chopped parsley, and pour over this a French dressing. Serve in tomato cups.

Orange Fluffs.—For a light biscuit for five o'clock tea or for a luncheon dainty, mix a baking powder biscuit dough, roll it out in small circles; dip cubes of sugar in orange juice and plunge into the center of each. Add a brushing of melted butter and bake. Serve piping hot.

Baked Potatoes, Spanish Style.—Bake six medium sized potatoes, cut open lengthwise and remove the contents. Mash the potatoes with grated onion, butter and salt and a little cream or milk. Replace in the shell, put a slice of sweet red pepper on the top of each and brown in the oven.

Strawberry Filling for Cake.—Beat a cup of cream until stiff, add a third of a cup of powdered sugar and a pinch of salt. Fold carefully into the beaten white of an egg and add a half cup of mashed strawberries.

Japanese Salad.—Remove ripe bananas from their skins, cut the fruit in cubes and mix with green peas and French dressing. Arrange the salad in the shells, place on lettuce leaves and garnish with slices of banana overlapping.

His Mistake. "Women ought to have some expression in their dress. Now, look at that gown yonder; it has not a bit of point."

She—My dear man, it's trimmed with yards of it!

Not the Only One. "You know," he was saying, "I couldn't see a woman stand up while I was sitting."

"So you gave her your seat?"

"No; I closed my eyes and pretended to be asleep."—Judge's Library.

SUMMER DISHES. Something new, odd or unusual always appeals to the cook, as her ingenuity is constantly strained to keep good things and variety at the same time.

Cabbage and Cherry Salad.—Take two cups of chopped white cabbage, toss it together with the salad dressing, made by cooking together equal parts of egg yolk and vinegar; add seasoning to taste of salt and sugar and

just before serving time add a drained cup of cherries.

Date Tapioca.—Make a custard of a quart of milk, three tablespoonfuls of sugar and the beaten egg. Cook two tablespoonfuls of minute tapioca in the milk until thick, then stir in the egg and sugar. When cold add a cupful of chopped dates.

Chicken Pie.—Put all the pieces of chicken into a quart granite sauce pan, add all the gravy and enough water to fill the pan two-thirds full. Make a rich biscuit dough and drop small biscuits to cover the chicken. See that the dish is boiling hot before adding the biscuits. Bake in a hot oven ten minutes.

Wedding Cake.—One cupful each of sugar, butter and molasses, a cup of jelly or strawberry preserves, one cup of buttermilk, half a cup of strong coffee, two eggs, a grated nutmeg, two teaspoonfuls of cinnamon, one teaspoonful of cloves, two teaspoonfuls of soda dissolved in half a cup of boiling water, two pounds of raisins, one pound of chopped candied fruit, lemon, orange peel and citron, six cups of flour measured before sifting. Mix the fruit with the flour, bake one hour in a slow oven. This will make three or four good sized cakes. Keep three months at least before using; wrap in waxed paper and keep in a stone jar.

IT ISN'T raining rain to me. It's raining daffodils; In every dimpled drop I see Wild flowers on the hills. The clouds of gray engulf the day And overwhelm the town; It isn't raining rain to me It's raining roses down. —Robt. Loveman.

FROZEN DESSERTS. When company is coming and a dish of extra quality is desired, Baked Alaska will be highly appreciated. Get a one or two quart brick of vanilla ice cream and make a meringue of three or six egg whites and three or six tablespoonfuls of powdered sugar. Cover a board with white paper, lay on a thin sponge cake and turn the ice cream on the cake, which should extend a half inch beyond the cream. Cover with the meringue and spread smoothly. Place in the oven and brown quickly in a hot oven.

A cupful of crushed macaroons added to vanilla ice cream before it is frozen hard makes a delicious variety.

Banana Ice Cream.—Remove the skins and rub through a sieve four good-sized bananas, add a cup of sugar and one and a half tablespoonfuls of lemon juice and a quart of cream, then freeze.

Chocolate Ice Cream.—Melt one and a half squares of bitter chocolate and dilute with hot water to pour easily; add to a quart of thin cream, then add a sup of sugar, pinch of salt and a tablespoonful of vanilla. Freeze.

Strawberry Ice Cream.—Crush a quart of ripe berries and strain through a cheese cloth, add a cup and three-quarters of sugar and a pint of cream, with a pinch of salt, and freeze.

Milk Sherbet.—This is a delicious frozen dish that is rich enough to satisfy many who find ice cream too heavy for the digestion. Take the juice of three lemons, a cup and a half of sugar and a quart of good milk; freeze. The mixture may curdle when combined, but it will freeze out and be as smooth as velvet.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years. Children Cry for Fletcher's Castoria.

Her Foresight. "It is really by little things that one can tell a man's character."

"Yes; I think that was the reason Julia broke her engagement. Henry used to bring her such cheap chocolates."

Colic's Carbolic. Relieves and cures itching, torturing diseases of the skin and mucous membrane. A superior Pile Cure. 25 and 50 cents, by druggists. For free sample write to J. W. Cole & Co., Black River Falls, Wis.

And Very Quickly. "The building of airships is bound always to be a success in one way."

"What's that?"

"It makes the money fly."

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

Sunday is the day of rest; but did you ever know a man who felt rested on Monday morning?

Red Cross Ball Blue gives double value for your money, goes twice as far as any other. Ask your grocer.

The wagon wheel usually has that tired feeling, but it never complains.

Garfield Tea promotes and ensures health. Try it to be convinced. Druggists keep it.

Woman conceals only what she does not know.—Proverb.

DR. PRICE'S CREAM BAKING POWDER

Makes Home Baking Easy. Gives nicer, better food than baker's. There is no baking powder like it for hot biscuit, hot breads and cake. Made from Pure Grape Cream of Tartar.

Flattered Him. A little girl four years old wanted a nickel, one day, and thought the best way to get it was to say something nice to papa. So climbing upon his lap she said sweetly:

"Papa, I love you better than the devil."

ECZEMA DISFIGURED BABY. "Our little boy Gilbert was troubled with eczema when but a few weeks old. His little face was covered with sores even to back of his ears. The poor little fellow suffered very much. The sores began as pimples, his little face was disfigured very much. We hardly knew what he looked like. The face looked like raw meat. We tied little bags of cloth over his hands to prevent him from scratching. He was very restless at night, his little face itched."

"We consulted two doctors at Chicago, where we resided at that time. After trying all the medicine of the two doctors without any result, we read of the Cuticura Remedies, and at once bought Cuticura Soap and Ointment. Following the directions carefully and promptly we saw the result, and after four weeks, the dear child's face was as fine and clean as any little baby's face. Every one who saw Gilbert after using the Cuticura Remedies was surprised. He has a head of hair which is a pride for any boy of his age, three years. We can only recommend the Cuticura Remedies to everybody." (Signed) Mrs. H. Albrecht, Box 883, West Point, Neb., Oct. 26, 1910. Although Cuticura Soap and Ointment are sold by druggists and dealers everywhere, a sample of each, with 32-page book, will be mailed free on application to "Cuticura," Dept. L, Boston.

Just to Accommodate. Hungry Girl (one of a party of tourists who have arrived late at a country inn)—No fresh eggs? But you've got hens, haven't you?

Innkeeper's Wife—Yes, but they're all asleep.

Hungry Girl—Well, but can't you wake them?—Fliegende Blaetter.

When Your Eyes Need Care. Try Murine Eye Remedy. No smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practices for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Remedy in Aseptic Tubes. See and see Murine Eye Remedy Co., Chicago.

A Gentle Result. She—I thought prize fights were very exciting.

He—They usually are.

She—Well, this one I am reading about could not have been very lively, for it seems from this account the fight ended because one of them went to sleep.

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THE KIND HE WANTED.

Cholly Gaybird—Do you believe the story of Jonah and the whale?

Grace Sainly—Why, of course I do. I believe every word of it.

Cholly Gaybird (enthusiastically)—Dear Miss Sainly, will you be my wife?

Nature Faker. "Tommy," queried the teacher of a small boy, in the juvenile class, "what is a swan?"

"A swan," replied the youthful observer, "is an animal with a turkey's body and a giraffe's neck and a goose's head."

For regulation of the stomach and bowels you will find Garfield Tea very beneficial.

Before promising to fly with a young man it is up to a girl to investigate his ability as an airship chauffeur.

When She Comes into Her Own. Fair Pleader—Finally I submit, your honor, that there is an unassailable reason why my client should not receive the only sentence dictated by the evidence. You have but to cast your eye upon my client to see that one of her—er—ah—full figure would be unmistakably humiliated by being forced to wear prison stripes!

Her Honor—Ha! 'Tis true! Prisoner discharged.—Puck.

Accounted For. "Why are there so many men in this jail?" asked the philanthropic reformer.

"I guess," answered the guide, "it's chiefly because they can't get out."

HENKEL'S FLOUR

BREAD FLOUR—one of the World's Best for Bread. You can buy none better, no matter what the name or price.

GRAHAM FLOUR—makes delicious Gems.

CORN MEAL—beautiful golden meal scientifically made from the choicest corn.

SELF RAISING PANCAKE FLOUR—the household favorite.

W. N. U., DETROIT, NO. 25-1912.

The Old Oaken Bucket

Filled to the brim with cold, clear purity—no such water nowadays.

Bring back the old days with a glass or bottle of

Coca-Cola

It makes one think of everything that's pure and wholesome and delightful. Bright, sparkling, teeming with palate joy—it's your soda fountain old oaken bucket.

Free Our new booklet, telling of Coca-Cola vindication at Chattanooga, for the asking.

Demand the Genuine as made by THE COCA-COLA CO. ATLANTA, GA.

Whenever you see an Arrow think of Coca-Cola.

W. L. DOUGLAS SHOES

W. L. Douglas makes and sells more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the world.

\$2.50 \$3.00 \$3.50 \$4.00 \$4.50 \$5.00

FOR MEN, WOMEN AND BOYS

W. L. Douglas \$3.00 & \$3.50 shoes are worn by millions of men, because they are the best in the world for the price. W. L. Douglas \$4.00, \$4.50 & \$5.00 shoes equal Custom Bench Work costing \$6.00 to \$8.00.

Why does W. L. Douglas make and sell more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the world? BECAUSE: he stamps his name and price on the bottom and guarantees the value, which protects the wearer against high prices and inferior shoes of other makes. BECAUSE: they are the most economical and satisfactory; you can save money by wearing W. L. Douglas shoes. BECAUSE: they have no equal for style, fit and wear. DON'T TAKE A SUBSTITUTE FOR W. L. DOUGLAS SHOES.

If your dealer cannot supply W. L. Douglas shoes, write W. L. Douglas, Brockton, Mass., for catalog. Shoes sent everywhere delivery charges prepaid. Patent Color Mixture Used.