

IN SUCH PAIN WOMAN CRIED

Suffered Everything Until Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Florence, So. Dakota.—"I used to be very sick every month with bearing down pains and backache, and had headache a good deal of the time and very little appetite. The pains were so bad that I used to sit right down on the floor and cry, because it hurt me so and I could not do any work at those times. An old woman advised me to try Lydia E. Pinkham's Vegetable Compound and I got a bottle. I felt better the next month so I took three more bottles of it and got well so I could work all the time. I hope every woman who suffers like I did will try Lydia E. Pinkham's Vegetable Compound."—Mrs. P. W. LANSENG, Route No. 1, Florence, South Dakota.

Why will women continue to suffer day in and day out or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

THEY HAD TO BE "SEBENS"

Bena's Method of Reasoning in Matter of Slippers Quite Plain to Those Who Understand.

Bena was much excited over the prospects of camp meeting that was about to take place in her neighborhood. For weeks she had been preparing and gaudy feathers for the array, and now her outfit was complete, save a pair of much-desired patent leather slippers. She approached her mistress.

"Mistress Ford," she said, "I sho' wants to giv a pair o' slippers fo' de meetin' commences, an' I ain't got a single cent left."

"What else do you wear, Bena?" asked her mistress.

"Mah right numbah is fo'," she replied. "Bat I has to weah sebens, 'cause fo's hurts me dat had I jes' natcherly can't hardly walk."—Woman's Home Companion.

Carelessness Cause of Fires. More than 50 per cent of all fires are caused by simple carelessness, which is unnecessary and criminal. Repairs to dilapidated buildings, the removal of all fire breeding material, care in burning weeds and rubbish, the placing of engines at a safe distance from buildings, the removal of oily waste, proper ventilation—in brief, plain common sense, will minimize the danger from this class of fires.

Can't Find This Perfect Woman. Belgium has been trying to discover the perfect woman. According to a symposium in Brussels, she must possess the figure of an American, the elegance of a Frenchwoman, the complexion of an English girl, the hair of an Austrian, the eye of an Italian and the profile of a Spaniard. So far the creature has eluded discovery.

Delays Sometimes Expensive. Business or social engagement—just a few minutes for lunch—can't wait for service. What can be had quickly?

Delays Sometimes Expensive

Business or social engagement—just a few minutes for lunch—can't wait for service. What can be had quickly?

Post Toasties

with fresh berries or fruit and cream. They will be served immediately, they are nourishing and taste mighty good, too.

Sold by Grocers—everywhere!

SOME NEW SALAD DRESSINGS

When One Tires of Plain French Dressing There Are Other Sauces to Delight the Palate.

You no doubt have tasted these different dressings and wondered how in the world they were made. No doubt, too, you tire of the plain French dressing even though glad to come back to it when the others have been used too frequently. Mayonnaise dressing and French dressing, too, form the foundation of many fancy dressings.

A very clever housekeeper is one who is always introducing something new and delicious and one who always has on hand the necessary things to work with, but who is not extravagant, for she knows just where to save. That is, by the by, the only way to save intelligently.

To go back to this clever housekeeper, she makes each week a bowl of mayonnaise dressing which she keeps on the ice ready for use, also a quantity of French dressing, which is bottled and also kept cool and ready for use. You can readily see how much time this saves, besides both of these dressings last for an indefinite time.

The popular Roquefort dressing is made in the following manner:

To one-eighth of a pound of Roquefort cheese add two tablespoonfuls of salt, the same amount of sugar and a dash or two of cayenne pepper. Mix these ingredients with a fork and slowly add one-half cupful of olive oil, continue stirring, and when this is smooth add two spoonfuls of vinegar.

Russian dressing is a little more complicated, but quite repays one for the work.

The yolks of two eggs mixed with one full teaspoonful of dry mustard, the same amount of sugar and salt and a dash or two of cayenne pepper, and when this is thoroughly mixed add a cupful of olive oil and either lemon juice or vinegar to taste. Then to this add a chopped pimento or sweet pepper, two tablespoonfuls of chili sauce, the same amount of capers and chopped chives. In making, use onion salt or rub the bowl with a cut garlic before starting the dressing.

WASH THE CELERY STALKS

Precaution is Imperative Because of the Use of Poisonous Sprays By the Grower.

Since the United States department of agriculture has discovered that it is practically impossible to bring satisfactory celery to market unless the plants have been sprayed with Bordeaux mixture, or the salts of copper, declared injurious for use in food products, two warnings have been issued, one to the housewives, telling them to wash the celery before using it, and the other to the farmers, telling them that the danger in using this blight preventive was due to a faulty spraying apparatus. It should be spread at high pressure to make a fine mist instead of in a stream which settles on the leaves and runs down the stalks. In this way it settles in the roots, giving the celery a blue look.

Uses for Concentrated Lye.

The substance which adheres to saute kettles or basins, when food or fruit has burned on them, can be removed by sprinkling thickly with concentrated lye, pouring over it boiling water. Let stand an hour, when the kettle can be cleaned by ordinary washing, without injury by scraping.

When the kitchen drain becomes clogged, pour into it one can of concentrated lye, followed by several gallons of boiling water. It will clean the drain and prevent sewer gas from arising.—National Magazine.

So Much Depends on the Oven.

The richer the cake the more easily it is spoiled if the oven is too hot. As soon as the cake has risen and taken a rich brown color, the heat should be lessened to what cooks know as a "soaking heat," and the cake should be kept in this moderate heat until a pointed knife or a skewer stuck in the middle of the cake can be drawn out without uncooked paste sticking to it.

Chicken Soup With Rice. Soak one-half cup of rice in cold water for several hours. Drain, add one quart of cold water, bring to the boiling point and let simmer until rice is soft; then rub through a sieve (not strainer). Add gradually three cupful of highly seasoned chicken stock, heat to the boiling point, and strain. Add one-half cupful of heavy cream and season with salt and pepper.

Raspberry and Currant Jelly. To one and a half pints of currant juice allow half a pint of raspberry juice and two pounds of sugar. Proceed as in rule for currant jelly until the sugar is added. Then boil 20 minutes, instead of ten, as the raspberry juice requires more boiling than the currant. This jelly is more easily made and of finer flavor than when made of raspberries alone.

To Keep Salt Dry. When damp days come and the salt does not pour readily from the cellar, try putting a few lumps of starch into it, keeping them as large as you can. The starch gathers the moisture to itself, and if a piece is always kept in the cellar the salt will flow freely the year round.—National Magazine.

Mushroom Sauce. To make mushroom sauce add half can of quartered mushrooms to one cup of brown sauce, and simmer gently for four or five minutes.

To Control Health

The stomach is the controlling power in all matters pertaining to health. This important organ often needs help in its daily work and it is then you should try

HOSTETTER'S STOMACH BITTERS

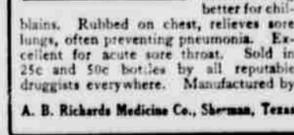
RHEUMATIC PAINS

Every last one of them leave. The hurting is gone almost the instant Hunt's Lightning Oil is used. The aching stops so quickly it is really surprising.

PAIN VANISHES

Hunt's Lightning Oil is especially compounded to relieve pain.

For Neuralgia and Headaches it is a boon to humanity. For burns, cuts, bruises and sprains it acts as a healing oil, soothing the hurting parts and preventing soreness. Nothing better for chilblains. Rubbed on chest, relieves sore lungs, often preventing pneumonia. Excellent for acute sore throat. Sold in 25c and 50c bottles by all reputable druggists everywhere. Manufactured by A. B. Richards Medicine Co., Sherman, Texas.



Outspoken.

Mrs. Smith's four sons made the life of her old colored servant a burden. One day Uncle Andy was busy in the garden hoeing corn, and for half an hour Tom, the most mischievous of the quartet, had amused himself throwing clouds of dirt at him. At last Andy threw down his hoe and stamped indignantly down to the house.

ECZEMA ON CHILD'S FACE

Marpleton, W. Va.—"When my little boy was one year old he broke out in little fine pimples all over his face. At times they would dry up and get scaly and peel off, then they would break out fresh again. He would scratch them until his face would be raw. The eczema looked angry and ran blood and corruption. His face was red and disfigured. He seemed restless and I had to be up with him the greater part of the nights.

"I applied various remedies without result. He continued to break out with the eczema until I sent for some Cuticura Soap and Ointment. I used them and the first application eased him. In ten days he was completely cured." (Signed) Mrs. Lizzie Mollohan, Jan. 2, 1914.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."—Adv.

Late, but Good. Miss Jinks—And where's your little brother today, Jimmy?

Jimmy (pointing to the snow-ball)—That's 'im, miss. He fell down at the top of the hill, and rolled down to the bottom.

Be happy. Use Red Cross Ball Blue; much better than liquid blue. Delights the laundress. All grocers. Adv.

You Never Can Tell. Hicks—You never can tell about a woman.

Wicks—You shouldn't, anyhow.

Cure Old Sores, Other Remedies Won't Cure. The worst cases, no matter of how long standing, are cured by the wonderful, old reliable Dr. Porter's Antiseptic Healing Oil. It relieves Pain and Heals at the same time. 25c, 50c, \$1.00.

It's all right to take things easy, provided they don't belong to some one else.

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

It's a corking good idea to bottle up your wrath.

Bohemia employs 875,000 persons in factories.

IN NO POSITION TO PREACH

Stranger Lost the Confidence of Truthful Fisherman When He Made His Inquiry.

Representative Frank Clark, Representative Howard of Georgia, and Superintendent George W. Hess of the botanic gardens, were having a friendly argument at Washington.

"Howard," said Clark, banteringly, "I just want to illustrate to you in a story how little you know about this. There is in my district in Florida an attractive village named Callahan."

"One day a stranger walking along a road in the country near a creek saw a youth fishing."

"Young man," said the ministerial-looking individual, "can you tell me the way to Callahan?"

"Yes," replied the boy, "take the first road to your right."

"Instead of proceeding on his journey the stranger gazed intently at the boy a few moments and said: 'My young friends, don't you know you are wasting your time in a way that is dreadful to contemplate? You are fishing, just fishing, when you ought to be astudyin' of books to prepare yourself for life's struggle. My boy, you're sure on the road to perdition!'"

"Road to perdition," replied the indignant youth. "What in blazes do you know about roads? You don't even know the road to Callahan."

SPUR FARM LANDS

Many farmers are making a hard or doubtful living on high-priced lands in localities cursed with insect pests, or floods, or drought, or weed plagues, or other enemies to successful farming.

The end of each year finds time and energy practically wasted—no progress made. Spur Farm Lands offer relief from these conditions.

The tenant on the high-priced lands further east can make a payment and be master of his own acres here. Any good farmer can pay for them from the products thereof. The Spur Farm Lands offer productive, virgin lands—easily cultivated—at low prices and on easy terms. Splendid crops are raised without irrigation. No soil weevil ever known here. Altitude 2,000 to 2,500 feet.

Considering the reliable production of these lands, prices are lowest in Texas; new country, settling fast; splendid climate, no malaria, chills or fever; good churches and schools. We offer the homeseeker a wide range for selection and are selling direct—no commission to anyone. The purchaser receives full value in his lands in dealing direct with the owner as opposed to paying a middleman several dollars per acre.

Stock Farms and Small Ranch Tracts. We also offer fine grazing tracts, perfectly adapted to this purpose—one section to fifty—at prices from \$5.00 per acre up. Free illustrated booklet, giving all particulars, on application to Chas. A. Jones, Manager for S. M. Swenson & Sons, Spur, Dickens County, Texas.—Adv.

Musical Note. "Why is the scholarly-looking man slamming down his windows so hard?"

"I will tell you why, the scholarly-looking man is slamming down his windows so hard."

"The scholarly-looking man is slamming down his windows so hard because the hurdy-gurdy out in front is playing the same tunes that he paid five dollars to hear last night at grand opera."—Judge.

Mole Trap the Best. The best way to exterminate the ground mole is to use a mole trap. A good trap will probably be successful eventually.

It isn't until a man approaches the top that the world is anxious to give him a boost.

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fitch* in Use For Over 30 Years. Children Cry for Fletcher's Castoria

A Mere Toy. Silas—That city fellow follows his vocation closely and yet he spends all of his time at play.

Her—How does he manage that? Silas—He leads a string orchestra.

Piles Cured in 6 to 14 Days. Your druggist will refund money if PAIN OINTMENT fails to cure any case of itching, blind, bleeding or proctored piles in 6 to 14 days. The first application gives ease and rest. 50c.

But Not to Eminence. "Pa, what is a sheepskin?" "It's a diploma, and a diploma is a passport to the Land of Work."

How To Give Quinine To Children. FERRILINE is the trade-mark name given to an improved Quinine. It is a Tonic Syrup, pleasant to take and does not disturb the stomach. Children take it and never know it is Quinine. Also especially adapted to adults who cannot take ordinary Quinine. Does not associate any cases whatsoever nor ringing in the head. Try it the next time you need Quinine for any purpose. Ask for genuine original package. The name FERRILINE is blown in bottle, as usual.

Bohemia employs 875,000 persons in factories.

Drink Coca-Cola

And feel your thirst slip away. You'll finish refreshed, cooled, satisfied.

THE COCA-COLA CO. ATLANTA, GA.

NO EXPERT WITNESS NEEDED

Quite Evident Mr. Miggs Was Right When He Testified as to the Handwriting.

"Libel, indeed!" Old Miggs repeated the words to himself dully and uncomprehendingly, as he tramped along to the court, where he was to appear as witness in a local libel suit.

Nervously he entered the witness box. The fierce looking lawyer eyed him calculatingly.

"Do you swear," he asked, "that this is not your handwriting?" "I don't think so," stammered Miggs.

"Now, be careful," intimated the lawyer. "Are you prepared to swear that this handwriting does not resemble yours?"

"Yes," answered Miggs trembling. "You take your oath that this does not in any way resemble your handwriting?" solemnly queried the learned man.

"Yes, sir," stammered the witness, now thoroughly frightened.

"Well, then, prove it!" denounced the lawyer, triumphantly, as he thrust his head toward the witness.

This action woke the last spark of drooping courage in poor Miggs, and, strutting forth his head, he yelled: "Cos I can't write!"

Law's Uncertainties. "When you poke a toad," said old Farmer Hornbeck, philosophically, "you can't tell which way he will jump, nor how far; an' it is jest about the same way with a jury."

"That so?" returned young Jay Green, in a noncommittal way.

"Yep. For instance, in the case of Plunk Jarvis, who has jest been tried over at Kiekyhasset courthouse for pullin' out his brother-in-law's whiskers by the roots in a fight, the jury discharged Plunk an' fined his brother-in-law 10 cents, the regular price of a shave."—Puck.

Long-Lived Family. The record for longevity is held by the Garrett family of Stranraer, Scotland, the oldest member of which, Mr. James Garrett, has just passed away.

Mr. Garrett claimed to be the oldest fisherman in Scotland. A native of Stranraer, he was almost a hundred years old. His mother and father, who were also natives of the district, lived until they were one hundred and one hundred and three years respectively. His oldest surviving son is now well over seventy years of age.

Hard to Stand. Ekids—it's not every one that can stand prosperity.

Skittles—Particularly, if it's some one else's.—Judge.

Works Itself. "How do you suppose 'his craze for motors comes to possess people?'" "I guess it's automatic."

Being minus the price of a haircut isn't the only thing that makes a bohemian.

Occasionally you meet a man who is so chivalrous toward women that he is actually polite to his own wife.

Tuscany cultivates 1,486,554 acres of grapes.

W. N. U., Oklahoma City, No. 31-1914.

DAISY FLY KILLER

How do you suppose 'his craze for motors comes to possess people?'" "I guess it's automatic."

Being minus the price of a haircut isn't the only thing that makes a bohemian.

Occasionally you meet a man who is so chivalrous toward women that he is actually polite to his own wife.

Tuscany cultivates 1,486,554 acres of grapes.

LINES IN THE FACE Make Women Look Old

and they show the effect of unnatural sufferings—of headaches, backaches, dizziness, hot flashes, pains in lower limbs, pains in joints, bearing-down sensations.

These symptoms indicate that Nature needs help. Overwork, wrong dressing, lack of exercise, and other causes have been too much for nature—and outside aid must be called upon to restore health and strength.

Dr. Pierce's Favorite Prescription

The Vegetable Remedy for Women's Ills that relieves nervous exhaustion and irritability and removes other distressing symptoms due to disordered condition of the delicate feminine organism.

For over forty years it has been used with more than satisfaction by the young, middle-aged and the elderly—by wives, mothers and daughters. You will find it of great benefit. Sold by Medicine Dealers in liquid or tablet form, or send Dr. V. M. Chase, Buffalo, N. Y., 25 cent-amount stamps for trial box by mail.

DR. PIERCE'S FAVORITE PRESCRIPTION TABLETS contain Quinine, Ferric Chloride, Iron, and other ingredients. They are sold in bottles.

Death Lurks In A Weak Heart

If Yours is fluttering or weak, use "RENOVINE." Made by Van Vleet-Manfield Drug Co., Memphis, Tenn. Price \$1.00