In pensive mood, with dreamy eyes She sits, while up the chimney flies A thought with every flory spark Glinting and flashing through the dark, 'Till with a sigh profound and deep She moves, as one moves in her sleep.

A rosy apple in her hand, A weight of thought seems to demand; She taps it with a finger light. Then carefully she takes a bite Another bite, now one, now two-The core is thus exposed to view.

Another sigh! what can it be.
My little maid, what alleth thee?
Ah, what is this? Some incantation? Muttered with such reiteration? Hark, as each seed her bright eyes see, These are the words that come to me:

"One I love, two I love, Three I love I say! Four I love with all my heart, Five I cast away."

Here a tear rolls brightly down What the secret she has won? Who can say? But just behind Sounds a voice so soft and kind: "Look again! Thou must indeed Find for me another seed!"

Rosler her bright cheeks glow n the firelight's ruddy glow Sure enough! a culprit seed Finds site in the core indeed— "From thy lips I fain would hear What the sixth one means, my dear!"

"Six he loves," she murmured low, And the firelight's flickering glov Two happy faces now disclose With cheeks aglowing like the rose, But here we'll let the curtain fall, For the end is best of all. -Sacramento Union.

A CASE IN EQUITY.

BY FRANCIS LYNDE.

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VI. A RELUCTANT SAMARITAN.

Robert Protheroe was not the man to the it, too." let a good resolution warp in the cooling. He was self-made, in the sense that he ewed his parents little beyond the fact of existence; and the world, after its wont with waifs, human or otherwise, had tempered him in a saltish bath of adversity and sharpened him upon the grindstone of experience. Having made shift to climb some inconsiderable distance up the slippery hill of knowledge by his own unaided exertions, he fell easily into the habit of thinking himself more capable than other men. The demonstration was simple and conclusive. He had proved his ability to wring a measure of success out of adverse circumstances where others, with all the advantages of preparatory training, had failed. He was too kind-hearted to be cynical, but he could not help making comparisons and they were usually unfavorable to those who inspired them.

In the short conversation on the hotel veranda, Protheroe had taken Thorndyke's measure with a considerable degree of accuracy, and but for the enlistment of his sympathies he might have been inclined to look upon the New Yorker as a person who would probably serve, upon better acquaintance, to point the moral of another comparison. As it was, however, criticism was swallowed up in charity. and 15 minutes after leaving Thorndyke's room Protheroe was galloping out one of the prospective streets, Elsie's face, and the expression of which, turning abruptly around the shoulder of John's mountain, became a country road leading up the valley of the Little Chiwassee. His destination was a small farm-the home of the Duncans-lying six miles up the valley; and his object was to prevail upon his friends to open their doors to the sick man.

There was a small romance at the bottom of the Scotchman's settlement in Alabama. Duncan had been a schoolmaster in Lanarkshire, and Martha Kinross was first his pupil and later his sweetheart. Martha was the laird's daughter, and the laird, having a just regard for worldly gear, objected to the penniless pedagogue. For once in a way, Duncan put his hereditary caution under foot, gave up the school, married the girl, and together they ran away from the laird's wrath and from the old world. Once over seas, the winters of Quebec became a sufficient pretext for farther wanderings, and these, being aimless, ended as well in Alabama as elsewhere. They had bought the worn-out farm in the Little Chiwassee valley before Elsie was born, and the chief motive in its selection was one which neither Duncan nor his wife would have acknowledged. The narrow valley was a Scottish glen; the surrounding mountains were the hills of Lanark magnified somewhat by the

and it was within the compass of a mere

the small river into a Scottish burn. Not to be outdbne in a matter of sentiment, the valley had repaid the parents in kind by giving what a mild dimate and inspiring scenery may give toward the endowment of the daughter. how the Scot's face had brightened at | the galloping of the dragoons in the Elsie Duncan was comely and passing fair to look upon, as the native-born daughters of aliens are wont to be; morcover, she was simple and truehearted, thinking that there were no mountains like her own mountains and was the apple of Doncan's eye, and for her sake he had turned schoolmaster again, giving her what she had other-Without having been pointed thitherward, Duncan's efforts to lift his it impossible to take an enlightened to become interested in it? Why can't daughter above the educational level of the neighborhood brought about n result which was not the less gratifying because it was unforeseen. The book-learning raised a barrier between I don't deserve to have a ghost of a the girl and the mountain and valley youth which was more impassable from the length of assuming that Elsie and their side than from hers, and until Protheroe had stumbled upon the Dun- love with each other. "And to think | bright hair on her forehead. can homestead on one of his prospect- that I was idiotic enough to plan the ing journeys there had been no suitors | whole thing myself!" at the farmhouse. Nor is it quite fair | Thus at the end of the first three miles.

ley, but he had not yet got beyond the unspeakable stage with Elsie.

It was the uncertainty of his standing with her that made Protheroe hesitate to introduce a possible rival; and the common foibles and weaknesses of humankind in general, and of jealous lovers in particular, that united with his sympathies to make him change his

The wagon road up the valley of the Little Chiwassee follows the stream to a point within a quarter of a mile of Duncan's house, where it climbs a low wooded spur of John's mountain. From the top of this spur the young engineer could look down upon the house and its surroundings, and he saw Duncan in the barnvard talking to a stranger-an old man with white hair and beard falling over the cape of a tattered army overcoat. At sight of Protheroe the man climbed the fence and ran up the moun-

tain, while Duncan came around the house to the gate. "Good morning, Mr. Dunean; I hope I didn't scare your neighbor away. He took to the woods as if he thought I might be a constable with a warrant."

"An' who kenned you were not, when ye cam' loupin' ower the hill yonder?" Duncan came out and loosened the sad-

nothing of a ten-rail fence and a steep hillside?"

"Ye're ower curious, Robbie, an' I'll no gratify ye. Ony frien' o' mine's welcome to loup the fence or win out at the gate, as he pleases. But come ye into the house; ye'll be havin' an errand this mornin', I'm thinkin'."

Protheroe laughed at the shrewd guess. "I have, just that," he rejoined, "and it'll take a family council to set-

Dunean led the way to the sitting-



At sight of Protheroe the man climbed the tence.

from the kitchen. When they came, Protheroe told what he could of Thornlyke's story. "I know next to nothing bout him," he concluded, "but he is evidently a good fellow, and if there is s fighting chance for him in this clinate it seems as if he ought to have the benefit of it."

"Puir body!" said motherly Mrs. Duncan, "What shall you say, Jamie?" "I'm thinkin' it'll be for ye to say.

Protheroe had been trying to read which he had been pleading Thorn dyke's cause.

"I'm no savin' it wouldna be a Christian thing to do," continued Duncan, speaking to Protheroe, "but it'll pit mair work on Martha an' the bairn, an' I'm no just free to say when it comes to that."

"I think youneedna be troubled about that," said the wife. "The pot winna overflow for one mair in the family." While they were considering ways and means, Elste held her peace, but Protheroe could see too plainly for his own comfort that she favored the plan. When he put his conclusion to the test by asking her what she thought of it, she answered, dutifully:

"It's for father and mother to say, but I think we ought not to refuse in such

It was the easting vote, and when the matter was definitely settled Protheroe had no desire to prolong his visit.

"No, I think I'd better get back and tell him," he said, in reply to Mrs. Duncan's hospitable entreaties, brighten him up after the scare he's

had this morning." Duncan went with him to the gate. "Robble, lad, ye'll no be sayin' onything ower you"-with a jerk of his thamb toward Allacoochee-"about the

kindly perspective of time and distance; fren' o' mine that louped the fence." "Certainly not. And about Thornly practical imagination to transform dyke; you know nothing of him ex cepting what I've told you, but I'll be esponsible for the expense, if need be." "Hoot, mon! I'm no that canny!"

the satisfactory mention of security. young engineer had a bad half hour. | quite lost the hope that some day I shall Such comfort as could be got out of the | meet a bonnie chieftain with his tail consciousness of a good deed well done of clansmen picking his way down was quite overshadowed by a very nat- over the stones in the gulch, few men as good as her father. She | ural fear that he had thoroughly and | consistently done the thing which of lander. I'm shocked! Why, the very all others would be most likely to first thing Vich Ian Vohr would do jeopardize his chances with Elsie Dun- would be to harry your father's farm! wise gone wanting in a bookless land. | can. He did not regret it, but he was | But if you know the mountain so well, angry with himself because he found what's to prevent your showing me how

> view of the matter. "I'm an ass!" he soliloquized at one stage in the short journey; "an unmifigated donkey of the pack trains, at that! show after this," he had already gone Thorndyke would immediately fall in

the exception. He had always been the Hotel Johannisberg came in sight welcome at the stone house in the val- around the shoulder of John's mountain, he had argued himself into a more philosophical frame of mind.

"After all, perhaps it's a godsend. Elsie has seen nothing of the world, and chimney neuk, Mr. Thorndyke." how else could I be sure that I was ever t was his assumption of superiority over anything more to her than the first man she ever met? It's better to find it out now than later-much better in every

way." At which sensible reasoning the nat ural man within him arose once more and mocked him.

VII.

THE LOGIC OF PROPINQUITY.

When Philip was established in the Duncan household he wrote to his mother. It was a long letter, filled with jesting raillery at the conditions of his exile, but containing no him of what he believed to be the beginning of the end in the matter of his malady. In closing he spoke of the Duncans:

"They are both characters, in a way, and they would interest you if you could know them. Duncan is a typical Scot, upon whom izing mark. His speech is still of the broadest, and his cautious habit has written itself in capital letters all over his homely face. Mrs. Duncan is a person in whose cheerful smile the blue devils quall and beg for another herd of swine. Could appreciative eulogy go further? Seriously Dinean came out and loosened the sate die girth while Protheroe was hitching the horse.

"I did, for one, and you ought to, for another. But tell me, who is your neighbor, who looks old enough to be at my back upon which to spend the leisure. though, they have made me very con my grandfather, and who yet makes at my back upon which to spend the leisur that overflows the greater number of my waking hours, and you may tell Dr. Perevin that I mean to take his outdoor prescrip-

tion in heroic doses.
"Show this letter to Helen, if you please and tell her I'll write her before long. Oh, yes; and watch the expression on god-father Morrisson's face when you tell him that he can have a few choice suburban lots in Aliacoochee at \$200 a front foot—at least that was the price yesterday, though it is probably more now.

"I suppose I ought to write more, but I shan't; the spirit moves me to go and climb a mountain. Take good care of yourself, and write often, addressing me care of

and write often, addressing me care of Mr. Robert Protheroe, Allacoochec

"PHILIP." In writing this letter Philip had not intended to omit the mention of Elsie's name and standing in the Duncan household, but since the thing was done he did not correct it.

"It's just as well," he told himself. "If I say anything at all, I'll have to tell how sweet and lovable she seems to be, and that might make the mother uneasy. I'll wait till I've discovered her

That was the beginning of a weakness. When he wrote again, it occurred to him that his former silence might be misconstrued if he mentioned her now; nay, more, before he had been a week at the farmhouse he began to see that if he spoke of Elsie in his letters it must be in terms of praise. In his most selfreliant moods he had always been more or less dependent upon a sympathetic atmosphere; and under the circumstances which made him an inmate of the Dunean home, this dependence be eame a morbid eraving. And of pity and sympathy Mrs. Duncan and Elsie gave him unstintingly, out of the overflowing kindness of good hearts.

For a few days after his removal from town. Philip spent much time on the mountain. Then there came a week of rainly weather, and by the time the skies cleared he found it singularly easy to stay in the house. During the indoo week he had stumbled upon an occupaawakened sympathy thereon made him tion which was both pleasant and danregret for a moment the warmth with gerous. This was the fact, though he recognized only the pleasure and shu his eyes to the danger. Elsie's lessons had stopped at the end of her father's acquirements, and she was ambitious and enger to go on. Thorndyke found this out, and turned pedagogue with the | ly friends in their studies. idea that he would repay kindness with kindness. The lessons, begun during the week of rainy weather, were continued without interruption, until one day, when Philip was more languid than usual, Elsie's conscience awoke with a

> start. "Mr. Thorndyke, you're doing wrong!" she said, looking up in selfreproachful dismay. "You haven't been on the mountain for two weeks!" "It's much pleasanter here," Philip

replied. "But that isn't it. Didn't your doctor here I've been keeping you in the house when every hour of sunshine is pre-

"Don't blame yourself; I stay in beto the flesh to go tramping about alone."

Elsie out her book away and took up her sewing. "I'm not going to encourwith a pretty affectation of inflexibility; "and you ought to be ashamed to call my mountain tiresome. I used to almost envy your long walks."

"Why do you call it your mountain?" "Because it's been my playmate ever since I can remember. When I was little girl I used to sit on that big roe protested Dunean, but Protheroe smiled | behind the garden and read dear old vien his back was turned, thinking Sir Walter till I imagined I could hear lower valley, and the skirling of the On the ride back to Allacoochee the | pipes un by the Pocket. And I've never

"And you the daughter of a Lowyou take a tramp with me this after-

"I-I don't think I ought to take the time; mother'll be wanting me to help about the house."

She bent lower over the sewing, and Philip saw a faint tinge of color creep up to hide itself under the waves of

"Then I won't go alone," he protested, obstinately, and as Mrs. Duncan came in he appealed to her. "Mrs. Dun- the blame on your parents.-Answers

COUNTING THE APPLE SEEDS. to say that the young engineer was By the time the Queen Anne gables of can, can't you spare Eisle to go up on the mountain with me this afternoon?" "What for no?" was the ready answer. "Ye'll baith be the better for a bit walk in the open. I'm thinking the

buik is keeping ye ower close to the

The appeal settled the question for Elsie, but her evident embarrassment puzzled Thorndyke. For a swift instant a possible explanation thrust itself upon him, but he put the thought away with a twinge of shame that he had given it room. Doubtless Elsie had her own reasons-for her apparent confusion, but they concerned him only so far as to make it advisable that he should do nothing to place himself in a false light before her. The afternoon ramble would give him a chance to tell her more about himself, and if the vagrant suggestion which he had made such haste to disown had any remote kinship to fact, the bare mention of Helen's name would set the matter right, and there would be no room for future misunderstandings. It was clearly the just and honorable thing to do, and now that he thought of it, he repreached himself for not having done it sooner. With a different upbringing. Philip might have seen the unmalleable self-conceit in all this, and having recognized it he would have been honestly and frankly ashamed of it. Since he was not aware of its existence, his resolve to make a confi-

form of an act of delicate and chivalric

with magnanimous impatience to the time when he could give it speech. After dinner, however, when they were climbing the steep path leading to the summit of John's mountain, the good resolution began to part with its orgency. Elsie's embarrassment had disappeared, and in such irrelevant talk as the scramble up the rocky trail permitted, there was no opening for anything like confidences. With the delay Philip began to doubt the necessity. If he were not under sentence of death it would be different, but in the light of that tremendous fact, why should he go about to observe the unwritten laws of conventionality? It could surely be no disloyalty to Helen if he allowed himself to take what of sympathy and pity this other young girl chose to give him out of the abundance of life and health. On the contrary, would not Helen be glad, when all was said, to know that he had not died without the unction of compassion? And Elsie?-that was a phase of the question which might well be treated as a wise man treats a sleeping dog; it was the very hardihood of vanity to suppose that her heart was touched by any emotion deeper than that of pity. Knowing that his days were counted, there could be no offering save at the shrine of womanly tenderness and sympathy. In any

Pro BE CONTINUEDAL

HONOR WITHOUT STAIN. The Sterling Integrity of One of the Na-

event, there was no occasion for haste;

he would wait awhile and see what came

Old Philadelphians cherish many anecdotes of the noted men in the Quaker city in colonial days. One of these has a significance that is worthy of consid-

There was a famous grammar school of well-to-do parents were sent to be less styll. trained in the "kumanities." The exminutions were severe and the inde who falled felt themselves somewhat disgraced in the eyes of the whole town. Many of the pupils secretly used translations, or were helped by scholar-

There is a tradition that one boy. Charles Thomson, refused to avail himself of any help or dishonest trick. He was slow to learn, and timid. His classmates insisted that he appeared at an unjust disadvantage for these reasons at examinations, and urged himto use "ponics" and cribs.

"No," he said. "It is a pity if I do not learn Greek; but it is worse if I learn to

He failed, and was sent down to . lower class for the next term.

Charles Thompson was never, ray you must stay out of doors?-and haps, first in his class at school; but among the good and noble men who helped to form the republic he stood in the foremost rank as a man whose honor was stainless. He was long sec cause I like it better. It's a weariness retary of congress, and on disputed points his simple statements outweighed the oaths of noisy disputants. Even the Indians recognized the quality of the man, and received him into the naage you to stay in, anyway," she said, tion, giving him a name which signified "He who cannot lie."

If he had learned to lie in order to pass a simple school examination, for what a poor mess of pottage would be bave sold his kingly bigthright.-Youth's Companion.

Poor Author-And is this all I am to have from the sale of my books? Wealthy Publisher-That is the regu-

want? urn-out and coachman for an hour or

"Humph! Where do you want to be fels contented. taken? "To the poorhouse .- N. Y. Weekly.

A Meaning Remark. Miss Turkey-Mar, do you see the nen standing over there?

Mrs. Turkey-Yes, dear. Miss T.-Well, I just beard one of them complimenting you; he said what a nice, juicy looking turkey you Mrs. T .-- My dear, he wasn't compli-

menting me. He meant it for a roast. -Up-to-Date. Shifting the Blame.

Rhymer-A poet, sir, is born, not made. Publisher-Now, don't try to shift

Talks 0 0000000000000 WHY ADVERTISE? By ELBERT HUBBARD. The things that live are the things

Advertising

that are well advertised. The thoughts that abide are those that are strongly maintained, ably defended, well ex-

The world accepts a man or an institution at the estimate it places on itself. To let the rogues and fools expound and explain to you the multitude, and you yourself make no sign, and allow the falsehood to pass as cur-

And soon it becomes legal tender. According to the common law of England a path across your property once used by the people is theirs for all time

In America millions of dollars are now being expended by certain sucdante of Elsie took the comforting cessful firms and corporations to correct a wrong impression that has been thoughtfulness, and he looked forward allowed to get a foothold in the public mind concerning them

Just remember this: It is not the thing itself that lives; it is what is tiser. said about it. Your competitors, the to correct a lie is when it is uttered. no matter how successful you are.

good will of the public, and to secure this and hold it, advertising is necessary. And the more successful you are the more necessary it is that you to business, or on his way down in should place yourself in a true, just the street car, and is then often and proper light before the world, ere thrown aside. His wife, left at home, the lies crystallize, and you find your has her household duties to attend self buried under a mountain of false- to, and has no time to more than hood. "Be thou as chaste as ice, as slightly skim through the paper. But pure as snow, thou canst not escape in the evening both man and wife are calumny." And the more successful free from these cares, and take pleasyou are, the finer target are you for ure in sitting down and going care- said: rumor. The only man who is really fully through their home paper. It is safe is the man who does nothing, at this time that the mind is most thinks nothing, says nothing, has noth- susceptible to the suggestions that ing. He is the only one who need are made in the advertising columns not advertise.

To worship the god Terminus is to have the Goths and Vandals, that skirt terious thing which only a favored the borders of every successful venture, pick up your Termini and carry common sense adjunct of present day them inland, long miles, between the setting of the sun and his rising.

You must advertise, wisely and discreetly, so as to create a public opin- careful attention that other departion that is favorable to you. To hold the old customers, you must

get out after the new. When you think you are big enough, there is lime in the bones of the boss, and a noise like a buccaneer is heard in the offing.

The reputation that endures, or the institution that lasts, is the one that is properly advertised. The only names in Greek history

that we know are those which Herodo-Philadelphia to which the boys tus and Thucydides graved with deathread the boardwalk are those

tarch took up and writ their names large on human hearts. All that Plutarch knew of Greek heroes was what he read in Herodotus. All that Shakespeare knew of classic Greece and Rome and the heroes of that far-off time, is what he dug out of Plutarch's Lives. And about

all that most people now know of Greece and Rome they get from Shakespeare. Plutarch boomed his Roman friends and matched each favorite with some Greek, written of by Herodotus, Plutarch wrote of the men he liked, some of whom we know put up good mamu-

ma to cover expenses. Horatius still stands at the bridge, because a poet placed him there.

It interests, inspires, educatessometimes amuses - informs, and thereby uplifts and benefits, lubricating existence and helping the old world on its way to the Celestial City of Fine Minds.

Business Basis for Advertising.

Is advertising done on a "personal favor" basis? Do advertisers give contracts to the solicitors whom they happen to like?

Is there not a business basis for advertising? And if so, what is that basis? Certainly it can be no other than paid subscriptions.

Is rate cutting the proper basis? Do you believe in cutting rates? Do you do it in your own business? If a journal cuts rates for you, what guarantee have you that it does not lar percentage, sir. What more do you cut rates still more for the next man? When an advertiser knows "Um-well, I'd like the loan of your that he is being treated just like his advertising brethron treated in the same journal, he has confidence and

> Paid subscription list is the only basis for the advertising value of a publication. "Circulation" is variously defined; but paid subscription list can mean only one thing.-Medical World.

Fifteen Millions for Advertising.

At the recent annual meeting of the

turer of Pears' soap, it was announced

WHY NEWSPAPER ADVERTISING PAYS

The newspaper is an effective me dium because the people want the newspapers. If one wants something and is willing to pay to get it, he is going to take a greater interest in it, having obtained it, and it will have a greater influence upon him than if he merely runs into it or it is forced upon him.

There has never been a time when the people were keener to know what is the news of the world. They want to know what their country and prov ince and city are doing, and more than all else, they are curious about what is happening to their neighbor. Man is a creature of locality, and he is anxious to be informed upon all the happenings in the district that comes within his vision. If that is true of man, it is true to a much greater extent of woman.

A woman's world is smaller than man's. She does not have the opportunities to go about the city meeting other people and of being told of what is doing, so that the newspaper, with its news of the city and of her fellow woman, and more than all else, with the news of the stores is intensely in-

teresting to her It is this curiosity, this living in terest in what is going on all about us, that produces circulation in the first place, and circulation is the real basis of the newspaper's value to an adver-

The newspaper reaches the people disgruntled ones, are busy. The time in the right place, at the right time, to correct a lie is when it is uttered. and when they are in a proper receptive moral is: You must advertise, tive mood. The right place is the home; the right time is the evening. The Zeitgeist is always at work, al- That is what makes the evening paper ways rolling up as a big snowball a greater result bringer than a morngrows. The best asset you have is the ing paper. The evening paper is the logical producer of good returns.

The morning paper is read by the man of the house before he goes down of the paper,

Advertising is not a unique or mys few can control or benefit by. It is a business, made powerful by the greater spread of newspapers, and by putting into it the same thought and ments of business require and get as a matter of course.

THREE GREAT AD ESSENTIALS

Truth, Reverence and Beauty Are Necessary to Succeed, Says Kansas City Divine.

"Truth, reverence and beauty, are the three essentials of advertising." said the Rev. Naphtall Lussocock, pastor of the Hyde Park Methodist The men of Rome who live and church, in a talk before the Kansas Plu- City Ad Club.

"Advertising that is not truthful is like a structure built upon a weak foundation, sooner or later it must crumble. An untruth always comes rack for awhile, home to a man. There are many ways of telling the truth, and the best one in advertising is to say it in the most attractive manner. There is a great difference, however, between speaking the truth and changing the environment of a fact until it changes its color. Coloring the truth is not speak-

ing truths. "I believe the world of advertising s growing more reverent every year. Reverence is a quality which must be observed. How disgusting it is to see the American flag used to advertise beer. What hollow mockery it is to exploit the charms of a female person for advertising."

The world owes you a living, and the best way to get it is to advertise.

Of Course.

"Will you allow me to ask you a question?" interrupted a man in the audlence. "Certainly, sir," said the lecturer.

"You have given us a lot of figures about immigration, increase of wealth. the growth of trusts, and all that." said the man. "Let's see what you know about figures yourself. How do you find the greatest common divisor?"

Slowly and deliberately the orator took a glass of water. Then be pointed his finger straight at the questioner. Lightning flashed

from his eyes, and he replied, in a voice that made the gas jets quiver; "Advertise for it, you ignoramus!" The audience cheered and yelled and stamped, and the wretched man who had asked the question crawled

Find Advertising Pays, The Congregational church of Ma son City, Ia., has been using the newspapers of the city for the past two

out of the hall a total wreck.

stockholders of A. F. Pears, manufac- months, with gratifying results. A close record of the money re that the company since it was founded ceived in offerings has been kept, and had spent \$15,000,000 for advertising, at the close of last month, after all This expenditure, according to the expenses had been paid, there was a chairman, has made the name of Pears balance on the credit side of the a household word and increased the ledger. Those in charge of the adverbusiness a hundred-fold. The business tising, plan to make it still more ef was started with a capital of \$35,000. | fective and profitable.

"All Run Down"

Describes the condition of thousands of men and women who need only to purify and enrich their blood. They feel tired all the time. Every task, every responsibility, has become hard to them, because

they have not strength to do nor power to endure. If you are one of these all-run-down peo-ple or are at all debilitated take

Hood's Sarsaparilla It purifies and enriches the blood, and builds up the whole system. Get it today in usual liquid form or chocolated tablets called Sarsatabs.

DR. J. D. KELLOGG'S

Remedy for the prompt relief of Asthma and Hay Fever. Ask your drugglet for it. Write for FREE SAMPLE. NORTHROP & LYMAN CO. LId., BUFFALO, N.Y.

A Strong Preference.

"She is literary, isn't she?" "Yes, indeed; she'd rather read than do housework any day."

Not Particular. She-I heard Freddy Fickle has decided to marry and settle down to a particular girl.

He-Huh! She can't be.

Local Color. "I understand that sixteen different women have brought suit for breach

of promise against Riter. What's his

defense?" "Oh, he claims that he was simply getting material for his annual out put of summer love stories."-Puck.

His Wurst. The German proprietor of a Brooklyn delicatessen store has got far enough along to pun in English. A writer in the New York Sun reports

the fact. Hanging in the window of the little shop is this advertisement: "The Best You Can Do Is Buy Our Wurst."-Youth's Companion.

A Poetic Prosecutor.

John Burns, city prosecutor of St. Paul, was trying to show Judge Finehout why some young men ought to be fined for tearing pickets off the fence of Mrs. Joe Goesik. Mr. Burns

"I know Mike Chicket tore off that

"No lady is charged with taking a

fence," replied Judge Finehout, "and, besides, this is no place for poetry."

picket, and the lady took offence."



Myrtilla-He proposed, but I didn't say yes. I want to keep him on the

Miranda-Be careful, or you may find yourself on the shelf.

FEED YOUNG GIRLS Must Have Right Food While Growing.

Great care should be taken at the critical period when the young girl is just merging into womanhood that the diet shall contain that which is upbuilding and nothing harmful.

At that age the structure is being formed and if formed of a healthy. sturdy character, health and happiness will follow: on the other hand unhealthy cells may be built in and a sick condition slowly supervene which, if not checked, may ripen into a suffering. A young lady says:

"Coffee began to have such an effect on my stomach a few years ago that I finally quit using it. It brought on headaches, pains in my muscles, and nervousness. 'I tried to use tea in its stead, but found its effects even worse than those I suffered from coffee. Then for a long

last it palled on me. A friend came to the rescue with the suggestion that I try Postum. "I did so, only to find at first, that I didn't fancy it. But I had heard of so many persons who had been benefited by its use that I persevered, and when I had it made right-according to directions on the package-I found it grateful in flavour and soothing and

strengthening to my stomach. I can

find no words to express my feeling

time I drank milk at my meals, but at

of what I owe to Postum! "In every respect it has worked a wonderful improvement - the headaches, nervousness, the pains in my side and back, all the distressing symptoms yielded to the magic power of Postum. My brain seems also to share in the betterment of my physical condition; it seems keener, more alert and brighter. I am, in short, in better health now than for a long while before, and I am sure I owe it to the use of your Postum." Name given by Postum Company, Battle

Creek, Mich. "There's a reason." Ever rend the above letter? A new one appears from time to time. They are genuine, true, and full of human laterest.