

# TWO STRIKERS CONFESS MURDER

### DEPOSED UNION SECRETARY GIVES ANGER AS REASON FOR TELLING.

### FIVE UNDER ARREST FOR KILLING THREE MINERS.

### Story of Crime Told by Huhta is Amplified and Corroborated by Finnish Strikers at Toivola.

Houghton, Mich.—The confession of John Huhta, deposed secretary of the South Range local of the Western Federation of Miners, who was arrested Friday in connection with the murder of three non-union English miners at Painesdale, December 7, was amplified Saturday afternoon by a statement made to Sheriff Cruse by a Finnish striker residing at Toivola, who said he was with the party of federation gunmen, charged with the shooting, at the time of the tragedy. He also implicated several men not implicated by Huhta.

Four, besides Huhta, have been arrested, the fifth man being brought in late Saturday afternoon. They are Nick Verbanec, boon companion of Huhta, and an organizer for the western federation; Hjalmer Jaitonen and Isaac and Joseph Juttinen.

The confession of Huhta and the story of the Toivola striker were voluntarily offered. Both were complete in detail. Huhta said he was actuated through anger towards the federation, because he was discharged as secretary of the South Range union, and because of a troubled conscience. Since being made secretary of the union two months ago, Huhta, who is a miner, has spent money freely and lived a fast life, which contributed to his undoing as an officer of the federation, misuse of federation funds being suspected.

### VETERAN PUBLISHER IS DEAD.

### Loren A. Sherman, of Port Huron, Dies at Age of Seventy.

Port Huron, Mich.—Loren A. Sherman, former postmaster and for years editor and manager of the Port Huron Daily Times, died at his home in this city at 2 o'clock Saturday afternoon.

Mr. Sherman had been in the newspaper business in Port Huron for many years, and about three years ago his paper was merged with the Daily Herald, being known as the Times-Herald.

He was a candidate for mayor at last fall's election. Shortly after the campaign he was taken ill. He was 70 years of age, and is survived by a widow, son and daughter.

### AGED WOMAN SHOT BY ROBBER.

### Mrs. Srycock Murdered at Her Home Near Jackson.

Jackson, Mich.—Mrs. Caroline Srycock, 75, was found dead in bed at her home in Spring Harbor township Friday evening, being the victim of shots fired by someone at present unknown. The motive was evidently robbery, as the house had been ransacked. A gold watch was one of the articles stolen.

The woman was found on the bed in a pool of blood. She had been shot twice, two 22-caliber bullets being extracted. One bullet entered one cheek and penetrated the head.

### Accepts Battle Creek Pastorate.

Battle Creek, Mich.—Rev. Robert L. Webb, of Haverhill, Mass., will accept the pastorate of the First Baptist church, for which 30 ministers have been candidates, largely because the retiring pastor, Rev. B. Frank Taber, held the place for a decade, before going to a Chicago suburb. Webb recently came west and preached to the congregation that has now called him. He will report in April.

### STATE NEWS IN BRIEF.

A Woman's Political Study club has been organized in Bad Axe, with 40 members.

Some practical work is being done by some of the high school classes at Hillsdale. The commercial arithmetic class is visiting the stores, lumber yards, etc., figuring on cost prices, discounts, profits, take measurements and making out bills. The class in farm machinery of the agricultural department is visiting the mills and other places where there is machinery.

To introduce the playgrounds movement in Muskegon, the Chamber of Commerce has informed the board of education it will put up baseball grounds and outdoor basketball courts in every public school-yard in the city.

Two years ago in a runaway accident Allen Losey, of Hillsdale, had a knee dislocated and he limped. He was again thrown from his buggy recently and struck the same knee on the frozen ground and knocked it back into place again. The limp is gone.

### Inmate of Alma House Gets Large Estate

Bay City, Mich.—Thomas O'Connor, 53 years old, an inmate of the Bay county poor farm, is due to come into the possession of an estate of \$26,000 as sole heir of his father, Michael O'Connor, who died five years ago.

At that time O'Connor could not be found but turned up about a year afterwards after he chanced to read in an old newspaper an account of his father's death. When he came home to claim the estate he was declared incompetent and Edward Porter, local attorney, was named guardian. The term of the guardianship expired Saturday. He has been an inmate of the county farm for three years.

### MICHIGAN NEWS IN BRIEF

J. B. Cooper, 58, head of the Calumet and Hecla smelting works and an authority on smelting, is dead at Calumet.

The elevator at New Hudson, owned by Lewis Beach, was burned to the ground in a fire that threatened the entire village Saturday. The loss is \$6,000.

Deputy Attorney-General A. B. Dougherty, in an opinion rendered has decided there is no state law prohibiting the feeding of table refuse to hogs.

An unidentified man about 60 years old was found dead beside the Pere Marquette tracks at Saginaw Saturday night. It is believed he was struck by an outgoing passenger train.

Mrs. Elizabeth Taylor, of Ionia, whose husband was burned to death in the jail at Lowell, while intoxicated, was awarded a judgment of \$1,500 against three saloonkeepers who sold him liquor.

Williams Brothers company, of Cadillac, one of the largest lumber concerns of the state, has adopted plans for sharing profits with its employees. The announcement was made to the workmen Saturday.

The home of Lemuel Miller, four miles north of Ridgeway, was damaged Friday night by the explosion of an acetylene gas plant. Cement blocks were hurled 100 feet from the scene. No one was injured.

While his mother was preparing supper, Frank Kuopik, 4 years old, of Grand Rapids, secured a bottle of carbolic acid and spilled it over his face and chest. He was so badly burned that he died within an hour.

Edwin P. Knight, aged 76, and one of the best known pioneer residents of Eaton county, died suddenly Saturday of neuralgia of the heart. He was the first white child born in Eaton Rapids and had always resided here.

By the terms of the will of the late Robert Walsh, who was Port Huron's largest holder of real estate, and worth probably a million dollars, the bulk of his fortune is left to the children of Thomas Walsh, of that city.

Shooting tinfoil wads may cause the loss of an eye to Jay Adams, a Battle Creek school boy. The lad was standing in the manual training school when a companion hit him in the eye with a tinfoil wad shot with a rubber band.

Martin Richardson, 19-year-old bell-boy, who took \$295 in checks belonging to the Hotel Downey, was brought back to Lansing from Sebring, O. He told the officers that part of the money was stolen from him in Chicago. He had only \$45 left.

Horatio S. Earle, at a meeting of the West Michigan Pike association, at Muskegon, criticized Michigan people who have contributed to a Lincoln highway fund. Dr. W. H. DeKleine, of Grand Haven, was re-elected president of the association.

Charles Major, of Ann Arbor, dropped dead Saturday of heart failure. He was about 55 years old. Friday, he returned from a pleasure trip to Florida apparently in the best of health. A wife and baby girl of three months and a married son and daughter survive.

At the village election to be held March 9, at Newaygo, two tickets will be placed in the field and a library issue will be voted on. The latter relates to the maintenance of a prospective library building and equipment bestowed by Andrew Carnegie. The question is whether a tax of one mill on the dollar shall be assessed for library support.

Sheriff Malnes, has sent warnings over the Thumb district to farmers and business men, to be on the lookout for George L. Kramer, a clever forger and faker who has resisted all efforts at capture throughout the state.

Erna C. Thon, 29 years old, of Saginaw, who has been held by the Detroit police on suspicion of being the companion of Alpheus D. Moore when Patrolman Thomas F. Madden was killed, was released Saturday afternoon upon the failure of detectives to connect him with the case.

# LETTER FROM THE STATE CAPITOL

### STATE TAX COMMISSION HAS COMPLETED PUBLIC SERVICE ASSESSMENTS.

### SOME RAILROAD VALUATIONS ARE REDUCED.

### Dr. Holm Talks on Causes of Infant Mortality and Blames Mothers in Many Cases for Sickness.

(By Gurd M. Hayes.)

Lansing, Mich.—Public service corporations assessed on an ad valorem basis will pay \$5,244,025.87 in state taxes this year and all of this money, under the provisions of the constitution, will be turned into the primary school fund. The state tax commission have completed the final assessment and the figures show that the various companies must pay \$274,883.99 more in state taxes than they paid one year ago.

Since the tentative assessment was announced January 15, the state tax commission has been sitting as a board of review and the companies have had the right of appeal from the tentative figures. Some of the companies failed to send representatives to Lansing, being apparently satisfied with the initial work of the commission.

However, practically all of the railroad companies appealed from the tentative assessment and in some cases they succeeded in inducing the tax commission to pare off a few thousand dollars from the assessment. This year the companies will pay taxes at the rate of 21.76 per \$1000 assessed valuation.

The total valuation of all railroad property in the state is placed at \$214,966,500. The tentative assessment made last month placed a valuation of \$218,021,500 on the property, but apparently the poverty pleas of the corporation lawyers have some effect as the final assessment was reduced \$3,715,000 over the first figures. The Pullman company's tentative assessment was \$650,000, but the representatives of the company succeeded in convincing the commission that it was not worth more than \$625,000 and a reduction of \$25,000 was made.

The express companies succeeded in securing a reduction of \$109,000 over the tentative assessment, the car loaning companies were reduced \$314,700, while the telephone and telegraph companies succeeded in having the commission cut off \$111,500. As compared to the tentative figures the assessed valuation of all the property was reduced \$3,927,800. As compared to the tentative assessment the principal decreases in the final figures are as follows: Michigan Central \$1,700,000; Wabash \$100,000; Lake Shore & Michigan Southern \$275,000; Chicago, Milwaukee & St. Paul \$250,000; Ann Arbor \$100,000.

That fond mothers' "bad" habits have a big influence on the mortality rate of infants is the declaration of Dr. M. L. Holm, state bacteriologist for the state board of health. That the diseases of infants is due largely to the things which babies are permitted to take into their mouths after these things have been dropped on the floors of railroad stations, theaters, public places and even in their own homes, is also claimed. Dr. Holm is decidedly against the "pacifier," teething rings and a new brand of sweet biscuit recently appearing for the supposed pacification of the infant and one of the best agents for the transmission of diseases.

Records of analysis divulge many unusual things at the state laboratory and only tend to prove that the infant occupies a most dangerous position regardless of the love with which it may be surrounded. Dr. Holm says: "Being a baby is a very hazardous occupation." In fact statistical records show that it was less dangerous to be a soldier in the battle of Gettysburg than to be a baby in the 20th century.

"In Michigan alone over 8,000 babies died every year and the most lamentable fact is that more than half of these are from preventable causes. Infectious diseases are responsible for about 2,000 deaths every year among children under two years of age in Michigan and these cases too often are the result of criminal carelessness, ignorance or neglect. Most of the infections in children occur through the mouth and a baby habitually puts everything into the mouth. Careless friends persist in handing a baby with their street gloves or soiled hands, or give them things that have been exposed to various conditions.

"Ignorant mothers frequently pick up baby's pacifiers, toys, etc., from the sidewalks or other public places and return them to the baby. Needless to say that everything that goes to the baby goes to the baby's mouth, carrying any infection to which the article has been exposed. Some mothers say: 'I am not afraid of germs.' It is true that certain germs are innocent, but in the public places where the population of a city mingles, one cannot always separate the harmless from the harmful. The facts are, three per cent to five per cent of typhoid patients become typhoid carriers, about one per cent of normal individuals carry latent germs of diphtheria, and probably the same is true of scarlet fever and measles. One out of every 300 persons is spreading tuberculosis and fully 75 per cent of all adults carry the germs of pneumonia in the secretions of the mouth. In addition, carriers of influenza, whooping cough, meningitis and small pox without symptoms are by no means infrequent. All these contribute to what may be going into the baby's mouth.

"The innocent baby is unprotected by immunity from previous disease and is highly susceptible to the germs of contagion in any form. The mother should learn to appreciate that public contamination is potential infection, and the admiring public should learn that while babies might stand inspection, the intelligent mother will appreciate any admiration with 'hands off.'"

Junior horticulture men at M. A. C. are obtaining some practical ideas from visits to Lansing greenhouses. The men are inspecting not only the methods employed in hothouse culture, but are also studying construction. Many of the students in horticulture will take up greenhouse work after they leave school as the field is big.

# REBELS DELAY INVESTIGATION

### MEMBERS OF COMMISSION ARE NOT PERMITTED TO EXAMINE BENTON CORPSE.

### ORDER MUST HAVE COME FROM CARRANZA OR VILLA.

### Great Surprise is Occasioned Sunday When Americans Are Refused Permission to Board Train at Juarez.

Juarez, Mexico.—The Benton investigating commission Sunday was prevented by rebel orders, from going to Chihuahua to examine the body of the slain Briton.

Col. Fidel Avila, the military commander here, declined to permit the members of the commission to board the regular passenger train, which was waiting.

No official in Juarez has authority to take such action as was taken in this case. Only two persons in northern Mexico have the power—Venustiano Carranza and Gen. Francisco Villa.

The order came as a surprise to the commissioners. Villa, at Chihuahua, has repeatedly expressed his desire to hasten the inquiry and his offer of a special train to take the commission from this city to Chihuahua, where Benton's body is said to be buried, was formally accepted by Marion Letcher, the American consul there.

### SENATE PASSES P. O. MEASURE.

### Largest Appropriation Bill on Record Approved by Upper House.

Washington.—The senate passed Saturday the largest appropriation bill ever to meet the approval of either house of congress when it sent to conference the postoffice measure, carrying \$311,492,067, an increase of nearly \$840,000 over the bill as it was reported by the postoffice committee. All efforts to limit the power of the postmaster-general to regulate parcels post rates, zones or weights were defeated.

Increases of salary from \$200 to \$500 were inserted for railway mail division superintendents, assistant superintendents and chief clerks; rural mail carriers received an increase of \$100 a year on standard routes; and substitute carriers and clerks from 30 to 40 cents an hour.

### Cuba's First President Dead.

Havana, Cuba.—Senator Salvador Cisneros Belandier, Marquis of Santa Lucia, died here Saturday night. He was eighty-six years old.

The body of the senator, who was the president of the first Cuban revolutionary government, lay in state for 24 hours in the presidential palace and was then taken by special train to his birthplace in Camaguey for interment.

A decree was issued ordering that funeral honors be accorded the senator as though he had been an ex-president of the republic of Cuba. The decree also called for three days of national mourning.

### Earl of Minto is Dead.

London.—The Earl of Minto, former governor general of Canada and former viceroy of India, died at Hawick at 4 p. m. Sunday.

Entering the government's service as an ensign of the Scots Guards at the age of 22, Gilbert John Murray Elliot, fourth Earl of Minto, became at sixty viceroy of India, the most important and lucrative post in the British colonial governments. He was sixty-nine years old and has served his government in important posts for thirty years.

### TELEGRAPHIC FLASHES

The Saginaw board of trade announced Saturday that it had plans completed for a new home which is to be constructed soon. The building will cost \$100,000 and will be built by the members. This is in accordance with the plans of various boards of trades throughout the United States.

Title to the largest farm in Michigan was obtained Saturday by A. T. Jennings, of Chicago, manager of the "Fair" department store. Berner Cohen of New York, and Theodore Lamprecht of Chicago, who purchased the Frank W. Squier farm of 4,124 acres in Muskegon and Newaygo counties. The sale price, including personal property, was nearly \$200,000.

Word has been received that Hiram Ely, a freshman in the engineering department of the University of Michigan, has been appointed to West Point. His home is at Rutherford, N. J.

His prediction that he would not live to serve the full one-year sentence he had received for committing a forgery came true and the body of Ely sent to Ionia prison Wednesday was shipped home. The boy died almost immediately after entering the prison.

# MARKET QUOTATIONS

### Live Stock, Grain and General Farm Produce.

### Live Stock.

Detroit—Cattle: Receipts, 407; good grades very dull; others steady; best steers, \$7.75; good steers, 1,000 to 1,200 lbs., \$7.35@7.50; steers and heifers, 800 to 1,000 lbs., \$7.00@7.25; steers and heifers that are fat, 700 to 900 lbs., \$6.50@7; steers and heifers that are fat, 500 to 700 lbs., \$6.00@6.50; choice fat cows, \$6.50; good fat cows, \$5.75@6; common cows, \$4.75@5.25; canners, \$3.50@4.25; choice heavy bulls, \$6.75@7; fair to good bologna bulls, \$6.50@6.75; stock bulls, \$5.50@6; choice feeding steers, 800 to 1,000 lbs., \$6.25@6.50; choice stockers, 500 to 700 lbs., \$6.25@6.50; fair stockers, \$6.00@6.25; milkers, large, young, medium age, \$7.00@8.00; common milkers, \$4.50@6.00.

Veal calves—Receipts 131; market steady; best, \$11; others, \$8@10.50. Sheep and lambs—Receipts, 4,155; market strong; best lamb, \$7.85@8; fair to good lambs, \$7.25@7.50; light to common lambs, \$6.50@7; yearlings, \$7.25; fair to good sheep, \$5@5.50; culls and common, \$4@4.50.

Hogs—Receipts, 1,089; pigs, \$8.85@9; others, \$8.75@8.85; packers' top, \$8.75.

East Buffalo.—Cattle—Receipts, 5,500; good grades 10@20c lower; cow stuff ready; prime 1,350 to 1,450 lb steers, \$8.75@9; best 1,200 to 1,300 lb steers, \$8.50@8.65; best 1,100 to 1,200 lb steers, \$8.25@8.40; coarse and plain weighty steers, \$7.65@8.10; fancy yearlings, baby beef, \$8.25@8.50; medium to good do, \$7.50@7.75; choice handy steers, \$7.75@8.35; fair to good, \$7.50@7.65; extra good cows, \$5@5.50; cutters, \$4.25@4.50; trimmers, \$3.50@4; best heifers, \$7.50@8; medium butcher heifers, heifers, \$6.15@7; light butcher heifers, \$6.25@6.50; stock heifers, \$5.75@6.25; best feeding steers, \$7@7.25; fair to good, \$6.50@7; fancy stock steers, \$6.25@6.50; common light stock steers, 5.50@6; extra good bulls, \$7.25@7.40; bologna bulls, \$6.50@7; stock bulls, \$5@6; milkers and springers, \$4.50@100. Hogs: Receipts, 16,000; market slow; heavy, \$9.15@9.25; yorkers and pigs, \$9.20@9.20. Sheep and lambs: Receipts, 19,000; market 15c lower; top lambs, \$8.15@8.25; yearlings, \$6.50@7.25; wethers, \$6.25@6.40; ewes, \$5.50@5.80. Calves: Receipts, 800; strong; tops, \$12@13; fair to good, \$10@11; grassers, \$4.50@5.50.

Grains Etc.

Wheat—Cash No. 2 red, 99c; May opened without change at \$1.02 3/4, advanced to \$1.03 and closed at \$1.02 3/4; July opened at 92 1/4c, advanced to 92 1/2c and closed at 92 1/4c; No. 1 white, 98 1/2c.

Corn—Cash, No. 3, 62 1/2c; No. 3 yellow, 4 cars at 64 1/2c; No. 4 yellow, 1 car at 62c.

Oats—Standard, 3 cars at 42c; No. 3 white, 4 cars at 41 1/2c; No. 4 white, 4c.

Rye—Cash, No. 2, 67c. Beans—Immediate and prompt shipment, \$1.85; March, \$1.90.

Cloverseed—Prime spot, 50 bags at \$8.30, closing at \$8.40; March, \$8.40; sample red, 40 bags at \$7.75, 15 at \$7.50; prime alsike, \$10.50; sample alsike, 15 bags at \$8.75.

Timothy—Prime spot, \$2.40. Alfalfa—Prime spot, \$7.25. Barley—Sample, 1 car at \$1.35 per cwt.

Hay—Carlota, track Detroit: No. 1 timothy, \$14.50@15; standard, \$13.50@14; No. 2 timothy, \$12@13; light mixed, \$13.50@14; No. 1 mixed, \$12.50@13; No. 1 clear, \$12@12.50; rye straw, \$7.50@8; wheat straw, \$7@7.50 per ton.

Flour—In one-eighth paper sacks, per 196 pounds, jobbing lots: Best patent, \$5.30; second patent, \$5; straight, \$4.75; spring patent, \$5.10; rye, \$4.40 per bbl.

Feed—In 100-lb sacks, jobbing lots: Bran, \$27.50; coarse middlings, \$27.50; fine middlings, \$29; cracked corn, \$29; coarse cornmeal, \$28; corn and oat chop, \$25 per ton.

General Markets.

Apples—Steels Red, \$5.50@6; Spy, \$5@5.50; Greening, \$4.50@5; No. 2, \$3@3.50 per bbl.

Cabbage—\$3 per bbl. Rabbits—\$2.50 per doz. Dressed Hogs—Light, \$10; heavy, \$8@9 per cwt.

New Potatoes—Bermuda, \$2.50 per bu and \$7 per bbl. Sweet Potatoes—Jersey kiln-dried, \$1.25@1.30 per crate.

Tomatoes—Hothouse, 20@25c per lb, Florida, \$4.50 per crate and 90c@1.00 per basket.

Dressed Poultry—Chickens, 17@19c hens, 17@18c; No. 2 hens, 12c; old roosters, 12c; ducks, 18@19c; geese, 14@15c; turkeys, 20@21c per lb.

Potatoes—In bulk, 65@68c per bu; in sacks, 68@70c per bu for carlots.

Live Poultry—Spring chickens, 17@17 1/2c; hens, 17@17 1/2c; No. 2 hens, 11@12c; old roosters, 10@11c; ducks, 17@19c; geese, 14@15c; turkeys, 22@24c per lb.

Cheese—Wholesale lots: Michigan lat. made, 16@17c; Michigan full 1-2@19c; brick, 16@16 1/2c; Imburger, 14 1/2@15 1/2c; imported Swiss, 24@24 1/2c; domestic Swiss, 19 1/2@20c; long horns, 18@19c; daisies, 18@18 1/2c per lb.

# WHAT AN OHIOAN HAS TO SAY ABOUT CONDITIONS IN WESTERN CANADA.

### W. E. Lewis formerly lived near Dayton, Ohio. He went to Saskatchewan seven years ago with \$1,800 in money, a carload of household effects and farm implements, including four horses and three cows. Of course, the first year he only got feed from the crops, but the second year had 100 acres in wheat which made over 2,800 bushels. He has not had a failure in crop, and at present has 23 head of horses, 15 head of cattle and 35 hogs, and owns 1,120 acres of land, all under cultivation. He has been offered \$35 an acre for his land, and should be able to dispose of his holdings he could pay all his debts and have \$30, 000 to the good; but, as he says, "Where could I go to invest my money and get a good return?" He con- tinues in his letter to the Immigration department, August, 1912:

"We have equally as good if not better prospects for crops this year as we had three years ago, when our wheat ranged from 39 to 48 bushels per acre. I never believed such crops could be raised until I saw them myself. I had 15 acres that year that made 50 bushels to the acre. Our harvest will be ready by the 12th. We have this season in crop 400 acres of wheat, 125 of oats, 90 of flax and run three binders with four men to do the stooking. We certainly like this country and the winters, although the winters are cold at times, but we do not suffer as one would think. What we have accomplished here can be duplicated in almost any of the new districts."—Advertisement.

# MILITANT IN THE MAKING

### Small Girl Has Begun Early to Resist Restrictions Imposed Upon Her by Her Sex.

Children often voice the spirit of their times in surprising manner. Little Elsie, for example, in the pertinent questions her adult relatives found so difficult of reply. Several times in a single day the little girl had encountered the wall of conventionality interdicting her joys and liberties easily granted her brother, and at last, when told that nice little girls must not play in the street after dark, even upon special occasions such as Halloween, she was tempted toward open revolt.

"Mother, who made things so much harder for girls than boys?" she asked, suddenly. "Boys can do many things girls can't and they have good times, somehow. Who said it was to be so?"

"God, I suppose," was mother's dubious but determined answer. Elsie considered the case in silence for a few moments then burst out impulsively:

"Well, I wonder who'd call that just?"

Rebutting a Libel.  
John D. Rockefeller, talking to a Cleveland clergyman, said one day, with a whimsical but rather sad smile:

"From the stories that are told about my love of money and my disregard for humanity you'd think I was some such monster as the criminal of the anecdote."

"A judge once said to a terrible criminal: 'And you actually had the heart to murder this poor man for a matter of 50 cents?'"

"Well, your honor," said the criminal, with an injured-innocence air, "well, your honor, what do you expect? Fifty cents here and fifty cents there—it soon mounts up."

Queer Sort.  
"What bent has this young man in the drama?"  
"Straight work."

NO GUSHER  
But Tells Facts About Postum.

A Wis. lady found an easy and safe way out of the ills caused by coffee. She says:

"We quit coffee and have used Postum for the past eight years, and drink it nearly every meal. We never tire of it."

"For several years previous to quitting coffee I could scarcely eat anything on account of dyspepsia, bloating after meals, palpitation, sick headache—in fact was in such misery and distress I tried living on hot water and toast."

"Hearing of Postum I began drinking it and found it delicious. My ailments disappeared, and now I can eat anything I want without trouble."

"My parents and husband had about the same experience. Mother would often suffer after eating, while yet drinking coffee. My husband was a great coffee drinker and suffered from indigestion and headache."

"After he stopped coffee and began Postum both ailments left him. He will not drink anything else now and we have it three times a day. I could write more but am no gusher—only state plain facts."

Name given by Postum Co., Battle Creek, Mich. Write for a copy of the famous little book, "The Road to Well-being."

Postum now comes in two forms: Regular Postum—made well boiled. 15c and 25c packages. Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.