

NEWS NOTES OF GENERAL INTEREST

KERNELS CULLED FROM THE MOST IMPORTANT EVENTS.

STORIES FROM OVER GLOBE

Items From Happenings of World Arranged in Their Briefest and Most Succinct Form for the Busy Reader.

Washington

The president and Mrs. Wilson announce the engagement of their youngest daughter, Eleanor Randolph, to the Hon. William Gibbs McAdoo.

An inquiry was ordered by the senate at Washington into the reported speech of Ambassador Page at London scoring the Monroe doctrine.

The house committee at Washington investigating conditions in the Michigan copper mine strike area returned, and members indicated that their report would denounce the mine owners for refusing to allow their men to return to work without renouncing their unions.

President Wilson received from John Redmond, the Irish leader in the British parliament a box of shamrocks and some Irish moss.

Under President Wilson's orders issued from the war department at Washington, two additional regiments of American infantry were sent to Eagle Pass and Laredo, Tex., to allay fears of Mexican raids on border towns and banks.

Secretary Bryan in an address at Annapolis, Md., said he hoped that not only would this country borrow the initiative and referendum as it had borrowed the Australian ballot, but that in time it would adopt the postal vote.

The Alaska bill providing for the construction of a thousand miles of government railroad to connect coal fields with the coast at an expenditure of \$35,000,000 was made ready for the president's signature when the senate at Washington, by a vote of 42 to 27, adopted the conference report already adopted by the house.

Frank M. Ryan, president of the International Association of Bridge and Structural Iron Workers, and 23 of his associates whose convictions in the labor dynamite cases were affirmed by the Supreme court at Washington, intend to apply for a pardon.

Domestic

Damage of \$1,900,000 was done by fire in the harbor at Portland, Ore. Two mammoth grain docks, a large quantity of wheat and two large steamships were destroyed.

Unemployed men invaded the chamber of commerce at Boston, demanding shelter and food. Trading had closed for the day, but the invasion caused excitement. Police reserves were called and the party of about one hundred and fifty men, led by Morrison I. Swift, was ejected without violence.

Willie Ritchie, lightweight champion, defeated Ad Wolgast, the former title holder, in their ten round bout before the Queensberry A. C. at Milwaukee, Wis.

Directors of the United States Express company voted at New York to wind up its affairs and have it go out of business. The success of the parcel post and the recent order of the interstate commerce commission resulting in a 16 per cent. reduction in express charges are held directly responsible for the company's retirement from business.

Arthur Fisher, a Chicago & Northwestern engineer of Pekin, Ill., and an unidentified robber are dead, two deputy sheriffs and a woman are wounded and 11 Mexicans are in jail at Princeton as the result of a robbery of a Chicago & Northwestern freight train at Manlius, Ill.

George Westinghouse, aged sixty-seven, president and founder of the Westinghouse Machine company, with home offices in Pittsburgh, died at New York. Westinghouse was one of the most noted inventors and manufacturers in the world.

Emory Lattanner, Ohio superintendent of banks, announced that the state had taken charge of the Miners' and Mechanics' bank at Nelsonville after state examiners reported that liabilities are \$46,000 in excess of the assets.

J. F. Williams, a miner of Birmingham, Utah, and an unidentified man, who were walking along the tracks of the Santa Fe, were run down and killed at Williams, Ariz., by the California Limited.

Three women were nominated for office in Aurora, Ill., at the first election in which Aurora women have had the right to participate.

John J. Meyers and Archie L. Wisner were found guilty in the federal court at New York of using the mails to defraud by the sale of western mining stocks through A. L. Wisner & Company. Wisner was sentenced to serve six years and Meyers received a similar term and was fined \$10,000.

Henry Siegel, head of department store enterprises in New York and Boston, and Frank S. Vogel, his partner, were indicted by the grand jury at New York on charges of grand larceny and violations of the banking laws. Both men surrendered, entered pleas of not guilty and were released under bonds of \$25,000 each.

An indictment was returned by the grand jury at Omaha, Neb., against Irving H. Baxter, formerly United States attorney and district judge, charging extortion and blackmail. Two other well-known attorneys were indicted for the same offense, and three for other offenses.

Lieut. John C. Porte, a retired British naval officer, who is to pilot the Rodman Wanamaker transatlantic flyer, sailed from New York for England on the Lusitania. He has spent a week with Glenn H. Curtiss at Hammondsport, looking over the machine and making various suggestions as to design and equipment.

Mexican Revolt

In the reported arrest at Chihuahua city of Maj. Rodolfo Fierro, "Fanchu" Villa's chief lieutenant, constitutionalists in Juarez see the first step toward giving Great Britain satisfaction for the death of William S. Benton. Information gathered by the Carranza commission is said to indicate that Major Fierro was Benton's slayer.

A report from Chihuahua to Mexico City says that the reason General Villa continues to play for delay in the delivery of W. S. Benton's body is that it was buried next door to Villa's headquarters at Juarez, and that when an effort was made to recover the body Villa ordered it exhumed and burned.

Reports received at Washington from Brigadier General Bliss at El Paso and Consul Garrett at Laredo, received at the war and state departments cleared up the mystery in the delivery on American soil of the body of Clemente Vergara. They satisfied the officials that no act had been committed by national or state agents in violation of Mexican sovereignty.

Foreign

Severe fighting, in which the Italian troops killed 263 Arabs, took place in the neighborhood of the oasis of Suetina, Tripoli. The Italians lost two officers and 42 native soldiers killed.

The British ambassador at Peking notified the foreign office at London that the Misses Black, two missionaries who disappeared after the sack of Lachokow by Chinese brigands, had arrived safely at Fan Cheng.

Half a dozen policemen and civilians were wounded in rioting at Dublin which broke out at a meeting of unemployed men. Captain White, who presided at the meeting, was arrested after being beaten with a truncheon.

The training ship Wellesley, one of the last of England's old-time wooden warships, was burned in Shields harbor. Only a few of the boys on board were injured. One of the lads made a dash through the smoke and rescued the captain's baby.

Clashes between federal troops on one side and revolutionists and strikers on the other were reported from the state of Ceara, Brazil, where martial law was proclaimed.

Five hundred Chinese brigands swept down upon Laohokow, China, in Hepeh province, sacked the town, killed a foreign missionary, wounded another and then impressed 2,000 coolies to carry off their loot. Soldiers were sent in pursuit.

Personal

Capt. Cyril R. Downer of the Northamptonshire infantry regiment was killed by a fall with his aeroplane while flying over the infantry aerodrome on Salisbury plain, in England.

Edwin O. Stanard, president of the Stanard Tilton Milling company, former lieutenant governor of Missouri, and for many years a prominent St. Louisan, died at St. Louis. He was at one time a congressman.

Dr. James C. Bush, fifty-seven, a dentist of Cannelton, Ind., lay down for a nap in Louisville, Ky., with a lit cigarette in his mouth. The bed clothing caught fire and he burned to death.

William R. George, founder of the George Junior republic, was exonerated by the board of directors of the National Association of Junior Republics of the charges brought against him in connection with treatment of certain young women members of the Freerville republic in New York state.

Judge C. A. Willard of the United States district court died at his home at Minneapolis, Minn., aged fifty-six. He was associate justice of the supreme court of the Philippines from 1901 to 1909.

PROPOSE TAX FOR STATE HUNTERS

MICHIGAN SPORTSMEN'S ASSOCIATION WILL ASK LEGISLATURE FOR LAW.

MEETING IN GRAND RAPIDS

Would Have Fee of One Dollar Assessed on All Nimrods More Than 17 Years Old, and \$10 for Non-Residents.

Lansing.—A bill will be introduced at the next session of the state legislature by members of the Michigan Sportsmen's association to provide that all resident hunters, except deer and beaver hunters, more than seventeen years old pay a fee of \$1, and that non-resident hunters be taxed \$10.

This action was decided upon at the meeting of the association at Grand Rapids when the present license law was considered inefficient. It is proposed that the receipts from the licensing shall be paid over to the state treasurer to be used exclusively in the protection and propagation of game and fish.

Following the lead of W. B. Mershon of Saginaw the members of the commission went on record as favoring a non-partisan, non-political fish and game commission to replace the present department.

In this instance Charles Hoyt of Lansing, member of the state game warden's department, spoke openly in opposition to the plan. He also attempted to refute the statement made by Secretary W. A. Tatem of Grand Rapids, that Game Warden Oates helped to kill the commission legislation in Lansing in 1913, by declaring that Oates was in Marquette at the time.

Hoyt suggested legislation which will be taken up to compel commercial fishermen to pay a tribute on every pound of fish taken from Michigan waters, the tribute to be used in restocking the streams and lakes.

The following officers were elected: President, W. B. Mershon, Saginaw; vice-president, F. H. Shearer, Bay City; secretary, Hugh Gilbert, Flint; treasurer, George A. Brown, Detroit; executive committee, John Waddell and R. S. Woodbridge, Grand Rapids; Dr. Cramer, Owosso; Hinton F. Hall, Belding, and W. H. Hunsaker, Saginaw. The officers are also members of the executive committee.

"Better enforcement of the game and fish laws in Michigan could be secured and more reports of violators would be made if every member of the Sportsmen's association would cooperate with the officers of the law," said John R. Burham of New York, president of the American Game Protection and Propagation association at the banquet of the Michigan Sportsmen tonight.

J. H. McGillivray, state forestry warden of Lansing, talked on the proposition of planting game in the Michigan woods. He advised the striking off of numerous reserves in all parts of the state for use in the work of propagation.

Accidents Boards Plan Meeting. Tentative plans for a national meeting of the various state compensation commissions, to be held in Lansing April 14 and 15, at which a permanent national organization will be started, have been completed by the Michigan Industrial accident board and its secretary, R. L. Drake.

The subject of a national organization was first broached by the Michigan members at a meeting held by some of the commissions in New York a year ago. Some time ago the members of the board of this state decided to issue a call for a meeting in Lansing, and see who responded.

The call was issued, and acceptances have come from Wisconsin, Ohio, Illinois, Connecticut, Massachusetts, California, Washington and Oregon, and from some letters received it is likely that most of the other states will send some representatives, at least.

The plans for the meeting are being made on a large scale. The United States government has been asked to send experts to explain the "safety first" idea, and the question of the action of insurance companies toward injured employes whom they have to take care of, will furnish the most important question, it is thought, before the meeting.

Present indications are that on the evening of March 14 a big dinner will be given for the visitors, at which a full representation of the Michigan Manufacturers' association, the Employers' association of Detroit and the Detroit Accident Prevention conference and the Lansing chamber of commerce will be asked.

The Michigan Federation of Labor will also send representatives.

Michigan Farmers Appreciate State. The campaign made by Michigan agricultural college authorities for years to persuade Michigan farmers and others that Michigan offers more in natural possibilities than Canada, the irrigation countries or any other place in the United States is finally bearing fruit, it is said, and this fact was evidenced according to Dean R. S. Shaw, of the agricultural department, and Robert J. Baldwin of the extension service at the annual farmers' round-up last week.

For Better Penmanship in Schools.

The state board of education would improve penmanship among Michigan students and has adopted a ruling which provides that penmanship shall be established in all state normal schools beginning July 1, 1914, and that no student shall be excused from taking the course unless an exceptional penman.

Superintendent of Public Instruction Fred L. Keeler says that the statewide movement will be heartily endorsed by business men.

"The poor penmanship of the graduates of our schools has not been a credit to the public school system of the state," says Superintendent Keeler.

Superintendent Keeler is co-operating with Mrs. Henry Hulst, president of the Michigan State Teachers' association in urging that a special effort be made by schools and communities toward a more beautiful state and urges that the observance of Arbor day be statewide. State Highway Commissioner Rogers and the officials of various state institutions are assisting in the work.

Superintendent Keeler said: "It is desired that the day be celebrated by communities and not by schools alone. School premises and all roads throughout the state should be improved and beautified. Provision is made by statute for using one-tenth of the road repair tax for planting. Public-spirited citizens, various clubs and associations are urged to take up the work."

According to Superintendent Keeler the estimated value of school property both in graded and ungraded districts in 1912 was over \$40,000,000, or nearly double the valuation of ten years ago. The number of school buildings constructed in 1912 was 121, costing over \$2,775,000, or an average of \$23,000. In 1902 133 schoolhouses were built, costing \$544,000, or an average of \$4,000.

There has been an increase of 1,620 district libraries and a decrease of 65 township libraries in the last ten years, according to E. L. Keeler, superintendent of public instruction. The number of volumes in district libraries and the amount paid for the support of the libraries has nearly doubled during the last decade.

Superintendent Keeler and Mrs. Mary Spencer, state librarian, are required by law to prepare lists of books suitable for township and district libraries. These lists will be ready for distribution in about a month and copies will be furnished to each township and school officer entrusted with the care and custody of their respective libraries. This law does not apply to city school and high school libraries.

"The law is without doubt one of the most important passed by the last legislature," said Superintendent Keeler. "No school plant is ideal without a library of well-selected books. The selection of not only good books adapted to the age of the child is vital. The list as prepared is arranged according to subject and indexed by both title and author."

Unification of State Laws.

Although unostentatious in their work, the commissioners on uniformity of state legislation are gradually untangling many variances in state laws.

Explanatory of the work C. P. Black of this city, one of the Michigan commissioners, says:

"The negotiable instrument law has been adopted in 42 states, the uniform warehouse receipt act in 39 states, the uniform sales act, in 11 states, the uniform transfer of corporate stock act in nine states and a uniform act as to the execution of wills has been adopted in six states."

"The Michigan commissioners in their report to the last legislature, said: Nothing tends more to the centralization of power in the general government than the inharmonious and inconsistent laws of the several states, the effect of which is to cause the business men of the country to look to the general government for relief from wrongs that properly under our form of government should be righted by state statutes which when uniform supply every need."

State Threshers Meet.

The eighth annual convention of the Michigan Threshers' association opened in Lansing at Battery A armory. The first session was devoted to the business of the association and an address of welcome by Mayor J. G. Reutter. The report of Secretary-Treasurer E. B. Higbee, Iowa, was submitted and the report of the executive board and legislative committee with their respective recommendations were taken under consideration.

Convicts to Operate Farm.

Warden Simpson leased the Jay P. Lowden farm, four miles northeast of Jackson, and will use it in connection with the other prison farms this year. The lease is made with an option for the purchase of the property, which consists of 215 acres. It will be operated by convicts.

Schools for M. N. G. Heads.

Officers of the Michigan National Guard will be sent to schools of instruction in various parts of the country during the next few months. The state military board has decided to send the cavalry officers to Fort Sheridan, Ill., while the officers of the medical and signal corps will be sent to Fort Leavenworth. The artillery officers will go to Tobyhanna, Pa., while the infantry officers will attend a school at the state camp site at Grayling.

SENDS POISONED PILLS TO FATHER

FARMER NEAR CHEBOYGAN CONFESSES MURDER OF PARENT.

SAID TO HAVE WANTED TO MARRY AND INHERIT FARM.

Julius Tarjeff Received Through Mail What He Thought Was Kidney Medicine and Died From Poison.

Cheboygan, Mich.—After several days and nights of grilling, Joe Tarjeff is alleged to have confessed on Saturday to having caused the death of his father, Julius Tarjeff, at his Alverno home, Wednesday, March 4.

Joe is 28 years old and was contemplating marriage. The big farm in Alverno, which he assisted his father in conducting, had been deeded to him in the event of his father's death. It is one of the finest places in this section.

Joe proposed that his father build a small cottage on the property for the occupancy of himself, wife and dependent daughter and that he, the son, take the family house as his bride home. This his father refused to agree to. It is alleged that Joe retorted: "I'll get you yet." In his confession he admits having placed capsules of strychnine in his father's mail box with instructions in disguised handwriting, to take three before eating, for the relief of backache. Joe used a kidney pill box of a make in which his father had absolute confidence. Death resulted soon after the father took three of the capsules.

ORPHANAGE AT MARQUETTE

Catholics to Build Fine Institution for Upper Peninsula.

Marquette, Mich.—The cost of the building estimated at \$75,000, one of the finest orphanages in the state, is to be erected in Marquette by the Roman Catholic diocese of upper Michigan. The institution will be established in grounds comprising eight acres in the southern part of the city. The building will be a three-story structure large enough to provide homes for the orphans of the peninsula for many years to come.

When it is ready for occupancy there will be transferred to it from the present orphanage at Assinibois, Baraga county, the more than 100 children now being cared for there. The building will be 80x140 feet in dimensions and practically fire proof.

Episcopal Statistics for Diocese.

Grand Rapids, Mich.—The statistics for the Episcopal diocese of western Michigan, reported Saturday for the years just closed, show that there are now 38 clergymen members of the diocese.

There are 61 parishes and missions. During the year there were 436 baptisms, 377 confirmations and 6,811 communicants, 168 marriages and 279 burials.

Attending Sunday school were 2,293 children and 264 teachers. The contributions to the church during the year totaled \$96,479.

St. Clair to Vote On Bonds.

Port Huron, Mich.—At the spring election to be held in this city and county, April 6, two of the most important matters to come before the voters are the propositions to bond the county of St. Clair for \$500,000 for the construction of good roads and \$40,000 for the construction of a new county home at Goodells.

There are no officers to be elected in Port Huron, but proposed amendments to the city charter will be submitted to the voters, as also will the question of a new armory for the local company of state militia.

Says Strike Will Be Continued.

Calumet, Mich.—James A. Short, representative of Samuel Gompers, who has returned to the copper country to watch the strike for the American Federation of Labor, stated Saturday that the Western Federation of Miners has plenty of money and can keep up the strike here another two or three months at least, and give the men all the necessary support. It is believed from Short's remarks that the American federation is assisting the Federation of Miners in a small way.

STATE NEWS IN BRIEF.

April 24 has been designated as Arbor day by Gov. Ferris.

Acting on the recommendation of the majority of the creditors of the bankrupt Cook-Kneeland company, of Albion, Referee in Bankruptcy Lee Joselyn, of Detroit, has named Homer C. Blair, president of the Albion Commercial & Savings bank, the concern's receiver.

L. A. Holmes, general manager of the Romeo Foundry Co., of Port Huron, and prominent in Y. M. C. A. circles, has advanced the sum of \$10,000 to the local Y. M. C. A. for the purpose of building an extension to the present building.

Fifty Cent Case to go to Supreme Court

Owosso, Mich.—Odell Chapman was Saturday granted a verdict of 50 cents in municipal court against the Union Telephone Co. Chapman sued to collect a half-dollar, the amount of penalty exacted when he did not pay the quarterly rental in advance.

He alleges the charter forbids the company to collect penalty. Before the suit was started both parties announced the case would be carried to the supreme court.

MICHIGAN NEWS IN BRIEF

The Saginaw County Agricultural society will give a fair this fall.

Battle Creek will vote on bond issues amounting to \$200,000 in April.

A. E. Sleeper of Bad Axe has been appointed one of the new Pere Marquette directors.

A postoffice has been established at Decker, Sanilac county, with Otto W. Nigue as postmaster.

The Lowden farm, 215 acres, near Jackson, has been leased by the state to be worked by convicts.

An ordinance has been passed increasing the license for the operation of saloons in Yale to \$250.

Bad Axe is assured a pickle factory, contracts having been obtained for one hundred acres of cucumbers.

The electors of Eaton Rapids, will decide whether the city charter is to be revised at the election April 3.

Thomas Maryin, 65, stepped from in front of one train into the path of another at Kalamazoo and was killed.

State Immigration Commissioner Carton estimates that 65,000 laborers are needed for the spring work in Michigan.

Wrenzier Kemp, aged 60, a teamster, was instantly killed when he was struck by a Pere Marquette engine at Port Huron.

Fourteen boats in winter quarters at Port Huron are fitting up for the opening of navigation, which marine men believe will be about April 15.

Superintendent of Schools U. F. Wilson, of Lapeer, has tendered his resignation to accept a position on the faculty of the Ypsilanti Normal.

President W. F. Parsons, of Parsons Business college, Kalamazoo, is dead. He started his first business institution in Ann Arbor about 60 years ago.

Jacob J. Deal, founder of the Deal Buggy Co., of Hillsdale, is dead from old age, having been confined to his bed seven weeks. He was 87 years old.

The city commission of Port Huron passed an ordinance providing for action against persons who permit ice and snow to collect on their sidewalks.

Attorney-General Fellows holds that petitions for a recount under the state primary law must be filed before the election board makes its determinations.

Simon Kelley was killed near Kimball when a huge limb of a tree he was assisting in chopping down fell without warning and struck him on top of the head.

Alexander Zagelmeyer, former state representative of Bay City, died in Detroit Friday. He was 56 years old and was one of the first coal prospectors in Bay county.

George R. Griggs, of Flint, has started suit against the Saginaw-Flint electric line for \$25,000 damages. He was struck by a car while standing on a sidewalk in Flint.

P. A. Leonard and Harlan K. Whitney have offered the city of Battle Creek several acres of land for a park. Mayor John W. Bailey will ask the commission to accept it.

One hundred thousand Hollanders in western Michigan went to church Wednesday to observe the annual "Prayer Day," a holiday in the Netherlands similar to Thanksgiving.

The senate council of the University of Michigan has granted the senior law permission to hold their annual banquet out of the city. They will hold it in Detroit or Toledo.

One of the campaign promises of Justice Charles Sutherland, of Elsie, was that he would marry the first couple free if he was elected. His daughter, Lillie, and Percy Overpack were the first to make the request. He did as he agreed.

The offices of county school commissioner and state legislator are incompatible. The offices of supervisor of township and moderator of a school district are not incompatible. The raising of money for a school house site can be voted on as one proposition.

Only resident tax payers can vote on this proposition. Under the soldier's exemption law any soldier with property valued at more than \$3,000 is not exempt from taxation. There were some of the rulings made by Attorney-General Fellows Saturday.

A prude is generally a young woman who knows entirely too much.

Putnam Fadeless Dyes color in cold water. Adv.

Men are never criticised for what they do if they never do anything.

A food for sore lungs. Dean's Mentholated Cough Drops. Cure coughs, by relieving the soreness—See at Drug Stores.

In spite of the fact that ignorance is bliss, a lot of people are continually trying to educate us.

Red Cross Ball Blue, all blue, best bluing value in the whole world, makes the laundress smile. Adv.

Not every fellow with a large shoe can leave those footprints in the sands of time.

Only One "BROMO QUININE" To get the genuine call for full name, LAXATIVE BROMO QUININE. Look for signature of E. W. GROVE. Cures a Cold in One Day. 25c.

A Tangle. "I regret to say that I find myself missing."

"Ha! Then you are lost!"

RETORT SHOULD HAVE STUNG

Magazine Writer, His Sbit Rejected, Delivers Himself of Most Ungallant Speech.

"Your aristocratic American millionaire will often make a messaline, and marry a chorus girl or a parlor maid. But I notice that your aristocratic American millionaire, always keeping her head, makes a good match."

The speaker was Mme. Montezori, the Italian educationalist. She continued:

"On my way hither on the boat there was a beautiful American heiress to whom a young magazine writer from the West paid assiduous court. But he, on account of the low rates of the magazine, was as poor as a church mouse, and so the heiress would not consider him seriously."

"As they leaned side by side over the rail one afternoon, the heiress, looking over the rolling waters, sighed and said:

"I love the sea."

"The impoverished and embittered magazine writer retorted with a sneer:

"I don't see why. It hasn't got any money."

Plan for Mother.

The bedtime hour was at hand, but after usual preparations for the night Violet hesitated over her prayers. After a moment's silence she said:

"Mummy dear, are our prayers answered?"

"Why, yes, dear!" replied Mamma. "But what a question, dear!"

"I asked because, if they are, why do you smack me? Why don't you pray for me to be a good girl? It would be so much more comfy."

Hadn't Seen "Pedestrian." While two men were driving in the country in an automobile the car broke down. Finally one decided to walk on until his companion could make the necessary repairs and overtake him. When the car was in running order again the driver started up, and a mile farther along came to an old negro hoeing corn near the roadside. "Did a pedestrian pass this way awhile ago?" asked the man at the wheel. "No, sah. I been right head on dis cohn patch more 'n an hour, an' nothin' done passed 'cept one solitary man, an' he wuz a tramp 'n' long on foot."

Some people count their chickens even before they have any eggs.

Constant use will wear a thing out, even the constant use of a friend.

NOT A MIRACLE

Just Plain Cause and Effect.

There are some quite remarkable things happening every day, which seem almost miraculous.

Some persons would not believe that a man could suffer from coffee drinking so severely as to cause spells of unconsciousness. And to find relief in changing from coffee to Postum is well worth recording.

"I used to be a great coffee drinker, so much so that it was killing me by inches. My heart became so weak I would fall and lie unconscious for an hour at a time.

"My friends, and even the doctor, told me it was drinking coffee that caused the trouble. I would not believe it, and still drank coffee until I could not leave my room.

"Then my doctor, who drinks Postum himself, persuaded me to stop coffee and try Postum. After much hesitation I concluded to try it. That was eight months ago. Since then I have had but few of those spells, none for more than four months.

"I feel better, sleep better and