What Women Are Doing in the World

To find the healthiest baby in Iowa will be the object of a contest to be held on the Iowa State fair grounds in the Iowa State college building, August 29. The contest will be conducted by the Iowa Congress of Mothers, with the co-operation of the agricultural extension department of the college.

The old-time baby shows awarded prizes for the prettiest babies, but in this contest each baby will be judged solely on physical points, just as fine stock are judged at the fair. The score card has been prepared by Miss Rose, dean of domestic science, Cornell university, and by one of the associate editors of the Delineator. The judges will be leading physicians and children specialists. Talks to mothers on balanced rations, fresh air and proper clothing will be given.

The object of this contest is to call the attention of mothers and fathers of the state to the need of child study.

An officer of the State Mothers' congress says, "Iowa builds circular hog houses for her fine breeds of swine, but provides square, poorly ventilated school houses for her children."

Thirty-five children of the Social settlement were given a picnic Wednesday at the country home, near Florence, of Mrs. Harold Gifford, secretary of the Settlement association. Plans for the opening of the settlement house on South Thirteenth street are to be pushed forward the first of September. Miss Clara Schaefer, who will continue as head resident of the house, has recovered from her illness and is with Mrs. W. C. Shannon, president of the association, at her summer home at Elkhorn.

Tuesday will be donation day at the Old People's home on Wirt street and directors of the home will be there to receive donations of provisions for the residents.

The nine Women's Christian Temperance unions of Douglas county which will meet in Benson September 19 for their annual convention are the Omaha, Frances Willard, West Side, Lucy Thurman and Young People's branch, all of Omaha; the South Omaha, Elk City and Valley unions. The feature of the evening will be a medal contest among the matrons who will give temperance recitations. There are seven entrants up to date.

The Frances Willard Woman's Christian Temperance union will give a social Tuesday evening at the home of Mrs. S. K. Spalding, 2404 Charles street, for the purpose of raising money to aid in carrying on the coming year's work. The committee for the entertainment are Mrs. Spalding, Mrs. Alfred N. Eaton, Mrs. H. N. Cross, Mrs. D. J. Burden and Mrs. C. W. Ogle.

The fall opening of the Young Women's Christian association has been set for September 18. It will be an informal evening reception for the purpose of getting the members together after the summer vacation and of introducing the new secretaries.

One of the new features for the coming year will be the organization of all junior clubs under one leader, Miss Fay Towne, one of the high school teachers, for the purpose of study and play. The juniors are girls from 8 to 15 years of age. One of the first things which they will take up will be the study of the Arthurian legends.

Miss Jessie Towne, an instructor in English at the high school, will teach the English literature class formerly conducted by Miss Kate McHugh. The Rev. F. T. Rouse, who had a class in psychology last year, will instruct members of the same class this season in ethics. The prospectus for the year's work will be published by the association the first part of September.

DEBUTANTE LIST IS SCANNED

(Continued from Page Two.)

ton, and during this reading there will be a piano accompaniment.

Preceding the entertainment Mr. and Mrs. Mickel will entertain at a dinner party for about twenty-four guests. Those present at the evening entertainment will be:

Mr. and Mrs. J. W. Towle,
Mr. and Mrs. A. T. Austin,
Mr. and Mrs. Ralph W. Breckenridge,
Mr. and Mrs. E. A. Benson,
Mr. and Mrs. W. L. Selby,
Mr. and Mrs. Byron Reed Hastings,
Mr. and Mrs. J. O. Detweiler,
Mr. and Mrs. George W. Platner,
Mr. and Mrs. Frank J. Norton,
Mr. and Mrs. W. W. Fisher,
Mr. and Mrs. M. H. Farnsworth,
Mr. and Mrs. Irvin A. Medlar,
Mr. and Mrs. Mel Uhl,
Mr. and Mrs. John Ross, Jr.,
Mr. and Mrs. A. L. Mickel,
Dr. and Mrs. D. A. Foote,
Mr. and Mrs. C. C. Belden,
Mr. and Mrs. E. W. Gettin,
Mr. and Mrs. S. F. Miller,
Mr. and Mrs. F. E. Clark,
Mr. and Mrs. W. L. Yetter,
Mr. and Mrs. F. Walters,
Mr. and Mrs. B. P. Billings,
Mr. and Mrs. G. E. Johnson,
Mr. and Mrs. P. H. Diehl,
Mr. and Mrs. Allen White,
Mr. and Mrs. Moritz Meyer,
Mr. and Mrs. Alfred Sorenson,
Mr. and Mrs. Phil Schwartz,
Mr. and Mrs. R. Rosenzweig,
Mr. and Mrs. H. Rosenstock,
Rev. and Mrs. J. A. Jenkins,
Rev. and Mrs. Frank A. Lynch,
Mrs. Leonora Dietz Nelson,

Misses—
Josephine Lynch,
Myra Breckenridge,
Naomi Towle,
Marjorie Foote,
Ella Medlar,
Margaret Gettin,
Blanche Sorenson,
Helen Sorenson,
Ula Renner,
Helen Miller,
Evelyn Miller,
Edna Rosenzweig,
Lillian Meyers,
Fannie Rosenstock,
Harriet Walters,
Mary Phillippi,
Jewel,

Messrs.—
Carrol Belden,
Kenneth Norton,
Waltman Walters,
Paul Jenkins,

At the Field Club

Miss Lucile Thomas and Miss Bernice Thomas will entertain at luncheon Tuesday at the Field club.

Mr. and Mrs. A. H. Fetters had as their guests:

Mr. and Mrs. E. B. Dailey,
Mr. and Mrs. N. F. Harriman,
Dr. and Mrs. B. W. Christle.

Mr. and Mrs. H. A. Raapke had as their guests Mr. and Mrs. Xavier Williams and Lieutenant and Mrs. Nathan Post.

Dining with Mr. and Mrs. E. C. Twamley were:

Misses—
Katherine Becker,
Corrigan of Cleveland,

Misses—
Jasmine Sherraden,

Messrs.—
Robert Thompson.

Other dinner parties were given Saturday evening at the Field club by W. J. Burgess, who had covers placed for eleven; W. K. Foote, four; E. M. Martin, four; A. J. Vierling, six; J. W. Hughes, two; J. J. Boucher, six; R. C. Martin, six; Alfred Shalek, five; C. E. Burmester, four; B. F. Thomas, four; Dr. Anson, six; Samuel Rees, sr., six; H. Maloney, six; A. G. Monroe, four; F. H. Engler, four; M. C. Peters, five; John Lavelle, four; C. B. Liver, six.

Mr. and Mrs. W. E. Shepard entertained at one of the largest dinner parties at the club. All of their guests were from Council Bluffs and included:

Mr. and Mrs. F. R. Davis.
Mr. and Mrs. John T. Davis.
Mr. and Mrs. C. E. Price.
Mr. and Mrs. W. W. Sherman,
Dr. and Mrs. H. B. Jennings.
Mr and Mrs. R. H. Bloomer,
Mr. and Mrs. W. F. Stillman.
Mr. and Mrs. P. G. Turner.
Mr. and Mrs. J. W. Smith.

Her Engagement Announced

MISS ANNA JACOB,
Who is to Wed with Mr. Harry Miller.

At the Country Club

Mr. Fred Ackert will entertain at supper Sunday evening at the club, when twelve guests will be present.

Small dinner parties Saturday evening were given by Captain O'Connor, who had four guests; W. J. Foye, five; J. M. Daugherty, five; W. T. Burns, four; J. S. Brady, four; Harry Doorley, four.

Last evening at the Country club, Mr. and Mrs. E. G. McGilton entertained at one of the dinner parties. Covers were placed for:

Mr. and Mrs. C. M. Harding.
Mr. and Mrs. A. W. Carpenter.
Mr. and Mrs. Charles G. McDonald.
Mr. and Mrs. E. G. McGilton,

Mr. and Mrs. Conrad E. Spens entertained as their guests at dinner:

Mr. and Mrs. Willard Hosford.
Mr. and Mrs. A. V. Kinsler.
Mr. and Mrs. Mosher Colpetzer.
Mr. J. E. Buckingham.
Mrs. Eva Kennard Walace.

Mr. and Mrs. J. R. Scoble etnertained at dinner, when their guests were:

Misses—
Daphne Peters,
Bertha Dickey,

Messrs.—
Ralph Peters,
Wadsworth

of Council Bluffs,

Misses—
Mary Burkley,
Helen Scoble,

Messrs.—
Allen Tukey,
Gerald Wharton,

Personal Gossip

Miss Adaline Wykoff is visiting friends in Tekama.

Miss Josephine and Paul Lynch are visiting in Lincoln.

Mrs. Erastus Young has gone to Chicago to visit friends.

Miss Alma Uriau is spending a fortnight visiting in Denver.

Mr. Fred Ward has gone to Minneapolis to spend Sunday with friends.

Mr. James C. Kinsler left last week for New York City, to spend a week.

Miss Frances Gilbert has returned from a two weeks' visit at Prior Lake.

Mrs. Charles E. Black has returned from three weeks' visit at Lake Okoboji.

Mr. and Mrs. John C. Wharton have returned from a visit to the Pacific coast.

Mr. H. L. Downey and mother left Friday evening on an extended eastern trip.

Mrs. Jerome Kenton of St. Joseph is visiting her mother, Mrs. David O. Simpson.

Mrs. Paul Hoagland and children will return Wednesday from Lake Osakis, Minn.

Miss Mary Wallace and Miss Joy Higgins are spending a few days in Waterloo.

Miss Katherine Hopkins leaves tonight for an extended trip to Denver and Cheyenne.

Mrs. A. L. Mohler and Miss Marie Mohler are spending the summer in Estes Park, Col.

Mrs. Mary J. Lamb and family of Denver, en route east by auto, are stopping at the Hotel Rome.

Miss Eva Murphy returned Friday from a two-months' visit in Chicago, Peoria and Kansas City.

Mr. and Mrs. Joseph Barker are expected home today from New York, where they spent the week.

Mrs. F. N. Conner, who has been abroad since the middle of July, sailed Saturday for New York.

Mrs. Minnie C. Hodgin and Miss Gladys Hodgin have returned from a week's visit at Colfax Springs.

Mr. and Mrs. Daniel L. Korn arrived Wednesday to visit Mrs. Korn's parents, Mr. and Mrs. Morris Levy.

Mrs. G. A. Kinkel of Buffalo, N. Y., is visiting with her mother, Mrs. C. Roeder, 1523 North Seventeenth street.

Mrs. J. R. Elder and daughters, Jean and Lottie, left Saturday for a ten days' trip to Denver and other Colorado points.

Mr. and Mrs. P. A. Wells have returned from their summer home, Moose Lodge, on the Crow Wing Lake, Minn.

Mrs. George C. McIntyre and children are visiting her sister, Mrs. Storrs Bowen, and Captain Bowen at Fort Columbia, Wash.

Mr. and Mrs. Victor Gladstone and children and Miss Ruth Polsky have returned from a five-weeks' trip to Lake Minnetonka.

Mr. and Mrs. Jacob Neef, accompanied by their daughter, Ruth, left Thursday for Denver, Colorado Springs and other points in Colorado.

Mr. and Mrs. H. Huge Brandeis are expected to land in New York Sunday or Monday after an extended trip through northern Europe.

Mrs. George D. Lezotte and Mrs. Helen Weidling of Muscatine, Ia., have been visiting the last week with Dr. C. S. Shepard and family, 2004 Wirt street.

Mr. George A. Klinefelder of Baltimore, Md., who is visiting Mr. and Mrs. R. L. Young, 116 North Thirty-first avenue, returns east Sunday.

Mrs. A. M. Pinto has gone to Florence, Wis., to participate in a family gathering commemorating the 79th birthday of her father, Mr. H. D. Fisher.

Mr. and Mrs. John J. Brown, jr., of Hannibal, Mo., are visiting with Mrs. Brown's parents, Mr. and Mrs. W. G. Shriver, Twenty-fifth and Parker streets.

Mrs. Frank Anderson and daughter, Luella, leave this week for Philadelphia where they will sail for Antwerp. Miss Anderson will study violin in Brussels.

Mr. Ralph Newman of the New York company of the musical comedy "The Spring Maid" is spending a few days in Omaha visiting his brother, V. M. Newman.

Mr. James McKenna, who has been making the Norway trip, sailed on the "Caledonia" last Saturday for New York and will be in Omaha about the end of next week.

Mr. Frank B. Johnson expects to join Mrs. Johnson soon at Ogonquit, Me., where they have built a bungalow this summer. They will remain until the middle of September.

Captain Mars O'Connor, who is on leave of absence, is spending a few days in Omaha and will sail September 5 for the Philippines with his regiment, the Tenth cavalry.

Mr. James Kennedy, Jr., son of Dr. J. C. Kennendy of Brooklyn, N. Y., has been the guest of his aunt, Miss Ella Kennedy for three weeks, leaves Monday for the Pacific coast.

Dr. and Mrs. Nelson Mercer plan to rent their home at Fortieth and Cuming streets for two years, and with Misses Caroline and Mary Mercer sail for a two years' stay in Europe.

Mr. and Mrs. Robert Pritchard returned Friday after a two months' tour of the east in their automobile, motoring from Richmond, Ind., to Boston and New York and back to Omaha.

Miss Anna Gifford, who is visiting Miss Halcyon Cotton at Lake Okoboji, will return home Tuesday. Mrs. H. Rex Cotton and Miss Halcyon will remain for a time longer at the lake.

Mr. Arthur C. Smith returned Monday from his summer outing on the Massachusetts coast. He left Mrs. Smith and family at the Profile House and made the run from there to Boston with his brother-in-law by automobile, 196 miles.

Mrs. C. O. Talmage and daughter, Doris will return from Clear Lake, Iowa, Wednesday, also Mrs. W. E. Rhoades, and her son Morton, and daughters, Mildred and Helen, who have been spending several weeks at the Clear Lake Outing club.

Mrs. O. C. Redick was called home Wednesday from Cheyenne by the illness of her mother, Mrs. Himebaugh, who suffered a slight stroke of paralysis Tuesday at her apartment at the Hamilton. She is doing nicely and it is thought she will be about shortly.

Mesdames M. N. McNaughton, Mary F. Jackson, F. F. Jones, G. T. Rumbaugh, J. M. Tinsley, S. C. Boise, J. S. Jackson, D. E. Lomas, B. C. Hullinger and Miss Letha Jones of Villisca, Ia., and Mrs. A. A. Taylor of Lincoln are spending the week-end as the guests of Mrs. Retta B. Johnston at The Landon, 511 South Twenty-fourth street.

Miss Mattie Kibbler of Wellsville, Kan., who is the guest of her sister, Mrs. Eugene Bice, will leave Sunday for San Francisco, from where she will sail September 2 for Honolulu, H. I., where she will teach dressmaking in the Kamehameha school for native girls. Miss Kibbler recently graduated from the domestic arts department of Louis institute, Chicago.

Mrs. Charles S. Lobingier is in Omaha for a few days, bringing greetings from the judge to Omaha friends. She sailed from Manila on July 14, coming over on the transport Buford, having a long trip, but fairly recovering during the passage from the illness that banished her from the Philippines during the rainy season. She is staying at the Rome and expects to be here for a week at least.

Mr. and Mrs. W. A. Pixley, Mr. and Mrs. Fred Hamilton, Mr. J. J. Deright, Mr. J. E. Wiley of New York and Casper and Jarvis Offutt will make up a hunting party that will leave here in automobiles next Tuesday or Wednesday for Northwestern Nebraska, where they will go into camp for two weeks. Both women in the party know how to handle a gun and expect to participate in the sport.

Atkinson Company.
Fashionable Dressmakers and Ladies' Tailors, will open their establishment in Davidge block, August 28.

Where He Was Shot.

Senator Robert L. ("Fiddling Bob") Taylor tells about a man in the backwoods of Tennessee who applied for a pension for a gunshot wound. An examining surgeon of the medical board stripped and examined him, ejaculating finally:

"Old man, we cannot find a single blemish on your hide. Where were you shot during the war?"

The old man said, "Well, gentlemen, I was shot in the substitute."—Leslie's Weekly.

TEACHERS TO BE INSTRUCTED

Douglas County Institute Will Begin Monday at High School.

EMILY WOOD TO TEACH METHODS

Superintendents Crabtree and Graff and Other Pedagogical Authorities Will Discuss Various School Affairs.

Instruction in all the advanced and scientific methods of teaching will be given to Douglas county teachers by the corps of experts which will conduct the classes of the annual teachers' institute which opens Monday at the high school. Superintendent W. A. Yoder has issued his final announcement concerning the work and all teachers are expected to comply with it. Those with several years' experience are not expected to attend the opeping days of the institute as the work is given at first for beginners in the profession, but after that everyone is expected to attend.

Miss Emily Wood of Omaha will be the most important of the instructors who are hired especially for the occasion. She will conduct classes in primary reading and in the geography and agriculture of Nebraska. The other classes will be held by superintendents and principals, including State Superintendent Crabtree, Superintendent Graff and Miss Kate McHugh, principal of the high school. The complete program is as follows:

MONDAY, TUESDAY AND WEDNESDAY

8:20 to 8:45—Opening exercises.
8:50 to 9:30—Geography and agriculture, Miss Wood.
9:35 to 10:15—Primary reading, Miss Wood.
10:20 to 11:10—Pedagogy, local superintendents.
11:15 to 11:55—Story telling and grade reading, Miss Wood.
12:00 to 12:40—Announcements and general exercises.

THURSDAY.

8:20 to 8:45—Opening exercises.
8:50 to 9:30—Geography and agriculture, Miss Wood.
9:35 to 10:15—What shall we emphasize? County superintendent.
10:20 to 11:10—(a) Primary reading, Miss Wood. (b) Announcement later.
11:15 to 11:55—Address, Superintendent E. U. Graff.
12:00 to 12:40—Announcements and general exercises.

FRIDAY.

8:20 to 8:45—Opening exercises.
8:50 to 9:30—Story telling and grade reading, Miss Wood.
9:35 to 11:15—Address, Superintendent J. W. Crabtree.
10:20 to 11:10—(a) Primary reading, Miss Wood. (b) Announcement later.
11:15 to 11:55—Address, Miss Kate McHugh.
12:00 to 12:40—Announcements and general exercises.

Fishing Pole Thief Back from Vacation

Clever Culprit Resumes Operations by Fishing Purse Out of Margaret Hall's Room.

The fishing pole thief has gone back to work. Last night he went to the apartments of Margaret Hall at 2416 South Thirteenth street while she was asleep and fished out a purse containing thirteen dollars. The fishing pole thief is a real artist in his line, being able to extract most anything valuable from a room without disturbing the occupant. He has been taking a vacation during the heated term, but since cooler weather has set in he has resumed operations.

Folding Bed Jail Cause of Divorce

Mrs. Mabel Madison Says Husband Hurt Her Chest by Shutting Her In.

No matter how you look at it, shutting one's wife up in a folding bed and in so doing crushing her chest is not loving, cherishing and protecting her, in the opinion of Mabel Madison. For this and for other alleged acts of cruelty she started suit for divorce against Harry Madison in district court Saturday.

Dora Darrough started suit for divorce against James Darrough; Gladys Dietch against Louis Dietsch; Harriet Zakem against Charles O. Zakem.

OPERATION IS SUCCESSFUL

Boy Who is Struck on Temple with Base Ball is on Road to Recovery at Local Hospital.

Dean Woodward of Aurora Neb., son of the former superintendent of the Lincoln hospital for the insane, who was struck on the head by a base ball while playing in a ball game, was operated on this morning at one of the local hospitals by Dr. A. F. Jonas. He came out of the operation successfully and it is thought that it will be only a few weeks before he will be completely recovered.

Atkinson Company.
Fashionable Dressmakers and Ladies' Tailors, will open their establishment in Davidge block, August 28.

Mrs. Cole is Sued on Furniture Bill

Dealers Ask More Than Five Thousand Dollars from Former Prominent Omaha Woman.

Miller, Stewart & Beaton, furniture dealers, started suit against Mrs. Clinton Briggs Cole for $5,432 for furniture bought but not paid for in district court today. A writ of attachment was secured against Mrs. Cole's money in the Omaha National bank and against her Jewel theater property.

The suit of Albert Eilholm, jeweler, against Mrs. Cole for $1,000, balance due on a $5,000 jewelry bill, recently was settled out of court.

MORE SPEAKERS ARE SECURED

Many Prominent Men Are Coming to Omaha to Attend Prison Congress in October.

Arrangements by the local committee of the American Prison association for speakers during the meeting are rapidly bearing fruit, several more speakers of wide reputation having accepted invitations to come.

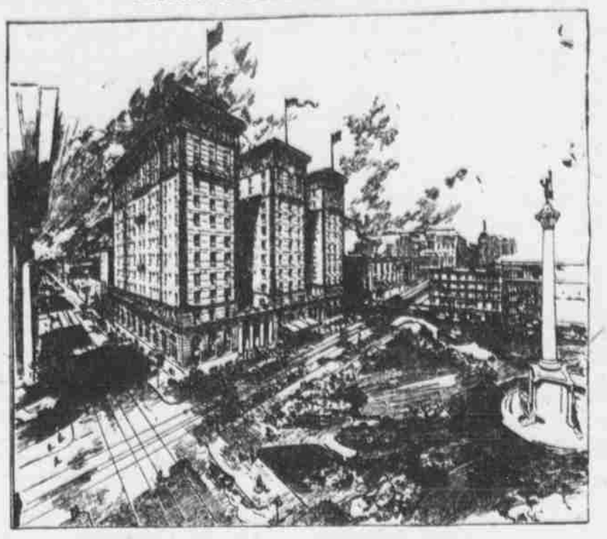
Dr. F. L. Loveland of Topeka has accepted the honor of delivering the annual sermon, and Bishop Beecher of Kearney will make an address upon the subject of "Reform in Nebraska Jails." Attorney General Wickersham will talk upon some subject pertaining to prison reform also.

A meeting of the entertainment committee, reception committee and pulpit committee of the local auxiliary of the American Prison association has been called for Tuesday afternoon at 2 o'clock in the Commercial club rooms, and plans which are now merely outlined, will be enlarged upon.

Never too late to enter the Booklovers' Contest.

HOTELS AND SUMMER RESORTS.

HOTEL ST. FRANCIS
SAN FRANCISCO



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European Plan -:- From $2.00 Up
Under the Management of James Woods.

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A Hotel That Fills Your Every Need

For both business and social purposes, the CONGRESS HOTEL is adequately equipped. The luxury and completeness of its appointments make a strong appeal to those who move in society; the appetizing dishes served in its famous restaurants, with speedy service, meet the demands of the business man. The CONGRESS HOTEL enjoys the distinction of having been the first thoroughly modern and fire-proof hotel in Chicago; it still retains its lead. Two minutes from the city's activities.

RATES: Rooms, one person, bath detached, $2.00 and up; with private bath $3.50 and up. Rooms, two persons, bath detached, $3.00 and up; with private bath $5.00 and up. SUITES—Prices on Application

Congress Hotel and Annex
Formerly Known as the Auditorium Annex
Located on Michigan Boulevard and Congress St., Chicago

N. H. Kaufman, President. Adv. No. 24. Max L. Teich, Carl C. Rosenberg, Managing Directors.

HOTEL CONGRESS ANNEX

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WANTED AT KILPATRICK'S--
For Linens, Dress Goods and Draperies
Experienced Young Men as Salesmen
APPLY MONDAY

Young Men Needed in Dentistry

Of the 40,000 dentists in the United States, five per cent, or 2,000, were retired voluntarily or by death, disability and other causes.

The increase in population requires that the number of dentists in the United States be augumented by 300 each year. We should, therefore, have 2,300 new dentists to keep the per capita the same. However, there were graduated and admitted to practice in the United States less than 1,400 during the past year. This leaves a deficit of 900. There has been a continued deficit for the past five years.

This should be food for reflection for a young man choosing a vocation at this time.

The Lincoln Dental College, associated with the University of Nebraska, offers unsurpassed advantages for securing a thorough course of instruction

Further information regarding this matter may be secured by writing the Dean, DR. CLYDE DAVIS, Lincoln, Neb.

DRS. MACH & MACH
DENTISTS
Successors to
BAILEY & MACH
Neatest equipped dental office in Omaha. Highest grade dentistry at reasonable prices. Porcelain fillings, just like the tooth. All instruments carefully sterilized after each operation.
Cor. 16th and Farnam Sts.
THIRD FLOOR PAXTON BLOCK

The Bee Prints the News

YOST remodels FURS
Special summer prices—expert work.
Corner 20th and Farnam. Telephone Doug. 3040.

Health and Beauty Hints

By MRS. MAE MARTYN.

Mrs. C. A.: You are ruining your hair using soap for shampoo purposes. The alkali dries out the scalp and causes dandruff, and dull, lifeless, stringy hair. For your case I know nothing better than a plain canthrox shampoo. This makes an abundance of rich, penetrating lather that thoroughly cleanses and invigorates. You will find on using this that the hair dries evenly and quickly and takes on a rich gloss and softness. You can get canthrox at the drug store, and a teaspoonful dissolved in a cup of hot water is enough for a good shampoo.

Eva: It is distressing to have a shiny, muddy skin, but that can be corrected if you dissolve four ounces spurmax in one-half pint hot water and add two teaspoonfuls glycerine. When cold apply to the skin and rub lightly until dry. A few times using cleanses the skin of impurities and banishes freckles and tan. You will find this better than powder, as it is invisible when on and does not rub off or spot from perspiration.

Nell: Don't worry about the fuzz on your chin. To rid the skin of the objectionable growth, get an ounce of delatone at the drug store and with water mix some into a paste, then apply to hairy surface and after two or three minutes rub off and wash the skin carefully. While delatone costs a dollar an ounce, it seldom requires a second application to completely remove superfluous hairs.

M.: Expressive eyes never lack in brilliancy, yet to keep them so, it is necessary to give them proper care and attention. Whenever your eyes ache or grow tired, use an eye-tonic, made by dissolving an ounce of crystos in a pint of cold water. A few drops in each eye twice daily quickly relieves the smart or ache and aside from strengthening the eyes, gives to them a remarkable brilliancy and sparkle.

Ada G.: Your dull, streaky hair can be made bright and rich in shade if you make up and use this excellent hair and scalp tonic: To a half pint alcohol add a half-pint water, then pour in one ounce quinzoin. Massage a little into the scalp two or three times a week for a while and you will find dandruff or oiliness disappears and the hair will grow long and silky and be easy to do up.

Maude B.: If you want health and strength you must keep the blood free of poisonous accumulations, and unless you attend to this immediately serious results may follow. Make up and take this tonic: Dissolve an ounce kardene in a half-pint alcohol, then stir in one-half cupful sugar and hot water to make a full quart. Taking a tablespoonful of this mixture before meals rids the system of impurities, rebuilds waste tissue and makes you well and strong. You will find this kardene tonic splendid for clearing the skin of pimples and sallowness.

Mary: Large pores can be reduced and the skin cleared of local impurities if you use my almozoin cream-jelly. This is inexpensive and should be on every woman's dresser: To a half pint cold water add an ounce almozoin and two teaspoonfuls glycerine. Let stand several hours before using. Used freely, it works wonders with the skin, and no matter how sallow or unnatural it may have been, after a short while the skin grows soft and beautiful. Wrinkles and fine lines vanish as if by magic and hollows soon round out whenever almozoin cream-jelly is used.

Madge: It is an easy matter to regain your former weight without dieting or indulging in violent exercises if you employ the parnotis treatment, which is inexpensive and easy to prepare. Get four ounces parnotis and dissolve in a pint and a half of hot water. Strain when cool and take a tablespoonful before meals. Parnotis is quite harmless and its use will gradually dissolve the fat and give you your youthful figure without leaving the skin wrinkled or flabby.

Read Mrs. Martyn's Book, "Beauty." —Adv.