Tells a Story of Awful Suffering and Wonderful Relief.

Mrs. J. D. Johnson, of 603 West Hickman St., Columbia, Mo., says:
"Following an operation two years



ago, dropsy set in, and my left side was so swollen the doctor said he would have to cap out the water. There was constant pain and a gurgling sensation around my heart, and I could not raise my arm above my head. The kid-

ney action was disor-dered and passages of the secretions too frequent. On the advice of my husband I began using Doan's Kidney Pills. Since using two boxes my trou-ble has not reappeared. This is won-

derful, after suffering two years."
Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Shipwrecked Sailors Saved Eleven men, members of the crew of the Norwegian antarctic expedition Catherine, have been rescued after having been cast away on one of the Crozet isles in the southern Indian ocean, far off the track commerce. They were found in exceedingly good health, having subsisted on penguins, sea elephants, albatross eggs and food from the depot placed there in 1880. The latter was not particularly wholesome, but the men got used to it. One bottle of which was washed ashore was kept for Christmas. They were short of matches, and used only one daily, and made every effort to keep alight a lamp, owing to the severe

Coming Popular Craze.

Signs are not wanting that amateur photography will have a vast increase of raw recruits in 1907. From the cloistral retreats of the learned it has transpired that we are on verge of discovering the art of direct color photography. And the masses
—there is abundant evidence of it are beginning to turn their eyes to wards this hobby which promises so many wonders for the near future.

In a Pinch, Use ALLEN'S FOOT-EASE. A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

Little One's Prayer.

Mary always gets a little piece of candy every day to keep her from being naughty. One day she was naughty, and she did not get her candy. That night when she was go candy. That night when she was going to bed she said her prayers as follows: "Our Father, who art in heaven, please give me my daily candy."

following the directions, which are plainly printed on each package of fiance Starch, Men's Collars and Cuffs can be made just as stiff as desired, with either gloss or domestic Try it, 16 oz. for 10c, sold by

No. Cordelia, a married woman isn' necessarily up to date because her husband happens to be the latest

The Evolution of Household Remedies.

The modern patent medicine business is the natural outgrowth of the old-time household remedies.

In the early history of this country, EVERY FAMILY HAD ITS HOME-MADE MEDICINES. Herb teas, bitters, laxatives and tonics, were to be found in almost every house, compounded by the housewife, sometimes assisted by the apothecary or the family doctor Such remedies as picra, which was aloes and quassia, dissolved in apple brandy. Sometimes a hop tonic, made of whiskey, hops and bitter barks. A score or more of popular, home-made remedies were thus compounded, the formulae for which were passed along from house to house, sometimes written, sometimes verbally communicated.

The patent medicine business is a natural outgrowth from this wholesome, old-time custom. In the beginning, some enterprising doctor, impressed by the usefulness of one of these home-made remedies, would take it up, improve it in many ways, manufacture it on a large scale, advertise it mainly through almanacs for the home, and thus it would become used over a large area. LATTERLY THE HOUSE-HOLD REMEDY BUSINESS TOOK A MORE EXACT AND SCIENTIFIC FORM.

Peruna was originally one of these old-time remedies. It was used by the Mennonites, of Pennsylvania, before it was offered to the public for sale. Dr. Hartman, THE ORIGINAL COM-POUNDER OF PERUNA, is of Mennonite origin. First, he prescribed it for his neighbors and his patients. The sale of it increased, and at last he established a manufactory and furnished it to the general drug trade.

Peruna is useful in a great many climatic ailments, such as coughs, colds, sore throat, bronchitis, and catarrhal diseases generally. THOUSANDS OF FAMILIES HAVE LEARNED THE USE OF PERUNA and its value in the treatment of these ailments. They have learned to trust and believe in Dr. Hartman's judgment, and to rely en his remedy, Peruna.

COLORADO NEWS ITEMS

Fruit was greatly injured by the heavy snow and freezing weather last

Pueblo is about to stir up a muss over the filthy condition of their pack-V. McClelland, of Glenwood Springs, accidentally fell into the Frying Pan river Tuesday and was drowned.

Denver is having another "pure food" crusade, and for a while baled alfalfa won't be served as pre-digested breakfast food.

Governor Buchtel has vetoed the anti-fusion bill passed by the Sixteenth Assembly, so just go right on and fuse as much as you like.

Fire Chief Owens, of Denver, says he had a seismographic sensation on the exact anniversary of the San Fran-cisco earthquake. How shocking.

Napoleon Stone, an aged farmer from Washington, has disappeared in Denver and the police are looking for him. He had considerable money with

After being confined in the courty jail at Grand Junction for nearly a week, James F. Goddard, a prominent contractor, whose arrest on the charge of robbers convedes. robbery caused a sensation here, was liberated

"Christianity has wasted much time and energy in justifying God and making the devil responsible for evil," declared a Denver preacher, and some of his listeners are wondering who he was 'luding to.

M. B. Tomblin, George W. Williams and W. W. Degge, of Boulder, have purchased the townsite of Nederland and will immediately exploit the prop-erty with a view of increasing the population of the town.

Scientists tell us that, on an average, the earth's crust is only fifteen miles deep and the inside is a boiling, seething mass of lava. Someone ought to speak to these Colorado schoolmarms about walking too hard on the ground.

Colorado's sun was sinking in a swoony sort of way, when a youth and maid in raptures strolled along at close of day; "Let's get married," said the youngster, "and help to boost the state." "You're it," the maiden answered. Now their boosters number wight

Manitou is a dry town just now. Pressure of other business is responsible for the authorities failing to grant extensions of liquor licenses and the indications are that the town will continue to be dry for two weeks or longer, during which time nothing stronger than Maniton water goes than Manitou water goes

While attempting to arrest four men whom he had detected stealing wire from the traction company's barn, at Pueblo, Thomas Self, a private watch-man, was struck with a stone, and a deep gash inflicted in the right side of his head. Self succeeded in capturing one of the trio, who gave the name of Peter Doyle.

The Denver Marble and Granite Com pany has just completed a magnificent granite monument to be placed over the grave of the late ex-Governor Davis H. Waite. The monument is the gift of the Western Federation of Miners and will be unveiled by that organiza-tion with proper ceremonies at the cemetery in Aspen on Decoration Day.

A company is being formed at Steam A company is being formed at Steamboat Springs by Clinton Bivens and Claude H. Rowlette for the piping of natural gas to that city from the Charles Helzey ranch, where there is a strong flow of gas out of the earth. The Helzey ranch is four miles north of Steamboat Springs, and within half of Steamboat Springs, and within half a mile of the Republican mine on Cop-

Several hundred lives were endangered and property valued at \$100,000 threatened when fire broke out in the basement of the First Baptist church, corner of Ninth street and Grant avenue, at Pueblo. Several fire companies responded to the alarm and the blaze was extinguished with small loss. The church was crowded and several were slightly bruised in their hurry to get out.

William Dunne, after whom the town William Dunne, after whom the town of Dunneville was named, died at the county hospital. Death resulted from heart disease, superinduced by alcoholism. Dunne was sixty-one years old, single, and lived at Adelaide. He was employed on the section by the Florence & Cripple Creek road. In 1904, just before the battle of Dunneville, several section men christened the town after their fellow workman.

A fortune estimated at \$35,000 has been hunting Tom Thomas, a former resident of Grand Junction, for six months. Postmaster Price received a letter recently from Joseph Neuville of Wellington, New Zealand, urging him to make an effort to find Thomas. Neuville said he was grubstaked by Thomas and thus enabled to make a rich strike in Goldfield, Nevada. He says he sold his claim for \$70,000 and wants to share this wealth with his friend.

Unless present plans miscarry, the American Beet Sugar Company will have at least one more factory in the Arkansas valley to handle the immense crop of this section. The steel frames for the ilmehouse and the boiler rooms have been put in place for the factory at Las Animas and the work is rapidly getting under way, with the prospects for completion in time to handle this year's product. The smokestack is completed to a height of eighty feet and will reach 175 feet in the air when the last brick is laid.

The Knights of Columbus organized

the last brick is laid.

The Knights of Columbus organized a council at the Masonic Temple in Fort Collins and concluded the exercises with a banquet. The charter list contains sixty names. The following officers were elected: Grand Knight, James W. Feeney; deputy grand knight, Charles McGinnity; chancelor, D. M. Mayer; financial secretary, James H. Kneumeyer; recorder, Edward F. Livernash; treasurer, W. A. Ryan; warden, John Mackin; lecturer, Rev. Father J. Lajeunesse; advocate, Charles Duncan; outside guard, F. J. Kneumeyer; trustees, M. J. Fitzpatrick and E. J. Livernash; representative to state council, C. J. McGuire. Two hundred knights were in attendance from Denver, Colorado Springs, Boulder and Cheyenne. The third degree was exemplified under the direction of District Deputy M. W. Purcell of Denver.

AGE TOLD BY THE PULSE.

From Birth to Death the Beats Have a Steady Decrease.

How old are you? Ask your pulse. The human pulse has a wide range, even in perfectly healthy persons. The female pulse always beats faster than the male, and from birth to death the pulse beats steadily decrease. It has been said by great authorities that the age and sex of crease. It has been said by great authorities that the age and sex of a person could be ascertained by the rate of the pulse alone. Babies at birth have a pulse beat of 160 times a minute in case of a girl and 150 in the case of boys. At the age of four or five the pulse beats will have fallen respectively to 110 and 100. Maidens' and youths' pulses average 95 and 30. Mature men and women average 80 and 75. Elderly men and women have an average of 60 and 50. An old woman's pulse rarely, if ever, sinks below 50, but among men a pulse beat below 50 is quite common. There are, however, great variations consistent with health. Napoleon's pulse is said to have beaten only 44 times a minute.

BLOOD GETS SOUR.

Gives Advice and Tells of Simple Home Mixture.

At this time of year, says a wellknown authority, the Kidneys become weak, clogged and inactive, failing to filter out the poisons and acids, which sour the blood, causing not only facial and bodily eruptions, but the worst forms of Rheumatism, Nervous and Stomach troubles, Backache and painful, annoying Urinary afflictions.

It is worth anyone's time now to get from some good prescription pharmacy the following ingredients: Fluid Extract Dandelion, one-half ounce; Com pound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. by shaking well in a bottle and take in teaspoonful doses after your meals and at bedtime.

This simple home-made mixture will force the Kidneys to normal, healthy action, so they will filter and strain all uric acid and poisonous waste matter from the blood, and expel this in the urine, at the same time restoring the "full blood count"—that is, 95 per cent. red blood corpuscles—which is absolutely indispensable to perfect health

City Man Is Worst Bore.

It is a moot point which particular kind of "shop" is the dullest for an outsider to listen to. Many people vote for golf shop. There is certainly much to be said for this view. Unintelligible discussions about approach shots and slicings make an uninitiated hearer yawn about as quickly as most things. The author of "Social Silhouettes," however, votes for the conversation of the hardened city man. "There is, I think," he says, "no kind of conversation known to man which can for a moment compete in point of dullness with the habitual discourse of the genuine city man."-London Globe.

French Sailors Use Drugs.
The extent to which the narcotic habit prevails in the French navy was illustrated a few days ago by the proceedings of a court-martial at Brest. The defendants were half a dozen seamen of ordinary rating, who were charged with a considerable number of robberies. All the men were vic-tims of opium or the the ether habit, or both combined, and were in the habit of bemuddling themselves daily with these drugs and the robberies had been committed to gratify their Severe sentence. passed.

Back to the Club. The honeymoon was on the ragged edge of the last chapter.

'My dear," said the ex-bachelor, " believe I'll teach you to play cards."
"That will be just too lovely for anything, darling," rejoined the young wife. "What game will you teach me!"
"Solitaire," answered the heartless

wretch, who promised to love, honor, and pay the groceryman.

APPENDICITIS.

Many Cases.

Automobiles and Appendicitis scare some people before they are hit.

Appendicitis is often caused by too

much starch in the bowels. Starch is hard to digest and clogs up the digestive machinery—also tends to form cakes in the cecum. (That's the blind

pouch at entrance to the appendix.)

A N. H. girl had appendicitis, but lived on milk for awhile—then Grape-Nuts and got well without an opera-

She says: "Five years ago while at school, I suffered terribly with constipation and indigestion." (Too much starch, white bread, potatoes, etc., which she did not digest.) "Soon after I left school I had an at-

tack of appendicitis and for thirteen weeks lived on milk and water. When I recovered enough to eat solid food there was nothing that would agree with me, until a friend recommended

with me, that a friend recommended Grape-Nuts.

"When I began to eat Grape-Nuts I weighed 98 lbs., but I soon grew to 115 lbs. The distress after eating left me entirely and now I am like a new per-

(A little Grape-Nuts dissolved in hot water or milk would have been much better for this case than milk alone, for the starchy part of the wheat and barley is changed into a form of di-gestable sugar in making Grape-Nuts.) Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

HOW CLASSIC WAS WRITTEN.

Bret Harte's Great Poem Result of an Inspiration.

The war correspondent, Frederic Villiers. has recorded a talk with Bret Harte apropos of the poem, "Dickens in Camp:" "We all felt his loss most keenly in the States." said Harte

"On hearing of his death (I) sat down about three in the afternoon to write an editorial on the great author. I wrote one and then tore it Then another, after much pains, written. This did not please me, so I tore it up. I wrote yet another and threw it into the waste paper basket; it would not do. It was getting late, and I was now keeping the paper waiting for press. I was drumming on my desk, absolutely without another thought in my head; I had run dry. Suddenly I mechanically began to write and the result was the thing you seem to like so much. Well, Villiers, you are not far out. I like it, too.

SKIN SORE EIGHT YEARS.

Spent \$300 on Doctors and Remedies but Got No Relief-Cuticura Cures in a Week.

"Upon the limbs and between the toes my skin was rough and sore, and also sore under the arms, and I had to stay at home several times because of this affection. Up to a week or so ago 1 had tried many other remedies and several doctors, and spent about three hundred dollars, without any success but this is to-day the seventh day that I have been using the Cuticura Reme (costing a dollar and a half), which have cured me completely, so I went to work again to-night I had been suffering for eight years and have now been cured by the Cut icura Remedies within a week. Fritz Hirschlaff, 24 Columbus Ave., New York, N. Y., March 29 and April 6, 1906."

GONE FOREVER.

Ten years ago a farmer put his initials on a dollar bill. The next day he went to the nearest town and spent it with a merchant. Before the year was out he got the dollar back. Four times in six years the dollar came back to him for produce and three times he heard of it in the pocket of his neigh

The last time he got it back four years ago. He sent it to a mail order house. He never has seen that dollar since, and never will. That dollar bill will never pay any more school or road tax for him, will never build or brighten any of the homes of the comthe circle of usefulness to himself and

Patronize your local merchant who helps you to pay your taxes, support your schools and churches, and lends a helping hand in times of sickness and trouble.

No Offense.

First Stranger (on train)—Do you ever quarrel with your wife? Second Stranger—Never.
First Stranger—Have any trouble

with the hired girl?
Second Stranger—Not me.

First Stranger—Not me.
First Stranger—Don't your children worry you at times?
Second Stranger—No, indeed.
First Stranger—Say, I don't like to

call you a liar, but-Second Stranger-Oh, that's all right. I'm a bachelor.

Laundry work at home would be much more satisfactory if the right Starch were used. In order to get the desired stiffness, it is usually necessary to use so much starch that the beauty and fineness of the fabric is hidden behind a paste of varying thickness, which not only destroys the appearance, but also affects the wearing quality of the goods. This trouble can be entirely overcome by using De fiance Starch, as it can be applied much more thinly because of its great-

Direct Evidence. "Well, Pat, when did you last see

er strength than other makes.

our old friend Smith?"
"I saw him last month making the ascent of Mount Vesuvius with his young lady."

And was he indulging in his old akness-kissing?' Well, I didn't actually see him

kissing, but sure enough that was his object, as he was trying to get at the mouth of the cratur."

Deafness Cannot Be Cured

Deafness Cannot Be Cured local applications, as they cannot reach the dised portion of the ear. There is only one way to redeafness, and that is by constitutional remedies. Areas is caused by an inflamed condition of the cous lining of the Eustachian Tube. When this are inflamed you have a rumbling sound or important to the condition of the cous lining of the Eustachian Tube. When this are in the condition of the coust in the condition of the coust in the condition of the condition of the condition of the cases of ten are caused by Catarrh, which is nothing an inflamed condition of the mucous surfaces. A condition of the condit Sold by Druggists, 75c. Take Hall's Family Pills for constipation. An Animal-Lover's Ambition be a genuine lover of animals

and to be able to effect an improvement in the breed of those which ap peal most to one's fancy, is to add a fresh and lasting source of enjoyment to life.—Country Life. Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children,

Bears the Signature of Charlet Filtehor.
In Use For Over 30 Years.
The Kind You Have Always Bought.

It's usually the man who has some thing to say who doesn't say it.

Mrs. Winglow's Soothing Syrup.
hildren teething, softens the guras, reduces innation, allays pain, cures wind colic. 25c a bottle-

Some people are too conscientious preach what they practice.

Old Sofas, Backs of Chairs, etc., can be dyed with PUTNAM FADELESS DYES, fast, bright, durable colors.

Discovery of Alcohol.
Alcohol was discovered in the thirteenth century.

Pure! Pleasant! Potent! Three interesting facts about Garfield Tea, the Natural laxative. It is made of Herbs and is guaranteed under the Pure Food and Drug Law.

Australians Will Go Back Australia has arranged for the re-patriation of 1,000 discouraged Australians now in South Africa.

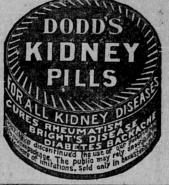
The extraordinary popularity of fine white goods this summer makes the choice of Starch a matter of great im portance. Defiance Starch, being free from all injurious chemicals, is the only one which is safe to use on fine fabrics. Its great strength as a stiffener makes half the usual quantity of Starch necessary, with the result of perfect finish, equal to that when the goods were new.

Bishop Potter's Answer.

A young clergyman in a remote country district wrote last Easter time to Bishop Potter, saying that he was about to take a wife, and asking if, to save some other clergy-man a long and weary journey, he

could not marry himself. The bishop's reply was marvelous-It said: "Could you bury yourself?"

The Rev. W. Arthur Noble of Cores has one of the largest districts in Methodism. Recently he walked 300 miles, the church in one section of his district being near enough for him





W. N. U., DENVER, NO. 17, 1907.

THE CHANGE

Sensible Advice to Women from Mrs. Henry Lee, Mrs. Fred Certia and Mrs. Pinkham.



are passing through Change of Life. For several months I suffered from bot flashes, extreme nervousness, headache and sleep-lessness. I had no appetite and could not sleep. I had made up my mind there was no help for me until I began to use Lydis E. Pinkham's Vegetable Compound, my bad symptoms ceased, and it brought me safely through the danger period, built up my system and I am in excellent health. I consider Lydis E. Pinkham's Vegetable Compound unsurpassed for women during this trying period of life." Owing to modern methods of living | not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms.

annoying and sometimes painful symptoms.

This is the most critical period of her whole existence and every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition or she is predisposed to apoplexy or congestion of any organ, the tendency is at this period likely to become active and with a hostof nervous irritations make life a burden. At this time also cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, melancholia, dread of impending evil, palpitation of the heart, irregularities, constipation and dizziness are promptly heeded by intelligent women who are approaching the period of life when this great change may be expected.

New Haven, Cohn., writes:

Dear Mrs. Pinkham:—

"After suffering untold misery for three years during Change of Life I heard of Lydia E. Pinkham's Vegetable Compound. I wrote you of my condition, and began to take Lydia E. Pinkham's Vegetable Compound and followed your advice, and to-day I am well and happy. I can now sulk anywhere and work as well as anyone, and for years previous I had tried but could not get around without help. I consider your medicine a sovereign balm for suffering women."

Women passing through this with the control of the control o

Mrs. Henry Lee, 60 Winter Street, New Haven, Conn., writes:

ligent women who are approaching the period of life when this great change may be expected.

Mrs. Fred Certia, 1014 So. Lafayette Street, So. Bend, Ind., writes:
Dear Mrs. Pinkham:

"Lydia E. Pinkham:

"Lydia E. Pinkham:

When a medicine has been who when a medicine has been with the period should rely upon Lydia E. Pinkham's Vegetable Compound. If there is anything about your case you don't understand write to Mrs. Pinkham, Lynn, Mass., for advice. It is free and has guided thousands to health.

When a medicine has been successful in restoring to health, actually thousands of women, you cannot well say without trying it, "I do not believe it will help me." It is your duty to yourself and family to try Lydia E. Pinkham's Vegetable Compound.



W. L. DOUGLAS
\$3.00 AND \$3.50 SHOES THE WORLD
W. L. DOUGLAS \$4.00 GILT EDGE SHOES CANNOT BE EQUALLED AT ANY PRICE.

**SHOES FOR EVERYBOOY AT ALL PRICES:
Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's
Shoes, \$4 to \$1.50. Misses' & Children's Shoes, \$2.25 to \$1.00.

W. L. Douglas shoes are recognized by expert judges of footwear
to be the best in style, fit and wear produced in this country. Each
part of the shoe and every detail of the making is looked after
and watched over by skilled shoemakers, without regard to
time or cost. If I could take you into my large factories at
Brockton, Mass., and show you how carefully W. L. Douglas
shoes are made, you would then understand why they hold their shape, fit bet
wear longer, and are of greater value than any other makes.

**W. L. Douglas name and price is stamped on the bottom, which protects the wearer against high
prices and inrector shoes. Take No Substitute. Sold by the best shoe dealers everywhere.

**Fail Color Eyelds used exclusively. Catalog matted free. W. L. BOUGLAS, Brockton, M.