

SEES CIVIC HEALTH HINGING ON WEIGHT

Diseases Directly Dependent on This Factor

New York, Oct. 28 (UP)—The effect of weight upon public health was defined in startling terms by Dr. Thomas D. Wood, professor of public health at Columbia university in an interview granted the United Press today.

"Public health," Dr. Wood declared, "is directly determinable by the general correspondence of the weights of the individuals to scientific standards of weight charts." Dr. Wood declared that a few exceptions would not affect the generalization of his statement to any appreciable degree. "Social disease, tuberculosis, consumption, cancer and a few other diseases are such suffered by so few persons," he said, "that the effect upon the condition of general public health is practically negligible."

Dr. Wood's statements were given in connection with an article which he has written for a new volume called "Your Weight and How to Control It" to be published tomorrow. In elaborating his statement, he said, "A slight degree of over or under weight for a person does not indicate that he is not healthy. If, however, over weight or under weight is a permanent condition in any section or community it will be found that the mental health conditions are low. For example, in crowded tenement districts it will be found that most persons are decidedly under weight. In such communities, moreover, the general health is well under average. Obesity, while it is not to be found generally in any one group, is nevertheless widespread and has a definite relation to the general public health."

Dr. Wood supported the statements of other professional men whose articles appear in the book by stating that a study of the condition situated an actual instance in the country. He cited example of large groups of high school girls between the ages of 12 and 18 who are today foregoing luncheon or some of the other meals in their efforts to attain or maintain a "slender" form. Such practices, he declares, are serving only to undermine the general health of the country, and seriously jeopardize these girls' future chances for motherhood.

AUNT SAMMY NOW POPULAR ON RADIO

Sixty-Six Stations Broadcasting Her Programs

Washington, Oct. 28.—(AP)—More than a million American housewives are listening in on Aunt Sammy these days for an answer to the question, "What shall we have for dinner?"

Sixty-six stations broadcast Aunt Sammy's solution of the daily problem, and housewives from the Atlantic to the Pacific await her suggestions. Yet Aunt Sammy herself doesn't exist, and never did.

Aunt Sammy of the Household Economics Bureau of the Department of Agriculture, is a composite personage—three very human women, all intensely interested in their work and in the opportunity afforded by radio for contact with the home-makers in every part of the nation.

Miss Ruth Van Denman, a Washingtonian—her father was in the service of the government for many years—prepares the menus and recipes which are broadcast. She is a specialist in household economies and is in charge of the information service of that bureau.

"This is no candy and trifle service for jazz-jaded appetites," said Miss Van Denman. "We are striving to serve that great substantial class of women who are home-makers. We aim to make the menus simple, well balanced,

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delicious and also adaptable to the food supplies in all parts of the country." Miss Josephine Hemphill, who hails from Clay Center, Kans., writes the chats. She is a graduate of the Kansas State Agricultural college, has taught journalism and is convinced that most people are "just folks." She likes the informal, friendly method of broadcasting.

The third member of the Aunt Sammy trio is Mrs. Fanny Walker Yeatman, known to radio listeners as "the recipe lady." Mrs. Yeat-

man, a motherly woman with the charm of the south, presides in the kitchen of the bureau. This has been her workshop for ten years. She has tested thousands of recipes and has experimented in every kind of cookery, from the art of making pickles to the concocting of mouth-melting pastries. Cookery is a science as well as an art with Mrs. Yeatman. She has spent countless hours on food research problems.

The department received 60,000 letters from October to May last year from housewives who were

interested in the chats. Answers to questionnaires sent out by the bureau disclosed that meals were the biggest problem. The most popular of the chats, therefore, were those on meal planning and cooking. Child-welfare ranked second in importance. Hundreds of writers said they were tired of planning three meals a day and were glad to get somebody else to do it for them.

The wife of a rancher in North Dakota, who lives forty miles from a railroad, wrote that "the cowboys sure did want three squares

a day." She said she was particularly pleased because the recipes were such that she could prepare the meals from food supplies she had on hand. Aunt Sammy's chats, which started this month will start on a ten-minute, five-day-per-week schedule.

Paris Mannequins Practice New Pose

Paris, Oct. 28.—Even the styles in mannequins change. Having reduced the girls who wear the mod-

els in the dressmaking houses to the point where they can reduce them no more the fashion dictators are now trying bending them into new shapes. Each fashionable silhouette requires a certain pose to show it off to best advantage. Last season the girls carried themselves in a convex line to diminish their hips. This season they curve the other way for the new silhouette.

In houses where both straight and flaring silhouettes are shown the mannequins must adapt their posture to the style.

For the tired and absent minded mannequins who are convex when they should be concave there are all-seeing head saleswomen to remind them of their pose by a suggestive patting of the stomach or vice versa.

Women Organize Club To Teach Patriotism

Chicago, Oct. 28.—(AP)—Teaching women patriotism is the object of the government club of Chicago, founded as a local organization, but which now plans to extend its scope

to all the mid-west. Mrs. Sidney Leighton Smith, president, is in charge of the expansion program. With more than 100 members the organization has become one of the most active of women's clubs in Chicago. It meets monthly to listen to a speaker on patriotism or governmental affairs. Information of a patriotic nature is sent to other women's organizations and civic clubs. READ HERALD CLASSIFIED ADS

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Beautiful Solitaire

A diamond ring that every woman will be enthused with; five sparkling diamonds of unusual size and color;

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A ring every woman will want.

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