

# RECIPES ADVANCED AT COOKING SCHOOL

Recipes presented at the Post-Press cooking school:

**OVEN MEAL**  
Baked broiler with rice dressing  
Spanish string beans.  
Caramel-Pecan rolls.  
Apricot-Prune downside-up cake.

**BAKED BROILERS**  
Prepare broilers for roasting. Fill cavity with dressing. Cover broilers with a thin mixture of butter and paprika. Place in an open pan for roasting and put on lower shelf of cold electric oven. Set temperature to 375 degrees. Turn the switch to the position for baking and bake with oven meal 1 1/2 hours.

**RICE DRESSING**  
1 cup cooked rice.  
2 tablespoons chopped parsley.  
1/2 teaspoon poultry seasoning.  
1/2 cup butter.  
1 medium sized chopped onion.  
1 small stalk chopped celery  
2 teaspoons salt.  
Fry onions in butter until slightly browned. Add seasonings and rice; mix well; and use to stuff broilers.

**CARAMEL PECAN ROLLS**  
2 cups boiling water.  
1/2 to 1-3 cup sugar  
1 tablespoon salt  
1-3 cup lard or fat  
2 cakes yeast  
1/4 cup lukewarm water  
1 teaspoon sugar  
2 eggs  
8 cups flour  
Mix first four ingredients. Cool to lukewarm. Combine mixture and eggs and four cups flour. Beat thoroughly. Then add 4 cups more flour. Do not knead. Cover and put in refrigerator.  
For pecan rolls use 1/2 recipe of refrigerator rolls. Roll 1/4 inch thick and sprinkle with brown sugar and cinnamon and cut about 1 1/4 inches thick. Put into square aluminum cake pan on bottom of which is 1/4 cup brown sugar and 1/2 cup of white sugar. The sugars mixed together. Dot with about 1-3 tablespoons of butter and 1-3 cup pecans. Let rise 1/2 hour or longer. Place in cold oven with oven meal and bake 1 1/2 hours at 375 degrees or if baking alone bake at 40 or 45 minutes.

**APRICOT PRUNE DOWNSIDE-UP CAKE**  
1/4 cup butter  
2-3 cup sugar  
1 egg, well beaten

1 cup milk  
2 1/4 cups flour  
4 teaspoons baking powder  
1/4 teaspoon salt  
**Filling:**  
3 tablespoons brown sugar  
3 tablespoons butter  
Cooked apricots and prunes  
**Batter:**  
Cream butter, add sugar gradually, and egg; mix and sift flour, baking powder and salt; add alternately with milk to first mixture. **Filling:** Cream butter add sugar, and spread bottom and sides of pan with mixture. Cover bottom of pan with apricots. Pour in batter mixture.  
Place in cold oven with oven meal

## Studies Labor



Preston Hotchkiss, chairman of the labor relations committee of the California State Chamber of Commerce, who will be one of the principal figures at the coming state convention in Los Angeles.

and bake at 375 degrees for 1 1/2 hours or if in the oven alone bake 50 minutes.

**SPANISH STRING BEANS**  
1/2 green pepper diced  
1 small onion finely chopped  
2 tablespoons butter  
1/2 teaspoon salt  
1 can condensed tomato soup  
1 lb string beans, cooked or 2 No. 2 cans.  
Simmer all for 25 minutes on LOW heat with oven meal in a covered pan.

**BAKED CHILI BEANS**  
2 pounds kidney beans  
6 large onions  
4 cups canned tomatoes  
2 tablespoons salt  
2 tablespoons sugar  
3 tablespoons chili powder  
1 teaspoon pepper  
1 pound salt pork  
6 cups water.  
Place washed beans and all ingredients in Thrift Cooker. Turn switch to LOW and cook eight to ten hours, or over night if convenient.

**DREAM BARS**  
1 1/2 cups sifted flour  
1/2 cup light brown sugar  
1/2 cup butter  
Blend flour and sugar together. Add butter and mix to a crumbly mass. Put into a pan 12x16 inches and bake 15 minutes at 375 degrees in a preheated oven. Remove from oven and spread with the following:  
**2nd Part:**  
2 eggs  
1 cup light brown sugar  
2 tablespoons flour  
1 teaspoon vanilla  
1/2 teaspoon baking powder  
1/4 teaspoon salt  
1 1/4 cups coconut  
1 cup nut meats.  
Beat eggs, add sugar and vanilla. Sift flour, baking powder and salt together and mix with nuts and coconut. Add to the egg mixture and blend thoroughly. Spread over previously baked crust and return to oven. Bake 20 minutes at 375 degrees. Cool slightly. Cut in bars or squares. Makes 2 dozen.

**BAKED BEANS**  
1 lb. navy beans  
1 teaspoon salt  
2 tablespoons molasses  
4 tablespoons sugar  
1/2 lb. salt pork  
4 cups water.  
Wash beans and pick over carefully. Mix dry beans with all ingredients in the Thrift Cooker kettle. Cover. Turn switch to LOW heat and cook overnight or 12 hours. If baking 2 lbs. beans, use only 6 cups water. Catsup or tomato juice may be used for 1 cup of liquid.

**GRIDDLE CAKES**  
1 egg  
1 cup milk  
4 tablespoons melted butter  
1 1/2 cups flour  
3 1/2 teaspoons baking powder  
3 tablespoons sugar  
3-3 teaspoons salt.  
Beat egg until light; add milk and melted butter. Sift dry ingredients together and beat into liquid ingredients. Preheat griddle 5 minutes on HIGH heat, using giant unit. Switch to LOW heat, grease lightly and cook griddle cakes.

**FROZEN FRUIT SALAD**  
1/4 cup lemon juice  
1/4 cup pineapple juice  
2 egg yolks  
1-3 cup sugar  
1 tablespoon flour  
1 pint whipping cream  
3 egg whites  
6 halves pears diced  
1 cup diced pineapple  
1 cup white cherries  
1/4 cup maraschino cherries  
1 cup chopped almonds  
1 dozen marshmallows  
Make a dressing of the lemon and pineapple juice, egg yolks, sugar and flour cooking until thickened. Fold in stiffly beaten egg whites. Cool. Fold in stiffly beaten cream. Add fruits and nuts and freeze rapidly without stirring.

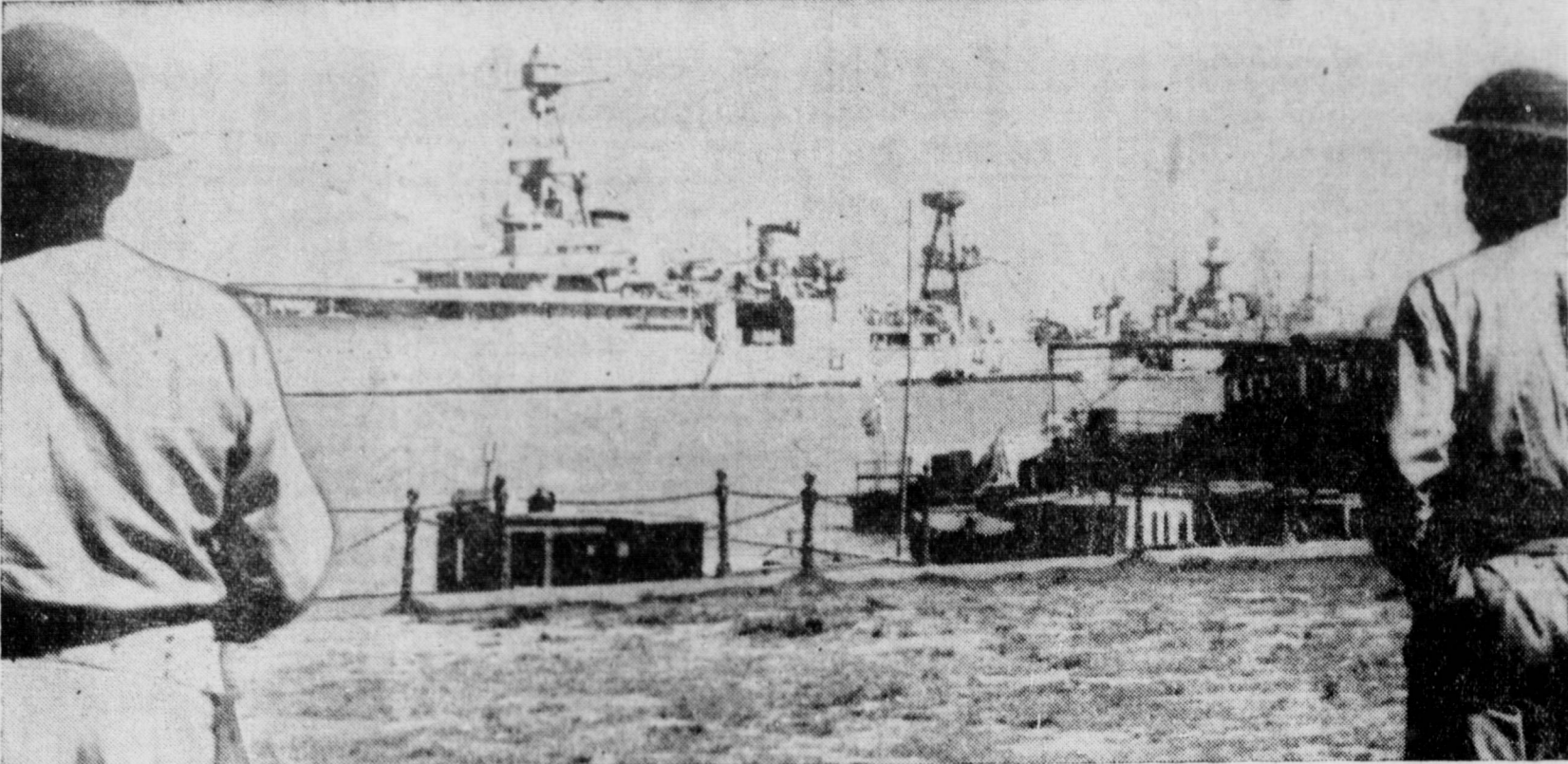
**DEVILED EGG SALAD IN TOMATO ASPIC**  
8 hard cooked eggs chopped  
1 cup minced celery  
2 tablespoons minced onion  
1 teaspoon salt  
1 teaspoon prepared mustard  
2 teaspoons French dressing  
1/4 cup mayonnaise  
Mix well and heap in center of a mold of tomato aspic.

**TOMATO ASPIC**  
1 package lemon-flavored gelatin  
1 2-3 cups tomato juice  
1/4 cup mild vinegar  
1 tablespoon lemon juice  
1 teaspoon salt  
1/4 teaspoon paprika  
1 teaspoon minced onion  
1 whole clove.  
Heat tomato juice, onion and clove to boiling. Strain. Pour over gelatin and stir until dissolved. Add vinegar, lemon juice, salt and paprika. Chill in a large ring mold or individual molds. When ready to serve, unmold on lettuce leaves.

**STEAMED FISH LOAF**  
1 large can fish  
1 cup soft bread crumbs  
1 tablespoon chopped parsley  
Pepper  
Few drops onion juice  
1/2 cup milk  
2 eggs  
Mix all ingredients lightly. Place in small buttered mold. Put 1 cup water in Thrift Cooker kettle with rack in place. Bring water to boil with switch turned to HIGH heat.  
Place scraped carrots, onions and string beans on rack in cooker, and mold of fish loaf on vegetables. Cover. Continue on HIGH heat until steam flows freely from the vent. Turn switch to LOW heat for 1 hour.

**SNOWBALL BUSH BLOOMS 3 TIMES**  
PAINESVILLE, O. (UP)—A snowball bush in the yard of Mrs. O. O. Benadum has bloomed for the third time this year.

## Americans Hurt as Crossfire Rakes Battleship



One sailor and six American Marines were wounded recently when Japanese crossfire swept the decks of the U.S.S. Augusta, flagship of the United States Asiatic fleet, which was stationed in the Whangpoo fronting Shanghai. J. P. McMichael, radioman aboard the Augusta, was the wounded sailor. Names of the injured Marines were not immediately available. Photo shows the American flagship off the International Settlement at Shanghai, while a Marine stands guard duty at left.

## FUTURE FARMERS END CONVENTION IN K. C.

KANSAS CITY, Mo., Oct. 21. (UP)—Future Farmers of America in their 10th annual convention paid tribute to James C. Swift, president of the American Royal livestock show.

Swift recalled the decade of progress that had brought the farm youth organization from obscurity to the present nationwide membership

of 143,000 boys. The occasion preceded presentation of the Star Farmer award of \$500 to Robert Lee Bristow, 21 year old youth of Saluda, Va.

Wednesday night a historical pageant commemorating the 10th year of the F.F.A. was held. One past national officer from each year passed the gavel of authority to his successor until it reached Joe H. Black of Sheridan, Wyo., this year's president.

## PRISONER BECOMES MORE TIPSY

CAPE GIRARDEAU, Mo. (UP)—Police, mystified because drunken prisoners became drunker when placed upstairs in the city jail, made a thorough search. They found a cache in a window sill that contained tobacco, matches, a string used to pull articles from the sidewalk, and a bottle of liquor.

## Southern Pacific Report Decrease In Income Figures

SAN FRANCISCO, Oct. 21. (UP)—Southern Pacific today reported net railway operating income for September after depreciation totaled \$2,706,926.18, a decrease of \$902,538.21 compared with September, 1936.

## Lawyer Confirms Divorce Rumor

HOLLYWOOD, Oct. 21. (UP)—Mrs. Leopold Stokowski is living at Builder City hotel, near Las Vegas, Nev., apparently to establish residence preliminary to suing her symphony director-husband for divorce, it was learned here.

Her attorney, Roger Marchetti, confirmed the fact that she now is in Nevada, but declined to discuss the case further. The film studio where the bushy haired conductor recently appeared in a picture said it was understood Stokowski recently left here for the East.

Rumors of marital discord between the Stokowskis have been circulated in Hollywood for the past six months following Mrs. Stokowski's return from a visit to Honolulu.

## WOMAN DIES IN FLAMES

TURLOCK, Cal., Oct. 21. (UP)—Mrs. Laura Glaze, 67, prominent Turlock farm woman, was burned to death at her home near here this afternoon when her clothing caught fire while she was burning weeds.

The woman's body was burned beyond recognition and chicken sheds were razed but her house was unburned. Stanislaus county coroner's deputies are investigating the fire.

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