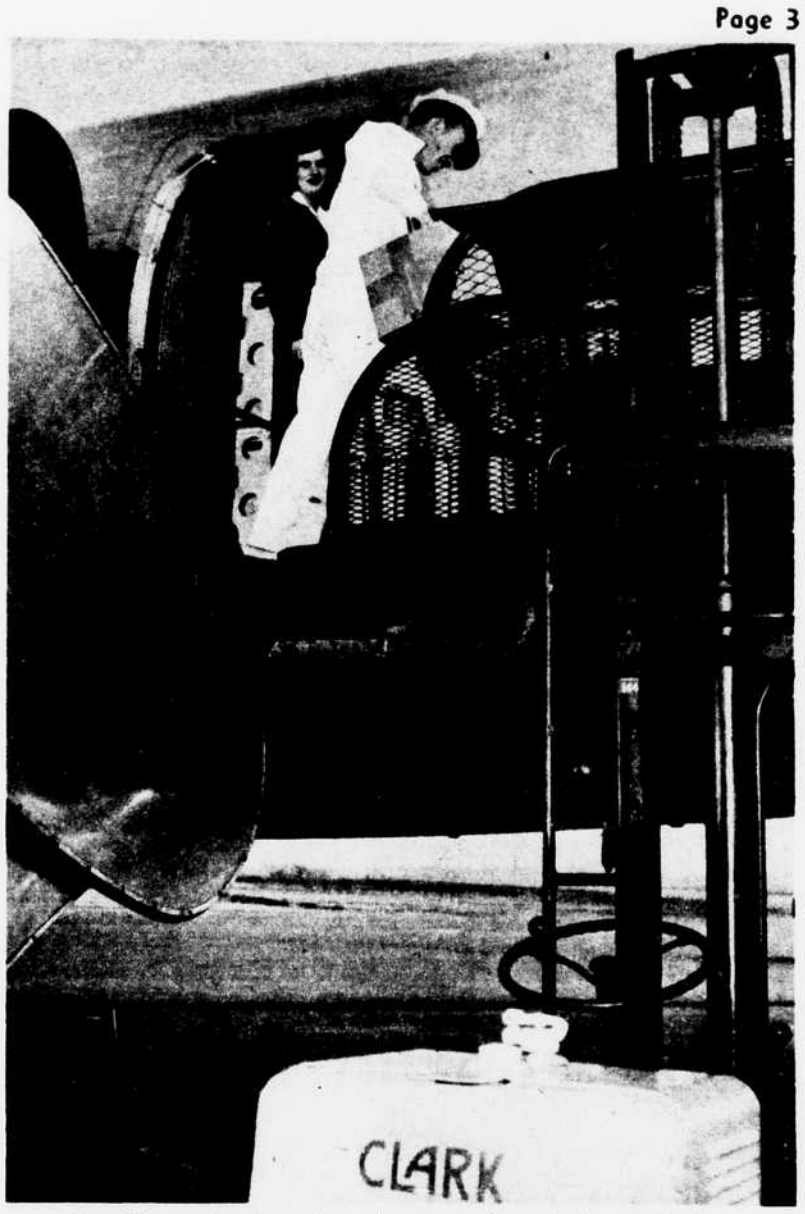

Food is rushed to the plane and loaded just before the take-off. Here, Stewardess Phillis Blundell watches William Payne bring a box aboard.

Stewardess Navonna Carsell turns on a heating unit which will keep food in the boxes hot until served.

Star Staff Photos by Elwood Baker.

WAKE UP TIRED?

for Better Sleep - Brighter Mornings

-TRY THIS TONIGHT!

A GOOD NIGHT'S SLEEP IS THE BEST MORNING BRACER!

As every mother knows—the time you need energy the most is first thing in the morning. If you're tired, listless, low—it's a struggle to get the family up and going—without one cross or bitter word!

So if *you* haven't been waking up energetic and cheerful lately why don't you try this? Just drink a cup of hot Ovaltine as a regular bedtime habit.

It's not a new idea! Thousands do it to promote more restful sleep—the kind of natural *drugless* sleep that lets you wake up fresh and buoyant.

And to build up vigor and energy for the morning—Ovaltine gives you special nourishment, processed so you can get the good from it without digestive burden, while you sleep. Plus a bonus of extra vitamins for keener vitality.

So why not start drinking Ovaltine at bedtime—not just once in a while, but every night! See if it doesn't make a happy change. It's not habit forming—but a good habit to form.

OVALTINE

PLAIN AND SWEET CHOCOLATE FLAVORED