



BAKE-OFF FINALIST

Ramon G. Cabalona, chief steward of the submarine USS Catfish, is one of the finalists in the 12th Grand National Bake-Off, co-sponsored by Pillsbury and General Electric, to be held on Monday at the Statler. Sampling some of his cooking is Lt. Comdr. Cort, commander of the Catfish.

Cooking Schools

The Washington YWCA and the Alexandria YWCA are announcing their fall and winter schedules for cooking classes.

Mrs. George Boxall, expert in la haute cuisine, will conduct both morning and evening classes in Alexandria, starting this week. Her course will include the preparation of soups, sauces, salads, main dishes, pastries and desserts. Enrollments are open to both men and women. Class registration is limited.

Mrs. Boxall will also conduct a class at the YWCA in Washington called "Specialte de la Maison," starting October 6. Beginning on October 5, Mrs. Rudolf Kroc will teach a class on the authentic methods and techniques of Viennese cookery. Party foods will be under the supervision of Thelma Briggs Goodman and Miss Helen Sylcurk from the Maggia School of Cake Decoration will hold workshop classes for homemakers or professionals who wish to brush up on this culinary art.

Bread Strips

One leftover egg white may be beaten stiffly, folded into a little real mayonnaise, heaped on bread fingers, sprinkled with grated cheese and popped into the oven (or under broiler) until puffy and brown. Good with salads or cold drinks. Crackers may be used instead of bread strips.

Best-Ever Burgers

Broil thin patties of ground beef and pineapple slices together. When meat is done, lay a slice of Cheddar cheese over each pineapple slice and broil just long enough to melt cheese slightly. Transfer to hot plate and top with broiled meat patty.

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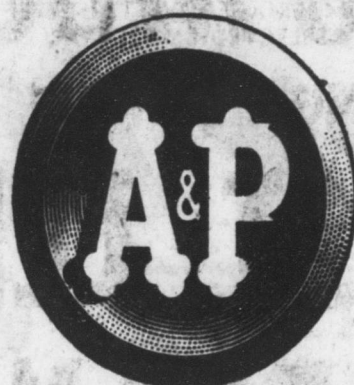
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