

TOPICS OF INTEREST TO EVERY WOMAN

EDITED BY JULIA CHANDLER MANZ

BLASTING REPUTATIONS IS A COWARDLY THING

By FRANCES SHAFER.

OF TWO MATERIALS.



Plaid and plain materials are effectively combined in many of the suits for spring. This is one of the most attractive. The smoothly cut jacket is of blue and white in checks and is finished plain at neck and sleeves.

New Dressing Jacket Details. An entirely transformed garment is the dressing jacket. It used to be a very utilitarian and generally homely jacket, made with a deep roll of lace at the neck and the same trimming on the elbow sleeves.

ODDS AND ENDS.

To prevent frying fish from becoming greasy and soggy, have the fat in which it is to be fried almost boiling hot before putting the fish in the pan. A blue smoky will be rising from the fat when it is in the proper condition.

Gracious! If women were in politics, I wonder what they would do when they were made victims of "investigations" of a class with some that are ordered today.

You know, as little girls, they never were "brought up" to play that way, and I honestly believe—well, it is scarcely safe to say what might happen if a lot of women, whenever they wanted a position or something else in possession of another, just got together in organized, legalized committees and pulled and tugged and fought and investigated until they tore reputations into shreds, and then noisily put the holders out, without once having found a real thing against them.

Yet that is what is often done in the big game of politics.

Of course, the aggressors never would admit it. Indeed, no; they are much too astute for that. They declare there is something wrong in the administration of affairs, something that must be set right, and they gravely, and very extravagantly, go about their work, with fine protestations of honest purpose on their lips, but with a murderous dagger hidden in their sleeves and something worse in their hearts. It is all "for the good of the service," they say; but many more women are perfectly sure there is a great big "I" in the service.

Reason Is Obvious. These women, just sitting by and quietly looking on, count it a very grievous thing to blast a man's reputation for the paltry sake of an office or other advantage he holds, and they say to themselves, and perhaps to each other, that they never could and never would endure that sort of thing.

Because, you see, it is so very transparent that most of the "investigations" cover a multitude of other things—personal ambitions, political gain, the transference of power and a few more important items.

And the man's reputation? Why, that does not bother them at all.

They say, these women who are looking on, that they would be "game" to the last, that if they or their friends held office and were guilty of wrongdoing in one way or another, they would set their lips and square their shoulders for any kind of investigation that might be forthcoming. But as for standing by the horrible method of being ruthlessly fired at without the justification of guilt—that would not be the way of women.

Not Worth the Candle. And there are a few other things in politics that they do not admire overmuch. They think that, in campaigns that are nation-wide or those that are local, it is nothing short of disgraceful to descend to the horrors of mud-slinging and to drop into the wretched personalities that have disfigured many an important campaign.

And they say to themselves—at least, that is what they ought to say—that if they would not be calm, dispassionate, unemotional and the like, then they would not be so very pleased or proud to find themselves sitting in the high seats of the mighty in government.

For if they must contend in that way for an office, the game scarcely would be worth the candle.

But the fact is you know, that it is not the way women proceed in the struggle for ascendancy in their big life.

It is a Machian President this, if you please, and Madame Secretary, that, if you will listen to hear it, and their campaigns are fraught with the odors of vile and rosy. Each is perfectly sure that the other would make a quite charming leader if she changed to the elect, and everything is smooth and harmonious.

And they are particularly careful to make sure that there shall be nothing more in evidence than the friendliest kind of competition.

And as to trumping up a lot of silly charges that have no basis in truth, as to tearing into fragments a reputation that had known no mark against it and as to removing an extremely capable president, for the selfish sake of letting some one else slip in—that has never been their way.

And here's hoping it never may be.

Wash, soak, and steam one pound of prunes until tender. Do not sweeten them. When cold remove the stones and fill the vacancies with chopped walnuts. Arrange some lettuce leaves on individual dishes, place five prunes in the center, sprinkle over with lemon juice, and place two tablespoonsful of mayonnaise on top. Serve very cold.

A PERSIAN FROCK.



There seems to be no wanting of the Russian idea and its charm still holds. The one sketched here shows a combination of Leonard red with black, and the underclothes has a high collar and long sleeves of black fluted velvet, with a plain black satin skirt.

Over this is the Russian blouse of the red, edged along the evening line with bright braid, showing black, gray and white. This same head is used for the girdle and cuffs. The closing is made with steel buttons and steel-colored metallic braid.

IT IS EASY MATTER TO START SAGE BED May Be Grown as Second Crop, to Follow Radishes and Onions.

Sage is not used as much as it once was, nor so generally grown. But it is easy to start a bed, either from seed, from cuttings, from layers, or by division of the old rootstocks. You can sow it in flats in the greenhouse, or in a hotbed, or even later in open ground. The seed looks like a particularly plump sample of cabbage seed.

It is no trouble to start and grow the plants in any good rich, sandy, well-drained soil. If to be grown as a main crop, the soil may be plowed deeply in the fall or early spring and thoroughly harrowed. When in good condition in early spring, set the young seedlings, a foot apart from row to row and from plant to plant.

Cuttings with well-developed and healthy as long as the size of plants permits, or use a garden rake. A cutting may be made in August, and if the plants are not cut too short they will grow a second cutting the same season. Or, every other row may be cut out entirely, giving the remaining ones more space to grow. Sage may also be grown as a second crop to follow after early radishes, beets, spring onions, peas, or lettuce. A plant should make two or three bunches, and these may be dried by hanging them on walls or from ceilings. It will be found best to renew the plantation quite frequently, by taking up, dividing and replanting the old roots. Old compost, as well as complete fertilizer, may be used with a free hand.

For Keeping Eggs. A wire basket is a good thing to keep the eggs for cooking in, as one can see how many eggs are on hand without taking the basket off the pantry shelf.

Masters of Music

"LEARN ONE THING EVERY DAY."

No. 3. JOSEPH HAYDN (1732-1809).

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Joseph Haydn, "the father of the symphony," was born in 1732. His father was a cartwright, unable to read or write, who loved music. His mother was a cook, and Haydn always believed that she was the finest woman that ever lived. Because of his voice and his taste for music, a distant relative, schoolmaster, and choir regent of Hainberg, offered to take charge of "Sepper," as they called the child, and train him. So, before he was six, Haydn began his struggle with the world. In his new home he got more thrashings than food, and he was continually in trouble because of his fondness for mischief and practical jokes. When he was eight years old he became one of the choir boys of St. Stephen's. When he was sixteen his voice failed and he was turned adrift. An acquaintance offered him lodging, and shared his food with him. Then came years in which he fought bitterly, just to live.



In Vienna he lived in a room that had no windows and no stove. The rain and snow made their way through the roof. He worked sixteen hours a day; but he said to a friend: "When I sat down at my old worn-out clavichord, I envied no king his good fortune."

He was composing all the time and studying and gradually his circumstances improved. Always he made friends. After serving as conductor of the private band of Count Morzin, he was made director of Prince Esterhazy's orchestra, at that time the best in Austria. He was then twenty-eight years old. Two years later Prince Paul Esterhazy was succeeded by his brother Nicholas, known as the magnificient, who was wealthy and liked with kings; but who today is re-

membered only by the fact that for thirty years he had among his retainers the immortal Haydn.

Haydn had an excellent orchestra under his direction; he was indefatigable in composition. Long before he realized it, his fame had spread all over Europe. He was constantly urged to go abroad, but he refused to leave his "beloved prince."

In 1793 the theater at Esterhazy burned down, and Prince Nicholas planned to go to Paris. To hasten this and so bring about a much-needed vacation for his orchestra, Haydn composed in a playful spirit, the "Farewell" symphony—during the playing of which the musicians one by one left out their candles, gathered up their instruments, and left. When only two of the musicians remained, the prince saw the point. "If all go, we may as well go too," he said, and Haydn had his way.

Prince Nicholas died in 1796. At the age of fifty-eight Haydn started on his first visit to London, which brought him many honors. He returned to Germany to be honored, and wealth flowed in upon him. He went back to London and received even greater honors. Oxford gave him the degree of doctor of music. He was moved to emulate Handel, whom he called the "master of us all," and one of his great masterpieces, "The Creation," is the result. This was followed by "The Seasons." His hard work made him ill, and following the report of his death, a mass was celebrated in his honor in Paris. When he heard of it, Haydn said:

"I am much obliged to these gentlemen, and if they had returned to me I should have come myself to applaud the mass."

He died in his country home, near Vienna, on May 31, 1809.

Haydn's work is full of the joy of living. The adjective "mischief" in German stands for "bathos," in English Haydnish stands for everything in music that is particularly melodious and jolly, simple, unaffected, and bright.

Every day a different human interest story will appear in The Herald. You can get a beautiful insight into the production of the above picture, with five others, equally attractive, 7x9 1/2 inches in size, with this week's "Mentor." In "The Mentor" a well known authority covers the subject of pictures and stories of the week. Readers of The Herald and "The Mentor" will know Art, Literature, History, Science, Travel, and have a valuable picture. On at the Herald office. Price 10 cents. Write today to The Herald for booklet explaining The Associated Newspaper School plan.

Reheated Corn Bread—I have found that corn bread reheated is as good as fresh and it is certainly a time-saver on a busy morning.

Chesse Croquettes—Mix together one cupful of soft, stale bread crumbs, two cupfuls of grated cheese, half a teaspoonful of salt, a teaspoonful of cayenne and a teaspoonful of Worcestershire sauce. Moisten with one well beaten egg to which have been added two tablespoonfuls of cream, and when thoroughly blended shape into small balls. Roll in pulverized cracker crumbs, dip into egg diluted with two tablespoonfuls of cold water, roll again in cracker crumbs and fry in hot fat. Serve on triangles of fried bread with tomato sauce.

If groceries are bought in quantities there is a saving in the daily cost. For instance, one quart of tomatoes costs 15 cents a can. But for 50 cents four cans may be purchased. By arranging the price down to 12 1/2 cents a can.

Pastry. The drippings or butter will mix better if rubbed into the flour with the tips of the fingers, instead of the palms of the hands. Water should be added gradually and mixed with the other ingredients as it is poured into the bowl; this will prevent hard lumps from forming. A knife will serve well to mix pastry that is very short.

Fricasseed Fowl. An excellent way to fricasseed fowl is first to cut it up. Then fry salt pork in a kettle with hot water and pepper. Fill kettle two-thirds full of cold water into which to place the meat, and portions as desired of onion, carrot, parsnip and turnip. Cover with cabbage, pepper and butter and little sage. Simmer an hour to the pound for a small quantity. The meat can be fried in a buttered spider to a brown if desired. Salt only at finish.

Chinese Tea Cakes. Work one-fourth cupful of shortening, using equal parts of butter and lard, until creamy; then add gradually, while beating constantly, one cupful of brown sugar, two-thirds cupful of cold water, and add to first mixture; then add one-half teaspoonful of vanilla in one cupful of flour. Make into balls, place on buttered tin about one and one-half inches apart, and bake in a hot oven. This recipe makes forty cakes.

A Nice Pie. Boil one cup of raisins in just water enough to keep from burning. Pare, core, and place in a deep pie plate about eight apples. Chop your raisins, add a little lemon juice, nutmeg, mix with apples, sprinkle sugar to taste. Bake with under crust until apples are tender. Cover with a meringue made of the whites of three eggs beaten with three tablespoonfuls of powdered sugar. Flavor with lemon juice. Brown in oven.

WHAT TO SERVE AT THE HOME TABLE

Menus Planned Ahead Help the Housekeepers to Economize.

Breakfast: Baked Apples, Boiled Hominy with Sugar and Cream, Soft-boiled Eggs, Toast, Coffee.

Luncheon: Entire Wheat Bread and Water Cress, Dates Stuffed with Cream Cheese, Corn, Cocoa.

Dinner: Clear Tomato Soup (Martha's), Fried Catfish Garnished with Lemon and Parsley, Mashed Potatoes, Corn Bread, Lettuce Salad, Water, Coffee.

Breakfast: Health Breakfast Food with Chopped Dates, Fish and Potato Cakes, Fried, Reheated Corn Bread, Coffee.

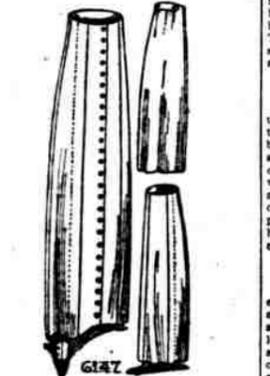
Luncheon: Cheese Croquettes with Fried Hominy Triangles and Tomato Sauce, Cookies, Tea.

Dinner: Chicken Casserole, Boiled Rice, Creamed Cabbage, Lemon Pie, Coffee.

Dates Stuffed with Cream Cheese—According to the teachings of Metchnikoff this combination makes an ideal health food. Remove the seeds from the dates and fill the cavities with cream cheese.

Health Breakfast Food—Why pay 30 cents for a carton of breakfast food when you can easily prepare five times the amount for the same money? Purchase 5 cents' worth of clean bran at the feed store, look it over carefully in order to remove any straw or other foreign material, then place it in a baking pan and sterilize thoroughly in a hot oven. As it begins to brown on top stir from the bottom as in parching coffee. Prepared in this way it has a rich nutty flavor, which is enhanced by

PATTERN OBTAINABLE.



The skirt illustrated herewith can be cut in either four or five goes. The closing is at the front. The skirt would be a good design for the completion of a coat suit. Serge, chevrol, broadcloth or any of the striped materials can be used to make this skirt.

The pattern, No. 617, is cut in size 22 to 36 inches waist measure. Medium size requires 21-4 yards of 44-inch material. The above pattern can be obtained by sending 10 cents to the pattern department of The Washington Herald.

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