

The U. S. Food Administration Asks

the circulation of recipes providing for the use of corn and other coarse flours to save wheat for our allies.

The Calumet Baking Powder Co. Complies

with a new War-Time Recipe Book, containing scores of splendid new recipes, compiled especially to meet war-time economy demands.

The U. S. Food Administration Writes

under date of February 6th, the letter coming from the Home Economics Division, as follows:—

"Every woman who provides for her family can help win the war by the wise and careful use of wheat, meat, fat, dairy products, and sugar—

"By using other fats for butter in cooking; Other cereals for part of the wheat in bread; Other meats, such as game, fish and poultry, or eggs and cheese, to reduce the demand for beef, pork and mutton.

"The recipes in this book have been revised to meet these rules, and the woman who uses them will be doing her part in helping to conserve our food supply."

Use Calumet Baking Powder in all War-Time recipes.

THE ARMY AND NAVY USE IT YOU SAVE WHEN YOU BUY IT YOU SAVE WHEN YOU USE IT

WAR-TIME RECIPE BOOK

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Pensacola's Beauties and Advantages Set Forth In War Library Bulletin

In the War Library Bulletin, published by the Library War Service, American Library Association, the leading article, by Albert F. Coyle, religious secretary of the army and navy Young Men's Christian Association at Pensacola, deals with the library war service at the Pensacola station, and is published here in its entirety, owing to its local and national interest.

By Albert F. Coyle. "What use, indeed, would soldiers or sailors have for books, when limpid Florida skies and azure Gulf waters combine to promote play, or lull into loafing and somnolence?"

Surely, if books could be dispensed with anywhere, it ought to be at the artillery posts and naval air station skirting Pensacola harbor. The answer is found in the handsomely appointed library rooms and the crowd of eager readers found in each of the Y. M. C. A. buildings which minister to the needs of the soldiers, sailors and aviators at the Air Station, and at Forts Pickens and Barrancas.

The need for adequate library facilities at the larger cantonments is fairly obvious; whereas, the generous extension of this work to the hundreds of similar military posts and naval stations throughout the country is less patent but even more imperative. The transformation effected by the Library War Service at Pensacola is impressively indicative of urgent opportunities elsewhere. When a visiting admiral of the Navy recently inspected the new library room and magazine "den" at the Pensacola Air Station, he pronounced them superior to similar equipment in any navy yard he had yet seen. Less than five months ago the admiral could scarcely have found an armful of good books among all the enlisted men; whereas now, both at the Air Station and the neighboring artillery forts, one man out of every four reads and returns a book a week!

Even in the fertile South there do not grow without a reason, Topsy's testimony to the contrary notwithstanding. When the first Army and Navy Y. M. C. A. secretary arrived on the job last August, he found no public library in Pensacola, and only a few musty books with funeral bindings behind padlocked doors—the ghost of a former chaplain's library—available for the men of the service.

A local books campaign was instituted, with the result that some five hundred good volumes were placed on open shelves both at Fort Barrancas and the Air Station, and good reading was stimulated by placard advertisement and personal talks with the men. An appeal for assistance to the A. L. A. brought a generous promise of five thousand volumes and other books as they were needed. Such a collection was thought too valuable to leave unprotected upon open shelves; for as one marine put it, "You can't get together two or three thousand men without having a few rascals among them, and those few will soon cause our 'best books to evaporate.'" Moreover, the library would be worthless for reference purposes, unless the books were classified and each book kept in its place. A large class room in each "Y" building was immediately set apart as a library. Shelves were installed, walls and floors stained, large reading tables made and vanished, ample lighting facilities provided, librarians' desks placed by the exit door, and all was ready for the reception of the books.

It is more, however, than a midsummer night's dream to classify, list and prepare for the shelves upwards of six thousand volumes. The aid of the A. L. A. was again invoked, and thanks to the indefatigable assistance of Miss Lucy E. Fay, Librarian of the University of Tennessee library, the books were ready for the loan stamp even before the interior decorating was completed.

The library of the Air Station now comprises 4,500 volumes, about one-sixth of which are non-fiction. Four large reading tables with movable chairs are supplemented by window seats in the five windows. A periodical and magazine room or "den" open off the library, where representative newspapers from all parts of the country and the current national magazines are kept on file.

At the new Fort Barrancas "Y," a corner room with six windows contains the library of some 2,500 volumes, of which one-fourth is non-fiction. The features of this library might commend themselves to others planning similar collections. A large interior window opening from the library into the main auditorium enables every man who enters the building to see the tempting array of books within, thus making the library its own best advertisement. Moreover, the one door to the room is situated just at the end of the stamp and stationery counter,

so that the services of an extra librarian are not required and the library can be kept open at all hours of the day. The magazine and newspaper problem is solved here in an adjacent lobby or lounging room, where newspaper files, rack and magazine covers preserve neatness and prolong the usefulness of the periodicals.

The library room at the Fort Pickens "Y" has about one thousand volumes, contained in a small but well lighted room, with one long reading table and movable chairs.

The books in all three libraries are classified according to the Dewey decimal system. In order to promote the reading of books on the war, these have been gathered together and designated by a capital "W" with the author's initial in lower case. The card shelf-list, expanded by necessary cross-references, does duty also as a catalogue; while typewritten shelf labels denoting the general class, serve as guide posts to the non-fiction shelves. A new and valuable library feature of war service, now being developed at Pensacola, is an inter-loan system, whereby the assets of all three libraries will be, in effect, pooled, so that a man at one post may secure a book contained only in the library of one of the other posts. The result will be that each post will have the practical benefits of a library of 8,000 volumes. The intellectual stimulus afforded by such a library is not its only value. Men who read good books do not dissipate their spare moments in dangerous or vicious amusements. From the military standpoint, the intelligent, thinking army is the hardest fighting army, for it understands the value of the eternal principles of which it is contending. Lastly, the library helps bridge the gap between officer and enlisted men for those who are worthy in each case and themselves traveling along the same road toward a spiritual brotherhood.

TRUCK STRIKES AND INJURIES AGED MAN

On a charge of careless and reckless driving, a negro named Walter Russell, employed by a wholesale ice cream firm, was arrested and placed in the city jail yesterday, evening at 7:30 o'clock by Captain Harper and Officer Fillingim. The specific reason for Russell's arrest was the allegation that he had run over and almost killed or seriously injured W. T. Delaney, white, residing at 016 East Strong street. Mr. Delaney was badly bruised, but hurried examination by a physician revealed the fact that he had not been injured to any extent, but just how he came to escape, he cannot tell.

It appears that Russell's truck became unmanageable when the steering gear became disarranged. As the truck wobbled from one side of the street to the other, it was noticed by Captain Harper, who was in that part of the city on another matter, and when the truck left the paving and ran down Mr. Delaney on the sidewalk, at the corner of Ninth avenue and Strong street, the police captain was right on the ground and placed the driver under arrest. People who saw the accident at first thought Mr. Delaney had been killed, but he said the only thing that saved him was to grasp some part of the auto and save himself from being crushed.

Allies Keep Advancing on Enemy Sector

(Continued from First Page.)

victors. Eight American officers and 130 men were taken prisoner by the Germans, he adds, and 12 American machine guns also were taken. Telegraphing from the Aisne-Marne battle front under date of Tuesday

The Depressing Heat

When your blood is not in good condition, the Summer heat weakens all the muscles of the body. To avoid spells of weakness and sickness during the hot weather, you must have pure, rich, red blood.

Grove's

Tasteless chill Tonic

destroys malarial parasites in the blood and removes other poisons by Purifying and Enriching the Blood. You can soon feel its Strengthening, Invigorating Effect and when you feel strong, the Summer heat will not depress you.

Grove's Tasteless chill Tonic is an exceptionally good general strengthening tonic for the Child, the Mother and all the Family. It is pleasant to take. Price 60c.

Perfectly Harmless. Contains No Nux-Vomica or other Poisonous Drugs.

the correspondent of the Wolff Bureau the semi-official German news agency says:

"Continuing their attack between the Aisne and the Marne the French for the first time employed American cannon fodder in comparatively large numbers as an addition to their Senegalese.

"Dense masses of blacks and Americans were hurled against the German lines. They paid for it in some hundred thousands of killed negro and Americans. In some places they advanced to attack sixteen waves deep. One wave after the other broke down in the German artillery and machine gun fire.

"Next day they renewed their assault seven times with gradually lessening force.

"On the third day the American infantry began to halt at the first rush, throwing themselves down as soon as the German artillery commenced. When the firing continued they retired so rapidly, so that at times their attack became a hurried flight.

"On many occasions the German infantry stood up in the trenches and while standing there received the Americans with salvos of rifle fire.

"In the attack on July 21 American battalions of the second division advancing through the ravine of Visieux were caught in the fire of the German machine guns. They immediately turned and fled.

"American casualties on July 19 and 20, especially officers, were exceptionally severe. Prisoners say that some regiments were annihilated."

H. E. ROOT

Automobile Necessities.

29 West Garden Street Phone 220.

The hot weather is with us now, and poor cheap tires will not be able to stand the strain very long. Why not buy MICHELINS and then proceed to forget your tires, except to see that they are properly inflated once a week, at least?

FALLS TIRES

KING OF THE HIGHWAY

A medium priced tire, giving greatest mileage for least money.

The BEST tire on the market for Ford cars.

F. S. Mellen & Co.

Distributors Phone 334

Try Chamberlain's. When you need a good liniment for soreness of the muscles, a sprain, or to relieve rheumatic pains, try Chamberlain's Liniment. It is excellent.—Adv.



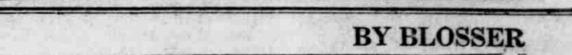
FENWAY A SMART LION STYLE WITH PLENTY OF TIE SLIDE SPACE

Lion Collars OLDEST BRAND IN AMERICA UNITED SHIRT & COLLAR CO. TROY, N. Y.

CORN BREAD YOU ARE PROUD OF

Everybody eats it and asks for more—it is made from GONZALEZ' CORN MEAL makes wholesome bread that melts in one's mouth. The original tastiness and nutriment of sweet, tender Southern corn is retained in this "meal of meals." Every day at Pensacola, Gonzalez' meal is ground fresh, and put up in 23-, 46-, and 92-lb. sacks.

Sold at all good groceries. M. F. GONZALEZ CO.



Calomel Users! Listen To Me! I Guarantee Dodson's Liver Tonic

Your druggist gives back your money if it doesn't liven your liver and bowels and straighten you up without making you sick.

Ugh! Calomel makes you sick. It's horrible! Take a dose of the dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with our bile, crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you are sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headaches, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tonic tonight.

Here's my guarantee—Go to any drug store and get a bottle of Dodson's Liver Tonic for a few cents.

Take a spoonful and if it doesn't straighten you right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tonic is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it can not salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tonic will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tonic will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.



No Rest Day Or Night

There is no rest day or night in those homes in which there is not a well planned method of destroying flies, mosquitoes, ants, roaches, bed bugs and other such nuisances. BEE BRAND INSECT POWDER, used properly, will keep the house free of these pests at a trifling cost and with very little effort, yet it is perfectly safe to use anywhere. It cannot hurt you nor any pets you may have.



Bee Brand Insect Powder, 25 & 50c.

fan it into the air

Flies and mosquitoes die in a few minutes. Will kill ants, fleas, roaches, bed-bugs, lice, and bugs of nearly every kind. Directions on package. Look for the Bee Brand Trade Mark.

All Grocers, Druggists and Department Stores MccORMICK & CO. - BALTIMORE, MD.

SALOON MEN ARE GETTING READY TO CLOSE PLACES HERE

Saloon men settled down to business as usual yesterday and the keeper who has a depleted stock in hand will find himself going out of business unless local men pool to supply him with the needed for the agreement signed in the office of the district attorney provides that no new stocks shall be purchased, and that orders which have been registered shall be cancelled. The fact that the signatures of practically all saloon men had been attached to the agreement was heard with considerable surprise, for it was reported that there would be some protest on the part of unnamed saloonists. It was either sign and thus agree to quit the business here October 1, or else to quit at once for the ten-mile zone was probable.

MRS. DUDLEY HEARD BY QUINCY PEOPLE

Quincy, Fla., July 24.—(Special)—Mrs. Guilford Dudley, of national fame as a suffrage worker, spoke in Quincy Tuesday evening at 6 o'clock at the court house, and Tuesday night at the opera house, in behalf of the great cause in which she is interested. Mrs. Dudley is one of the vice-presidents of National American Suffrage Association, and is quite a brilliant speaker as well as a charming woman. Quite an interested audience listened to Mrs. Dudley on both occasions.

Send Your Old Shoes to West End Shoe Store For Best and Neatest Work in Repairs. All Work Guaranteed 321 North DeVillier Street Phone 2032

Your Precious Eyes

Any eye trouble such as hazy vision, swollen or inflamed lids, scalding tears or stinging of the lids together, should call for prompt attention. Your eyes are your most precious sense and no chance should be taken of the affection becoming serious. One of the best eye remedies in use is Hollan's Eye Water, which can be used conjunctivitis as well as adults. It is absolutely safe, perfectly painless and always gives certain relief for sore weak or inflamed eyes, besides obviating the inconvenience caused by slight interference. In the carton with each 25c bottle of Hollan's Eye Water is an eye dropper and also a small box of salve for chronic sore eyes. If your druggist cannot supply you, ask him to order Hollan's Eye Water for you.—Adv.

MEMORIAL DAY BIG EVENT IN NORWAY

Christiania, July 25.—Norway celebrated its first Memorial Day on June 14 this year. The holiday, adopted in avowed imitation of the American observance, will hereafter be an annual institution.

The day was generally observed in all Norwegian seaports in commemoration of the Norwegian seamen, killed in Germany's ruthless submarine campaign. All flags were flown at half-mast, not only on merchant ships and private buildings, but also on naval and coast guard ships and public buildings of all kinds. All over the world, wherever there were Norwegian ships, the captains were restricted to observe the same ceremony.

At Christiania the Norwegian Mates' association arranged an impressive ceremony in the Seamen's church, which was appropriately decorated and was filled with a large congregation of relatives and friends of the lost sailors.

NAME ORGANIZER FOR THE A. F. L.

H. S. Kieley, president of the Central Trades Council, received a document a couple of days ago which he prizes very highly, for it is an appointment as district organizer for the American Federation of Labor, for the city of Pensacola and this section of the state. The certificate bears the signature of Samuel Gompers, and Mr. Kieley says there is no expressing how proud he is of such a signal honor.

Chamberlain's Tablets. Chamberlain's Tablets are intended especially for stomach troubles, biliousness and constipation, and have met with much success in the treatment of those diseases. People who have suffered for years with stomach trouble and have been unable to obtain any permanent relief, have been completely cured by the use of these tablets. Chamberlain's Tablets are also of great value for biliousness. Chronic constipation may be permanently cured by taking Chamberlain's Tablets and observing plain printed directions with each bottle.—Adv.

FRECKLES AND HIS FRIENDS



THE DINNER BELL IS HIS BEST FRIEND



BY BLOSSER