

# ANOTHER NURSE GIVES STRONG ENDORSEMENT TO MERITS OF TANLAC

"After Taking It With Such Wonderful Results I Cannot But Recommend It," Says Mrs. Land.

WAS TOLD NOTHING COULD BENEFIT HER

Became So Weak She Could Hardly Walk Up Stairs—Feels Pleasant and Eats Anything Now

One of the latest testimonies of the superior merits of Tanlac is the very large number of practical nurses who have told in no uncertain terms of the benefits they have derived from its use.

One of the latest to testify is Mrs. Fannie Land, all East Russell street, Columbus, Ohio. Mrs. Land has resided in Columbus for thirty years, has followed nursing here for a number of years, and her statement, coming as it does from one of such wide experience in relieving suffering, will be of interest to all who are seeking relief. Following is her statement:

After using Tanlac with such wonderful results myself, I could not do otherwise than recommend it. I have a mind to say I believe it will help anyone, especially those suffering from indigestion and the many distressing feelings resulting from it, if they will only give it a fair trial.

"One thing I do know is that Tanlac has relieved me of a case of indigestion that had gotten me to where I was hardly able to go. I was told that I would have to give up nursing, but I am more able to work now than I have been in years.

At the time I began taking Tanlac I had not been able to eat hardly anything in three or four years without having trouble with gas forming on my stomach. There was such a pressure on my heart at at times that I could scarcely breathe. I couldn't walk up stairs without stopping two or three times to get my breath. Many

a night I was so suffocated that I couldn't sleep at all and would toss and roll until I was completely exhausted. I always felt as tired in the mornings as on retiring at night, if not more so. My appetite was entirely gone and everything disagreed with me so I actually dreaded to eat anything. Several times, while in the picture show, I have been so overcome with the gas on my stomach that I simply dropped right over and had to be carried home. I was so weakened I couldn't even use a broom or do any of my house cleaning.

"It may seem strange that in my profession I could find no relief, but all my efforts failed and my suffering became so great that I felt like I couldn't stand it any longer. One day I read a testimonial for Tanlac that described my case so well that it seemed almost like me and right then I made up my mind to try Tanlac. I had been told that no more could be done for me and was left under the horrifying impression that I must just continue to suffer. But Tanlac helped me right from the start and has proved to be just what I needed. I am just about through with my third bottle now and have had only one slight attack of indigestion since I began taking it and that was before I had even finished half the first bottle. I am now eating just anything I want at any time, sleep like a child every night, and am looking and feeling better than I have since my trouble started. I had lost seven or eight pounds in weight and while I have not weighed I can tell from the way clothes fit that I have gained all that back and several pounds besides. All the thanks, praise and gratitude for my wonderful improvement belongs to Tanlac and I wish to recommend it in the highest terms.

Tanlac is sold in Lakeland by Jewett's Drug Store; in Winter Haven by Anderson Drug Co.

It has been positively ascertained by expert chemical analysis that rice contains more nutritive elements than any other grain. It will sustain life

better and longer than any other cereal—a fact well-known throughout the Eastern countries from time immemorial.

## MUCH ACTIVITY IN TRANSFER OF REAL ESTATE

The following real estate transfers have been made the past week:

Maud Lewis to M Giddens; J M Langford to J O Langford; JH Keller to C G Langford; Southern Land Sec Co to G M Teegarden; Myrtle C McCormick to W R Paden; S H Floyd to J B Duggan; Frank La Folley to T W Stone; F E Ohlinger to Lou Willie Hendrix; E C Linger to C W Schory; E B Phillips to E C Sooy; Loyd Nell to Holly Hill Grove and Fruit Co; James Walsh to W H Ingham; J R Davis to C B Reeves; E D Tison to C B Anderson; B F Surreny to T M Prine; H W Russell to Kate Keast; Kate K Keast to Laura H Moore; E M Rudisell to G M Clinch; B R Hendel to Kingsley H Girlich; R E McDade to Alpha Branning; F E Ohlinger to W S J Overstreet; Tom Truelson to J W Sample; Frederick Schillinger to E H Sick; Martha Melita Dickey to C W Weber; Edwin Spencer to J A Johnson; Jennie M French to W P Hule; Kate T White to J Hardin Peterson; W W Willis to J S Whately; J B Thornhill to Lora D Tillis; N F Skipper to E M Patterson; A A Harris to W A Harris; Fla Lake Region Land Co to C W Brown; W E Whidden to Claude McIntosh; Fla Lake Region Land Co to L P Gowland; Mary Geneva Morgan to W E Whidden; E J Morgan to W E Whidden; B F Marx to A B Coker; A B Coker to Sue Norris Meloy; A B Coker to B F Marx; W C Hall to Mary G Hall; S L Bergert to H P Rodgers; W P Hule to H E Moore; L B Taaffe to Frank Moore; Anna Mears to J W Weston; Jessie S Lyons to Samuel A Connell; Reed Pope Development Co to J G Gallister; Mason Bagley to G D Mendenhall; N E Fryer to Elizabeth P Charlen; J S Whately to R L Hughes; L Boskey to J F Boskey; Standard Phos Co to Sou Phos Corp; Jules Buffett to Southern Phos Corp; Alfred Hubart to Southern Phos Corp; Irwin Yarnell to Alhambra Groves Inc; Green F Cannon to W S Wev; H W McNamee to A Stegmaier; Lawrence Murray to H A Cannon; J R Windham to G D Godwin; C A Emory to C A Dilberg; Lake Wales Land Co to Oscar Smith. —Bartow Record.

## BLUE BLOODS OR RED BLOODS?

If You Haven't Wealth to Fall Back on, Be Sure of Your Health

DON'T GET RUN DOWN For New Vigor and Enthusiasm Take Pepto-Mangan, the Red Blood Builder

People who depend on their family position for money and social standing are called "blue blooded." It's a good name. Red-blooded men and women depend on themselves. The health, the energy, the fine spirits of red-blooded people make them money and take them high.

Literally, blood should be RED. Your blood can get thin and hungry for proper nourishment. Pepto-Mangan has for years been known as "the red blood builder."

Not alone in this country but all over the world, Gude's Pepto-Mangan has been continuously prescribed for anemia or bloodlessness. In the absence of some serious illness, Pepto-Mangan restores full vitality, because it contains the elements that make rich, strong, healthy, red blood.

Gude's Pepto-Mangan is a safe, beneficial and pleasant tonic. Agrees with the most delicate stomach, and is obtainable in either liquid or tablet form.

Be sure the name "Gude's" is on the package when you buy Pepto-Mangan. Ask the druggist for "Gude's." If "Gude's" is not on the package it is not Pepto-Mangan.—Advertisement.

## TEN COMMANDMENTS

There is a successful business concern that expects as successful concerns do, that every employee shall do his full duty. To assist the employee in the task, that concern places conspicuously before him these "Ten Commandments":

1. Don't lie. It wastes my time and yours. I am sure to catch you in the end, and that is the wrong end.
2. Watch your work, and not the clock. A long day's work makes a long day short, and a short day's work makes my face long.
3. Give me more than I expect and you will not regret it.
4. You owe so much to yourself you cannot afford to owe anybody else. Keep out of debt, or keep out of my shop.
5. Dishonesty is never an accident. Good men never see temptation when they meet it.
6. Mind your own business, and in time you'll have a business of your own to mind.
7. Don't do anything here which hurts your self-respect. An employe who is willing to steal for me is willing to steal from me.
8. It is none of my business what you do at night. But if dissipation affects what you do the next day, and you do half as much as I demand, you'll last half as long as you hoped.
9. Don't tell me what I'd like to hear, but what I ought to hear. I don't want a valet to my vanity, but one for my dollars.
10. Don't kick if I kick. If you're worth correcting, you're worth keeping.

In some parts of rural England, notably in Yorkshire, a very curious belief prevails among boys that if any mention is made of lightning immediately after a flash has occurred the speaker's trousers will be torn.



**Always Welcome**  
"You little rascal—played along the way, didn't you? Kept grandma waiting! Oh well, it's all right. Because"

**CALUMET BAKING POWDER**

is always right. It's worth waiting for. Always wastes minutes or materials and I know it's pure and wholesome, as Calumet contains only such ingredients as have been approved officially by the U. S. Food Authorities.

You save when you buy it—you save when you use it.

**HIGHEST Quality Awards**

Cotton has been grown in Egypt since 200 B. C., but it was not until a hundred years ago that Jumel, a French engineer, suggested the introduction of the commercial varieties. In 1822 the famous American sea island cotton was first sown. Five years later a Brazilian variety was introduced. The two strains were mingled, and from them came the famous "Ashmoun" plant and the still finer "Mutam" which is the most productive cottons in the world.

In Egypt beer has been brewed 5,000 years, and the "basa" of the lahs of today is made by a process almost identical with that described by Herodotus, mentioned in the glyphs, and depicted in sculpture as 3,000 B. C.

## UNEXCELLED AUTO SPECIALTIES

**STRANSKY VAPORIZER**—A simple appliance of great value for use on Ford cars only. The correct principle of vaporization. More power, more speed, less carbon, less trouble, easier starting and smoother running. Guaranteed to save from 25 to 50 per cent of gas. **ASK FOR DEMONSTRATION.**

**GEM RUBBER REPAIR**—An unsurpassed auto and household cement for repairing all kinds of rubber goods. No patches required. Wonderfully efficient, durable, clean and economical. Will repair cuts and blisters in your tires. Try it once and you will always use it.

**HERBERT L. KELSEY, Agent**  
Phone 242 Red 208 W. Olive Street



**A PROPERLY FITTED SHOE** is absolutely essential not alone to comfort of the foot but also to that of the whole body. Our new shoes for men are built on specially design lasts and we have such a complete range of sizes and widths that we surely can fit your feet to perfection. You will like their feel, their looks and last but not least, their reasonable price.

- Bion F. Reynolds Shoes and Oxfords, none better, in all leathers ..... \$12.50 to \$15.00
- Lewis Crossett Shoes and Oxfords always easy on the feet, special prices ..... \$10.00 to \$13.50
- Melton-Ott Special Makes, in all leathers \$8.00 to \$10.00
- WE CARRY ONLY ALL LEATHER IN BEST GRADE SHOES

## Melton-Ott Clothing Company

## TO ADVERTISERS

Some months ago the advertising rates of the Evening Telegram were raised, and advertising taken since that time has been charged at the new rate. There were, however, some advertisers, who have been in these columns for years, whom we continued to carry at the old rate. Owing to the necessity for conserving paper, we have been forced to reduce the space of these advertisers, giving them the space the money they pay buys under the new rate, rather than ask them for more money for the larger space, as we would do if paper conditions were normal. When we could buy paper for 2 to 3 cents we could afford to sell space at most any old price; at 14 or 15 cents a pound, it is something else. Advertisers whose regular space seems to have shrunk up a bit will understand we are sure. 5000

At the Shakespeare Hotel in Stratford-upon-Avon the rooms are named after the plays of the immortal bard. Some are strikingly appropriate; the dining room is "As You Like It" and the bar is "Measure for Measure."

**Specials For Saturday**  
Maxie Chocolate Cherries  
Triola Sweets

**The Lake Pharmacy**  
211 MAIN STREET PHONE 42

**BOILER REPAIRS**  
Permanently located in Lakeland; Scientific Boiler Maker. Many Years' Experience in Best Shops in the Country.

**J. A. CHAMBERS**  
Temporarily Located at H. T. James' Garage, Corner Massachusetts Avenue and Rose Street. Phone 564

**New Spring and Summer Ladies' Ready-to-Wear Being Received**

**Afternoon Dresses and Skirts, Georgette and Voile Waists**

**Are Here in Beautiful Array**

**We Can Save You Money Give Us the Opportunity**

**Marinello Beauty Parlor In Connection**

**La Mode Inc.**