

CANNED MILK TO AVIATE IN PRICE

Condensed milk will join the food-stuffs aviation corps before many more weeks, according to advices from the mainland.

The price heretofore asked for milk has been around \$2.10 to \$2.30 for a hundred pounds of milk.

Another important factor is the advance in the price of tin plate for making cans, of from 25 to 50 cents per case.

ISLAND EGGS DROP 5 CENTS

A decided drop in the market prices of food stuffs, both vegetable and fruit, came as a welcome relief to the suffering consumer during the past few days.

Bananas are selling on the local markets from 20 to 65 cents a bunch according to size.

Recipes For Potato Dishes

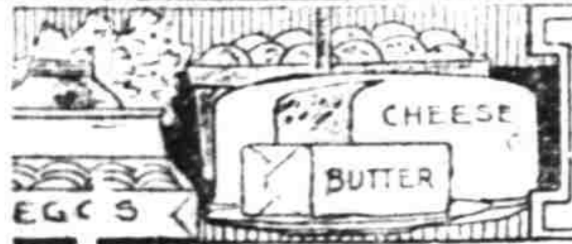
POTATOES AT DINNER Potatoes may be used freely at dinner, the variety which we all like being secured by varying the ways in which the potatoes are served.

Many think that potatoes are at their best when prepared in the simplest ways, that is, baked or boiled, but even so some variety is possible.

Potatoes may be boiled or steamed in the jackets, peeled entirely, or with only a ring peeled around the center.

CREAMED POTATOES There are several different ways in which creamed potatoes may be prepared. (1) Freshly boiled or cold boiled potatoes may be cut into small cubes and served heated in cream sauce.

Of the many possible recipes, the following are suggested as more or less typical: Potato Soup—3 potatoes, of medium size; 4 cups skim milk; 1 small onion; 4 tablespoons butter or other fat; 2 tablespoons flour; 1-2 teaspoons salt; 1-4 teaspoon celery salt or 1 stalk of celery cut in inch pieces; 1-8 teaspoon chopped parsley; little cayenne pepper or paprika.



SATURDAY FOOD SPECIALS

Why Do They Smile?



The Breakfast Smile

All eat Quaker Oats and all are happy, healthy and wise. Father eats Quaker Oats, so does mother, sister and brother.

SATURDAY SPECIAL OFFER

Quaker Oats Two Packages for 25c

Just received from the coast and each contains a book of recipes.

C. Q. YEE HOP & CO. The House of Quality

King Street Phone 3451

QUALITY FOODS

FRESH RANCH EGGS

Direct from California and distinctly not cold storage, per dozen, 60c

POTATOES

Per 100-lb bag, \$3.00

ONIONS

Per 100-lb. bag, \$2.50

NEWTOWN PIPPIN APPLES

Per box, \$1.50

California Feed Co., Ltd.

Phone 4121 Queen and Alakea Sts.

SPECIALS

for Saturday only

Potato and "Think-of-Me" Salads

Appetizing, palate-tempting combinations, with an excellent Mayonnaise Dressing

Per pound, 25c

Freshly-ground Horseradish

15c Jar—2 Jars for 25c

METROPOLITAN MEAT MARKET

New—White—Clean—Sanitary

Phone 3-4-4-5

when ready to serve. The parsley improves the looks and adds a little to the flavor, but may be omitted if heard him bragging about it.—Detroit Free Press.

WEEKLY PRODUCE REPORT

By A. T. LONGLEY, Marketing Superintendent. ISSUED BY THE TERRITORIAL MARKETING DIVISION FOR WEEK ENDING, OCT. 19

Table with columns for Wholesale and Small consumers prices for various items like Island Butter, Eggs, etc.

Table with columns for Vegetables and Fruit prices for items like Beans, Corn, Potatoes, etc.

Table with columns for Livestock and Dressed Meats prices for items like Beef, Veal, Pork, etc.

Table with columns for Hides (Wet Salted) and Eggs prices for items like Steer, Sheep, etc.

Table with columns for Feed prices for items like Corn, Wheat, Barley, etc.

Table with columns for Flour prices for items like Flour, etc.

NATIONAL FOOD PLEDGE WEEK TO BEGIN ON SUNDAY, OCTOBER 21

Under the direction of the Federal Food Administrators, a national Food Pledge campaign is planned for the week of October 21 to 28.

Every man or woman who signs the pledge card becomes voluntarily a member of the United States Food Administration, and promises to carry out its directions and advice on food economy as far as possible.

Flour Due For 40 Cent Drop By November

A drop in the retail price of flour is expected by the first of next month. Flour that is now selling for \$3 a bag is expected to drop at least 10 cents.

As soon as the mainland shipments are received the first of a series of drops is expected.

DON'T WASTE DRY BREAD: SINGLE SLICE VALUABLE

Waste no dry bread. A single slice is valuable and every bit thrown away means greater hunger in Europe.

Cut it in thin slices and toast it. Crisp toast is appetizing with almost any breakfast drink.

Revive the old-fashioned dish of bread and milk—an excellent use for dry bread.

Or break up the dry bread into small pieces and crush with a rolling pin, saving the bread crumbs for future use in the place of flour.

Are You Satisfied?

DO you leave the breakfast table with that feeling that you enjoyed your cup of coffee? OR do you wish to find a brand to your own taste—Which?

WING HING CO.

Hotel Street, opp. Bethel Phone 4341

Include Poi In Your Menu

It is not only that it tastes good prepared in a dozen different ways, but also that it costs less and contains more nutrition than any other food before the public.

ASK US HOW TO PREPARE POI

DAVID ALO OAHU FISH MARKET

We Feed the Army and Navy

As wholesalers of anything and everything to eat—we are called upon daily to make large shipments to the forts. Let us supply your store.

Service Supply Co.

Phone 2819 Offices at Hawaiian Fisheries

GROCERIES—MEATS—FISH—VEGETABLES

FISH PRICES SOAR AS RESULT OF WAR

The price of fresh fish is becoming very alarming and the people of Honolulu will either have to go without eating fish or resort to canned goods.

We carry a full line of tuna, salmon, sardines, shrimps, crabs, clams, lobsters and oysters in different size cans.

Paragon Meat Market

PHONE 1104 BERETANIA near ALAKEA ST.

Pots and Pans Need

to be thoroughly cleaned not merely washed—and there is nothing "just as good" as Sapolio for the purpose. Sapolio, the great labor saver removes the grease, routs the dirt and polishes like new.



SAPOLIO

Sold everywhere The genuine is marked ENOCH MORGAN'S SONS CO., New York

Armour's Veribest Foods



- Try these Veribest Package Foods: Peanut Butter, Leaf Goods, Sandwich Dainties, Pork and Beans, Corned Beef, Vienna Sausage

Are cooked in our great sanitary kitchen by the special Armour process that retains absolutely the natural flavors.

A half century of experience is packed with every product sold under the Oval Label—the mark we reserve to distinguish the choicest of our entire production.

FOR SALE BY LEADING GROCERS A full line carried by California Feed Co. and C. Q. Yee Hop & Co. Phone 4121 Phone 3451