



our Labor Counts—every ounce of work you do helps some soldier who is fighting over there! This war is being fought as truly in the household and in the workshop as it is in the trenches.

One of our American women are down physically and mentally, because of the weaknesses of their sex. They suffer from backache, dragging sensations, are very nervous and have pain in the head. If they ask their neighbors for help, they will be told to take a Favorite Prescription of Dr. Pierce's which has been well and favorably known for the past century.

Weak women should try it now. Don't wait! Today is the day to begin. This is a powerful tonic and nerve bringer, vigor and vitality. Send Dr. Pierce, Buffalo, N. Y., 10c. for trial pkg. tablets. It soothes the nerves, drives away the drowsiness, and gives a healthy appetite and refreshing sleep. It makes weak men strong.

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SAVE MONEY and buy Nut Margarine and Oleomargine.

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Phone 160.

CHURCH NOTICES.

Christian Science Society.
Meets every Sunday morning in the Moose hall at 11 o'clock. A cordial welcome extended to all.

Latter Day Saints.
Services on Sunday as follows: Sunday school at 10 a. m. Regular services at 2 p. m. All are invited.—Geo. F. Smith, Bishop.

St. Mary's Episcopal.
Rev. Mr. Ashton will be present Sunday to conduct services in this church. Strangers will be cordially welcomed.

Morning prayer and sermon on the first and third Sundays of each month at 11 o'clock. Sunday school at 10 a. m.

Catholic.
Services will be held at the Catholic church three Sundays of the month, namely, first, second and fourth. On the first Sunday there are two masses at 8:30 and 10 a. m.; on the fourth Sunday there is only one mass, at 10 a. m. Sunday school every Sunday at 9:30 a. m. Evening services on the third Sundays at 7:30 p. m. Father I. Reis.

Presbyterian Church Notes
10 a. m.—Sabbath school. Lesson, "Joseph Made Ruler of Egypt." Gen. 41:33-44.
11 a. m.—Morning worship. Sermon, "Spiritual Athletics." Solo by Mrs. Lee C. Forbes.

6:30 p. m.—Christian Endeavor. Lesson, "When to Begin." Leader Lawrence Tolles.
7:30 p. m.—Prayer Meeting, Wednesday, "Making Plans." Leader, The Minister.

8:15 p. m.—Choir practice. A full attendance is very much desired. Work on special Xmas music.

Will all friends of the church kindly remember the bazaar conducted by the Ladies' Aid on Saturday, Dec. 14.

We are anxious to be of the greatest possible service. Will you call on us if you need help, comfort, or cheer? Our business is to help. We cannot do it, if we do not know you want us.—James Adams, Minister.

Christian Church
Sunday school at 10 a. m. J. H. McSparran will preach at 11 a. m. each Sunday morning.

Baptist.
The Emmett Baptist church extends a hearty invitation to the following services: Sunday—Bible school at 10 a. m., morning worship at 11. Young People's Union at 7:30 p. m. Evening worship at 8:30 p. m. We offer the people of Emmett a church home, where they may worship God with a glad heart and amid inspiring services and good fellowship. Our minister is ever ready to respond to your call. Our Sunday program is as follows: Morning, "Construction and Reconstruction." Evening, "The Gospel of Good Health."—A. C. Lathrop, Pastor.

Baptist Notes.
The subjects for Sunday are of especial interest at this time and ought to be heard by large audiences. Both messages will deal with facts vital to kingdom interests.

We are looking forward to Xmas and planning to express our Xmas gladness in a good big offering for the starving millions of Bible lands.

Preaching at Central Mesa Sunday at 3 p. m.

This is the week of booster laymen conferences in our associations. Monday a company of our men were at New Plymouth, Tuesday at Payette and Wednesday the meeting was held in our own church in connection with our annual meeting. There was a good attendance and an interesting program. The reports show this to be the banner year in our church history. The financial budgets for both current and mission funds have been subscribed in full. Plans for the evangelistic drive in January and the enlistment of all

our people in definite lines of service were endorsed.
Our young people held their annual meeting on Monday evening, at which the officers for the ensuing six months were chosen.

Methodist.
Sunday school at 10 a. m. Preaching at 11 a. m. Epworth League at 7 p. m. Preaching at 8 p. m. Prayer meeting Wednesday at 8 p. m. Choir practice Friday at 8 p. m. A very cordial invitation is extended to all to come and worship with us.—F. E. Finley, Pastor.

Nazarene
The attendance at the morning and evening services was encouraging considering conditions, and the interest was splendid. A much larger attendance is expected this coming Sabbath. Sunday school at 10 a. m. and preaching by the pastor morning and evening as usual. The song and praise service begins at 7 p. m. Special music will be a feature of these services. Come on time and bring a friend with you. If you do not know God, come and seek Him and then help others to find Him who only can satisfy the human heart. The pastor is always ready and anxious to receive calls from or calls to see any who need his services and as far as possible secure help for the needy and distressed.—W. H. Parker, 514 South Washington St., Pastor.

Spanish Cedar Sawdust.
Some curious uses are found for the better kinds of sawdust. One of these pertains to the Spanish cedar sawdust, which is of extreme tightness. It is employed for packing cheap chemicals contained in glass and shipped for long distances. In this relation there must be taken into consideration the question of weight and freight charges, and so Spanish cedar sawdust enters the equation.

"Colonel" is a Column Leader.
The Spanish for colonel is coronel, the Italian colonello. The Spaniards originated the word 400 years ago and seem to have made it by combining the sense of the Latin columna, a column, with that of corona, a crown. We follow the French spelling, but in pronouncing we retain the Spanish "r," hence "kernel," as we say it. Literally it means the leader of a column or of the company at the head of the regiment in column.

Just What He Had Done.
Charlie, trying to amuse himself as best he could, came out of the garage dragging an old cobwebby umbrella, which after much exertion he was able to open over his head. His grandmother, coming to the door, called out, "Charlie, you put that umbrella right up this minute." Charlie piped back, "I has dot it up and Ise doin' for a walk."

Heavy, impure blood makes a muddy, pimply complexion, headaches, nausea, indigestion. Thin blood makes you weak, pale and sickly. For pure blood, sound digestion, use Burdock Blood Bitters. \$1.25 at all stores.

Protection From Live Wires.
For the sure protection of linemen handling live wires a pair of gloves inside and one outside of the rubber gloves have been recommended. The woven fabric inside glove takes up perspiration and shields the rubber from the finger nails and a leather gauntlet over the rubber glove protects from outside mechanical injury, aids in grasping tools and keeps the hands warm in winter.

About Croup.
If your children are subject to croup or if you have reason to fear their being attacked by that disease, you should procure a bottle of Chamberlain's Cough Remedy and study the directions for use, so that in case of an attack you will know exactly what course to pursue. This is a favorite and very successful remedy for croup, and it is important that you observe the directions carefully.

Biblical Thrift.
The Scriptures give us many lessons in thrift. Ezekiel warned the children of Israel that during the siege of Jerusalem they would have to be thrifty. He said: "Take thou also unto thee wheat, and barley, and beans, and lentiles, and millet, and fitches, and put them in one vessel, and make thee bread thereof."—Ezekiel iv: 9. The Bible shows that Ezekiel ordered the children of Israel to eat their meat by weight, and even thus only "from time to time."—Thrift Magazine.

Sleep and Rest.
One of the most common causes of insomnia and restlessness is indigestion. Take one of Chamberlain's Tablets immediately after supper and see if you don't sleep better. They only cost a quarter.

Gray Copper.
The work of a Swiss investigator suggests that absolutely pure copper may have a light-gray color like that of most other metals, since it is found that copper which has been ten times distilled in vacuo has only a pale rose color, while the yellow color of gold becomes much lighter under similar treatment.

Accidents will happen, but the best regulated families keep Dr. Thomas' Eucletic Oil for such emergencies. Two sizes, 30 and 60 cents, at all stores.

TYPHOID is no more necessary than Smallpox. Army experience has demonstrated the almost miraculous efficacy and easiness of Acetophenol Vaccination. Be vaccinated NOW by your physician, you and your family. It is more vital than house insurance. Ask your physician, druggist, or send for "Have you had Typhoid?" telling of Typhoid Vaccine, results from us, and danger from Typhoid Carriers. THE CUTLER LABORATORY, BERKELEY, CAL. PREPARED BY THE CUTLER LABORATORY, BERKELEY, CAL. U. S. PAT. OFFICE.

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Apply to this office for dates for sales.

Mike laughed at the Judge
for chewing Gravely.
The Judge came right back at Mike with a friendly chew—just a couple of little squares off his plug of Real Gravely.
Mike found that the chew stayed with him for a long while, and the more he chewed the better it tasted.
"There's the real tobacco satisfaction," says the Judge: "and it costs nothing extra to chew this class of plug."
It goes further—that's why you can get the good taste of this class of tobacco without extra cost.

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