

NEVER

In the history of this store has business
been as good as now

THERE'S A REASON

THE GOLDEN RULE MERCANTILE

WE HAVE the Merchandise---most anything you
could call for---and in quantities sufficient to sup-
ply all. Our store is loaded with all kinds of Heavy Winter Goods.
We buy in larger quantities than others, therefore can sell cheaper.

SAVE MONEY BY BUYING FROM US

DR. ALTREE
Dentist
Phone 72 - Evans Bank Bldg.
Lady Assistant

People and Events.

O. S. L. TIME CARD.
Eastbound, Ar. Westbound, Ar.
No. 63:10 a.m. No. 838:25 a.m.
No. 1810:45 a.m. No. 191:10 p.m.
No. 48:15 p.m. No. 53:25 p.m.
No. 849:15 p.m. No. 177:05 p.m.

Wheat Prices Per 100, Bulk, Grades
1, 2 and 3.
Turkey Red, dark.....\$3.25 \$3.20 \$3.13
Turkey Red, bleached.. 3.22 3.17 3.10
Marquis 3.22 3.17 3.10
Early Baart, Gold Coin
and Bluestem 3.19 3.14 3.07
Club, Hybrid 3.15 3.10 3.03
Sacked wheat, in good, merchant-
able sacks, 15c per 100 more.

A few boxes of fancy pears still
left at the Skaggs Cash Grocery.
Miss Grace McKinley left for Boise
Wednesday where she will visit for
a short time.

The car shortage is being relieved
and wheat is again moving quite ex-
tensively, which is quite a relief all
around.

Rev. John Wesley Miller, formerly
pastor of the Methodist church, came
in Monday and spent a few hours with
friends.

Chris Adolf has received a call for
limited service and will leave for Van-
couver, Wash., about the 14th. He is
credited to Cassia county.

The last picture shows or enter-
tainments of any kind, until the ban is
lifted by the state board of health,
were given last night.

A call for seven more men to leave
Power county about October 21 has
been made, according to Boise papers,
but has not reached the local board
yet.

Mr. and Mrs. Spencer L. Baird are
rejoicing over the arrival of a baby
girl at their home Wednesday. Mrs.
Swartout, mother of Mrs. Baird, ar-
rived Tuesday.

Ms. and Mrs. M. J. Unger and son,
who have been visiting in Wisconsin
for the past two months or more,
returned home Tuesday. Mr. Unger is
undecided as to his future, as yet.

Buy your sewing machine from a
reliable company. Prices lowest,
quality considered. Mail or phone
your order to Pocatello. Machine de-
livered and service rendered at all
times. Singer Sewing Machine Co.,
Pocatello, Idaho, Phone 57-J. tf

Mrs. W. L. Newton and sons, Wal-
ace and Gerald, are visiting friends
in Heyburn for a few days.

Order your winter's supply of cab-
bage where you know the quality and
price is right. Skaggs Cash Grocery.

Owing to the influenza epidemic the
Ladies Aid of St. John's Lutheran
church will not serve the chicken sup-
per advertised for Saturday, October
12th.

Captain A. M. Ley, who has been in
attendance at the national rifle shoot
at Camp Perry, Ohio, passed through
en route to Boise last night. He was
joined by Mrs. Ley here, and they will
spend a few days visiting in Boise.

Mrs. Anna Johnson of Algona, Ia.,
is spending a few days with her
daughter, Mrs. H. J. Richards. Mrs.
Johnson is on her way to Long Beach,
California, where she spends the win-
ters.

Mr. and Mrs. Maurice Myers re-
turned from Boise, Tuesday, where
Mr. Myers attended a meeting of the
county food administrators with their
chief Saturday. Mr. Myers states that
sugar regulations will not become a
bit more lenient, and may possibly
be more strict.

All public meetings, including pa-
triotic rallies, churches, lodges, thea-
tres, etc., are under the ban for an in-
definite period. Schools are not closed
but may be later. Pool halls also come
under the ban. This is a precautionary
measure instituted by the state board
of health to prevent the spread of in-
fluenza.

The sheriff's office landed two dis-
pensers of booze Wednesday, and both
are in jail awaiting the coming of court.
The men gave their names as Frank
Byrne and Orville Hayter, and claim
to hail from Kemmerer, Wyo. Six
pints of contraband was taken from
them. It is said they were here dur-
ing the fair and did a good business
at that time.

Monday evening at the Methodist
parsonage Miss Cora Evans and Tim
Douglas were united in marriage.
Witnesses to the ceremony were Mrs.
Snowball and her son and daughter,
Mr. Snowball and Miss Snowball. Mrs.
Douglas came from Mammoth, Utah.
Mr. Douglas was formerly from Mam-
moth, moth, but has been living in
American Falls for some time.

The Epworth League entertained
the teachers of the public schools of
American Falls Friday evening of last
week in the parlors of "the brick"
church. A short program was given
and then games were played and re-
freshments served. A most delightful
evening was spent and all present
appreciated getting better acquainted
with the teachers. American Falls can
be proud of her splendid corps of teachers.

The Department of Agriculture has
just completed its wheat and rye plant-
ing program for 1918-19. In it, Idaho is

asked to plant a minimum of 377,000
acres of fall wheat and 2,000 acres of
winter rye. This is an increase of 25
per cent for Idaho over the winter
wheat acreage planted last fall and
the normal acreage of rye. If weather
conditions are good, and other condi-
tions are favorable, the department
hopes that Idaho will be able to plant
the maximum of 405,000 acres of win-
ter wheat. County agent Lamson is
of the opinion that a good part of
this increase in bushels can be made
by destroying the rodent pests that
work against the farmer. He is find-
ing the pests more numerous and de-
structive than he thought from cas-
ual investigations.

"SPANISH INFLUENZA."

U. S. Surgeon General, Rupert Blue,
Makes Valuable Suggestions About
Care of Victims and Precautions to
Prevent Spread of Disease.

The United States Public Health
Service has issued the following bul-
letin by Robert Blue, Surgeon General
on Spanish Influenza. It is very timely
and at the request of the Idaho State
Board of Health, it is herewith re-
printed almost in full:

What is Spanish influenza?
Is it something new?
Does it come from Spain?

The disease now occurring in this
country and called "Spanish Influenza"
resembles a very contagious
kind of "cold" accompanied by fever,
pains in the head, ears, eyes, back or
other parts of the body, and a feeling
of severe sickness. In most of the cases
the symptoms disappear after three
or four days, the patient then rapidly
recovering. Some of the patients,
however, develop pneumonia, or in-
flammation of the ear, or meningitis,
and many of these complicated cases
die. Whether this so-called Spanish
influenza is identical with the epi-
demics of influenza of earlier years is
not yet known.

Although the present epidemic is
called "Spanish influenza," there is
no reason to believe that it origina-
ted in Spain. Some writers who have
studied the question believe that the
epidemic originated in the Orient, and
they call attention to the fact that
the Germans mentioned the disease
as occurring along the eastern front
in the summer and fall of 1917.

How can "Spanish influenza" be
recognized?

There is yet no way in which a
single case of Spanish influenza can
be recognized; on the other hand,
recognition is easy where there is a
group of cases. In contrast to the
outbreaks of ordinary coughs and
colds, which usually occur in the cold
months, epidemics of influenza may
occur at any season of the year, thus
the present epidemic raged most fu-
riously in Europe in May, June and
July. Moreover, in the case of ordi-
nary colds the general symptoms, fe-
ver, pain and depression, are by no
means as severe or as sudden in their
onset as they are in influenza. Fi-
nally, ordinary colds do not spread
through the community so rapidly or
so extensively as does influenza.

In most cases a person taken sick
with influenza, feels sick rather sud-
denly. He feels weak, has pains in
the eyes, ears, head or back, and may
be sore all over. Many patients feel
dizzy, some vomit. Most of the pa-
tients complain of feeling chilly, and
with this comes a fever which rises
to 100 to 104. In most cases the pulse
remains rather slow.

In appearance one is struck with
the fact that the patient looks sick.
His eyes and the inner side of his eye-
lids may be slightly bloodshot. There
may be running from the nose, or
there may be some cough. These in-
dications of a cold may not be very
marked; nevertheless the patient
looks and feels very sick.

What is the course of the disease?
Do people die of it?

Ordinarily the fever lasts from
three to four days and the patient
recovers. But while the proportion of
deaths in the present epidemic has
been generally low, in some places the
outbreak has been severe and deaths
have been numerous. When death oc-
curs it is usually the result of a com-
plication.

What causes the disease and how
is it spread?

Bacteriologists who have studied
influenza epidemics in the past have
found in many cases a very small
rod-shaped germ called Pfeiffer's bac-
illus. In other cases other kinds of
germs were found.

No matter what particular kind of
germ causes the epidemic, it is now
believed that influenza is always
spread from person to person, the
germs being carried with the air along
with the very small droplets of mucus,
expelled by coughing or sneezing,
forceful talking, and the like by
one who already has the germs of the
disease. They may also be carried
about in the air in the form of dust
coming from dried mucus, from coughing
or sneezing, or from careless people
who spit on the sidewalk. As in
most other catching diseases, a person
who has only a mild attack of the

disease himself may give a very severe
attack to others.

What should be done by those who
catch the disease?

It is very important that every
person who becomes sick with influ-
enza should go home and go to bed
at once. This will help keep away
dangerous complications and will, at
the same time, keep the patient from
scattering the disease far and wide.
It is highly desirable that no one be
allowed to sleep in the same room
with the patient. In fact, no one but
the nurse should be allowed in the
room.

If there is cough and sputum, or
running of the eyes and nose, care
should be taken that all discharges
are collected on bits of gauze or rag
or paper napkins and burned. If the
patient complains of fever and head-
ache, he should be given water to
drink, and a light sponge. Only such
medicine should be given as is pre-
scribed by the doctor. It is foolish
to ask the druggist to prescribe and
may be dangerous to take the so-called
"safe, sure and harmless" reme-
dies advertised by patent medicine
manufacturers.

If the patient is so situated that
he can be attended only by someone
who must also look after others in
the family, it is advisable that such
attendant wear a wrapper, apron or
gown over the ordinary house clothes
while in the sick room, and slip this
off when leaving to look after others.

Nurses and attendants will do well
to guard against breathing in dan-
gerous disease germs by wearing a
simple fold of gauze or mask while
near the patient.

How can one guard against influ-
enza?

Keep the body strong and able to
fight off disease germs. This can be
done by having a proper proportion
of work, play and rest, by keeping
the body well clothed and by eating
sufficient, wholesome, and properly
selected food. In connection with
diet, it is well to remember that milk
is one of the best all-round foods ob-
tainable for adults as well as chil-
dren. So far as a disease like influ-
enza is concerned, health officers ev-
erywhere recognize the close rela-
tionship between its spread and over-
crowded homes. While it is not always
possible, especially in times like the
present, to avoid such overcrowding,
people should consider the health dan-
ger and make every effort to avoid
overcrowding.

Care should be taken to avoid inhal-

Wool Skirts

Plaids and Stripes
\$7.50 to \$8.50

Howland's Variety Store

ing the air breathed out by another
person.

It is especially important to beware
of the person who coughs or sneezes
without covering his mouth or nose.
It also follows that one should keep
out of crowds and stuffy places as
much as possible. Keep homes, offi-
ces and work shops well aired, spend
some time out of doors each day, in
short, make every possible effort to
breathe as much pure air every day
as possible.

"Cover up each cough and sneeze,
If you don't you'll spread disease."

ALIAS SUMMONS.

In the District Court of the Fifth Ju-
dicial District of the State of Idaho,
in and For Power County.

The Union Central Life Insurance
Company of Cincinnati, Ohio, a Cor-
poration, Plaintiff, vs. Marion P.
Mitchell, Cora Mitchell, Charles T.
King, Lauretta King, Benjamin B.
Cotant, Pauline Cotant, and the
First National Bank of American
Falls, a banking corporation, De-
fendants.

The State of Idaho sends greetings
to Lauretta King, one of the above
named defendants:

You are hereby notified that a com-
plaint has been filed against you in
the district court of the Fifth Ju-
dicial District of the State of Idaho,
in and for the County of Power, by the
above named plaintiff, and you are
hereby directed to appear and answer
the said complaint within twenty
days of the service of this summons,
if served within said judicial district,

and within forty days if served else-
where; and you are further notified
that unless you so appear and an-
swer said complaint within the time
herein specified, the plaintiff will take
judgment against you as prayed in
said complaint.

This action is brought to foreclose
one mortgage executed by Marion P.
Mitchell and Cora Mitchell, his wife,
and one mortgage executed by Charles
T. King and Lauretta King, his wife,
to the above named plaintiff on prop-
erty in Power County, Idaho, described
as follows, to-wit:

The northeast quarter of section 19,
township 10 south, range 31 east,
Boise meridian.

Witness my hand and the seal of
said District Court this 19th day of
September, 1918.

PAUL BULFINCH, Clerk.
By L. B. Hauschildt, Deputy.
Budge & Merrill, attorneys for plain-
tiff, address: Pocatello, Idaho.
9 20, 27; 10 4, 11.

SALE OF ESTRAY.

Notice is hereby given that the fol-
lowing described animal will be sold
at public auction to the highest bidder
for cash, at the ranch of C. A. Coon,
seven miles northeast of American
Falls, Idaho, on Saturday, October 26,
1918, at 1 o'clock p. m.:

One black cow, about 7 years old,
branded with a diamond on the left
hip; dehorned. D. B. JEFFRIES,
10-4, 11, 18, 25. Sheriff.

WSS WSS WSS WSS WSS WSS

Sunny Valley Flour
Cornmeal
Oats Barley Rye
Mill Run Bran Sacks and Twine

GOVERNMENT
Grades—Prices—Discounts
Applied on All Purchases of
Wheat, Bulk or Sacked

THE
Oneida Elevator
The Elevator That Serves
You Best

CORN MEAL
WHEAT
OATS

Munsing Wear

The Most Satisfactory Underwear for
Men, Women and Children. We can fit
the whole family correctly and economically

When supplying your Winter needs in Underwear
Ask for Munsing Wear Union Suits
because they give you the most for your money any
way you figure it, and always at a reasonable price

Children's Garments priced at 90c to \$1.75
Ladies' Garments priced at \$1.00 to \$5.50

Fall Creek Mercantile Co.
Dry Goods Department