

VARSIITY PRESIDENT SHOWS CHANGES MADE BY WAR

Dr. Lindley Makes Interesting Statement in Biennial Report of the State Board of Education.

The biennial report for 1917-1918, University of Idaho Bulletin, appeared in Boise Saturday, and contains an extract from the third biennial report of the state board of education and board of regents of the 'varsity including the report of Dr. E. H. Lindley, president.

In his opening remarks President Lindley shows the effects the recent war had on education in Idaho, saying in part: "The biennium just closing spans the interval of active participation by the United States in the great war. The University of Idaho in common with all other institutions of higher learning marshalled its resources so far as possible for the business of war. It contributed an unusually large proportion of its men to army and navy. It supplied experts in special lines of war duty. It modified its courses of study. Through the reserve officers' training corps, national army training detachment, and students' army training corps, it functioned as an adjunct of the war department and the United States army.

"Its extension service of more than a hundred field workers in Idaho has carried forward the war program of increased crop production and the conservation of food supplies. The college of agriculture and the agricultural experiment station have also done much to stimulate crops and livestock production.

"The university school of mines has conducted an extensive search for the minerals most needed in war. The university school of forestry has assisted in surveys of lands suitable for returned soldiers. The college of engineering has been indefatigable in enlisting its graduates and undergraduates in positions of greatest military usefulness. The department of home economics in co-operation with other departments of the university has assisted in the statewide program of the United States food administration and also engaged most actively in training young women for the emergencies of the war, including new vocations.

"The college of letters and science has brought the message of the meaning of the war and of the ideals for which our nation was contending. "In all departments, therefore, the university has done what it could to assist in the winning of the war.

WAR AND EDUCATION. "The war has moreover demonstrated the imperative need of higher education. It is not too much to say that the chief victors in the great conflict are science and humane ideals. Both of these stand in necessary and vital relation to the colleges and universities of the country.

"The war has been a contest of applied sciences: of engineering, chemistry, geology, meteorology, physiology, etc. The enemy threatened for a time to win victory because of her superior mastery of science in relation to war. The allies began to win preponderance only with the complete mobilization of her scientific men. Early in the war England acknowledged her weakness in this respect and formulated a comprehensive program of higher education which involves a radical reconstruction and a larger recognition of the service rendered by school and college.

PEACE AND EDUCATION. "And now peace comes with its problems of reorganization—problems which can be successfully attacked only by trained men and women.

"The war has taught us to think in billions. If civilization was worth billions to preserve, it is worth billions to maintain and improve. Peace must thus claim large sums for the upbuilding of the social order. The cost of a single superdreadnought would supply additional permanent endowment for the University of Idaho sufficient to enable it to double its present service to the state. Idaho gave generously and easily in a single recent war drive more than she spends in a year on all her institutions of higher learning."

THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro-Phosphate to Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing arms, neck and bust, and replacing ugly hollows and angles by the soft curved lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

Thinness and weakness are usually due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate known among druggists as bitro-phosphate, which is inexpensive and is sold by most all druggists under a guarantee of satisfaction or money back. By feeding the nerves directly and by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate quickly produces a welcome transformation in the appearance; the increase in weight frequently being astonishing.

This increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, soon disappear, dull eyes become bright, and pale cheeks glow with the bloom of perfect health.

CAUTION:—Although bitro-phosphate is unsurpassed for relieving nervousness, bitro-phosphate quickly produces a flesh-growing properties, be used by anyone who does not desire to put on flesh.—Adv.

GOODING ANGLING FOR SUGAR BEET FACTORY

Commercial Club and Farm Bureau Consider Project; to Test Local Soil at Behest of Two Interested Companies.

Gooding, Feb. 3.—The Gooding Commercial club and the Gooding county farm bureau last week took up the proposition of a sugar beet factory for this city. The farm bureau named Fred Barrett of Wendell; L. B. Taylor and J. O. Ellsworth of Gooding; H. A. Collins of Tattle, and L. G. Dunn of Bliss on a committee to meet with the directors of the Commercial club. The project will be thoroughly discussed and the chances are favorable that definite action will be taken at this meeting. Later a public meeting will be held to enlist the interest of more farmers.

County Agent Ellsworth held a conference recently at Twin Falls with representatives of the Utah-Idaho Sugar company and the Amalgamated Sugar company, at which both companies promised that if the soil around Gooding is found suitable and a sufficient number of farmers will agree to raise the beets, they would be glad to construct a factory in this city. They recommended that a few farmers raise beets this year and next and send the product to existing nearby factories and in that way test out the adaptability of the Gooding county soil for the raising of that crop.

The proposition of a sugar beet factory is not new to this city, having been taken up here once before about two years ago. The matter then went by default because of the failure to pursue the proper methods in obtaining a factory, and the intention now is to profit by the mistakes then made.

COURT CALENDAR. One hundred fifty cases are listed on the calendar of the district court term to open in this city Monday, February 3. Because of the influenza and other reasons, no lengthy session of the district court has been held here for nearly a year and the result is that a large number of cases have accumulated on the docket. The law calendar has 104 cases, the trial calendar has 104 cases, the trial calendar has 104 cases, the trial calendar has 104 cases.

dar 38 and the criminal, 8 cases. Among the interesting cases coming before the court this term are the O. J. Johnson estate case involving the well known "Home" ranch of 680 acres of valuable land in Hagerman valley, Kate Cecelia Bedal, the adopted daughter of the late O. P. Johnson, is suing Nellie P. Johnson, third wife of O. P. Johnson, and the Florence Livestock company, for the property. Another interesting case is that of Elsie Bailey, a war widow, who alleges fraud in depriving her of her marital rights in 60 acres of land valued at \$7500. She claims that she married Alvah Bailey last summer with the understanding that he was the owner of the land. He entered the military service a few days after they were married last summer and died at Fort Recorders, Cal., Nov. 2, 1918.

WATER WORKS. The appraisers of the waterworks plant here are completing their work today and will file a report of their findings to the city council and the company in a few days. Should the valuation that they set on the plant prove to be reasonably low and the chances appear good that the voters will favor buying the plant at the price to be set, the council will call a bond election in the near future.

BUYS BUSINESS BLOCK. E. B. Hughes, plumber, last week closed a deal for the purchase of the brick block recently vacated by the Kingsbury furniture store, from J. K. Mullen of Denver. He is already moving his stock of plumbing and fixtures and expects to be ready for business in the new location within a week.

WEDDED FIFTY YEARS. Mr. and Mrs. J. B. Harris on January 23 rounded out 50 years of wedded life. In honor of the event, a golden wedding celebration was held at the home of their son-in-law and daughter, Mr. and Mrs. R. K. Johnson, five children and eight of their 12 grandchildren were present. They were married in Peotone, Ill., January 23, 1868, and lived in Nebraska for 46 years before coming to Gooding, a little more than one year ago.

SCHOOLS TO OPEN MONDAY. After an enforced vacation of about four months because of the influenza epidemic, the Gooding schools will again take up their work Monday, Feb. 3. During the last month about 50 of the high school students have entered Gooding college. Whether or not these will return to the high school this year, has not been announced.

BUYS VALUABLE BULL. R. C. Huddleston is the purchaser of a valuable Ayrshire 8-months old bull calf from the Oregon Agricultural college, and has shipped the animal to his dairy farm northwest of the city. The bull arrived by express this week.

ROYAL NEIGHBORS ELECT. The Royal Neighbors lodge held their annual election of officers last week and named Mrs. Anna Curley, orator; Mrs. Sarah Lucke, vice orator; Mrs. E. T. Cary, recorder; Mrs. Mary Solomon, receiver; Mrs. Maggie Robinson, chancellor; Mrs. Ethel Nelson, inner sentinel and Charles Raby, manager.

Gooding's ice man, Bert Pink, has completed his annual harvest of ice from the Little Wood river and has 400 tons of excellent ice, 14 inches thick, stored in his icehouse in the southeast part of town.

Twenty-seven carloads of feeding cattle were shipped in here last week by the Eastern Oregon Cattle company, of Crane, Ore., to be fed on local hay in the south part of the county.

Mrs. Julian Churchill has sold her millinery stock and fixtures to Miss M. Leota Irwin of Kansas City. The latter expects to have the same location and will open for business this week.

J. C. Grattan of St. Louis has rented the Silva store building on Third avenue and will open a pantluncheon there this week.

E. C. Egelus, steward of the Commercial club and Mrs. Hattie Wright of east of town, were married Sunday and have gone to housekeeping on her farm.

Earl Casto returned from Omaha last week with a bride, who formerly was Mrs. Maud E. Roy of Albany, N. Y. Their courtship started 12 years ago at the Eastman business college in Poughkeepsie, N. Y.

The grass seed shipping season closed here Wednesday, when A. Thoma sent a carload of red clover and alfalfa seed to Chicago.

Dr. M. M. McCoy returned this week to his practice as a veterinarian after several months in the animal husbandry department of the government service in Washington and Oregon.

Miss Emma Irminger has resigned her position in the local high school to accept an appointment as nurse's aide in the army hospital at Camp Lewis, Wash. She left Tuesday for her new work.

Among the soldiers who have been mustered out and who have recently returned to this city were William Deveney, Luther G. Rice and Wyatt Thomas, all of Camp Lewis.

Rev. A. C. Evans is reported to be a candidate for the pulpit of the Presbyterian church at Caldwell. He preached last Sunday.

Mrs. Lucy A. Tibbs has received back a letter she sent to her son Lloyd in France, with the notation thereon, "Wounded, Tours, Nov. 29." This was the first news she had of her son being wounded on the battlefield.

A. E. Privett has returned from Norman, Okla., where he was engaged last year in raising cotton.

Let us mount your head and tan your hide, make up your furs on furs. R. W. Lambert, Taxidermist and Furrer, Boise. Adv.-11.

Advice to Girls

By ANNIE LAURIE. Emmett, Idaho. DEAR ANNIE LAURIE—We are two girl friends, 16 and 17 years of age. We have two boy friends who take us to parties and picture shows. We think of nothing but friendship. Of late they seem peevish but we see nothing that we have done to make them so. The other night they made an engagement with us, but failed to call. When we met them they tried to avoid us. Now, Dear Annie Laurie, what do you advise us to do? We do not wish to lose their friendship. Shall we ask them what is the matter or wait for them to tell us?

BLUE EYED FRIENDS. Blue Eyed Friends—if you did nothing to make the friendship, I fail to see why they should have acted as they did. And if I were you, girls, I am sure that I should try to coax them to be friendly. They owe you an apology and unless they are friendly there is no way for you to find out why nor to forgive them. You don't want anything to do with such unmanly boys as they are, surely?

Of course, it is never wise to make a mountain out of a mole hole, and if they do try to apologize, I think it would be gracious of you to forgive them.

ANNIE LAURIE. Roseberry, Idaho. DEAR ANNIE LAURIE—We are two boys 21 years old, and are very bashful, and we have not kept company with any girls yet. We try to be nice young men, and we do not have any bad habits.

Will you please give us your advice? How are we supposed to act and talk when we call upon girls?

JACK AND BILL. Jack and Bill—I am sure that you are worrying over something that you need have no fear about. Just go together if you feel your need moral support and call upon some girls—drop in informally about 8 o'clock some evening and stay a half hour and then go on and call on some others. You will soon find that the bashfulness will wear away.

Don't try to act at all. Just be natural. Talk about the things which the girls seem interested in—there is no need to worry now for every family has someone at the front in whom they are interested, and it is easy to make the boys who are gone a subject of conversation.

ANNIE LAURIE. Parma, Idaho.

DEAR ANNIE LAURIE—I am a girl 17 years old and am deeply in love with a young man of 21. I am very popular with the boys but care for none but him. Should I allow him to kiss me? We are not engaged, I think he loves me because he doesn't pay attention to other girls. He comes to see me three times a week. He is well off and could easily support a wife, but has never asked me to marry him. Do you think he is just playing with me or considers me too young?

ANXIOUS—You are too young, my dear, to be having a caller three times a week. Altogether too young! And if I were you I should not allow the young man to call so regularly nor so often. It will have just one effect—it will brand you as his girl, and the other boys will soon begin to let you alone and you will find yourself left entirely alone, should this chap, who has never declared himself, decide to stop his visits.

And remember that you have another year or so of girlhood—don't try to crowd yourself into womanhood until you have to.

ANNIE LAURIE. Nampa, Idaho.

DEAR ANNIE LAURIE—I am a girl 16 years old and I am very much in love with a young gentleman 19 years old. He is a very popular young man. He asked me Sunday night how I liked his last name. I told him I didn't know yet. He told me he would ask me a question that leads farther on in that subject. How shall I answer him? Often times he persuades me to let him kiss me. How shall I prevent it without hurting his feelings? My mother says I am too young for him to ask me such strong questions, but father doesn't think so. What shall I do?

HOPEFUL—Surely your mother is right and your father does not mean that he would allow his little girl of 16 to think of marriage and leaving the home so soon, does he? Be careful about the young man, dear, he is trying to see whether he can break down your reserve. If he finds you too liberal with him in the matter of caresses and kisses he will think you are equally easy with others, you know, so it is well to be on your guard.

ANNIE LAURIE. N. B.—I am sorry, dear, that I am unable to reply by mail, but I regret publishing your letter nor your name, and hope you will accept the reply in this way.

It is best not to ask the boys to come in the house after the theater, as it is late enough then to go to bed.



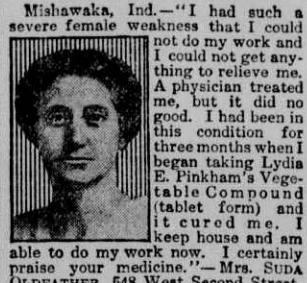
Mothers Thank Us

Keep your growing girls free from colds and weakening coughs and you are helping them to healthy vigorous womanhood. Thousands of mothers have written letters of thanks, telling what Foley's Honey and Tar has done for their daughters in ridding them of coughs that "hung on" and weakened them just at the age when the young girls required all the physical strength they could command. Foley's Honey and Tar is noted for its quick effect on coughs, colds and croup. Mrs. Ada Sanders, Cottontown, Tenn., writes: "We use Foley's Honey and Tar as our best and only cough remedy. It will cure our two girls when they have colds."

WHITEHEAD'S DRUG STORE.

WHY DO WOMEN SUFFER

When There is Such a Remedy for Their Ills as Lydia E. Pinkham's Vegetable Compound?



Mishawaka, Ind.—"I had such a severe female weakness that I could not do my work and I could not get anything to relieve me. A physician treated me, but it did no good. I had been in this condition for three months when I began taking Lydia E. Pinkham's Vegetable Compound (tablet form) and it cured me. I keep house and am able to do my work now. I certainly praise your medicine."—Mrs. SUDA OLDFATHER, 548 West Second Street, Mishawaka, Ind.

Women who suffer from such ailments should not continue to drag around and do their work under such conditions, but profit by the experience of Mrs. Oldfather and thousands of others who have tried this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, and found relief from such suffering. If complications exist write the Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of their 40 years' experience in advising women on this subject is at your service.

and he has the trip home, you know, and needs rest. It is best not to exchange jewelry, for there is the possibility of losing

not only the jewel but the friendship of the owner. Most jewelry has a sentimental meaning and cannot be replaced. It is more polite for the young man to go to the door and ring the bell, and to have his visit on the porch or in the house instead of expecting the girl to stand beside the car. I should not eat after the theater unless I was very hungry, and also unless I was quite sure that it would not embarrass the young man. It is best not to eat, late at night, you know.

ANNIE LAURIE. Nampa, Idaho. DEAR ANNIE LAURIE—I am a 15-year-old girl and I am going with a boy two years my senior. I am infatuated with him and I think he loves me, because when we are riding home together he insists on holding me on his lap and putting his arms around me; he also holds my hand sometimes. Is it all right for me and any young man to stay up later than 12 at night? When I accompany him to the gate he wants me to stay and talk to him, but my mother objects. Dear Annie Laurie, what would you do if you were in my place?

HEARTSICK. Heartsick—Don't make any mistake, little girl; the fact that the boys act as they do is not because they love you—just that they want to see how silly you will be, that's all.

Your mother is quite right. Good-night should be said early, at the door, not at the gate. It will bring you into a lot of most unpleasant gossip if you continue the way you are going, dear.

And do not allow the boys to remain late—a girl of 15 ought to be asleep in her bed before 10 every night. Where is the time for your beauty sleep going to come in if you remain up so late?

ANNIE LAURIE. 24 and 25 are the telephone numbers of The Capital News.

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at Tongue! Remove Poisons From Stomach, Liver and Bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious, fruity taste. Full directions for child's dose on each bottle. Give it without fear.—Adv.

During the war Red Cross workers in America produced more than 250,000,000 surgical dressings.

X-ray apparatus has been invented for killing the tiny parasites that eat small holes in leaf tobacco.

How many girls in Boise have lost the chance of marriage?

In England alone—where a million men who went to fight will never come back—there are 600,000 girls who have lost the chance of marriage. What will they do—go on working? And think of the widows—400,000 of them!

At the end of 1918 there were 1,550,000 women in England replacing men—running everything from printing presses to elevators—cheap workers as well as good. Will they give up their jobs? Will their employers want to let them go?

As our soldiers come home we, here, shall have to face the very problems which W. L. George describes in "Women and Labor" in February GOOD HOUSEKEEPING. As an authority on women's relation to society Mr. George answers clearly the questions that all of us are asking.

Mounted Police, "The River's End," and Clara Savage's description of how Paris acted when it heard about the armistice; as Harold Kellock's "Who is a Bolshevist and Why?" and I. A. R. Wylie's latest masterpiece of fiction. With its pages of charming interesting Spring Fashions and the Good Housekeeping Institute's sound helpful facts, this number truly has a whole month of diversion and satisfaction—ready for you now—tonight!

GOOD HOUSEKEEPING

for FEBRUARY

OUT TODAY—AT YOUR NEWSDEALER'S—20 CENTS

BUICK TRUCK FOR \$350.00

We have contracted our jitney mail service to Weiser and wish to dispose of our small Buick Truck. Has five practically new tires worth about \$200.00. Will sell for \$350.00 cash. JUST THE CAR FOR LIGHT DELIVERY.

This is an exceptional bargain but we wish to dispose of it quickly as we have no further use for it.

CAPITAL NEWS PUBLISHING CO. Phone 24 or 25.

Resinol will clear that blotchy complexion my dear

We always look for sound advice from our elders. Experience has taught them what the young have yet to learn. If you are a sufferer from skin troubles that lower you socially, that rob you of your proper standing among your friends—be advised by those who have had experience, and treat your skin with Resinol Ointment. These red, blotchy patches and unsightly pimples are quickly reduced by the soothing medication of this ointment. Perseverance with Resinol Ointment in the most aggravated cases seldom fails to bring that longed-for skin health. Apply the ointment at night. Wash the face with Resinol Soap by day.

