

is a matter of taste, one faction contending that a burnished nail looks vulgar and the other insisting that it gives an air of being well groomed to the hand. I belong to the latter class.

Don't forget those eight glasses of water a day if you wish to escape enlarged knuckles with the advancing years.

You can do hard work—yes, even wash dishes and other household tasks—and still keep hands and arms that might supply those the Venus de Milo lost.

Beauty must be bought and paid for by an expenditure of thought and continuous care, just as good health or good nature will come to us only if we want them badly enough to work ceaselessly for them.

SAYINGS OF RUSSIAN GENERALS

Gen. Beatitoff—We have met the enemy and we are not discouraged.

Gen. Sprintski—I propose to make an orderly retreat along this line if it takes all summer.

Gen. Hikeovitch—Don't retire until you can see the whites of their eyes.

Gen. Hotfootski—Up, guards, and beat it!

Gen. Skippoff—Beyond the Urals lies Asia.

Gen. Gumshoeski—There is Von Hindenberg. We get away from him today or Molly Gumshoeski will be a widow.—Puck.

PRUDISH PARENTS

There are certain stages in the life of every boy and girl when the confidence and advice of the father and mother may prove of inestimable value. If parents have not cultivated a relationship with their children which will enable them to discuss the problems which budding man and womanhood bring they have fallen far short of doing their duty.

The evasions, lies and prudish attitude of parents have been responsible for mistakes which have resulted in agony of soul and body for innumerable growing boys and girls.

If you do not feel competent to discuss these matters with your children in a manner which will give them a thorough and full understanding of the responsibilities and functions of manhood and womanhood, it is better to admit it and arrange to have your physician talk the matter over with them fully.

Russia's Caucasian army has points in common with the famous Foreign Legion of France. It is recruited from all nationalities and has many warriors who have joined to forget the world and to be forgotten.

Turkey is the only country which does not use the Red Cross to denote its hospital corps. It is allowed to use a red crescent in deference to the religious scruples of its soldiers.

HOW DAME FASHION LOVES TO SPREAD HERSELF!—NOW IT'S HOOP COATS

As the "flare" skirt takes on new ripples the "flare" coats spread out into veritable billows which suggest that we may have the "hoop-coat" as well as the hoop-skirt before the season ends. Just to show you what we are coming to in the way of "flares" and such, I sketched this tailored suit which Mme. Marguerite of the Fashion Art League of America has designed for early winter wear.

An extra ripple, you'll notice, falls from the close fitting waist line, giving extra fullness and the much-desired "touch of originality" to the coat; the "flare" is confined to the sides, the front being prim and straight-lined.

Punched-in steel silk forms the design on the flaring cuffs and on the coat, and the purple panne velvet edges the points of the deep collar and faces the cuffs. The circular