

## A Remedy No Family Should Do Without

No matter how healthy a human being may be it is safe to say that not many months are passed without some obstruction of the bowels, in other words, constipation, even if only temporary. The bloating, the dull feeling may start after the evening meal. If a laxative is not taken that night it is certain that sleep will not be sound, and you will awaken unrefreshed.

Hence, it is important for you and for all the members of your family that a good, reliable laxative be always kept in the house for just such emergency. It is sure to be needed, and when needed a remedy of its health can do without such a remedy. But the question of which remedy to have on hand is also of vast importance.

The laxative most highly recommended by the majority of intelligent Americans as being best for babies and grownups is Dr. Caldwell's Syrup Pepsin.

It is a liquid laxative- tonic, mild and never gripes, is effective on robust people and can be given with safety to an infant. Children like it because of these gentle qualities and because it is pleasant to the taste.

It is the best all-around remedy you can have in the house for any disorder of the stomach, liver and bowels, and many people like R. H. Morgan, Price, Tenn., and Mrs. H. C. Davidson, Warrance, Tenn., say they would as soon be without the necessities as without Dr. Caldwell's Syrup Pepsin.

Anyone wishing to make a trial of this remedy before buying it in the regular way of a druggist at fifty cents or one dollar a large bottle (family size) can have a sample bottle sent to the home free of charge by simply addressing Dr. W. B. Caldwell, 405 Washington St., Monticello, Ill. Your name and address on a postal card will do.

### Bradley vs. Beckham Again.

It may be that the next race for United States Senator in Kentucky will be the old race over again between W. O. Bradley and J. C. W. Beckham. Senator Bradley has announced that he will be a candidate again for the Republican nomination. If he does not change his mind there can be but little doubt that he will secure the Republican nomination in the primary election next August. With Bradley as the Republican candidate the Progressive will certainly have a candidate, for of all the Republicans in the State Bradley is the most offensive to the Progressive party. Of course under these conditions any candidate nominated by the Democrats will have a walk over. Woodrow Wilson had a plurality of 100,000 votes with Republican and Progressive tickets in the field against him and the Democratic nominee for United States Senator under the same conditions would have equally as large a plurality. In the event that the Progressive party goes to pieces before next year, and there are some signs of that, at least half of the progressive would vote for a progressive Democrat before they would for Bradley. Just now every one realizes that Eg-Governor Beckham is the probable nominee among the

Democratic aspirants. If it should be Beckham vs. Bradley the election of Bradley six years ago would be the acute issue and Beckham would win by 50,000. Nothing would give the friends of Gov. Beckham greater pleasure than to have Senator Bradley nominated for re-election. He will be nominated certainly if he wants it and he says he does. His candidacy for the nomination will materially strengthen the chances of Beckham for the Democratic nomination as the people of Kentucky only need a chance to put the stamp of their disapproval on the way Bradley was elected over Beckham the last time by the Kentucky Legislature. This time the election will be the people's and the McNutt's and Charlton's and Lillard's will cut no ice.—E-town News.

### Strengthen Weak Kidneys.

Don't suffer longer with weak kidneys. You can get prompt relief by taking Electric Bitters that wonderful remedy praised by women everywhere. Start with a bottle today, you will soon feel like a new woman with ambition to work without fear of pain. Mr. John Dowling, of San Francisco, writes:—"Gratitude for the wonderful effect of Electric Bitters prompts me to write. It cured my wife when all else failed." Good for the liver as well. Nothing better for indigestion or biliousness. Price 50c and \$1.00, at Paul Drug Co. Ad

## Making the Little Farm Pay

By C. C. BOWSFIELD



SMALL fruits pay well and afford great pleasure to the family on a little farm. They are ideal products where the place is small and situated near a city, so that they may be sold to families or hotels and restaurants. Much waste and loss of profit will be avoided by delivering to private customers.

An advantage in raising berries comes from the quick growth as well as from the small acreage required. It takes only a year to get started with small fruits. They can be grown in an orchard and will return a large amount of money in the years when peach and apple trees are coming to maturity. The more this orchard ground is stirred the better, and the cultivation of berries is of actual benefit to the large fruits. A fair yield of strawberries will bring \$200 to \$300 an acre, according to market conditions. Raspberries return 30 to 50 per cent less.

Small fruit requires a rich, well drained soil. A light, deep loam is best, and an abundance of well rotted barnyard fertilizer should be plowed in. Soggy land is not favorable to any kind of fruits, but nevertheless moisture is needed, and unless rain is plentiful it will pay to carry water or convey it by means of hose.

Plant at the proper time in hills or hedges and keep the soil loose with hoe or cultivator. Pinch off all blossoms the first season. Mulch with straw and manure in the fall. Strawberries are hardy and prolific, but skilled attention will pay in extent and quality of production. With a view to successful marketing both early and late varieties should be cultivated.

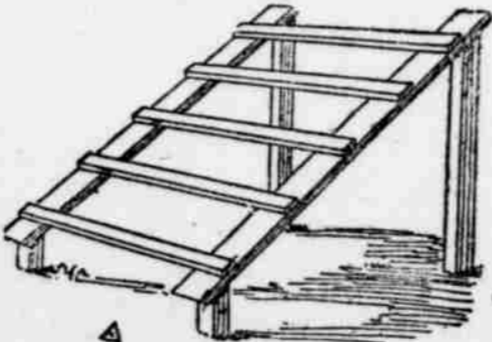
Raspberries are next in importance. There is not so much tedious work connected with growing raspberries as strawberries, and the profits are not quite so large. Set the plants in the spring in rows six feet apart and three feet apart in the rows. This gives plenty of room for cultivating, which must be done thoroughly throughout the growing season. Some experts do not stake raspberries, as is the custom with most growers. When the tips are about two feet high they are pinched back. This causes laterals to be sent out along the stems. In the spring at trimming time these laterals are cut back so as to leave about six inches, and they hold up all the berries they can properly mature.

The red varieties do not need the summer pruning, but are pruned back to about eighteen inches in the spring. Currants and gooseberries require almost the same treatment and can be considered together. One or two year old plants are best and should be set in rows four feet apart each way so that they may be cultivated both ways. This method insures thorough and easy cultivation. They should be cultivated frequently so as to have a good soil mulch during the growing season. It is best to grow the plants in bush form and trim out very little, only the surplus and deadwood.

It is very important to kill all currant worms with some poisonous spray as soon as they appear. If this is neglected the bushes will soon be destroyed.

When a producer has established a reputation for having a good quality of fruit and giving full measure there will be no difficulty in securing customers. If the product exceeds the demand of private patrons it is always possible to ship to stores or commission houses. Bear in mind, however, that the selling end of the business is important and try to arrange in advance for private customers or retail merchants to take the whole output.

### Convenient Chicken Roost.



Select two four inch pieces six feet long. Lay them parallel and nail five crosspieces, three feet long and three inches wide, to these. The legs may be made of 2 by 4 stuff the desired length. By means of long spikes secure them to the parallel pieces. Place this in roosting quarters for chickens and they will soon be perching upon it at night.—Iowa Homestead.

### PLANT TREES!

When we plant a tree we are doing what we can to make our planet a more wholesome and happier dwelling place for those who come after us, if not for ourselves.—Oliver Wendell Holmes.

Fall Plowing Kills Cutworms. Fall plowing of field areas will often be of service in controlling cutworms that are affecting field crops.

### WORTH READING TWICE.

Not all blowhards are to be despised. There is the silage blower, for instance. Make your farm look like yours. "I will be worth money to you to have a farm that's unlike every one else's—in the right way."

The best thing to bring home from the country fair besides a blue ribbon is the determination to win one.

There's quite some variety of poor judgments. Some farmers always take care to keep their horses fresh and never knock off themselves for a good time, and some are always knocking off themselves, but never rest up their horses.—Robert W. Neal in Farm and Fireside.

### GROWING OF SEASONINGS.

#### Green Herbs Should Be Gathered Before Day Becomes Very Warm.

Green herbs if freshly and properly gathered are richest in flavoring substances and when added to sauces, fricassees, stews, etc., reveal their freshness by their particles as well as by their decidedly finer flavor. In salads they almost entirely supplant both the dried and the decocted herbs since their fresh colors are pleasing to the eye and their crispness to the palate, whereas the specks of the dried herbs would be objectionable, and both these and the decoctions impart a somewhat inferior flavor to such dishes.

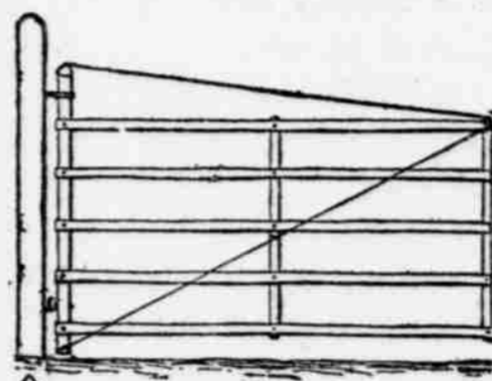
No matter in what condition or for what purpose they are to be used the flavors of foliage herbs are invariably best in well developed leaves and shoots still in full vigor of growth. With respect to the plant as a whole these flavors are most abundant and pleasant just before the flowers appear. Since they are generally due to essential oils which are quickly dissipated by heat they are more abundant in the morning than after the sun has reached the zenith.

As a general rule, therefore, best results with foliage herbs, especially those to be used for drying and infusing, may be secured when the plants seem ready to flower, the harvest being made as soon as the dew has dried and before the day has become very warm. The leaves of parsley, however, may be gathered as soon as they attain that deep green characteristic of the mature leaf. Since the leaves are produced continuously for many weeks the mature ones may be removed every week or so, a process which encourages the further production of foliage and postpones the appearance of the flowering stem.—American Agriculturist.

### TO MAKE A FARM GATE.

#### Simple Directions For Putting Together Cheap Yet Substantial Affair.

A cheap and substantial gate can be recommended for almost any situation where a swing gate is needed. Use the usual round sapling for the back end of the gate, fastened in a ring above and hinged below. Then use five small saplings the proper length and three other small ones the proper



SIMPLE FARM GATE.

[From American Agriculturist.]

width for the front, end and center. The whole affair is securely put together with three-eighth inch bolts.

The crosspieces and long saplings are flattened where they are bolted together. The large upright at the back end of the gate should be flattened on one side and also sawed in a little for each slat, then a crosspiece put over and bolted like the rest of the frame.

The whole thing should be peeled and then painted, unless one desires to use cedar, which would be rustic and perhaps more enduring. Brace with good strong wires to keep in shape, and give further strength by going from the top of the long upright to the top of front crosspiece and then from that point to the bottom of rear of the gate.—American Agriculturist.

### Patching For Tar Roofs.

Occasionally there is a place on the farm where it is necessary to use a tar or tarred paper roof. These roofs are likely to develop holes in weak places or where the laps come. For patching these holes and cracks nothing is better than a piece of fairly heavy cloth from an overall or jacket cut a little bigger than the hole. Cover entire patch and the roof around the hole with tar. It will make a serviceable patch and is easily put on.—Farm and Fireside.

### Kills the Chewing Insects.

Hellebore is used in place of paris green and other preparations where there is danger of the poison remaining on the plants that are to be eaten. It should be dusted on the leaves, care being used that the under side of the leaves are thoroughly reached. Do this when the dew is on, or first sprinkle the plants so the preparation will stick. If you use as a solution mix one ounce in one to three gallons of water and spray the plants.—Rural Farmer.

### New Bdd of Scallops.

The demand for sea food is a persistent and increasing one, so much so that in some lines the supply is threatening with extinction. This is particularly true of the lobster, which is every year becoming scarcer and consequently dearer, and even the succulent clam is not found in its former abundance in those haunts to which it once gave fame. But the scallop is a good substitute, and the report just made to the secretary of commerce that a bed of the giant variety, thirty miles wide and extending from Rhode Island to the Virginia capes, has been found, is very reassuring. The common kind are plenty enough, but they are only half as large as the giant variety, and not accounted half so great a delicacy. This new source of supply is regarded as practically inexhaustible, and it is not likely to have an immediately lowering effect upon the price of a hotel order.

### Do You Fear Consumption?

No matter how chronic your cough or how severe your throat or lung ailment is, Dr. King's New Discovery will surely help you; it may save your life. Stillman Green, of Malheur, Col., writes: "Two doctors said I had consumption and could not live two years. I used Dr. King's New Discovery and am alive and well." Your money refunded if it fails to benefit you. The best home remedy for coughs, colds, throat and lung troubles. Price 50c and \$1.00. Guaranteed by Paul Drug Co. Ad

### Soldies Debt-Proof.

Although Tommy Atkins is an honorable person, and is not in the habit of repudiating his just debts to civilians, still he is not compelled to discharge them if they amount to less than a certain sum. This is because by British military law he cannot be sued for any debt or damages under \$150 value. Accordingly, if Private Atkins can persuade a confiding tradesman or stock broker, or perhaps an accommodating financier, to give him credit up to \$145 there is no legal machinery that will recover the money. It cannot be stopped from his pay or deducted from his pension.

In order to protect civilians from possible loss by "giving tick" to soldiers, a system is in force of "crying down credit." Whenever a regiment arrives in a fresh station the commanding officer has to issue a public proclamation to the effect that any body who permits the troops to run up bills will do so at his own risk.

### Breeding.

As it has been some time since I saw a letter in the News from this place, I will try to write a few items.

Times are very hard and the weather is very hot and dry.

Crops are just about ruined for the want of rain. It looks almost like autumn.

Mr. J. H. Branham says he has one of the finest crops of tobacco that he ever raised.

Mr. Elbert Webb, of Glensfork, is teaching our school this year and he is one of the best teachers in this country.

Miss Mary Smith is sick at this time.

There are several cases of scarlet fever in this community.

## PNEUMONIA

left me with a frightful cough and very weak. I had spells when I could hardly breathe or speak for 10 to 20 minutes. My doctor could not help me, but I was completely cured by

## DR. KING'S New Discovery

Mrs. J. E. Cox, Joliet, Ill. 50c AND \$1.00 AT ALL DRUGGISTS.

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## Electric Bitters

Made A New Man Of Him. "I was suffering from pain in my stomach, head and back," writes H. T. Alston, Raleigh, N. C., "and my liver and kidneys did not work right, but four bottles of Electric Bitters made me feel like a new man." PRICE 50 CTS. AT ALL DRUG STORES.

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