

The Hartford Herald

Illinois Central Railroad—Time Table at Beaver Dam, Ky. North Bound. South Bound. No. 122—5:05 a.m. No. 121—11:00 a.m. No. 122—12:29 p.m. No. 101—2:46 p.m. No. 102—3:31 p.m. NO. 131—9:00 p.m. J. E. Williams, Agt.

CENTURY OLD EGGS ARE DELICACIES IN CHINA

Packed in Unslacked Lime. They Keep Indefinitely—A Rare Dish.

Mr. Charles W. Rankin, of Soochow university, China, writes of century-old eggs, which he says are served as delicacies in China. He says: "Last Sunday I spent with Mr. Smart in Wushih. Mr. Smart is an assistant pastor of the church at that place in connection with Mr. Yui, the Chinese preacher in charge. The town is about forty miles from us and has only about 150,000 inhabitants. It is small as compared with Soochow, but is one of the liveliest cities in this section. They do a large shipping business, and have a cotton and flour mill, owned and operated by Chinese. Mr. Smart and I were met at the depot by a boy from Dr. Lee's home. Dr. Lee is in charge of the hospital work there for the Episcopal church. He has a good hospital building, and a comfortable home in which we found Mrs. Lee and their five children. They gave us a warm welcome. We went over to the home of the pastor, Mr. Yui, and ate Chinese supper with chop sticks, etc.

"Mr. Yui had a very enjoyable supper of stewed chicken, very tender pork, eggs cooked omelette fashion with small quantities of meat inside the rolled eggs, vegetables, rice, etc. We also had a choice delicacy consisting of eggs which are called 100-year-old eggs. I had seen and smelled these eggs on the street, and thought I would always leave them to those who had a fondness for them by inheritance. But those on Mr. Yui's table were odorless, rather dark in color, but not repulsive in any way. And when Mrs. Lee took a piece in her sticks and ate it, pronounced it good and reached for another quarter section, I concluded that there was my chance to take a bite and still live, so I did. I must confess that I could not join Mrs. Lee in her words of praise, but I ate it with no harmful results.

"The eggs are simply packed in unslacked lime, and left there indefinitely. The lime cooks them. And they seem to keep as long as may be desired. I suppose they are good any old time after two or three months up to a century or two. And they are called the century plant, I started to say, but eggs they are.

"Mr. Yui has built a new church in the year's time since I was there. I was present on Saturday morning, heard Mr. Smart preach, and then in the afternoon was on hand for Sunday School. Mr. Yui is one of the liveliest and best of the Chinese pastors and he has a splendid, active congregation and Sunday School. And boy they sing! They let their voices out, and keep good time and carry the tune well. We greatly enjoyed the trip."

You're Bilious and Costive! Sick headache, bad breath, sour stomach, furred tongue and indigestion, mean liver and bowels clogged. Clean up to-night. Get a 25c bottle of Dr. King's New Life Pills to-day and empty the stomach and bowels of fermenting, gassy foods and waste. A full bowel movement gives a satisfied, thankful feeling—makes you feel fine. Effective, yet mild. Don't gripe. 25c at your druggist. Bucklen's Arnica Salve for burns. (Advertisement.)

AFTER ALL, SLEEP YET A PROFOUND MYSTERY "What is 'sleep'?" A commonplace natural phenomenon which we accept as we do air and water—a baffling mysterious condition in which we are compelled to pass a full third of our earthly life—yet sleep, strangely enough, has been little studied or written about in all our compendiums of learning. In the thirty thousand pages of the encyclopedia, which may be looked upon as in a sense a microcosm, an epitome of all the accumulated knowledge of the world, there are but two pages devoted to sleep. This measures the general interest of humanity in the subject. One would think that psychologists would find a special field in this eclipse of the mind for eight hours every day, yet those huge tomes of Baldwin—the dictionary of psychology—devote half a page to sleep. The practical

Interest of medical men is in the disorders of sleep, but they treat of it in their medical books almost wholly from the standpoint of therapeutics, seldom or never from that of etiology. The chief literature of sleep seems to be found among the poets, religious devotees and mystics. I shall not quote Shakespeare, but only say that his innumerable references to sleep and dreams and the disorders of sleep prove him to have been an extraordinary observer. An incomparable clinician was spoiled in him when he became a poet.—[Atlantic.

THE COW.

(By Walt Mason.)

When summer comes the poor old cow finds shedding hard and comforts few; deep lines of trouble crease her brow, for grief is hers, the season through. Ten million flies light on her back, ten million more are on her legs, and every place the hide is slack, they build their nests and lay their eggs. All day she wields her weary tail, and swears in husky bovine tones; what wonder if she kicks the pail, or tries to break the milker's bones? Alas, the milker ponders not upon the oes that give her bats; he reaches for a wet elm knot and plays a solo on her slats. We should be patient with the cows when fly-time drives the beasts insane, for every minute, while they browse, they suffer many kinds of pain. If Bossy kicks you on the chin, or puts her trilly in the pail, or tries to drive your whiskers in by blows repeated with her tail, don't let your angry passions rise, or for a large spike bludgeon reach, but gently brush away the flies, and tell the critter she's a peach. Then put your mangled face in splints, and write a screed, serene and wise, insisting that the public prints should call on folks to swat the flies.

Has Your Child Worms?

Most children have. A coated, furred tongue, strong breath, stomach pains, circles under eyes, pale, sallow complexion, nervous, fretful, grinding of teeth, tossing in sleep, peculiar dreams—any one of these indicate child has worms. Get a box of Kickapoo Worm Killer at once. It kills the worms—the cause of your child's condition. Is laxative and aids nature to expel the worms. Supplied in candy form. Easy for children to take. 25c at your druggist. (Advertisement.)

A VERY BRAVE ACT WAS THAT OF ESAU MOORE

We read in one of our mountain exchanges where Esau Moore saved a woman from drowning. The woman, it appears, fell off a log and Esau, he saw that unless something was done she was going to the bottom of the stream for keeps. He grabbed her as she was going under the second time and landed her on a sandbar at the psychological moment, upside down or downside up, or any old way so as to get her out of the water and get the water out of her. Anyhow, Esau he saw that she was delivered over to her friends and relatives in damp bad order and they saw Esau in the light of a Carnegie hero. The woman is now glad that she saw Esau about the same time that he saw her. As for Esau Moore it is probable that he saw more than he wanted to see under the circumstances.—[Frankfort State Journal.

Cures Old Sores, Other Remedies Won't Cure. The worst cases, no matter of how long standing, are cured by the wonderful, old reliable Dr. Porter's Antiseptic Healing Oil. It relieves Pain and Heals at the same time. 25c, 50c, \$1.00

Making M., H. & E. Crossing Flag Stop For Passenger Travel. Louisville, Ky., June 29, 1914. Mr. Fon Weedman, Olaton, Ky., Dear Sir:—Referring to petition signed by yourself and others, and my letter of June 16th, with reference to making M., H. & E. crossing flag stop for passenger travel, I have instructed that this be done, effective July 16th.

Yours truly, J. W. BALDWIN, Superintendent.

Luck. Diogenes was looking for an honest man. "What luck?" asked the wayfarer. "Oh, pretty fair," replied Diogenes. "I still have my lantern."

WHY WEAK LUNGS?

The toll of tuberculosis is claiming more than 350 victims every day in the United States, yet few realize their grave condition until the critical period arrives. Overwork, worry, weakness after sickness, catarrh, bronchitis, tender throats—all exert the weakening influence that invites consumption. To guard against consumption, thousands of people take Scott's Emulsion after meals because its rich medicinal nourishment strengthens the lungs, puts vigor in the blood, and rebuilds strength to resist tuberculosis. Scott's Emulsion is nature's strength-builder. Refuse substitutes.

HARTFORD COLLEGE NOTES

POEMS YOU'LL ENJOY. The Herald's Special Selections

IMMORTALITY.

(By Joseph Jefferson.) Two caterpillars crawling on a leaf By some strange accident in contact came.

Their conversation, passing all belief— Was that same argument—the very same— That has been "proed and conned" frem man to man.

Yea, ever since this wondering world began. The ugly creatures, Deaf and dumb and blind, Devoid of features That adorn mankind Were vain enough in dull and worldly strife, To speculate upon the future life.

The first was optimistic, full of hope; The second quite dyspeptic, seemed to moan. Said Number Two, "I'm sure of our salvation."

Sair Number Two, "I'm sure of our damnation. Our ugly forms alone would heal our fate And bar our entrance through the golden gate.

Suppose that death should take us unaware? How could we ever climb the golden stairs? If maidens shun us as they pass us by Would Angels bid us welcome in the sky?

I wonder what great crimes we have committed That leaves us so forlorn and so un-pitied? Perhaps we've been ungrateful, un-forgiving, 'Tis plain to me that life's not worth living."

"Come, come, cheer up," the jovial worm replied. Let's take a look upon the other side. Suppose we cannot fly like moths or millers, Are we to blame for being caterpillars?

Will the same God that doomed us to crawl the earth, A prey to every bird that's given birth. Forgive our captor as he eats and sings And damn poor us because we have no wings? If we can't skim the air like owl or bat, The worm will turn 'for a' that."

They argued through the summer, autumn night. The ugly things composed themselves to die. And so, to make their funeral quite complete, Each wrapped himself in his own winding sheet. The tangled web encompassed them full soon— Each for his coffin made a cocoon.

All through the winter's chilling blasts they lay Dead to the world, aye, dead as human clay. Lo, spring comes forth with all her warmth and love, She brings sweet justice from the realms above. She breaks the chrysalis, she resurrects the dead. Two butterflies ascend, encircling her head. And this emblem shall forever be A sign of immortality.

Piles Cured in 6 to 14 Days Your druggist will refund money if PZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. The first application gives Ease and Rest. 50c.

REGULAR BOOKKEEPING IS NEEDED ON FARMS

In the current issue of Farm and Fireside E. C. Whitmyre writes an article entitled "How a Friend of Mine Figured the Profits," in which he tells the story of a farmer who failed and later succeeded because of the radical change in his methods. This farmer invested \$3,600 in the dairy business on a small farm near a town of 3,000 population. He worked hard but in three years found that he was practically a failure. His failure was due largely to the fact that he had neglected to figure his costs and expenses and to adjust his business, and particularly his purchases, collections and prices, to the exact conditions of his undertaking. He took the advice given to him, and Mr. Whitmyre continues: "In three years he has revolutionized his business. He knows at the end of every day just where he stands. If he has made a profit of \$100 he knows it. He knows himself, and he knows his business. It's just a case of building on a scientific basis. "To-day we are hammering away

at the farmer for the lack of conducting his farming in a way to get the most out of it. Yet the development of the farmer has been wonderful. The farmer who conducts his place on a scientific basis is the man who rides to town in his automobile. He has learned what to plant, when to plant it, and how to plant it. He has machinery that saves him time and money. But has he learned the value of a strict watch on the financial end of his business? If he has, he need not worry."

SWEET ALICE, 1914.

Oh, don't you remember sweet Alice, Ben Bolt, when her hair was a beautiful brown? You sure never would know her as she looks to-day, with a cane and a trouserette gown. Her Paris-made curls are the new purple tint; when I called I could scarce trust my eyes, for she wore a little nightcap, the latest Paris hint, with rosebuds and pink ribbon ties. Sweet Alice is now on the stage, Ben Bolt; she began at the end of the row. She smiled with delight at the public each night, and now she's the hit of the show. She dances a tango that sets them a-whirl, with a dip and a kick and a glide. You'd never believe 'twas the same little girl that the song wrongly stated had died. She's a cigarette case on the end of a chain, where the old-fashioned ones wore a fan; has a flat and a maid and a Pomeranian pup; her motor is olive and tan. And down at the theater place where she plays, her pictures are hung by the score, and they've fitted a slab with about a thousand electric lights, and sweet Alice's name up over the door.—[Life.

Catarrh Cannot be Cured

With LOCAL APPLICATIONS, as the cannot reach the seat of the disease, Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials—free. F. J. Cheney & Co., Props., Toledo, O. Sold by Druggists, price 75c. Take Hall's Family Pills for constipation.

Working Overtime.

New Britain, Conn., July 11.—The Hart & Cooley Company has just started on a twelve-hour schedule. An officer of the company stated last evening that its stock has become greatly depleted. The Russell & Erwin Company has increased its working time from forty-nine to fifty-five hours a week.

CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of

Wants An Accounting. "Boss, won't yer help a poor man?" "See here! I gave you some money last week."

"Well, gee whiz! ain't yer earned any more since?"—[Boston Transcript.

TRUTH TRIUMPHS

Hartford Citizens Testify For the Public Benefit.

A truthful statement of a Hartford citizen, given in his own words, should convince the most skeptical about the merits of Doan's Kidney Pills. If you suffer from backache, nervousness, sleeplessness, urinary disorders or any form of kidney ills, use a tested kidney medicine. A Hartford citizen tells of Doan's Kidney Pills. Could you demand more convincing proof of merit? J. A. Baird, farmer, R. F. D. 5, Hartford, Ky., says: "I had been troubled with sharp twinges across my loins, together with kidney weakness. As I heard Doan's Kidney Pills highly recommended, I got a supply from the Ohio County Drug Co. One box cured me."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Baird had. Foster-Milburn Co., Props., Buffalo, N. Y.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Attention--Look Here

Now is the time to get the John Deere Wagons, Buggies, Cultivators, Mowers, Hay Rakes and Hay Presses, also Hercules Buggies. Don't forget that we can furnish you the best Binder on the market. Come now and contract with us, and we can have your machine here in time so the work can move on without delay. Buy your Implements from the dealer that has the practical experience and that knows what a machine is when he looks at it.

Williams & Miller BEAVER DAM, KENTUCKY.

KENTUCKY Light and Power Company

(INCORPORATED) E. G. BARRASS MGR., Hartford, Ky.

Will wire your house at cost. Electric Lights are clean, healthy and safe. No home or business house should be without them when within reach.

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HOTEL OF AMERICAN IDEALS

Located on Pennsylvania Avenue, 18th and H Streets. Washington's Newest Hotel.

Ideally situated, within two blocks of the Executive Mansion, only a short walk to the public buildings, shops, theaters and points of historical interest to visitors and tourists.

The famous Indian Grill Room, the beautiful Palm Court, the delightful Tea Room, Grand Pipe Organ (only one of its kind in Washington), and an Orchestra of a superlative order, are attractions greatly appreciated by Powhatan guests.

Rooms with detached bath, \$1.50, \$2.00 and up. Rooms with private bath, \$2.50, \$3.00 and up.

Write for booklet with map. CLIFFORD M. LEWIS, Manager.

Ask for special itinerary for Billed Couples, Conventions, Tourist Parties, Schools and Colleges.

ANNOUNCEMENTS

Of programs or any event to take place in the future, matters of general interest but not exact current news, should reach THE HERALD just as soon as possible after being decided upon. Please don't delay.

ALL ADVERTISING

is good. Some is better and some best. And the best advertising medium in this section of the country is THE HERALD. It reaches the people who have money to spend.