

WHAT AILS THE NATION?

The Average Length of Life Decreasing—Not Pestilence—Not Famine—All our own Fault.

MODERN COOKING AND MODERN LIVING have brought it on. It comes upon us unawares. The patients have pains about the chest and sides, and sometimes in the back. They feel dull and sleepy; the mouth has a bad taste, especially in the morning. A sort of sticky slime collects about the teeth. The appetite is poor. There is a feeling like a heavy load on the stomach; sometimes a faint, all-gone sensation at the pit of the stomach which food does not satisfy. The eyes are sunken, the hands and feet become cold and feel clammy. After a while a cough sets in, at first dry, but after a few months it is attended with a greenish colored expectoration. The patient feels tired all the while, and sleep does not seem to afford any rest. After a time he becomes nervous, irritable and gloomy, and has evil forebodings. There is a giddiness, a sort of whirling sensation in the head when rising up suddenly. The bowels become costive; the skin is dry and hot at times; the blood becomes thick and stagnant; the whites of the eyes become tinged with yellow; the kidney secretions become scanty and high colored, depositing a sediment after standing. There is frequently a spitting up of the food, sometimes with a sour taste and sometimes with a sweetish taste; this is frequently attended with palpitation of the heart and Asthmatic symptoms; the vision becomes impaired, with spots before the eyes; there is a feeling of great prostration and weakness. All of these symptoms are in turn present. It is thought that nearly one-half of our population has this disease in some of its varied forms. Shaker Extract of Roots (Seigel's Syrup) changes the ferments of the Digestive organs so as to convert the food we eat into a form that will give nourishment to the feeble body, and good health is the consequence. The effect of this remedy is simply marvelous. Millions upon millions of bottles have been sold in this country, and the testimonials in favor of its curative powers are overwhelming. Hundreds of so-called diseases under various names are the result of indigestion, and when this one trouble is removed the other diseases vanish, for they are but symptoms of the real malady. Testimonials from thousands of people speaking highly of its curative properties prove this beyond a doubt. Sold by druggists.

"I'll bet anything you like John son'll be elected mayor next spring." said an excited individual to another in a saloon. "You will," exclaimed the other. "Yes, I will." "Well, I ain't much on betting, but I'll bet you beer on it," said the second party. "All right; it's a go." "Gentlemen," remarked a woe-begone, solemn-looking individual, in a very earnest manner, "It's some time before the election. Have you any objection to me as stake holder?"

One of the strangest things about Ruston is that there are so many marriageable people and so little marrying in the town. Can not some plan be hit upon by which the matrimonial ball will be kept in motion? Ruston Calligraph.

Persuade the young women to give up reading novels and other like amusements, and go to work and learn how to cook and keep house, and we guarantee that the matrimonial ball will begin to roll with astonishing rapidity. There is too much sentimental gush and not enough practical common sense about the marriageable young woman of to day. Rayne Signal.

A New York society lady has been offered one thousand dollars to sign her name to a patent medicine indorsement. Ex.

Hundreds of lives have been saved by the timely use of Creole Female Tonic, which is the greatest remedy known for a womb troubles and female diseases.

RAILROAD EXCHANGE, JAMES N. WRIGHT, Proprietor. THIBODAUX, LA.

This favorite resort of pleasure and amusement will be found one of the most agreeable places in the town to while away a few hours in recreation. Good

LIQUORS, WINES, & CIGARS

always on hand, and also a Pool and Billiard tables. Kind and polite attention given to every one. In connection with his bar, he has a first-class

RESTAURANT with respectful and obliging waiters. He has also a set of bedrooms, comfortably and tastefully arranged, for the benefit of travelers who may desire a lodging. Mar-6-86.

NEW LUMBER YARD, JULES DECHAUX, Proprietor. Church street, between Thibodaux Railroad and Jackson street.

Choice Cypress Lumber always on hand, of all sizes and dimensions. Cypress Ceiling, and flooring. Shingles, Fire Wood and Pickets. May-22-86. OSCAR L. CARO, Agt.

WILLIAM WRIGHT, Livery and Sale Stable, Corner Main and Grillage Sts. Houma, La.

Mules & Horses Bought & Sold on Commission

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COLEMAN'S COTTON PRESSES. Prices Reduced March 1st, 1886. For Horse Power, \$140 and \$160. Friction Geared Power Press, \$500. Active agents wanted everywhere. Liberal discounts for cash. H. DUDLEY COLEMAN, New Orleans, Louisiana. I am selling Engines and Belivers lower than ever.

YOU can live at home, and make every penny at work for us, than at anything else in this world. Capital not needed; you are started free. Both sexes; all ages. Any one can do the work. Large earnings from first start. Costly outfit and terms free. Better not delay. Cut a note putting together your address and find out; if you are wise you will do so at once. H. Hallett & Co., Portland, Maine.

Job Work done neatly, scientifically, speedily and cheaply, by the SENTINEL Job printing office, Main St. between St. Philip and St. Louis streets.

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TRIMMINGS, HOSIERY, —latest style of— STRAW and FELT HATS, GLOVES, RIBBONS, LACES

Artificial Flowers. HATS TRIMMED TO ORDER A SPE CIALTY. N13786

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Wm. H. RAGAN, Agent. 177.1y. THIBODAUX, LA.

FRANK BARKER, Successor to Barker & Sevin, Commission Merchant. AND DEALER IN ALL KINDS OF

COUNTRY PRODUCE, COTTON SUGAR, MOLASSES. Rice, Potatoes, Eggs, Honey, Beans, wax, Tallow, Wool, Hides, Moss, Poultry, Etc., Etc., No. 119, Decatur Street, NEW ORLEANS. Liberal Advances Made on Consignments. aug-12-86.

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CRESCENT HALL SALOON, MASON & CO., Proprietors. —DEALERS IN— FINE WINES, LIQUORS AND CIGARS. NEW IBERIA, LA. 1y-Apr-86.

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The above named gentlemen, under the firm name of SEVIN & LEGENDRE, inform their friends and the public that they have formed a commercial co-partnership, at 113 DECATUR STREET 113 (Store Rooms No. 129 Decatur Street.) New Orleans, where they will transact a General Commission Business Will attend to the sale of Rice, Sugar, Molasses, Eggs, Chickens, Hides, Wool, Moss, Furs and all country produce generally. Liberal Advances on Consignments.

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LOUISIANA STATE UNIVERSITY and Agricultural and Mechanical College, has opened its 28th Session on the magnificent Garrison Grounds—a recent gift of the National Government, and the most superb college home in the United States. Tuition Free. Board about \$15.00 per month. Large Library and Scientific Museum. Good Chemical Laboratory. Mechanical work-shop and Agricultural experiment station. Discipline military, and efficiency of drill proverbial. Best institution of learning in Louisiana for the education of Louisiana youth. D. F. BOYD, President. Baton Rouge, La., October 21, 1886.



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