

CHRISTIAN ENDEAVOR.

Prayer Meeting Topic For Week Beginning Jan. 19, 1913.

Topic.—How can we better our prayer meetings?—Matt. xviii, 18-20. (Read by the prayer meeting committee.) Edited by Rev. Sherman H. Doyle, D. D.

It might be supposed that after so many years of experience in conducting prayer meetings it would be impossible to improve upon them or that at least the average prayer meeting in the church and the Christian Endeavor society would be of such a high character that the discussion of how to have better prayer meetings would be unnecessary. Such, however, is not the case. Experience and observation prove how difficult it is to have truly attractive and helpful and inspiring prayer meetings. The meager attendance at the average prayer meeting is conclusive proof of this fact. The effectiveness of such a meeting does not depend upon numbers, but it is apparent to all that if they were what they should be the numbers would not be wanting. When there are helpfulness and blessing the people will not be absent. The fact is that the prayer meeting is one of the most difficult to make interesting and helpful. Only a comparatively few pastors, much less young people, without wide experience are able to make them so. In most prayer meetings there is room for great improvement, and none is so nearly perfect that they cannot be improved upon; hence we do well to seriously and prayerfully consider the question of better prayer meetings.

1. More faith in prayer will make better prayer meetings. If we really and truly believed that God is able and willing to answer our prayer would the subject of improving services for prayer need to be discussed? Theoretically we believe in prayer, but do we believe practically to the extent that we should? If we believed that our government would supply all our temporal wants and a place of meeting were arranged for setting forth these wants would there be a lack of those in need to set forth their wants? Perhaps, among other things, we need to meet to pray for more faith in prayer to pray. "Lord, I believe; help thou mine unbelief." Certainly if we increase our faith our prayer meetings will be improved.

2. More simplicity and definiteness in prayer will make better prayer meetings. The average public prayer lacks simplicity and directness. If, as simply as children come to parents and commune with them or directly make known their requests unto them, we should come to God for communion and with our requests, our prayer meetings would be greatly improved. We should address God as our Father and make known our real wants and needs to Him. If such were done the service for prayer would be attended and all present would be helped and blessed.

3. More variety would make better prayer meetings. In the average prayer meeting there is too much sameness. The prayers are usually the same, and the same people generally take part in much the same way. Sameness kills; variety gives life. The cause of such a condition arises from too little preparation. No service an hour in length can be properly conducted without pains and effort. Time and thought must be given to the meeting if it is to be a success. It is worth our best efforts, and they should be willingly given.

4. Unity in prayer will make better prayer meetings. "If two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven."

BIBLE READINGS.

II Chron. vii, 14; Ps. cxlii, 1-12; Matt. vi, 6-15; Luke xviii, 1-18; xxi, 36; John xiv, 12-14; xv, 16; Acts iii, 1-8; xiii, 1-3; Eph. iii, 12-21; Col. i, 9-12; Jas. v, 16-20.

Christian Endeavor "Comes Back."

Rev. F. J. Miles, pastor of the West Melbourne Baptist church of the state of Victoria, in Australia, writes: "I have been on a month's holiday in Tasmania and in South Australia, and my work for the churches of Victoria has taken me into the country a good deal. I thought that you would like to know that the result of my observation is the conviction that once again Christian Endeavor in these lands is manifesting its original aggressive spirit. There are more vim and buoyancy than have characterized the movement during the last few years, and everything seems to be on the up and up."

This is only another illustration of how Christian Endeavor, even if it lags in any particular society or district, is able to come back with its old aggressive spirit when new leaders come to the front or a new spirit inspires the young people.—Christian Endeavor World.

The Committee Chairman.
The chairman I cherish
Is chairy of speech,
But he chairs up the workers,
Encouraging each.

He backs up the timid,
Upholds with his arms,
And rounds up his projects
With winsome charms.

He leaves no loose ends,
Is tidy and neat,
And always is trusty,
Abhorring deceit.

He never needs caning,
He springs to his task,
A clever chairman
No committee could ask.

Mutual Benefit Column.

EDITED BY "AUNT MIDGE."

Its Motto: "Helpful and Hopeful."

The purpose of this column are succinctly stated in the title and motto—it is for the mutual benefit, and thus to be helpful and hopeful. Being for the common good, it is for the common use—a public servant, a purveyor of information and suggestion, a medium for the interchange of ideas. It is this quality which solicits communications, and its success depends largely on the support given it in this respect. Communications must be signed, but the name of the writer will not be printed except by permission. Communications will be subject to approval or rejection by the editor of the column, but none will be rejected without good reason. Address all communications to—

THE AMERICAN,
Ellsworth, Me.

SMILE WHENEVER WE CAN.

When things don't go to suit you,
And the world seems upside down,
Don't waste your time in fretting,
But drive away that frown;
Since life is oft perplexing,
'Tis much the wisest plan
To bear all trials bravely,
And smile whenever you can.

Why should you dread to-morrow
And thus despoil to-day?
For when you borrow trouble
You always have to pay.
It is a good old maxim
Which should be often preached—
Don't cross the bridge before you
Until the bridge is reached.

You might be spared much sighing
If you would keep in mind
The thought that good and evil
Are always here combined.
There must be something wanting,
And though you roll in wealth,
You may miss from your casquet
That precious jewel, health.

And though you're strong and sturdy,
You may have an empty purse,
(And earth has many trials;
Which I consider worse).
But whether joy or sorrow
Fill up your mortal span
'Twill make your pathway brighter
To smile whenever you can.

Selected by L. E. T.

Dear M. B. Friends:

We have been looking for a message from L. E. T. ever since the reunion, and now she has opened the column with a real sunshine greeting. "Smile whenever you can" comes within the possibilities of everyone. In a letter to Aunt Midge, she writes:

I am just recovering from a bad attack of grip, the worst I have ever experienced. I have been very busy since I came home sewing and getting ready for Christmas. As it is past, hope to have more time. The day spent at the reunion will be a red-letter day during my life. Hope I may be privileged to attend again. My husband often refers to the pleasant event. Am sorry Dell is not well. Aunt Maria's daughter is living here in the eastern part of the city. My brother, who boards with me, was Aunt Maria's neighbor a few years ago. Learning when her birthday was through the M. B. sister, Mrs. Bower, we both sent her birthday cards.

I was sorry to hear of Sadie's death. I wanted to call and see her last fall. I had known her for twenty-two years. She was very dear to me. I am so sorry for the bereaved ones.

I have thoroughly enjoyed the column. Will enclose a few recipes; use them as you see fit. The lemon extract I have made; like it much better than what I have bought and find it much cheaper.

Wishing all a happy and prosperous New Year, I am, Your M. B. niece, L. E. T.

You will all be interested in the following, which came to me on a New Year card:

My mother, Aunt Jana, received your nice card, and intended sending you greetings 'er a few minutes, having had a severe illness. She was taken Christmas day, but is gaining. She sends the season's greetings, with love.

We are all much pleased to hear Aunt Jana is gaining.

The subject of birthdays, introduced by M. B., is proving interesting. Another M. B., a valued friend of mine who has not had the pleasure of making many personal acquaintances among the nieces, writes me:

Dear Mrs. M.
I saw in last week's M. B. that Aunt Maria and Mrs. L. M. Bower had birthdays Jan. 4. I want to say that my birthday is Jan. 4. I do not know who they are, but if I did, I would send them a card. You can say what you wish in the M. B. about this "M. B. B." Best wishes to you for the year.

Yes, you thought right about whom Aunt Maria might be. On account of R. F. D., her mail goes to East Holden.

My dear M. B. Sisters:

What a funny winter. Now I like cold and snow in the season for I did not make it when it comes. Hear it said on all sides, "how good the column has been since the reunion."

Was glad to hear from M. B. again. Hope she will sell that big farm and come to Maine and canvass for hair tonic; I will take the first bottle. How funny news travels. The question about the color of white hen's legs was sent from California to me, then placed in our column, and answered from way down in Louisiana, and our California friend gets her answer in her AMERICAN. Now, Anna, you should surely write a note of thanks to the column for such valuable help.

Had one of Aunt Maria's good news letters last week. Oh, Aunt Maria, what did you do when you recommended the president of the Hancock County W. C. T. U. to use alcohol for erysipelas in her face? Suppose some should get into her mouth! Don't do it again. Well, I had my first case in court Dec. 11, as agent for the protection of children, and got it, so I know how good a young lawyer feels if he wins his first case, even if his knees do knock together.

Well, we are all glad to enter into the year 1913, for we have good reason to believe some of the rum shops in the State will have to close and the many gambling devices will be removed, so our boys and girls will not be so tempted to spend every penny for the fun of seeing what they get. Strike a blow at all gambling, even if it reaches the church sales. Does not Gov. Haines' message have the

Foils a Foul Plot.
When a shameful plot exists between liver and bowels to cause distress by refusing to act, take Dr. King's New Life Pills, and end such abuse of your system. They gently compel right action of stomach, liver and bowels, and restore your health and all good feelings. 25c at all druggists.

Women Covid Operations

When a woman suffering from some form of feminine disorder is told that an operation is necessary, it of course frightens her.

The very thought of the hospital operating table and the surgeon's knife strikes terror to her heart, and no wonder. It is quite true that some of these troubles may reach a stage where an operation is the only resource, but thousands of women have avoided the necessity of an operation by taking Lydia E. Pinkham's Vegetable Compound. This fact is attested by the grateful letters they write to us after their health has been restored.

These Two Women Prove Our Claim.

Cary, Maine.—"I feel it a duty I owe to all suffering women to tell what Lydia E. Pinkham's Vegetable Compound did for me. One year ago I found myself a terrible sufferer. I had pains in both sides and such a soreness I could scarcely straighten up at times. My back ached, I had no appetite and was so nervous I could not sleep, then I would be so tired mornings that I could scarcely get around. It seemed almost impossible to move or do a bit of work and I thought I never would be any better until I submitted to an operation. I commenced taking Lydia E. Pinkham's Vegetable Compound and soon felt like a new woman. I had no pains, slept well, had good appetite and was fat and could do almost all my own work for a family of four. I shall always feel that I owe my good health to your medicine."—Mrs. HAYWARD SOWERS, Cary, Me.

Charlotte, N. C.—"I was in bad health for two years, with pains in both sides and was very nervous. If I even lifted a chair it would cause a hemorrhage. I had a growth which the doctor said was a tumor and I never would get well unless I had an operation. A friend advised me to take Lydia E. Pinkham's Vegetable Compound, and I gladly say that I am now enjoying fine health and am the mother of a nice baby girl. You can use this letter to help other suffering women."—Mrs. ROSA SIMS, 18 Wyona St., Charlotte, N. C.

Now answer this question if you can. Why should a woman submit to a surgical operation without first giving Lydia E. Pinkham's Vegetable Compound a trial? You know that it has saved many others—why should it fail in your case?

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



Among the Grangers.

This column is devoted to the Grange, especially to the granges of Hancock county. The column is open to all grangers for the discussion of topics of general interest, and for reports of grange meetings. Make letters short and concise. All communications must be signed, but names will not be printed except by permission of the writer. All communications will be subject to approval by the editor, but none will be rejected without good reason.

DATES.

Wednesday, Jan. 22.—Meeting of Green Mountain Pomona grange with Bay View grange, Salisbury Cove.

Saturday, Jan. 25.—Meeting of Hancock Pomona with Castine grange.

SEAGIRT, 471, SOUTH DEER ISLE.
Seagirt grange held its regular session Jan. 4; there was a fair attendance, and the regular work was disposed of, after which a social hour was enjoyed. The officers of this grange will be installed soon by Deputy A. I. Foss.

NARRAMISSIC, 224, ORLAND.
Narramissic grange held its regular meeting Jan. 4. The steward, secretary and Pomona, who were unable to be present at the regular installation, were installed. Communications were read and several business matters disposed of. In the absence of the lecturer, there was no program.

MARIVILLE, 441.
Mariaville grange met Jan. 4, with thirty-two present, including visitors. The chairs were filled and a fine program rendered by the brothers. During recess, oranges, peanuts and candies were served. It was suggested that installation of officers be Saturday evening, Jan. 18, and all come with food for a feast. A rising vote of thanks was given the brothers for their hospitality for the evening.

Mariaville grange met Saturday evening, Jan. 11, with the usual attendance. There was not much work. A surprise of pies and coffee awaited the brothers in the dining-room at recess. Games were played. Next Saturday evening, Jan. 18, officers will be installed. All are requested to bring food. The literary program was well rendered. The evening was much enjoyed.

DEER ISLE, 286.
Deer Isle grange met Jan. 6, with a good attendance. One proposal for membership was received, the officers for 1913 were elected as follows: Harold E. Hardy, master; Frank A. Haskell, overseer; Eva H. Gray, lecturer; William E. Hardy, steward; Luther L. Hardy, assistant steward; Oella C. Hardy, chaplain; George L. Hardy, treasurer; Ada H. Hardy, secretary; John D. Weed, gatekeeper; A. May, clerk; Ceres and G. Hardy, Pomona; Ethel E. Haskell, Flora; Hazel A. Hardy, lady assistant steward.

RAINBOW, 233, NORTH BROOKSVILLE.
Rainbow grange held its regular meeting Jan. 9, with about fifty present. All the officers were present except secretary, Ceres and gatekeeper, the secretary being ill. Two candidates were instructed in the first and second degrees. As it was late when the regular work and degree work were done, no program was presented.

SCHOODIC, 420, FRANKLIN.
Schoodic grange, No. 420, met in the town hall Jan. 2, with a good attendance. The officers were installed in a pleasing manner by Brother Foss, of Hancock, with Sister Foss and Brother Fred Blaisdell as assistants. Refreshments were served at recess.

LA MOINE, 264.
A public installation was held Tuesday evening, Jan. 7, each member having the privilege of inviting a friend. The weather was unfavorable, and Deputy A. I. Foss,

the installing officer, was not present. Miss Eunice Coggins, assisted by Leander Smith and Laura Mears, substituted very satisfactorily. Supper was served to about eighty-five, after which a short program was rendered.

ARBUTUS, 450, SURRY.
The regular meeting of Arbutus grange was held Jan. 10, with fifty-three members and two visitors present. The officers for the ensuing year were installed by Past Master Otis H. Carter. The grange gave a rising vote of thanks for the able manner in which it was done.

The grange will give a dance and supper in the hall Wednesday evening, Jan. 15.

BAYSIDE, 476, ELLSWORTH.
Bayside grange held its regular meeting Wednesday, Jan. 8, with a good attendance, with the worthy master, Earl Smith, in the chair. The degrees were conferred on one candidate by the newly-elected officers in a pleasing manner. The lecturer presented a program of music by Sister Strout, reading, W. L. Pratt, stories, S. S. Esty, Bro. Barron and Sister Trim, and readings and stories by other members. The third and fourth degrees will be conferred at the next meeting, Jan. 15.

MASSAPQUA, 477, SOUTH BLUEHILL.
Massapqua grange held its regular meeting Jan. 9, with thirty-seven in attendance. A large amount of business was transacted. One application was ballotted on and accepted, and the first and second degrees were given two candidates. The program was laid over.

SCHOODIC, 408, WINTER HARBOR.
At a regular meeting of Schoodic grange, No. 408, on Jan. 9, officers were installed by Bro. John Emery, of Bayview grange, assisted by Alice Roberts and Gilbert Gerriah as marshals. A pleasing program was given, including readings by Edith Giffin and Lela Bickford; song, Alice Roberts; readings, B. T. Bickford and Ethel Crook; piano duet, Alice Roberts and G. E. Hanson; reading, G. E. Hanson; piano solo, Ardel Parker; short stories by the members; remarks by Bro. Emery. After the meeting, supper was served and all enjoyed a social hour.

SEDGWICK, 244.
On Jan. 10, a regular meeting of Sedgwick grange was held. Ninety members, visitors from Rainbow, South Bluehill, East Bluehill, and Brooklin granges were present. At the roll-call officers, all were present. The finance committee, secretary and treasurer made their annual reports which showed the grange to be in good standing financially, with a membership of 161 and an average attendance of forty-eight and eight-tenths.

A recess was declared, to which friends and neighbors were invited to the installation of the officers. The officers for the ensuing year were installed by Bro. John Wood, of East Bluehill, in an able and impressive manner. Those who have had Bro. Wood install their officers know how thoroughly he has the work and what a good impression it has on those who listen.

Much credit is due Sisters Hattie and Beulah Allen, Brothers Ray Thurston and Frank Leighton for the able manner in which they served as ushers for the installation. After the installation all the guests were invited to the newly-finished dining-room, where supper was served. After supper a short program was enjoyed by all. About 175 were present.

NEW CENTURY, 356, DEDHAM.
New Century grange met in all-day session Jan. 11, to install officers. In spite of unfavorable weather, a fairly good number assembled, with visitors from Pine Grove, East Edgington, and Enterprise granges. Degree work and reports of officers occupied the forenoon. Dinner was served at noon.

The officers for the year were installed by E. W. Burrill, assisted by G. W. Brewster and wife.

The literary program followed, giving readings by Laura Cook, Zina Davis, Ella Burrill; recitation, Margi Colby; stories, Maurice Miller, N. B. Colby; music, Ethel Fogg; solo, Nellie Cook; remarks by visitors and members.

PENOBSCOT, 240.
Penobscot grange held a regular meeting Jan. 10, with about 125 present, including visitors from Castine, Halcyon granges. The officers were installed in a most able manner by District Deputy Norris Heath, assisted by Wesley Bowden and wife. At recess all were invited to the banquet hall, where a bountiful supper was served.

After recess the following program was presented: Singing; grange; readings, Hazel Dunbar, Grace Leach; dialogue, "See the Sights with Country Eyes"; reading, Christie Leach; songs, Lora Hutchins; reading, Esther Littlefield; dialogue, "Aunt Deborah in the City"; songs, Jeanette Sellers and Jeanette Wardwell; dialogue, "Jupiter Johnson's Affairs"; singing, "America." Remarks were made by Bros. Heath and Bowden. The receipts of the evening were \$60.00.

ALAMOOSOOK, EAST ORLAND, 409.
A regular meeting of Alamoosook grange was held Saturday evening, with seventeen members and three visitors from Highland grange present. An interesting program of readings and conundrums furnished entertainment. The members will discuss woman suffrage at the next regular meeting.

CASTINE, 250.
Castine grange held its regular meeting, Jan. 11, with twenty-five present. The lecturer presented the following program: Topic, "What evidence have we that the world is growing wiser, brighter and better?" discussed by different members; reading, Addie Bowden, Frank Devereux and Gertrude Bowden; conundrums, Warren Blake.

HIGHLAND, 364, NORTH PENOBSCOT.
Highland grange met in regular session Jan. 10, with forty-five members and eight visitors. The officers for the present year were installed in an impressive manner by Bro. J. B. Wilson, assisted by Bros. Hill Wilson and J. G. Leach and Sisters Hazel Wilson and Caro Lowell. A fine program was carried out, consisting of readings, recitations and music. Supper was served at recess.

BAR HARBOR.
Frank I. Leland died Saturday at his home here after a short illness of pneumonia. Deceased was born at Salisbury Cove fifty-seven years ago. He leaves a widow, four daughters and a son.

INDIGESTION FIVE YEARS

Relieved by Vinol.

Strength and even life itself depends upon the nourishment and proper assimilation of food, and unless digestion is good, the whole body suffers.

Mrs. L. D. Cook, Vineland, N. J., says: "I was sick five years with indigestion. My stomach seemed to have a heavy load in it, and at other times it seemed to be tied in knots. Nobody knows how I suffered."

"I tried a great many doctors and a great many kinds of medicine, but nothing did any good until I took Vinol. It has helped me wonderfully. I am improving fast, feel better and am getting my flesh back again. Vinol has done me a world of good."

We know the great power of Vinol, our delicious cod liver and iron tonic without oil, in curing chronic stomach trouble and building up all weakened, run-down persons, and that is why we guarantee to return your money if it does not help you. P. S. Eczema Sufferers! We guarantee our new skin remedy, Saxo.

Geo. A. Parcher, Druggist, Ellsworth, Me.

You can be an expert

in the treating of horses—you can locate lameness and diagnose other troubles, you can make and keep your horses well and sound, if you will read the free book we send you and use this wonderful remedy—

Tuttle's Elixir

Don't risk the value and lives of your horses; don't depend on others. Be prepared to get Tuttle's Elixir today and keep it on hand. It cures Colic, Lung Fever, Colds, Sore Throats, Cuts, Sprains, Spavins, Lameness, Ring Bones, Exalted Cords, Coughs, Jaundice, Spasms, Bony Growths, Rheumatism, Stomach Troubles, and Diarrhea. Never fails to locate lameness and is the best leg and body wash ever made.

WRITE FOR THIS FREE BOOK "Veterinary Experience" will tell you how to know and treat every ill that a horse may have. You need it if you keep horses. It will save you money. Write for it today, enclosing a cent stamp for postage. Your dealer sells Tuttle's Elixir; Tuttle's Compound Powder, Tuttle's Hoof Ointment and other Tuttle's Remedies. If not, send us his name and address, in stamps for large size bottle of Tuttle's Elixir. Don't delay. Send today. Tuttle's Elixir Co., 17 Beverly St., Boston, Mass.

PORTLAND LIQUID PAINT

Will make every home in this vicinity brighter and more cheery, inside and out, if you will use it. It is so good you will find it Paint Economy and Paint Satisfaction.

Time will prove, as has been the experience of others, that it Weathers all Weathers. Dealers generally throughout the State carry this line.

BURGESS' PORTLAND, MAINE FOBES CO

HOW OLD ARE YOU BY YOUR HAIR

You may be 30 in years, but if you are baldheaded or gray, people will surely take to be many years older. Dandruff is the root of all hair evils. If it were not for the little destructive germs working with a persistency worthy of a better cause there would be no baldness.

PARISIAN Sage, America's greatest hair restorer, will keep you looking young and attractive. It is guaranteed by G. A. Parcher to make hair grow and stop falling hair; to cure dandruff in two weeks; to stop itching of the scalp almost instantly.

PARISIAN Sage is the most invigorating, satisfying, and pleasant hair dressing made; it makes the hair soft, luxuriant and handsome; it is especially praised by women who love beautiful hair. 50 cents a bottle.

Pauper Notice.

HAVING contracted with the City of Ellsworth to support and care for those who may need assistance during the next five years and are legal residents of Ellsworth, I forbid all persons trusting them on my account, as there is plenty of room and accommodations to care for them at the City Farm house. M. J. DAUMNEY.

There's purity, uniformity and full weight guaranteed in every package

LIPTON'S TEA Sustains and Cheers