

# Dr. PRICE'S CREAM BAKING POWDER

For making quickly and perfectly delicious hot biscuits, cake and pastry. Renders the food more tasty, nutritious and wholesome.

No alum, no lime phosphate

The government and food authorities have enabled the housekeeper to protect her family from the alum baking powder. They require that the label shall give her warning. She must buy from the label and decline any powder which the label does not show to be made from cream of tartar.

## OPEN AIR TREATMENT FOR INCIPIENT TUBERCULOSIS

By Dr. J. L. Eaton of Bismarck, President Board of Managers Missouri State Sanatorium for Tuberculosis.

(From the Therapeutic Journal, Dec. 2.)

Pulmonary tuberculosis for years—in fact, for centuries—the most feared, most contagious, most fatal and prevalent of all diseases, was considered incurable. The unfortunate victims of the white plague were carefully and tenderly placed in a hot house, all fresh air was carefully excluded to prevent "taking cold," king heaters were installed, the hot, foul air was breathed and re-breathed, heated, baked, parched and breathed over and over with the accompanying headaches, stuffiness and bad feeling generally and with such suffocating and stifling effect that the poor condemned victim gladly welcomed the final summons. Inhalations of irritating vapors and drugs were suggested. Escharotics internally were prescribed. The mortality continued, the death rate increased. Modern science and modern civilization had added nothing to the longevity of this class of unfortunates. The open fireplace had been discarded. Nature's ventilator, the open grate, had been superseded by steam heat and hot air furnaces. The architect had entirely overlooked ventilation in planning and constructing the modern home and public buildings. Heavy, thick dust catchers and germ distributors in the shape of carpets covered the living and sleeping rooms. This unreasonable and nonsensical condition prevailed, and one out of every seven deaths was recorded as dying from consumption.

A young physician with incipient pulmonary tuberculosis, whose family had preceded him with the same malady, was impressed with the suggestion that those traveling in an open wagon across the plains afflicted with tuberculosis had been known to recover. Believing the open air was largely responsible for this change from the ordinary course, he at once set out and traveled for the Adirondacks in northern

New York, and pitched his tent on the southern slope of an Adirondack peak, near Saranac Lake. The tent was so arranged as to be protected from the prevailing winds from the north and west. Here he took moderate exercise, stopping short of fatigue, ate the most nourishing diet, especially milk and eggs, and, above all, was so situated that every breath of air was fresh—no inhalation having any suspicion of ever having been breathed before. Recovery was prompt and complete. Common sense had prevailed. Nature's remedy had been utilized and a new light and bright future began to dawn on those condemned and heretofore without hope.

Others similarly affected were notified, journeyed to the same country with uniformly the same results. People of wealth were soon attracted to this heretofore unusual condition. Recovery became the rule. Memorial cottages with broad open verandas surrounding them were erected by grateful, worthy citizens. Railways were soon built to the scene of this great activity. A large town has been the result, and every home is constructed especially for a consumptive's home. Every one in and around this active community in a barren section sleeps in the open air regardless of the low temperature that prevails, and from this spot and this crude, humble beginning of Dr. E. L. Trudeau has emanated the hope, the remedy, the cure for incipient pulmonary tuberculosis, and today we state emphatically that consumption is the most curable of all chronic diseases.

Necessity in this matter was certainly the "mother of invention." Few men have naturally the forethought, the long-sightedness, the courage and genius to be the chief of a great movement that is destined to become national and international.

This pioneer who "blazed the way" in the open-air treatment is not mercenary in his care and treatment of unfortunates, which fact endears him the more to the profession, and while we worship no mortal man living or dead, if we could kneel at such a shrine it would be with uncovered heads and loving hearts at the graves of heroic physicians who have given their talents, their energies and their earnings to the great cause of bettering the condition of mankind.

Naturally the profession was quick to respond to this rational, intelligent way for caring for tuberculosis patients. Ventilation of homes and public buildings became imperative; the fireplace and the open grate were soon restored to their place of usefulness and beauty; carpets were removed from sleeping rooms; pet animals were excluded from the home; good nourishment—milk and eggs—were freely partaken of, and as the result recoveries became the rule instead of the exception. Politicians and legislators caught the "open-air, good-diet-and-rest" contagion, and today every progressive State in the Union has, or contemplates having, a State sanatorium, to educate its citizens along the "open air, good diet and rest," line, as well as for the care and cure of many cases of incipient pulmonary tuberculosis.

The open-air idea has become general; tent colonies abound; sleeping on flat roofs in the cities is practiced with wonderfully good results.

Reason has suggested and experience taught that fresh air in one locality is just as good as the air in any other section. Stay at home, for, in the language of the wanderer, John Howard Payne, there is "no place like home;" and when a tuberculosis patient asks a physician for the best climate and air, tell him the best air on earth is at home. Pure fresh air abounds everywhere; never seek pure air in another country; the best accommodations are at home; the greatest conveniences to be found anywhere are at home; the purest milk and freshest eggs are at home; the best and most-matured vegetables can only be had at home; no cooking abroad to be had like the good cooking at home; the only place to recline and rest without worry and expense is at your own home; the only kind, tender and loving touch of a really interested nurse is at home. Therefore, let no one deceive you into the false and uncertain idea that somewhere some other climate is necessary to relieve your condition. The hardship incident to travel are detrimental to your condition. General conditions at your home are essentially superior to any other place. Therefore, have patience, use judgment—stay at home and get well. Live in the open air day and night; take very moderate exercise; eat plenty of nourishing diet and recover.

The physician who so advises and directs his patients is a generous and honest man—honest with his wards, honest with himself and honest with the confiding community which he serves.

### RESOLUTIONS OF RESPECT

And condolence adopted by Snow Camp 2806, Royal Neighbors of America, on the death of Mr. and Mrs. J. C. Pepin's son, Harlie:

Whereas, the angel of death has entered the home of our Neighbor Pepin and claimed their beloved son, therefore be it

Resolved, that we, the entire membership of Snow Camp, extend to the grief-stricken mother and father our heart-felt sympathy, and assure them that we mourn with them in their great sorrow, and commend them to the source of all consolation, the God of all comfort and hope; and be it further

Resolved, that in this dispensation we are reminded of the certainty of death, and that we, too, must succumb to the ruthless touch of the grim messenger and be carried to that place from whence no traveler returns.

It can truly be said your son has "fought a good fight, he has finished his course, he has kept the faith; henceforth there is laid up for him a crown of righteousness."

Weep not that his toil is over; Weep not that his race is run; God grant that we may rest as calmly, When our life's work is done.

ELLA F. EMERSON, Com.  
ALTA CLOUD,  
LULU KNAUB.

TRUSSES  
SUPPORTERS  
SHOULDER  
BRACES  
All Kinds Always  
In Stock  
Laakman's  
Drug Store

### BILLY SUNDAY'S ELOQUENCE.

Billy Sunday, formerly famous as a baseball player, is now doing service as an evangelist. Considerable fault has been found with Mr. Sunday because of his alleged "indecencies" of expression. The Des Moines (Iowa) Tribune, however, says that one can not do justice to Sunday without hearing him. And it adds: "We desire to here quote an extract from one of his sermons, and we defy his enemies to find anything to equal it in all the literature of sermonizing, either for the beauty of expression, the fitness to the occasion or the effectiveness of this burst of eloquence on an audience. Here is the masterpiece of pulpit eloquence: "Twenty-two years ago, with the Holy Spirit as my guide, I entered this wonderful temple called Christianity. I entered at the portico of Genesis, walked down through the old testament art gallery where the pictures of Noah, Abraham, Moses, Joseph, Isaac, Jacob, Daniel hang on the wall. I passed into the music room of Psalms, where the spirit swept the keyboard of nature and brought forth the dirge-like wail of the weeping prophet Jeremiah to the grand impassioned strain of

Isaiah, until it seemed that every reed and pipe in God's great organ of nature responded to the tuneful harp of David, the sweet singer of Israel. I entered the chapel of Ecclesiastes where the voice of the preacher was heard and into the conservatory of Sharon, and the city of the Valley's sweet scented spices filled and perfumed my life. I entered the business office of Proverbs, then into the observatory room of the prophets where I saw telescopes of various sizes, some pointing to far-off events; but all concentrated upon the Bright and Morning Star, which was to rise above the moonlit hills of Judea for our salvation. I entered the audience room of the King of Kings, and caught a vision of His glory from the standpoint of Matthew, Mark, Luke and John; passed into the Acts of the Apostles, where the Holy Spirit was doing his office work in the formation of the infant church. Then into the correspondence room where sat Matthew, Mark, Luke, John, Paul, Peter, James and Jude, penning their epistles. I stepped into the throne room of Revelations, where all towered into glittering peaks, and I got a vision of the King sitting upon His throne in all His glory, and I cried:

"All hail the power of Jesus' name, Let angels prostrate fall; Bring forth the royal diadem, And crown Him Lord of all!"

### RUBBER Blood Warmers

There is comfort in the use of a hot water bottle. We offer the highest grade and most approved shapes in full capacity rubber bags and bottles.

LAAKMAN'S  
DRUG STORE

### THE LOCAL MARKET.

Wheat	1.05
Oats	.45
Flour	75
Meal	70
Shipstuffs (sacked)	1.00
Straw	1.00
Mixed Feed	1.05
Hay #100	16.00
Irish Potatoes	1.00
Hens # 5	7
Frying Chickens	8
Eggs # 100	25
Butter # 5	20
Beans # bushel	3.00
Bacon # 5	11
Lard # 5	12
Tallow # 5	14
Sorghum Molasses	50
Salt # 55	1.50
Honey	20
Beeswax # 5	20

### LANG & BRO. Manufacturing & Met. Co. FARMINGTON, MO.

Manufacturers of  
Wagons,  
Farm Implements,  
Lumber and  
Building Material  
Also Undertakers of Funerals.

### Final Settlement.

Notice is hereby given that the undersigned, Administrator of the estate of ELIZABETH M. GOVREAU, deceased, will make a final settlement of said estate at the next term of the Probate Court of St. Francois county, Missouri, to be begun and held in Farmington, in said county, on the second Monday in January, 1909.

CHARLES GOVREAU, Adm'r.  
December 11, 1908.

Merrill Pipkin,  
Lawyer,  
Abstracter,  
Real Estate,  
Loan and  
Insurance  
Agent.

FARMINGTON, MO.

Office over St. Francois County Bank  
PHONE No. 57.

## OSCAR L. HAILE & CO., Farmington, Missouri.

OFFICE IN FARMINGTON  
MERCANTILE CO.  
BLDG., N. W. CORNER  
PUBLIC SQUARE.

REAL ESTATE,  
INSURANCE,  
LOANS, ABSTRACTS  
NOTARIES PUBLIC  
and CONVEYANCERS.

PHONE NO. 219.

Fire, Tornado, Plate Glass and Accident Insurance.

Rents and Accounts Collected.

## FLAT RIVER Real Estate & Insurance Co.

REAL ESTATE,  
INSURANCE ALL KINDS  
NOTARY WORK,  
COLLECTIONS.

B. B. HUFF, MANAGER,  
PHONE 92 FLAT RIVER, MO.

## Hoy Grocery Co.

Dealers in

Staple and Fancy Groceries

Farmington, Mo.

Phone No. 95.

## IRON MOUNTAIN STOCK FARM'S FIRST ANNUAL

## Public Sale

OF  
ROYALLY BRED

## Trotting Stock

AT

## IRON MOUNTAIN, MO.,

TUESDAY, DEC. 22, '08

Rain or Shine,

BEGINNING AT 12 O'CLOCK NOON,

Consisting of 30 head of Trotters and Pacers, Standard and Registered Stallions, Geldings, Brood Mares, Colt's and Fillies, mostly by Echo Bell, conceded to be the best bred Stallion on earth—all out of grandly bred mares by the world's most famous sires, such as Allerton 2:09 1/4, Joe Patchen 2:01, Baron Wilkes 2:18, Guy Wilkes 2:15, Expedition 2:15 1/4, etc. Come to the sale and see them step.

W. H. STOLLINGER,  
Iron Mountain, Mo.

## W. N. FLEMING,

Notary Public  
Real Estate  
Loans  
Insurance

Your Business is Respectfully Solicited.

OFFICE IN REALTY BUILDING.

Farmington, Mo., Phone 71

### Final Settlement.

Notice is hereby given that the undersigned, executrix of the estate of PHILIP LORENZ, Dec'd, will make a final settlement of said estate at the next term of the Probate Court of St. Francois county, Missouri, to be begun and held at the Court House in Farmington, in said county, on the second Monday in January, 1909.

EDA LORENZ, Executrix.  
December 4, 1908.

### Final Settlement.

Notice is hereby given that the undersigned, administrator of the estate of U. S. HOY, deceased will make a final settlement of said estate at the next term of the Probate Court of St. Francois county, Missouri, to be begun and held at the court house in Farmington, in said county, on the second Monday in January, 1909.

W. F. HOY, Adm'r.  
November 20, 1908.

W. R. HANLAN, President.  
M. P. CAYCE, Cashier.

W. R. LANG, Vice-Pres.  
M. P. Cayce, Cashier.

## BANK OF FARMINGTON.

CAPITAL STOCK : : \$50,000.00

Surplus and profit \$50,000.00

Does a general Banking and Exchange business.

Interest paid on time deposits, insured against burglary in the Fidelity and Casualty Co. of N. Y.

Depository of County Funds.

COLLECTIONS A SPECIALTY.

--- DIRECTORS ---

Peter Giessing, J. E. Klein,  
W. F. Doss, M. P. Cayce,  
W. R. Lang, A. J. Zwert,  
W. M. Harlan.

### Administrators' Notice.

Notice is hereby given that letters of administration were granted to the undersigned by the Probate Court of St. Francois county, Missouri, dated the 21st day of November, 1908, on the estate of

KITTE SUTHERLAND, Dec'd.

All persons having claims against said estate are required to exhibit them to the administrator for allowance within one year from the date of said letters, or they may be precluded from any benefit of said estate; and if not exhibited for allowance within two years from the date of said letters they will be forever barred.

WM. N. FLEMING, Adm'r.  
December 11, 1908.

## For that Dandruff

There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.

The best kind of a testimonial—  
"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass.  
SARSAPARILLA  
PILLS  
CHERRY PECTORAL.  
Ayer's